

Webinar: Understanding and Implementing Recommendations from the IOM Report *Educating the Student Body: Taking Physical Activity and Physical Education to School*

Thursday, September 26th, 2:00 PM EDT – 3:00 PM EDT

Co-hosted by the Institute of Medicine (IOM) Food and Nutrition Board and the President’s Council on Fitness, Sports, and Nutrition (PCFSN)

Agenda:

1. **Welcome** [Abbey Meltzer, IOM Interim Director of Communications] (2-3 minutes)
2. **PCFSN Overview** [PCFSN Representative] (3-5 minutes)
 - a. Summary of programs with an emphasis on the Presidential Youth Fitness Program
3. **IOM Report: *Educating the Student Body: Taking Physical Activity and Physical Education to School*** [Dr. Bill Kohl, University of Texas, Committee Chair] (8-10 minutes)
 - a. Overview of six recommendations
4. **Link between Physical Activity and Cognitive Function** [Dr. Charles Hillman, University of Illinois, Committee member] (6–9 minutes)
5. **Evidence-based Recommendations Into Practice** [Dr. Jayne Greenberg, Miami-Dade County Public Schools, Committee member & PCFSN Council member] (7-10 minutes)
 - a. Let’s Move Active Schools
 - i. Purpose
 - ii. Program Overview
 - iii. Call to Action
6. **Understanding what constitutes Quality Physical Education** [Dr. Jayne Greenberg, IOM Committee member & PCFSN Council member] (5-8 minutes)
7. **Evaluation and Professional Development of School-Based Physical Activity Programs** (Dr. Shannon Michael, Center for Disease Control and Prevention) (7–10 minutes)
8. **Question and Answer** [Moderated by Bill Kohl, Committee Chair] (7–10 minutes)