

Socio-ecological Approach to Health Interventions for Black & Latinx LGBTQ Youth

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Disclosures

- No financial disclosures.



- 2 in 10 were in youth 13 to 24 years old
 - 9 in 10 youth were men
 - 5 in 10 gay and bisexual young men were Black

**HAVE YOU
TESTED
LATELY?**



PrEVENTION

in a pill.

Taking a once-daily pill can reduce your risk of contracting HIV by more than 90%.



U=U *

UNDETECTABLE
viral load means HIV IS
UNTRANSMITTABLE

www.i-base.info/u-equals-u

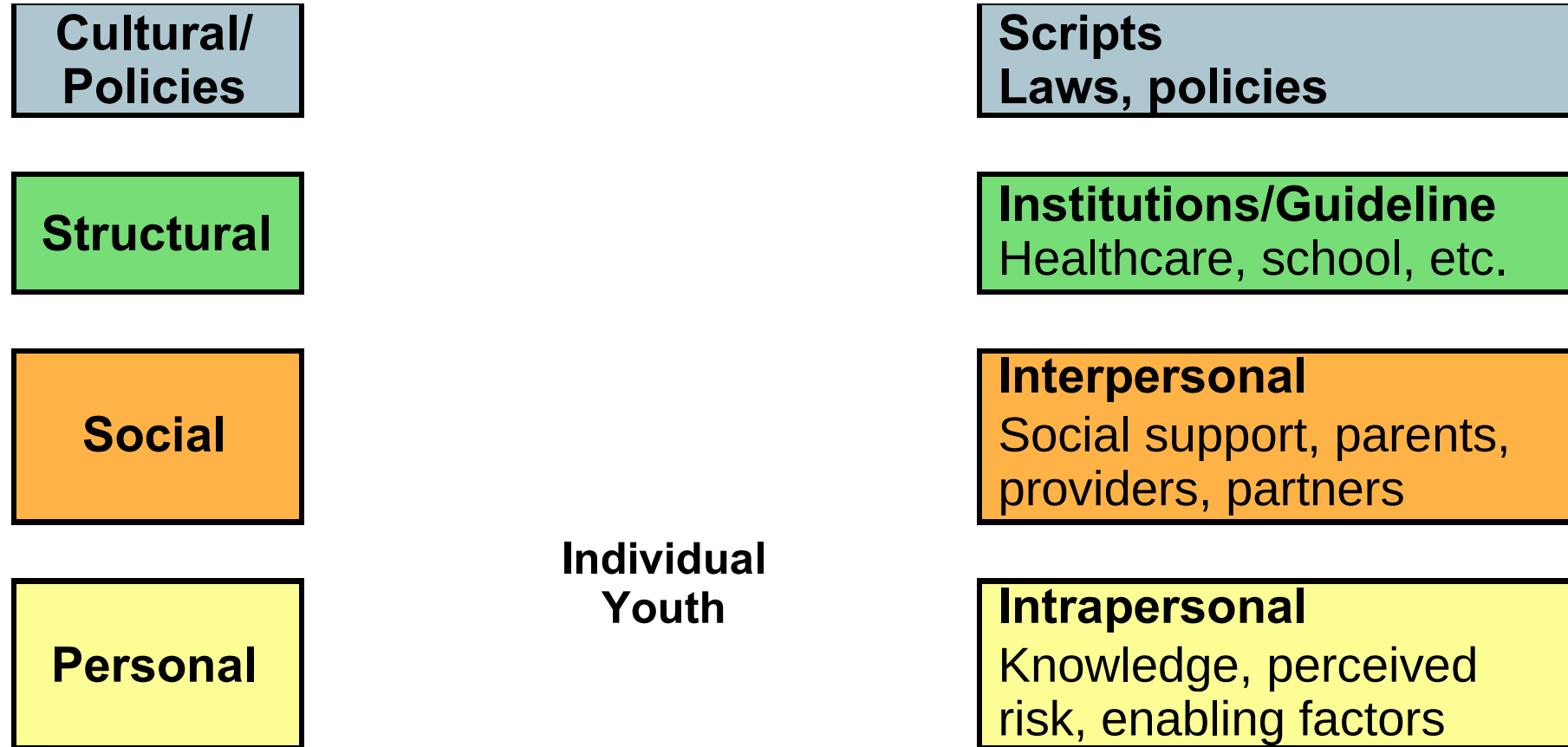
* Undetectable = Untransmittable

Objectives



- Describe socio-ecological framework and multi-level health interventions to:
 - Address HIV prevention
 - Increase health access for sexual and gender minority youth

Socio-ecological Approach to Interventions



*Adapted from Bronfenbrenner
Marcell AV, et al. J Adol Health. 2017.

Individual Level

Personal

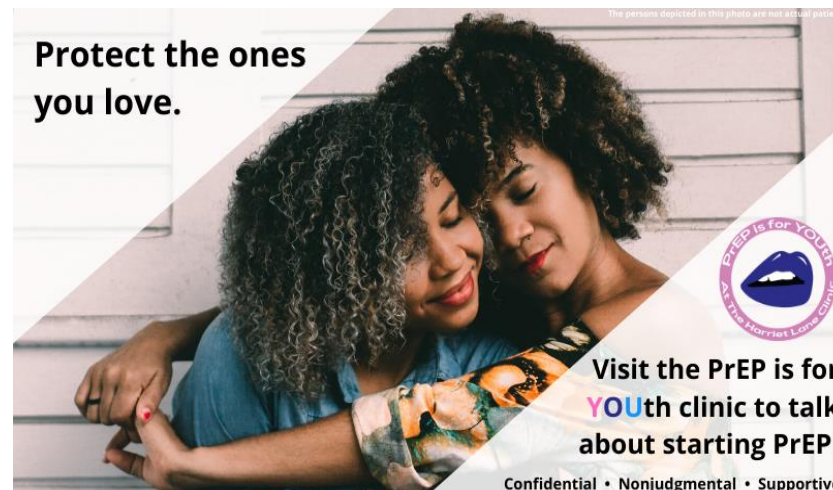
**Individual
Youth**



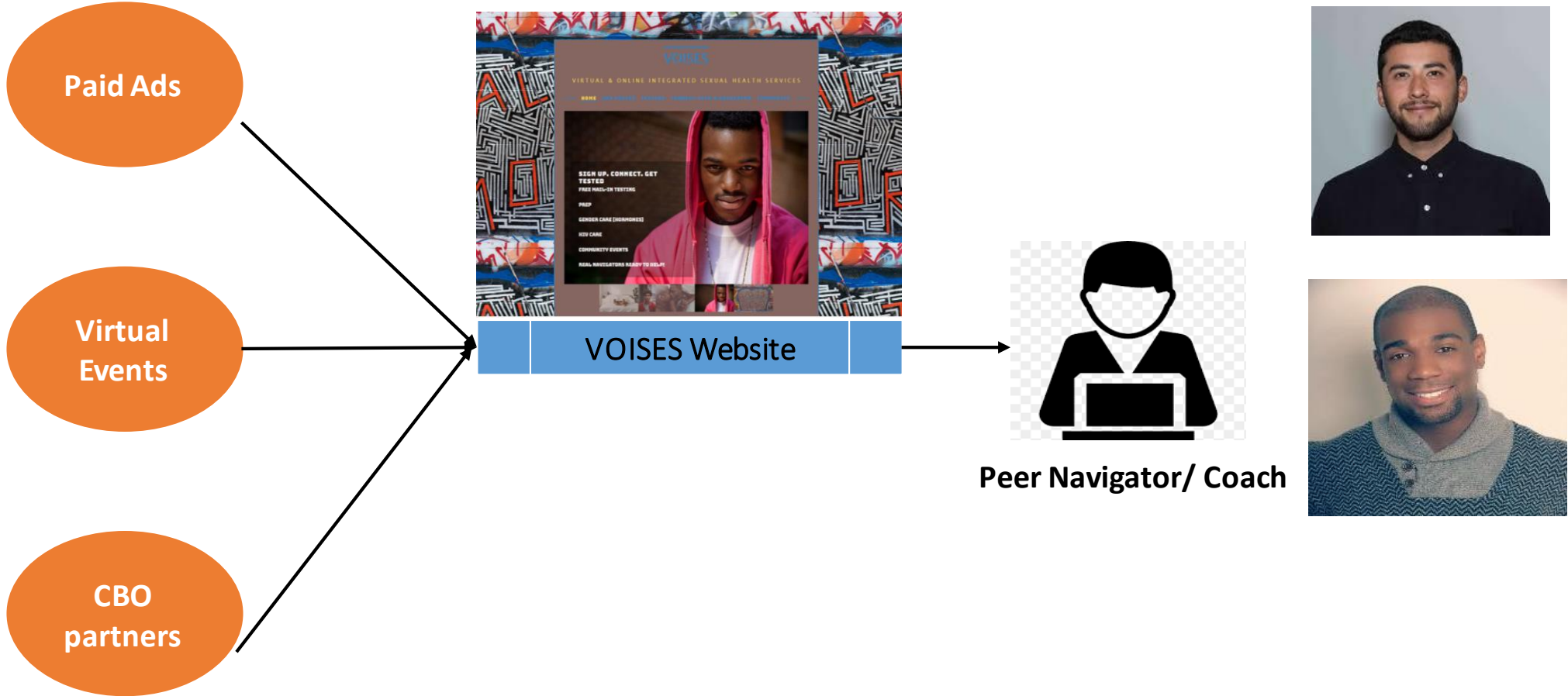
Intrapersonal
Knowledge, perceived
risk, enabling factors

Increasing Health Awareness

- PrEP awareness among youth is low
 - Web-based survey of young Black MSM in DC, Baltimore, NY, 38% were aware of PrEP
- Community messaging to increase awareness



Meeting Youth in Virtual Spaces: VOISES-Virtual Online Integrated SExual Health Services

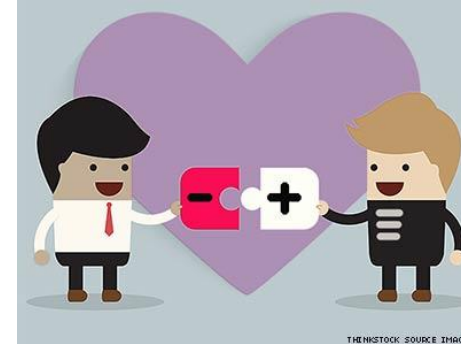


Social Level

Social

**Individual
Youth**

Interpersonal
Social support, parents,
providers, partners



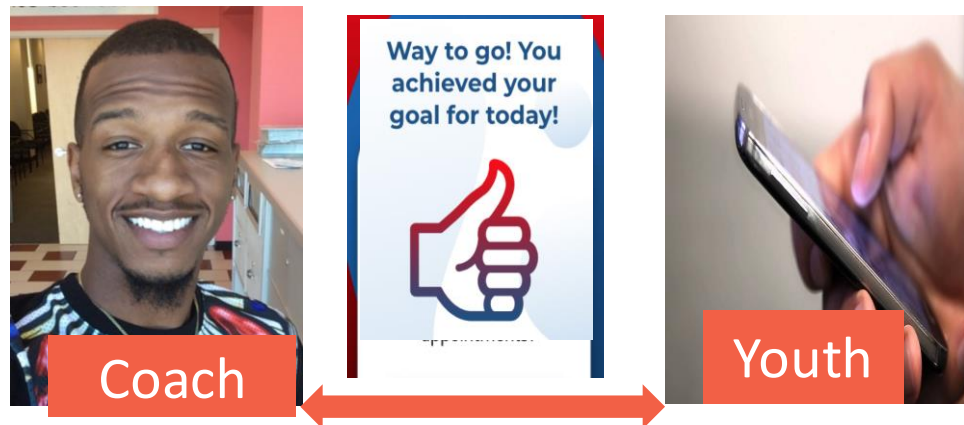
PUSH: Providing Unique Support for Health

National Institute of Drug Abuse

R01DA043089

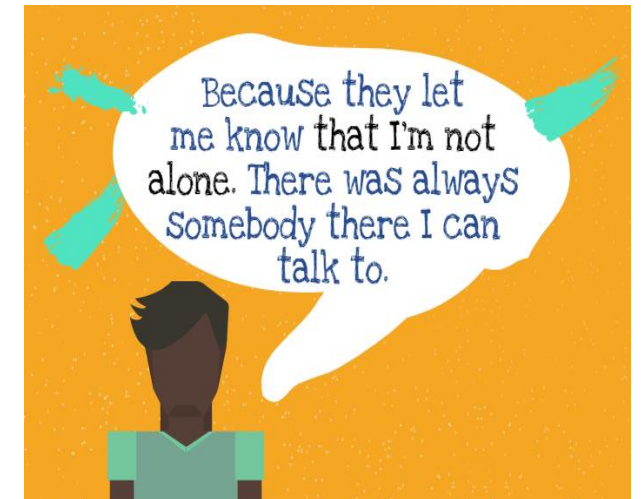


- Coach-based intervention to engage Black and Latinx sexual minority males and transgender women in HIV treatment and PrEP use
- Focused on life skills, MI, reflective listening, and goal setting



Principal Investigators: Sanders/Celentano

- Health coaches helpful to identifying and reaching goals and making feel accepted



- Participants described knowing someone or having a peer in their network made them feel more likely to take PrEP



Prepping for “The Talk”: Helping Parents and Youth Talk About Sexuality



- Motivational interviewing (MI)-based intervention
 - Parents: sexual health and PrEP education (video)
 - LGBTQ Youth: MI-based risk reduction counseling inclusive of PrEP (in person)
- Randomized Control trial to determine feasibility, acceptability, and preliminary effectiveness of the intervention on PrEP uptake
- N=100 youth-parent dyads
 - Outcomes:
 - Primary: PrEP uptake (self-report and blood spot)
 - Secondary: PrEP interest, HIV risk behaviors

Structural-Level

Structural

Institutions/Guideline
Healthcare, housing, etc.

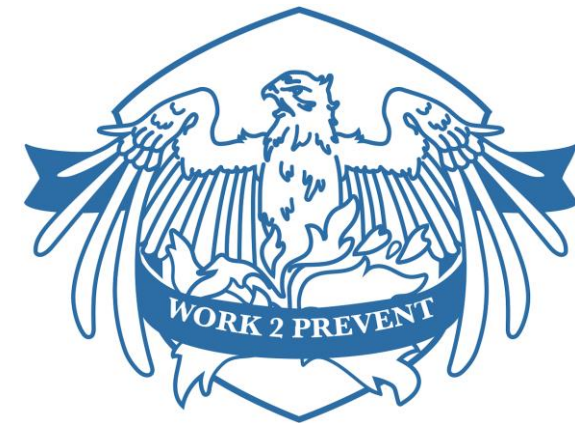
**Individual
Youth**



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Marcell AV, et al. J Adol Health. 2017.

Access to safe housing & employment

- 25% of PUSH Study participants described
 - Being without a regular place to stay in the prior 12 months
 - Engaging in transactional sex
 - Having a regular job was protective
- Work2Prevent
 - Goal-setting and skill-based intervention in 70 young MSM and TW
 - Targets economic stability through job readiness and employment



Policy-Level

**Cultural/
Policies**

**Scripts
Laws, policies**



**Individual
Youth**

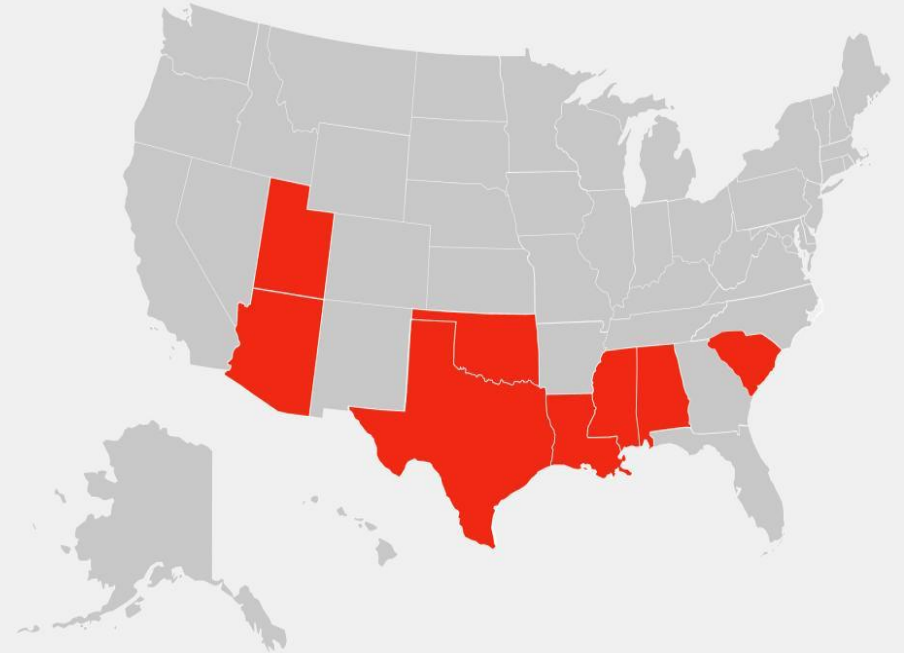
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Access to Comprehensive Sexual Education & Reproductive Health

- Sexual education varies by state
- YRBS Data (13 states)
 - Young men who reported sex with other men were less likely to report school-based HIV education than heterosexual peers
- 8 states restrict teachers from providing LGBTQ-focused education

Anti-LGBT: States that have laws restricting teachers and staff from talking about LGBT issues at school

Alabama
Arizona
Louisiana
Mississippi
Oklahoma
South Carolina
Texas
Utah



Equality



The assumption is that **everyone benefits from the same supports**. This is equal treatment.

Equity



Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

Justice



All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.

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Questions?

