



The National Academies of
SCIENCES • ENGINEERING • MEDICINE

**Current Status and Response to the Global Obesity Pandemic:
A Workshop**

October 9, 2018

The National Academy of Sciences Building
2101 Constitution Avenue, NW Washington, DC
Lecture Room

8:30 AM **Welcome**

Bill Purcell, Chair, Roundtable on Obesity Solutions

SESSION 1: State of Obesity Globally

8:40 AM Moderator: *Christina Economos, Tufts University*

Lindsay Jaacks, Harvard T.H. Chan School of Public Health
Vasanti Malik, Harvard T.H. Chan School of Public Health
Karlijn Meeks, Academic Medical Center, Netherlands
Rachel Nugent, RTI International

Session Discussion

10:25 AM **BREAK**

SESSION 2: Global Obesity Prevention and Treatment Efforts

10:40 AM Moderator: *James Sallis, University of California, San Diego*

Olivia Barata Cavalcanti, World Obesity Federation
Fiona Bull, World Health Organization (videoconference)
Fabio da Silva Gomes, Pan American Health Organization/WHO

Session Discussion

12:00 PM **LUNCH**

SESSION 3: Challenges

1:00 PM Moderator: *Rachel Nugent, RTI International*

Navigating the Obesity Epidemic: The Mexico Experience
Simon Barquera, Mexican National Institute of Public Health

Cross-Cultural Insights About Obesity Research, Policy, And Practice Related To High Risk Populations

Shiriki Kumanyika, Drexel University

Harriet Kuhnlein, Emeritus, McGill University

Session Discussion

2:30 PM **BREAK**

SESSION 4: Next Steps

2:45 PM Moderator: *Bill Dietz, The George Washington University*

James Sallis, University of California, San Diego

Neena Prasad, Bloomberg Philanthropies

Meera Shekar, The World Bank

Bill Dietz, The George Washington University

Session Discussion

4:00 PM **Workshop Adjourns**

Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents have obesity. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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<http://nationalacademies.org/obesitysolutions>.