

# Strategies, Interventions and Policies for Health Promotion, High Risk Behavior Prevention and Increased Performance of the DHS Law Enforcement Workforce: A Workshop

January 17–18, 2018

Keck Center of the National Academies – Room 100  
500 5<sup>th</sup> Street NW, Washington, DC 20001

## Workshop Objectives

- Provide a broad overview of the operational stressors and environments faced by the DHS law enforcement workforce;
- Explore evidence-based resilience and performance enhancement training, suicide and other high-risk behavior prevention strategies and interventions;
- Discuss potential strategies and best practices to limit the impact of environmental factors and other operational stressors that may limit the effectiveness of the DHS law enforcement workforce;
- Identify barriers for implementation of best practices (e.g. funding, policies, logistics, etc.) and;
- Examine how law enforcement leaders can promote the recognition of indicators of psychological stress and inspire personnel to access available resources while reducing stigma and increasing help-seeking behavior.

## Day 1 – January 17, 2018

### Session I Overview of the DHS Law Enforcement Operational Environment

8:00 AM **Breakfast Available and Registration Open**

*Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3<sup>rd</sup> floor atrium.*

8:30 AM **Introductory Remarks and Workshop Objectives**

EDRICK DORIAN  
Police Psychologist, Behavioral Science Services  
Los Angeles Police Department  
Planning Committee Member

LARRY FLUTY  
Principal Deputy Assistant Secretary for Countering Weapons of Mass Destruction  
Acting Chief Medical Officer  
Department of Homeland Security

8:45 AM **Panel IA: Perspectives from the Front Line**

Planning Committee Moderator:

JASON LIEBE  
Assistant Chief Patrol Agent, San Diego Sector, US Border Patrol

Customs and Border Protection

Panelists:

PATRICK CULVER  
Commander  
Chief, Drug and Migrant Interdiction  
Coast Guard

RALPH CORBIN  
Agent, Special Operations Search, Trauma, and Rescue, San Diego Sector, US Border Patrol  
Customs and Border Protection

STEVE COLLINS  
Special Agent, National Program Manager, Peer Support Program, Homeland Security  
Investigations  
Immigration and Customs Enforcement

FARON PARAMORE  
Assistant Director, Office of Government & Public Affairs  
Secret Service

CATRINA BONUS  
Inspector, Office of the Chief  
Secret Service Uniformed Division

10:00 AM

**Full Workshop Q&A**

10:30 AM

**Break**

10:45 AM

**Panel IB: Supporting the Front Line**

Planning Committee Moderator:

EDRICK DORIAN  
Police Psychologist, Behavioral Science Services  
Los Angeles Police Department

Panelists:

SCOTT BRYAN  
Director, Resiliency Programs, Office of Human Resource Management  
Customs and Border Protection

KEN MIDDLETON  
Chief, Employee Resilience Unit, Peer Support Clinical Advisor  
Immigration and Customs Enforcement  
Planning Committee Member

STEVE COLLINS  
Special Agent, National Program Manager, Peer Support Program, Homeland Security  
Investigations  
Immigration and Customs Enforcement

KIER MAXWELL  
Supervisor, Employee Assistance Program, Office of Equity and Support Services  
Secret Service

12:00 PM **Full Workshop Q&A**

12:30 PM **Lunch**

*Meal Tickets available for speakers and committee members; lunch also available for purchase in Keck Cafeteria on the 3<sup>rd</sup> floor atrium.*

**Session II Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies**

1:30 PM **Panel IIA: Lessons in Resilience and Mindfulness**

AMY ADLER  
Clinical Research Psychologist  
Walter Reed Army Institute of Research

AMISHI JHA (*Remote Participant*)  
Associate Professor of Psychology  
University of Miami

MIKE MACKRELL  
Family Life Chaplain  
Texas Army National Guard

WILLIAM NASH  
Director, Psychological Health  
Marine Corps

PATRICIA DEUSTER  
Professor and Director, Consortium for Health and Military Performance  
Uniformed Services University of Health Sciences

GARTH SPENDIFF  
Exercise/Work Physiologist, Occupational Health and Safety Division, Office of Human  
Resources Management  
Customs and Border Protection

2:45 PM **Full Workshop Q&A**

3:30 PM **Break**

3:45 PM **Panel IIB: Experiences and Best Practices from State and Local Agencies**

Planning Committee Moderator:

SCOTT ALLEN  
Senior Staff Psychologist  
Miami-Dade Police Department

Panelists:

MICHAEL FINEGAN  
Lead Psychologist  
Maryland State Police

JOCELYN ROLAND (*Remote Participant*)  
Independent Police Psychologist

JENNIFER TEJADA (*Remote Participant*)  
Chief  
Emeryville (CA) Police Department

4:30 PM **Full Workshop Q&A**

5:00 PM **Day 1 Wrap-Up Discussion**

EDRICK DORIAN  
Police Psychologist, Behavioral Science Services  
Los Angeles Police Department  
Planning Committee Member

5:30 PM **Adjourn Day 1**

## Day 2 – January 18, 2018

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8:00 AM **Breakfast Available and Registration Open**

*Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3<sup>rd</sup> floor atrium.*

8:30 AM **Day 2 Opening Remarks: Day 1 Review**

EDRICK DORIAN  
Police Psychologist, Behavioral Science Services  
Los Angeles Police Department  
Planning Committee Member

**Session II**  
(Continued)

### **Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies**

8:45 AM **Panel IIC: Lessons Learned from Recent Research**

*Health Promotion Leadership*

ASTRID SCHUTZ (*Remote Participant*)  
Director, Competence Center for Personnel Psychology  
Chair, Personality Psychology and Psychological Assessment  
University of Bamberg (Germany)

*Human Performance*

KERRY KUEHL  
Director, Human Performance Lab  
Professor of Medicine and Section Chief, Health Promotion and Sports Medicine  
Oregon Health and Science University

*Occupational Stress*

JUDITH ANDERSEN  
Associate Professor of Psychology  
University of Toronto-Mississauga

*Suicide Prevention Strategies*

RAJEEV RAMCHAND  
Senior Behavioral Scientist  
RAND Corporation

*Support Programs and Interventions*

RICHARD GOERLING (*Remote Participant*)  
Lieutenant  
Hillsboro (OR) Police Department  
Mindful Badge Initiative

10:00 AM

**Full Workshop Q&A**

10:30 AM

**Break**

**Session III**

**Implementing Strategies for Health Promotion and High Risk Behavior Prevention**

10:45 AM

**Panel IIIA: The Last-Mile Challenges and Strategies for Implementation**

Planning Committee Moderator:

DAREN BRABHAM  
Assistant Professor, Annenberg School for Communication and Journalism  
University of Southern California

Panelists:

CHARLES BREWER  
Assistant Chief, State, Local and Tribal Division, Office of Domestic and International Training,  
Regional and International Training Directorate  
Federal Law Enforcement Training Center

PATRICIA DEUSTER  
Professor and Director, Consortium for Health and Military Performance  
Uniformed Services University of Health Sciences

ALISA GREEN  
Human Resources Specialist and Employee Engagement Team Lead, Office of the Chief of Human  
Capital, Strategic Learning, Development, and Engagement  
Department of Homeland Security

GARTH SPENDIFF  
Exercise/Work Physiologist, Occupational Health and Safety Division, Office of Human Resources  
Management  
Customs and Border Protection

11:45 AM

**Full Workshop Q&A**

12:15 PM

**Final Discussion with Planning and Standing Committee Members**

EDRICK DORIAN  
Police Psychologist, Behavioral Science Services  
Los Angeles Police Department  
Planning Committee Member

12:45 PM

**Closing Remarks**

LESLIE HOLLAND

Deputy Executive Director, Workforce Health and Safety, Office of the Chief Human Capital Officer

Department of Homeland Security

EDRICK DORIAN

Police Psychologist, Behavioral Science Services

Los Angeles Police Department

Planning Committee Member

1:00 PM

**Adjourn Workshop**