The Challenge of Treating Obesity and Overweight: Learning What Works and Making it Happen

Workshop
Roundtable on Obesity Solutions

April 6, 2017
The National Academy of Sciences Building
2101 Constitution Avenue, NW Washington, DC
Lecture Room

Workshop Objective: Explore what is known about current obesity treatment approaches and the challenges involved in implementing them.

8:30 AM  Welcome and Setting the Stage, Bill Purcell, JD, Chair, Roundtable on Obesity Solutions

TREATMENT: WHAT WORKS?
Facilitator: Don Bradley, MD, MHS-CL, Duke University

8:45 AM  Adults
Susan Yanovski, MD, National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health

9:15 AM  Children and Adolescents
Ihuoma Eneli, MD, MS, FAAP, American Academy of Pediatrics Institute for Healthy Childhood Weight & Nationwide Children’s Hospital

9:45 AM  Emerging Opportunities
Steven Heymsfield, MD, Pennington Biomedical Research Center, Louisiana State University

10:15 AM  BREAK

TREATING SEVERE OBESITY

10:30 AM  Adults
Facilitator: Adam Tsai, MD, MSCE, FACP, Kaiser Permanente

Bruce Wolfe, MD, FACS, FASMBS, Oregon Health & Science University
Louis J. Aronne, MD, FACP, DABOM, Weill-Cornell Medical College
Nikki Massie, Patient Advocate

11:15 AM  Children
Facilitator: Ihuoma Eneli, MD, MS, FAAP, American Academy of Pediatrics Institute for Healthy Childhood Weight & Nationwide Children’s Hospital

Nikki Highfield, Parent
Marc Michalsky, MD, Nationwide Children’s Hospital
Susan J. Woolford, MD, MPH, University of Michigan

12:00 PM  LUNCH
Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents are obese. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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