Health and Wellbeing in Transdisciplinary Professionalism

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Case Studies

• Health educator facing significant challenges related to work and family that adversely impacted teaching and collegial relationships.

• Colleague with poor bedside manner that negatively impacted patients and students.
Issues Arising from Case Studies

• Burnout
• Self-care
• Personal responsibility
• Role-Modeling
• Ineffective leadership
• Access to resources
• Quality and Safety
Issues Arising from Case Studies

• Systems Issues
• Communication Issues
• Lack of Safe Space
• Scope of Practice
• Legal liability – individual vs enterprise
• Lack of skill/training
Issues Arising from Case Studies

• Work/Life Balance
• Cultures that support setting no boundaries and taking no vacation.
• Need for cultures that support wellbeing – of individuals and organizations.
Can diverse health professionals be held accountable for their collective actions by patients and society?

If so, how and what factors might come into play? (If not, why?) Yes

• Clarity on roles and responsibilities and scope of practice.
• Alignment of incentives and rewards – individual vs enterprise legal accountability.
• Cultural Context – Global Differences
Can diverse health professionals hold each other (vs the collective?) accountable for decisions made collaboratively? If so, how and what factors might come into play? (If not, why?)

• Just Culture – safety and transparency
• Moral Distress – e.g. what if decisions being made even collaboratively that are not in best interest of the patient.
• Information Integrity and Consensus Decision-Making
What specific/measurable attributes should organizations and training programs exhibit to create and support the preparation of health care providers, patients and communities for transdisciplinary professionalism?

- Education/Training: Self-Awareness/Self-Care, Health and Wellbeing, Leadership, Courageous Conversations, Communication, Health Policy, Role of other health care professionals, Just Culture, Letting go of Ego...

- Respectful and Courageous Leadership
What specific/measurable attributes should *organizations* and training programs exhibit to create and support the preparation of health care providers, patients and communities for transdisciplinary professionalism?

- Pick ONE:
  - Sustainability
  - Wellbeing
  - Leadership