Standards for Psychotherapeutics

Philip Wang, M.D., Dr.P.H.
Deputy Director, NIMH
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Mental Disorders as Neural Circuit Disorders

Depression

PTSD

OCD

Insel. Sci Am, 2010
Subcallosal cingulate deep brain stimulation for treatment-refractory anorexia nervosa: a phase 1 pilot trial

Brain surgery for anorexia nervosa?
Eric J Nestler

A jump-start for electroceuticals
Video game training enhances cognitive control in older adults.

Cognitive Training for Psychiatric Disorders
Neuropsychopharmacology Reviews (2013)

Review of Attentional Bias Modification: A Brain-directed Treatment for Eating Disorders
Eur Eat Dis Rev 2013
Need for Psychotherapeutic Standards

Dolphin Assisted Therapy

Significant improvements of your health by getting closer to nature!
Need for Psychotherapeutic Standards: ACA/Parity Update

Health Care Reform

“Acceptance of Insurance by Psychiatrists and the Implications for Access to Mental Health Care”

Parity

“Insurers Face New Pressure Over Limited Doctor Choice”

“Coordinated Health Care Program Saves Millions”

Treatments: What meets “Evidence-Based Standards”?
Workforce: Who will provide it?
Organization: How will it be delivered and payed for?
Need for Psychotherapeutic Standards:  
Regulators and Regulatory Processes for Drugs

**Regulators**

- Med Schools
- Licensing Boards
- Accrediting Bodies

**Regulatory Processes**

**Provider Certification**
- M.D. degree
- Medical license
- Board certification

**Rx Registration**

**Coverage Decisions**
- Tech assess review
- Formulary design
- Utilization review
Need for Psychotherapeutic Standards: 
Regulators & Processes for Psychotherapeutics

Variable Processes for Psychotherapeutic Standards