

AGENDA

A WORKSHOP ON IMPROVING THE HEALTH, SAFETY, AND WELL-BEING OF YOUNG ADULTS

May 7 and 8, 2013

National Academy of Sciences Building, Room 120
2101 Constitution Ave., N.W., Washington, DC
and

Webcast: <http://iom.edu/Activities/Children/ImprovingYoungAdultHealth/2013-MAY-07.aspx>

Workshop Objective: Highlight research on the development, health, safety, and well-being of young adults. More specifically, workshop presentations and discussions will address the following questions:

- What are the developmental characteristics and attributes of this age group and its placement in the life course?
- How well are young adults functioning across relevant sectors, including for example, health and mental health, education, labor, justice, military, and foster care?
- How do the various sectors that intersect with young adults influence their health and well-being?

May 7, 2013

8:30–8:45am

Welcome and Introductions

Richard Bonnie, University of Virginia, *Planning Committee Chair*

Goals and Objectives of the Workshop

Trina Anglin, Health Resources and Services Administration

8:45–9:10am

Overview and Cross-Cutting Workshop Themes

Session Objectives:

- Provide an overview of young adults' trajectories and issues relevant to the health, safety, and well-being of young adults.
- Introduce the themes for the workshop:
 - The complexity, heterogeneity, and non-traditional nature of young adults' trajectories
 - The changing environment, demographics, and family and social structure
 - The role of social media
 - The changing healthcare system

Claire Brindis, University of California, San Francisco

PART ONE: DOMAINS OF DEVELOPMENT, FUNCTIONING, HEALTH, SAFETY, AND WELL-BEING

9:10–10:30am

Session 1: Neurobiological, Psychological, and Social Development

Session Objectives:

- Highlight current research on the neurobiological, psychological, and social development of young adults.
- Discuss the unique aspects as well as the gradual transitions in this period of life.

Moderator: John Schulenberg, University of Michigan

Neurobiological development: Beatriz Luna, University of Pittsburgh

Psychological development: Laurence Steinberg, Temple University

Social development: Richard Settersten, Jr., Oregon State University

10:30–10:45am

Break

10:45am–12:00pm

Session 2: Economic, Cultural, and Social Landscape

Session Objectives:

- Provide an overview of the economic landscape in which the transition to adulthood is occurring.
- Discuss social and cultural issues relevant to the transition to adulthood.

Moderator: Robert Crosnoe, University of Texas at Austin

Economic landscape: Heidi Shierholz, Economic Policy Institute

Culture, ethnicity, and race: Deborah Rivas-Drake, Brown University

Social media: Amanda Lenhart, Pew Research Center

12:00–1:00pm

Lunch

1:00–2:15pm

Session 3: Safety and Health-Related Behaviors

Session Objectives:

- Provide an overview of issues relevant to the safety of young adults, including intentional and non-intentional injury, violence, crime, victimization, sexual risk-taking behavior, HIV and STIs, substance use, and driving.
- Discuss where additional research is needed.
- Identify subpopulations of young adults that may face particular challenges and/or be underserved and discuss policies, programs, and other services that may provide additional supports.

Moderator: Velma McBride Murry, Vanderbilt University

Violence and victimization: Theodore Corbin, Drexel University

Sex and relationships: James Jaccard, New York University

Substance use: Helene Raskin White, Rutgers University

2:15–3:15pm

Session 4: Physical Health Issues

Session Objectives:

- Provide an overview of issues relevant to the physical health of young adults, including:
 - Conditions which tend to have onset in young adulthood and for which prevention and early intervention could be appropriate;
 - Conditions related to wellness, such as nutrition, obesity, and reproductive health;
 - The transition to adulthood for young adults with chronic conditions and disabilities.
- Discuss where additional research is needed.
- Identify subpopulations of young adults that may face particular challenges and/or be underserved and discuss policies, programs, and other services that may provide additional supports.

Moderator: Leslie Walker, Seattle Children’s Hospital

Overview: Larry Neinstein, University of Southern California

Young adults facing particular challenges: Tamera Coyne-Beasley, University of North Carolina, Chapel Hill

3:15–3:30pm

Break

3:30–4:30pm

Session 5: Mental Health

Session Objectives:

- Provide an overview of issues relevant to the mental health of young adults, including stigma.
- Discuss where additional research is needed.
- Identify subpopulations of young adults that may face particular challenges and/or be underserved and discuss policies, programs, and other services that may provide additional supports.

Moderator and overview: Maryann Davis, University of Massachusetts

Epidemiology: William Copeland, Duke University

Psychotic disorders: Larry Seidman, Harvard Medical School

4:30–5:00pm

Young Adult Discussants

Session Objective: Comment on the day’s presentations and discussions, including:

- What seemed particularly important and/or useful?
- What important issues were missing from the day’s discussion?
- What additional supports and services would help improve young adults’ health, safety, and well-being?

Moderator: Leslie Walker, Seattle Children’s Hospital

Amy Doherty, National Youth Leadership Network

Jeovanny Paz, Mary’s Center

Eric Lulow, Substance Abuse and Mental Health Services Administration

Andrea Vessel, National 4-H Council

May 8, 2013

8:30–8:40am

Welcome

Richard Bonnie, University of Virginia, *Planning Committee Chair*

PART TWO: IMPACT OF SOCIETAL INFLUENCES, INSTITUTIONS, AND SERVICE SYSTEMS ON THE TRAJECTORIES, HEALTH, SAFETY, AND WELL-BEING OF YOUNG ADULTS

8:40–9:00am

Overview of Interventions and Preventive Services Targeted at Young Adults

Sabrina Oesterle, University of Washington

9:00–10:00am

Session 6: Families, Social Networks, and Media

Session Objective: Explore the impact of parenting and families, social networks, and marketing and media on young adults' health, safety, and well-being, including identifying any areas in which there is a need for further research or translation of existing knowledge into policy or practice?

Moderator: Zizi Papacharissi, University of Illinois at Chicago

Parenting: Katherine Conger, University of California, Davis

Social networks and social media: Lynn Schofield Clark, University of Denver

Marketing and media: Bonnie Halpern-Felsher, University of California, San Francisco

10:00–10:15am

Break

10:15–11:15am

Session 7: Access to Healthcare

Session Objectives:

- Discuss young adults' access to healthcare. What is the impact of the Affordable Care Act? What barriers continue to exist?
- Identify subpopulations of young adults that may face particular challenges in accessing healthcare and discuss policies, programs, and other services that may provide additional supports.

Moderator: Claire Brindis, University of California, San Francisco

Health services issues: Charles Irwin, University of California, San Francisco

Impact of the Affordable Care Act: Abigail English, Center for Adolescent Health and the Law

11:15am–12:15pm

Session 8: Trajectories, Health, Safety, and Well-Being of Young Adults in Education and Employment

Session Objective: Discuss whether institutions—including colleges, universities, employers, and job-training programs—are adequately responding to the health, safety, and well-being needs of young adults.

Moderator: Robert Crosnoe, University of Texas at Austin

Education and work trajectories: Barbara Schneider, Michigan State University

College health and safety: Shannon Bailie, University of Washington

12:15–1:00pm

Lunch

1:00–1:45pm

Session 9: Trajectories, Health, Safety, and Well-Being of Young Adults in the Military

Session Objective: Explore the relationship between the military and young adults' health, safety, and well-being, including:

- How does young adults' health and functioning impact their fitness to serve and their trajectories during and after military service?
- Is the military adequately responding to the health, safety, and well-being needs of young adults?
- How are preventive health services organized within, and between, branches of the military?
- In what areas, if any, is there a need for further research and what military lessons may translate to the non-military context?

Moderator: William Adelman, U.S. Army

Overview: Jeffrey Hutchinson, Walter Reed National Military Medical Center

Psychological effects of war: Elspeth Cameron Ritchie, The District of Columbia Department of Mental Health

1:45–2:30pm

Session 10: Trajectories, Health, Safety, and Well-Being of Homeless Young Adults and Young Adults Involved in Foster Care and Welfare Services

Session Objective: Discuss whether the foster care system, welfare services, and systems for homeless young adults are adequately responding to the health, safety, and well-being needs of young adults.

Moderator: Mark Courtney, University of Chicago

Foster care: Gina Samuels, University of Chicago

Welfare services: Elizabeth Lower-Basch, CLASP

2:30–2:45pm

Break

2:45–3:45pm

Session 11: Trajectories, Health, Safety, and Well-Being of Young Adults Involved in the Justice System

Session Objective: Discuss whether the justice systems are adequately responding to the health, safety, and well-being needs of young adults.

Moderator: Richard Bonnie, University of Virginia

Trajectories: Edward Mulvey, University of Pittsburgh

Health and safety: Robert Greifinger, John Jay College of Criminal Justice

3:45–4:15pm

Young Adult Discussants

Session Objective: Comment on the day’s presentations and discussions, including:

- What seemed particularly important and/or useful?
- What important issues were missing from the day’s discussion?
- What additional supports and services would help improve young adults’ health, safety, and well-being?

Moderator: Maryann Davis, University of Massachusetts

Shanae, Freddie Mac

Jackie Malasky, AABB

Isha-Charlie McNeely, Young Adult Training and Technical Assistance (YATTA) Network

Jose, Montgomery County Department Health and Human Services

4:15–5:00pm

Future Directions

Session Objectives:

- Highlight important themes from the workshop presentations and discussions.
- Discuss key domains where attention is warranted for further research or translation of existing knowledge into policy or practice.
- Identify key opportunities for changes to policy and service delivery systems, including immediate, “low-hanging fruit” opportunities.

Moderator: Richard Bonnie, University of Virginia, *Planning Committee Chair*

Discussant: Patrick Tolan, University of Virginia