

500 Cities: Local Data for Better Health

Measures Tracked

UNHEALTHY BEHAVIORS

Binge Drinking
Current Smoking
No Leisure-Time Physical Activity
Obesity
Sleeping Less Than 7 Hours



HEALTH OUTCOMES

Arthritis
Current Asthma
High Blood Pressure
Cancer (Excluding Skin Cancer)
High Cholesterol
Chronic Kidney Disease
Chronic Obstructive Pulmonary Disease
Coronary Heart Disease
Diagnosed Diabetes
Mental Health Not Good for ≥ 14 Days
Physical Health Not Good for ≥ 14 Days
All Teeth Lost
Stroke

PREVENTION

Current Lack of Health Insurance
Visits to Doctor For Routine Checkup Within the Past Year
Visits to Dentist or Dental Clinic
Taking Medicine for High Blood Pressure Control
Cholesterol Screening
Mammography
Papanicolaou Smear
Fecal Occult Blood Test, Sigmoidoscopy, or Colonoscopy
Up to Date on a Core Set of Clinical Preventive Services

500 Cities: Local Data for Better Health

Measures Tracked

UNHEALTHY BEHAVIORS

Binge Drinking
Current Smoking
No Leisure-Time Physical Activity
Obesity
Sleeping Less Than 7 Hours

HEALTH OUTCOMES

Arthritis
Current Asthma
High Blood Pressure
Cancer (Excluding Skin C...
High Cholesterol
Mental Health Not Good for ≥14 Days
Physical Health Not Good for ≥14 Days
All Teeth Lost
Stroke

PREVENTION

Current Lack of Health Insurance
Visits to Doctor For Routine Checkup Within 12 Months
Current Lack of Health Insurance
Visits to Doctor For Routine Checkup Within 12 Months
Pap Smear
Fecal Occult Blood Test, Sigmoidoscopy, or Colonoscopy
Up to Date on a Core Set of Clinical Preventive Services

If it isn't measured – it isn't done;
and this has been the case for
vision for far too long!

