BUILDING CAPACITY TO REDUCE BULLYING AND ITS IMPACT ON YOUTH ACROSS THE LIFECOURSE: A WORKSHOP

April 9 and 10, 2014

National Academy of Sciences Building
2101 Constitution Ave., N.W., Washington, DC
Lecture Room

AGENDA

Workshop Goals and Objectives

The overall objective of the workshop is to highlight current research on bullying prevention. More specifically, workshop presentations and discussions will address the following questions:

- What is the underlying knowledge base and conceptual models that guide the design, delivery, and evaluation of bullying prevention and intervention efforts?
- Are there specific interventions that are effective in decreasing bullying and the antecedents to bullying?
- What programs designed to address other negative adolescent behaviors (e.g. substance abuse, delinquency, etc.) are also effective at preventing or reducing bullying?
- Are there specific models and interventions that increase protective factors and mitigate negative health impact of bullying?
- What are the key sectors involved in bullying prevention and intervention? How does involvement or lack of involvement by key sectors influence opportunities and barriers to implementing a blueprint for bullying prevention and intervention? What are some appropriate roles for each of the key sectors in preventing bullying?

DAY 1: April 9, 2014

8:30–8:45am Welcome and Overview of Agenda
Frederick P. Rivara (Planning Committee Chair), University of Washington School of Medicine

8:45–9:00am Perspectives from the Sponsor
Michael C. Lu, Health Resources and Services Administration

9:00–9:30am Introduction and Role of Youth Panelists
Moderator: Megan Moreno, University of Washington
Alexa Cafasso, Student at Sacred Heart Academy
Glenn Cantave, Student at Wesleyan University
Whitney Dockery, Student at Georgetown University
Building Capacity to Reduce Bullying and Its Impact across the Lifecourse: A Workshop

Asher Farkas, Student at New York University
Sergio Martínez-Beltrán, Student at Michigan State University
Rebecca Shaw, Student at Horace Mann School

9:30–9:50am  Introduction and Role of School Personnel Panelists
Moderator: Catherine Bradshaw, University of Virginia and Planning Committee
Virginia L. Dolan, Anne Arundel County Public Schools
Mike Donlin, State of Washington Office of Superintendent of Public Instruction
William Myers, South River High School

9:50–10:20am  Overview of Bullying and Victimization
Session Objectives:
- Provide an overview of key issues relevant to bullying and victimization (including CDC definition, frequency, and consequences [immediate, long-term effects on health, school, quality of life]). Discuss types of bullying (physical, verbal, relational, damage to property, and cyber).
- Discuss roles in bullying (Bully, victim, bully-victim, bystander).

Susan Limber, Clemson University

10:20–11:20am  Session 1: Targets of Bullying and Bullying Behavior
Session Objective:
- Highlight current research on risk factors, protective factors, and resiliency associated with targets of bullying and bullying behavior at the individual, family, school, and community levels.
Moderator: Catherine Bradshaw, University of Virginia
Jaana Juvonen, University of California, Los Angeles
Tracy Vaillancourt, University of Ottawa
Dorothy Espelage, University of Illinois
Robert Faris, University of California, Davis

11:20–11:50am  Discussant and Audience Q & A
Discussant: Catherine Bradshaw

11:50am–12:50pm  Lunch

12:50–1:35pm  Session 2: School-Based Interventions
Session Objectives:
- Highlight current research on school-based interventions including school policies, school climate, and preventive interventions.
Moderator: Nina Fredland, Texas Woman’s University College of Nursing
Denise Gottfredson, University of Maryland
Catherine Bradshaw, University of Virginia
Dewey Cornell, University of Virginia

1:35–2:05pm  Discussant and Audience Q & A
Discussant: Nina Fredland
2:05–2:50pm  
**Session 3: Family-Focused Interventions**  
Session Objectives:  
- Highlight current research on family-level interventions including parenting, responses to bullying behavior, and parental awareness of kids’ online presence.  
Moderator: Jonathan Todres, Georgia State University College of Law  
Melissa Holt, Boston University  
Deborah Gorman-Smith, University of Chicago  

2:50–3:20pm  
Discussant and Audience Q & A  
Discussant: Jonathan Todres

3:20–3:35pm  
Break

3:35–4:05pm  
**Session 4: Technology-Based Interventions**  
Session Objective:  
- Highlight current research on technology-based interventions including social media-based campaigns and using technology to disseminate interventions.  
Moderator: Megan Moreno, University of Washington  
Michele Ybarra, The Center for Innovative Public Health Research  
Faye Mishna, University of Toronto  

4:05–4:35pm  
Discussant and Audience Q & A  
Discussant: Megan Moreno

4:35pm  
Adjourn Day 1

**DAY 2: April 10, 2014**

8:30–8:40am  
**Welcome and Overview of Agenda**  
Frederick P. Rivara, Planning Committee Chair

8:40–9:10am  
**Session 5: Community-Based Interventions**  
Session Objective:  
- Highlight current research on community-based interventions including the role of healthcare providers.  
Moderator: Angela Diaz, Mount Sinai Hospital and Chair, Board on Children Youth and Families  
Asha Goldweber, SRI International  
Joseph L. Wright, George Washington University Schools of Medicine and Public Health
9:10–9:40am  Discussant and Audience Q & A
Discussant: Angela Diaz

9:40–10:10am  Session 6: Peer-Led and Peer-Focused Programs
Session Objective:
• Highlight current research on peer-led programs related to bullying prevention and related areas of research.
Moderator: Jonathan Todres, Georgia State University College of Law
Tom Dishion, Arizona State University
Kenneth A. Dodge, Duke University

10:10–10:40am  Discussant and Audience Q & A
Discussant: Jonathan Todres

10:40–11:00am  Break

11:00–11:30am  Session 7: Laws and Public Policies
Session Objectives:
• Provide an overview of anti-bullying laws and policies.
• Discuss opportunities provided by legal framework, legal constraints and challenges.
Moderator: Jonathan Todres, Georgia State University College of Law
Mark Hatzenbuehler, Columbia University
Douglas E. Abrams, University of Missouri School of Law

11:30am–12:00pm  Discussant and Audience Q & A
Discussant: Jonathan Todres

12:00–1:00pm  Lunch

1:00–1:45pm  Session 8: Translating Bullying Research into Policy and Practice
Session Objective:
• Highlight the current research on the science of implementation, increasing capacity and sustainability, including implementing community-wide systems interventions.
Moderator: Denise Gottfredson, University of Maryland
Abigail Fagan, University of Florida
Luanne Rohrbach, University of Southern California
C. Hendricks Brown, Northwestern University

1:45–2:15pm  Discussant and Audience Q & A
Discussant: Denise Gottfredson
2:15–2:45pm  
**School Personnel Discussants**  
Session Objectives: Comment on the workshop presentations and discussions, including:  
- What seemed particularly important and/or useful?  
- What important issues were missing from the workshop discussion?  
Moderator: Catherine Bradshaw, University of Virginia  
Virginia L. Dolan, Mike Donlin, and William Myers

2:45–3:30pm  
**Youth Discussants**  
Session Objectives: Comment on the workshop presentations and discussions, including:  
- What seemed particularly important and/or useful?  
- What important issues were missing from the workshop discussion?  
Moderator: Megan Moreno, University of Washington  
Alexa Cafasso, Glenn Cavante, Whitney Dockery, Asher Farkas, Sergio Martinez-Beltran, and Rebecca Shaw

3:30–4:30pm  
**Future Directions and Next Steps**  
Session Objectives:  
- Synthesize and discuss key highlights from the workshop presentations and discussions.  
- Identify key promising areas for future research and policy, key challenges, key opportunities.  
Moderator: Frederick P. Rivara, Planning Committee Chair  
Catherine Bradshaw, Angela Diaz, Nina Fredland, Denise Gottfredson, Megan Moreno, and Jonathan Todres

4:30pm  
Adjourn

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**Planning Committee:**

Fred Rivara (Chair) Seattle Children’s Guild Endowed Chair in Pediatrics, Professor of Pediatrics, and University of Washington School of Medicine  
Catherine P. Bradshaw, Professor, Associate Dean for Research and Faculty Development, Curry School of Education, University of Virginia  
Nina Fredland, Associate Professor, Texas Woman’s University College of Nursing  
Denise C. Gottfredson, Professor, Department of Criminology and Criminal Justice, University of Maryland  
Nancy G. Guerra, Professor of Psychology, University of Delaware  
Megan A. Moreno, Associate Professor of Pediatrics, University of Washington  
Jonathan Todres, Associate Professor of Law, Georgia State University College of Law

**Project Website:**