Webinar: Understanding and Implementing Recommendations from the IOM Report Educating the Student Body: Taking Physical Activity and Physical Education to School

Thursday, September 26th, 2:00 PM EDT – 3:00 PM EDT

Co-hosted by the Institute of Medicine (IOM) Food and Nutrition Board and the President’s Council on Fitness, Sports, and Nutrition (PCFSN)

Agenda:

1. Welcome [Abbey Meltzer, IOM Interim Director of Communications] (2-3 minutes)
2. PCFSN Overview [PCFSN Representative] (3-5 minutes)
   a. Summary of programs with an emphasis on the Presidential Youth Fitness Program
3. IOM Report: Educating the Student Body: Taking Physical Activity and Physical Education to School [Dr. Bill Kohl, University of Texas, Committee Chair] (8-10 minutes)
   a. Overview of six recommendations
4. Link between Physical Activity and Cognitive Function [Dr. Charles Hillman, University of Illinois, Committee member] (6-9 minutes)
5. Evidence-based Recommendations Into Practice [Dr. Jayne Greenberg, Miami-Dade County Public Schools, Committee member & PCFSN Council member] (7-10 minutes)
   a. Let’s Move Active Schools
      i. Purpose
      ii. Program Overview
      iii. Call to Action
6. Understanding what constitutes Quality Physical Education [Dr. Jayne Greenberg, IOM Committee member & PCFSN Council member] (5-8 minutes)
7. Evaluation and Professional Development of School-Based Physical Activity Programs (Dr. Shannon Michael, Center for Disease Control and Prevention) (7–10 minutes)
8. Question and Answer [Moderated by Bill Kohl, Committee Chair] (7–10 minutes)