Anthem and Togetherworks: Partnering with Our Providers-Making the Cancer Connection

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Anthem and Togetherworks

• **Provider partnerships through Togetherworks:**
  - Enhanced Personal Health Care: value based payment for primary care
    - Model case: DPP (Diabetes Prevention Program)
  - Cancer Care Quality Program: value based program for oncology care delivery
    - Model case: Univ of CO Cancer Center: “Strength is the New Healthy”

• **Member support:**
  - Journey Forward: Supporting cancer survivorship
Anthem Colorado: The Impact of Oncology Services

Oncology patients:
- 21.5% of the top 1% of membership by spend
- < 1/5 of 1% of our total membership by count

These oncology patients account for 8.2% of the total allowed spend

1% of membership account for 50.0% of the total allowed spend
Enhanced Personal Health Care: Supporting Primary Care

Enhanced Personal Health Care

- Value-Based Payment
- Support for Patient-Centered Care
- Exchanging Meaningful Information
Under the Shared Savings program, EPHC providers receive additional payments when they:

- Increase shared savings by reducing total costs of their attributed members by meeting quality and utilization targets established in the program’s scorecard
- Must meet minimum quality threshold
Cancer Care Quality Program: Supporting Oncology Care

Transform cancer care by supporting evidence-based, patient-centered, and value-conscious decisions in partnership with oncologists that improve health outcomes for each member.

Oncology Pathways are detailed, evidence based treatment protocols for delivering quality cancer care for specific patient presentations, including the type and stage of disease. Includes precision medicine

- Appropriately aligning financial incentives to enhance care coordination and treatment planning (alternative payment model)

Lowering total cost of care to help improve access to quality and affordable cancer care

www.cancercarequalityprogram.com
Together works:
CUMed- in our CCQP & EPHC programs

Description and Effectiveness of a Clinically Implemented Exercise Program for Cancer Survivors – The BFitBWell Program

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Baseline Assessment
- Obtain written physician clearance to exercise
- Obtain medical history
- Assess performance measures

Month 1
- 2–3 individualized exercise training sessions per week

Month 2
- 2 group (up to 4 participants) exercise training sessions per week

Month 3
- 1 group exercise training sessions per week
- Reassess performance measures

Goals of the exercise program are based on baseline performance and participant goals
- Each exercise session is adapted to participants’ abilities on a day-to-day basis
- Exercise sessions take a “whole-body” approach and include aerobic, resistance, and flexibility exercises

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Institute of Medicine: “Every cancer survivor should have a comprehensive care plan…to improve their health and quality of life.”
Dimensions of the Enhanced Personal Health Care Model

Enhanced Personal Health Care

- Medical Cost Target: Determines eligibility for shared savings
- Quality Score Card: Calibrates shared savings eligibility
- Attribution: Algorithm to assign members to PCPs
- Clinical Coordination Payments: Support investment in population health management
- Provider Care Management Solutions: Population health analytic support
- Care Delivery Transformation: Team and resources for performance improvement

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