



INSTITUTE OF MEDICINE

OF THE NATIONAL ACADEMIES

AGENDA

A Conversation about Parents and Childhood Obesity Prevention

*A public session hosted by the Institute of Medicine Standing Committee
on Childhood Obesity Prevention*

February 21, 2013

National Academy of Sciences (NAS) Building, NAS Room 125
2101 Constitution Avenue, NW, Washington DC

Welcome and Opening Remarks

- 8:30 am Welcome
*Shiriki Kumanyika, University of Pennsylvania**
- 8:40 Parenting in a Changing World: Thinking About Parents and Childhood Obesity Prevention
Barbara Fiese, University of Illinois, Champaign-Urbana

Panel 1: Parent Perspectives on Childhood Obesity

- 9:00 Moderator: Leann Birch, The Pennsylvania State University*
Sheryl Hughes, Baylor College of Medicine
Daheia Barr-Anderson, University of South Carolina
Norma Olvera, University of Houston
- 9:50 Moderated Intra-Panel Discussion
- 10:05 Q&A/Discussion with Audience
- 10:15 BREAK

Panel 2: Parenting for Obesity Prevention

- 10:25 Moderator: Russ Pate, University of South Carolina*

Key Developmental Issues that Relate to Obesity Prevention in Children
Cynthia Stifter, The Pennsylvania State University

Reaching Parents with What they Need to Know about Childhood Obesity Prevention
*Leann Birch, The Pennsylvania State University**

Creating Healthy Environments at Home: Shaping Child Development and Promoting Physical Activity
David Dzewaltowski, Kansas State University

11:15 Moderated Intra-Panel Discussion

11:30 Q&A/Discussion with Audience

11:40 LUNCH (on your own)

Dramatic Presentation

12:35 pm Childhood Obesity Prevention Realities
Gail Woodward-Lopez, University of California, Berkeley

Panel 3: Supporting Parents in Overcoming Barriers to Childhood Obesity Prevention

12:45 Moderator: Christina Economos, Tufts University*

Supporting Parents in the Clinical Setting
Elsie Taveras, Harvard Medical School

Helping Parents Increase Children's Physical Activity at Home
Kim Gans, Brown University

Empowering Parents with the Fundamentals: Shopping for and Preparing Food
Laura Seman, Share Our Strength, Washington, D.C.

1:35 Moderated Intra-Panel Discussion

1:50 Q&A/Discussion with Audience

Panel 4: Optimizing and Supporting Parent Engagement

2:00 Moderator: Patricia Crawford, University of California, Berkeley*

Helping Parents Prevent Childhood Obesity in the Schools
Rochelle Davis, Healthy Schools Campaign, Chicago, IL

Activating WIC Parents for Childhood Obesity Prevention
Laurie True, California WIC Association

Involving Parents in Obesity Prevention in Childcare Settings
Lynette Fraga, Child Care Aware® of America, Washington, D.C.

2:50 Moderated Intra-Panel Discussion

3:05 Q&A/Discussion with Audience

3:15 BREAK

Panel 5: Parents as Leaders for Change

3:30 Moderator: Mary Story, University of Minnesota*

Learning from Parents Working for Change in Other Areas

Mariana Chilton and Angela Sutton, Witnesses to Hunger, Philadelphia, PA

Starrla Penick, Mothers Against Drunk Driving

Learning from Parents Working on Childhood Obesity Prevention

Helping Parents Who Care Become Parents Who Lead

Elaine Zimmerman, Connecticut Commission on Children and National Parent Leadership Training Institute

4:35 Moderated Intra-Panel Discussion

4:50 Q&A/Discussion with Audience

5:00 ADJOURN

*Member of IOM Standing Committee on Childhood Obesity Prevention

NOTE: Audio recordings and PowerPoint slides will be available at

<http://iom.edu/Activities/Children/ChildObesPrevention/2013-FEB-21.aspx> in the weeks following the workshop.