Settings Where Change is Happening: Progress in nutrition, physical activity, and elimination of disparities

Early Care and Education

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Current Context

State & Community ECE Obesity Initiatives
CDC Funded, FY 2013

Source: CDC
Moving Forward

- Focus on sustainability
  - Policy
  - Regulations
  - System
- Actively engage states
- Focus on integration of ECE partners and public health/obesity partners to increase bandwidth and break down silos
- Balance spreading what works with ongoing innovation

- Fill in research gaps with well designed studies to inform the implementation of effective strategies
- Other areas that need attention
  - Physical activity
  - Family setting
  - Disparities
Breakthrough Action

Families + Providers

Strengthen engagement and involvement
Less “us” versus “them”
Maximize opportunities for linkages
Improve outcomes for children