A National Cancer Policy Forum Workshop

INTEGRATING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY THROUGHOUT THE CANCER CARE CONTINUUM

A WORKSHOP | FEBRUARY 13-14, 2017

#NatlCancerForum
Edward Benz
Incoming 2017 Chair, National Cancer Policy Forum
Thanks to the NCPF Sponsors

Centers for Disease Control and Prevention
National Cancer Institute/National Institutes of Health
American Association for Cancer Research
American Cancer Society
American College of Radiology
American Society of Clinical Oncology
American Society of Hematology
American Society for Radiation Oncology

Association of American Cancer Institutes
AstraZeneca
Bristol-Myers Squibb
Cancer Support Community
CEO Roundtable on Cancer
Helsinn Group
LIVESTRONG Foundation
National Comprehensive Cancer Network
Novartis Oncology
Oncology Nursing Society
Pfizer, Inc.

In addition to the annual contributions from the NCPF sponsors, funding for this workshop was also provided by:

American Cancer Society
American College of Lifestyle Medicine
American College of Sports Medicine
American Council on Exercise

Dana-Farber Cancer Institute
MD Anderson Cancer Center
Medical Fitness Association
Penn State Cancer Institute
Workshop Planning Committee Members

CHAIR: WENDY DEMARK-WAHNEFRIED

LUCILE ADAMS-CAMPBELL  WILLIAM DIETZ
CATHERINE ALFANO  PAMELA GOODWIN
RACHEL BALLARD  LORI HOFFMAN HŌGG
KAREN BASEN-ENGQUIST  JENNIFER LIGIBEL
DON W. BRADLEY  GRETA MASSETTI
JOANNE BUZAGLO  CAMERON KRIER MASSEY
ANDREW DANNENBERG  LOYCE PACE
KATHRYN SCHMITZ

NATIONAL CANCER POLICY FORUM STAFF
SHARYL NASS
ERIN BALOGH
CYNDI TRANG
SYLARA MARIE CRUZ
Wendy Demark-Wahnefried
Chair, Planning Committee
Overarching Workshop Goals

• **Highlight the Current Evidence Base, Gaps in Knowledge, and Research Needs**
  - Associations of obesity, physical activity, weight management, and health outcomes for cancer survivors
  - Effectiveness of interventions for promoting physical activity and weight management for cancer survivors

• **Examine the Opportunities and Challenges for Weight Management and Physical Activity Interventions**
  - What roles can stakeholders play to improve the access and use of weight management and physical activity interventions?
  - What policies, strategies, and models of care delivery could facilitate tertiary prevention efforts in cancer survivors?
Workshop Agenda February 13, 2017

Intro
• Prioritizing Patient Voices

Session 1
• What We Know (and What We Don’t)

Session 2
• Effective Approaches for Weight Management and Physical Activity

Session 3
• Interventions to Address the Diverse Needs of Cancer Survivors

Session 4
• Models of Care Delivery

Session 5
• Coverage for Weight Management and Physical Activity in Cancer Care
Workshop Agenda February 14, 2017

Session 6
- Opportunities and Challenges

Session 7
- Advancing Progress in Tertiary Prevention for Cancer Survivors

Wrap Up
- Closing Remarks
Cancer did not bring me to my knees, it brought me to my feet.

— Michael Douglas —
Today’s Patient Voices

Karen Cochrane
Diagnosed 4 months ago with Early Stage Breast Cancer

Robert Harrison
Cancer “Thrver” diagnosed 14 years ago with Metastatic Prostate Cancer