FUTURE RESEARCH DIRECTIONS- TECHNOLOGY

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FUTURE RESEARCH DIRECTIONS-
QUALITY

- What is the effectiveness of these interventions relative to in-person care
- Which technologies are best
- Which treatments or treatment components are most important/effective
- What level of therapist contact is necessary

- Investigate how treatments work
  - High-intensity longitudinal data collection means better assessment of process factors
    - Temporal sequencing of change\(^2\)
    - Causal factors related to change\(^2\)
    - Mediators\(^2\)
    - Common mechanisms\(^2\)
    - Development of new treatments or adaptation of existing ones

Use of hybrid implementation/effectiveness trials
Identification of barriers and facilitators at all levels
  ▶ Patient/Provider/System
Examine best ways to integrate treatments with existing care
  ▶ Stepped care
  ▶ Supplemental
  ▶ Maintenance/booster
Test implementation strategies that complement technology
  ▶ Messaging, marketing and education
  ▶ Self-referral
  ▶ Referral alerts
  ▶ Therapist training

**FUTURE RESEARCH DIRECTIONS-IMPLEMENTATION**