The Role of Nonpharmacological Approaches to Pain Management
A WORKSHOP

DECEMBER 4-5, 2018
WASHINGTON, DC
Workshop Planning Committee

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Workshop Objectives

**To bring together experts and key stakeholders to discuss nonpharmacological approaches and integrative health models for pain management.**

- Review the current state of evidence on the effectiveness of nonpharmacological treatments and integrative health models for pain management, as well as available evidence on use patterns and patient interest.
- Explore the state of evidence on the effectiveness of emerging models of pain management.
- Consider multimodal approaches and potential synergies between and among pharmacological and nonpharmacological approaches to pain management.
- Consider multimodal approaches and potential synergies between and among devices and nonpharmacological approaches to pain management.
- Discuss research gaps and key questions for further research.
- Examine health professions' current approaches for educating students, trainees, and practicing clinicians on nonpharmacological pain management, and discuss potential next steps to improve training and education within and across health professions.
- Explore policies, such as those related to reimbursement that would enable broader dissemination and implementation of evidence-based nonpharmacological treatments when appropriate.
Agenda Overview

• **Session I**: Nonpharmacological Approaches to Pain Management - Evidence on Effectiveness and Safety, and Emerging Models of Care

• **Session II**: Education and Training of Health Professionals in Pain Management

• **Session III**: Policies to Promote Evidence-based Nonpharmacological Approaches

• **Session IV**: Moving Forward