

Strategies, Interventions and Policies for Health Promotion, High Risk Behavior Prevention and Increased Performance of the DHS Law Enforcement Workforce: A Workshop

January 17–18, 2018

Keck Center of the National Academies – Room 100
500 5th Street NW, Washington, DC 20001

Workshop Objectives

- Provide a broad overview of the operational stressors and environments faced by the DHS law enforcement workforce;
- Explore evidence-based resilience and performance enhancement training, suicide and other high-risk behavior prevention strategies and interventions;
- Discuss potential strategies and best practices to limit the impact of environmental factors and other operational stressors that may limit the effectiveness of the DHS law enforcement workforce;
- Identify barriers for implementation of best practices (e.g. funding, policies, logistics, etc.) and;
- Examine how law enforcement leaders can promote the recognition of indicators of psychological stress and inspire personnel to access available resources while reducing stigma and increasing help-seeking behavior.

Day 1 – January 17, 2018

Session I Overview of the DHS Law Enforcement Operational Environment

8:00 AM **Breakfast Available and Registration Open**

Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3rd floor atrium.

8:30 AM **Introductory Remarks and Workshop Objectives**

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

LARRY FLUTY
Principal Deputy Assistant Secretary for Countering Weapons of Mass Destruction
Acting Chief Medical Officer
Department of Homeland Security

8:45 AM **Panel IA: Perspectives from the Front Line**

Planning Committee Moderator:

JASON LIEBE
Assistant Chief Patrol Agent, San Diego Sector, US Border Patrol

Customs and Border Protection

Panelists:

PATRICK CULVER
Commander
Chief, Drug and Migrant Interdiction
Coast Guard

RALPH CORBIN
Agent, Special Operations Search, Trauma, and Rescue, San Diego Sector, US Border Patrol
Customs and Border Protection

STEVE COLLINS
Special Agent, National Program Manager, Peer Support Program, Homeland Security
Investigations
Immigration and Customs Enforcement

FARON PARAMORE
Assistant Director, Office of Government & Public Affairs
Secret Service

CATRINA BONUS
Inspector, Office of the Chief
Secret Service Uniformed Division

10:00 AM

Full Workshop Q&A

10:30 AM

Break

10:45 AM

Panel IB: Supporting the Front Line

Planning Committee Moderator:

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department

Panelists:

SCOTT BRYAN
Director, Resiliency Programs, Office of Human Resource Management
Customs and Border Protection

KEN MIDDLETON
Chief, Employee Resilience Unit, Peer Support Clinical Advisor
Immigration and Customs Enforcement
Planning Committee Member

STEVE COLLINS
Special Agent, National Program Manager, Peer Support Program, Homeland Security
Investigations
Immigration and Customs Enforcement

KIER MAXWELL
Supervisor, Employee Assistance Program, Office of Equity and Support Services
Secret Service

12:00 PM **Full Workshop Q&A**

12:30 PM **Lunch**

Meal Tickets available for speakers and committee members; lunch also available for purchase in Keck Cafeteria on the 3rd floor atrium.

Session II Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies

1:30 PM **Panel IIA: Lessons in Resilience and Mindfulness**

AMY ADLER
Clinical Research Psychologist
Walter Reed Army Institute of Research

AMISHI JHA (*Remote Participant*)
Associate Professor of Psychology
University of Miami

MIKE MACKRELL
Family Life Chaplain
Texas Army National Guard

WILLIAM NASH
Director, Psychological Health
Marine Corps

PATRICIA DEUSTER
Professor and Director, Consortium for Health and Military Performance
Uniformed Services University of Health Sciences

GARTH SPENDIFF
Exercise/Work Physiologist, Occupational Health and Safety Division, Office of Human
Resources Management
Customs and Border Protection

2:45 PM **Full Workshop Q&A**

3:30 PM **Break**

3:45 PM **Panel IIB: Experiences and Best Practices from State and Local Agencies**

Planning Committee Moderator:

SCOTT ALLEN
Senior Staff Psychologist
Miami-Dade Police Department

Panelists:

MICHAEL FINEGAN
Lead Psychologist
Maryland State Police

JOCELYN ROLAND (*Remote Participant*)
Independent Police Psychologist

JENNIFER TEJADA (*Remote Participant*)
Chief
Emeryville (CA) Police Department

4:30 PM **Full Workshop Q&A**

5:00 PM **Day 1 Wrap-Up Discussion**

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

5:30 PM **Adjourn Day 1**

Day 2 – January 18, 2018

8:00 AM **Breakfast Available and Registration Open**

Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3rd floor atrium.

8:30 AM **Day 2 Opening Remarks: Day 1 Review**

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

Session II
(Continued)

Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies

8:45 AM **Panel IIC: Lessons Learned from Recent Research**

Health Promotion Leadership

ASTRID SCHUTZ (*Remote Participant*)
Director, Competence Center for Personnel Psychology
Chair, Personality Psychology and Psychological Assessment
University of Bamberg (Germany)

Human Performance

KERRY KUEHL
Director, Human Performance Lab
Professor of Medicine and Section Chief, Health Promotion and Sports Medicine
Oregon Health and Science University

Occupational Stress

JUDITH ANDERSEN
Associate Professor of Psychology
University of Toronto-Mississauga

Suicide Prevention Strategies

RAJEEV RAMCHAND
Senior Behavioral Scientist
RAND Corporation

Support Programs and Interventions

RICHARD GOERLING (*Remote Participant*)
Lieutenant
Hillsboro (OR) Police Department
Mindful Badge Initiative

10:00 AM

Full Workshop Q&A

10:30 AM

Break

Session III

Implementing Strategies for Health Promotion and High Risk Behavior Prevention

10:45 AM

Panel IIIA: The Last-Mile Challenges and Strategies for Implementation

Planning Committee Moderator:

DAREN BRABHAM
Assistant Professor, Annenberg School for Communication and Journalism
University of Southern California

Panelists:

CHARLES BREWER
Assistant Chief, State, Local and Tribal Division, Office of Domestic and International Training,
Regional and International Training Directorate
Federal Law Enforcement Training Center

PATRICIA DEUSTER
Professor and Director, Consortium for Health and Military Performance
Uniformed Services University of Health Sciences

ALISA GREEN
Human Resources Specialist and Employee Engagement Team Lead, Office of the Chief of Human
Capital, Strategic Learning, Development, and Engagement
Department of Homeland Security

GARTH SPENDIFF
Exercise/Work Physiologist, Occupational Health and Safety Division, Office of Human Resources
Management
Customs and Border Protection

11:45 AM

Full Workshop Q&A

12:15 PM

Final Discussion with Planning and Standing Committee Members

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

12:45 PM

Closing Remarks

LESLIE HOLLAND

Deputy Executive Director, Workforce Health and Safety, Office of the Chief Human Capital Officer

Department of Homeland Security

EDRICK DORIAN

Police Psychologist, Behavioral Science Services

Los Angeles Police Department

Planning Committee Member

1:00 PM

Adjourn Workshop