

## Framing Adolescent Development

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### What is a Frame?

Frames are sets of choices about how information is presented:

What to emphasize, how to explain it, and what to leave unsaid.

A frame effect occurs when changes in presentation lead to measurable, significant changes in people's response.

## We conducted a comprehensive investigation



Expert Interviews

25



Peer
Discourse
Sessions
54



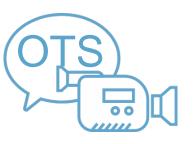
Cultural Model Interviews

29



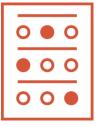
Usability Trials

19



On-the-Street Interviews

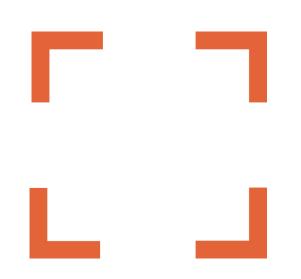
101



Survey Experiments

6,500





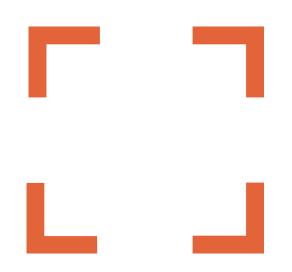
## See what you're up against

### Cultural conceptions of adolescence



## Traps in Public Thinking

Model	Understandings and Assumptions
Adolescence = Black Box	Adolescence can be age 5 until??
Dangerous Times	Adolescence is inherently risky and nothing can be done
Self-Makingness	Individuals can overcome adversity through willpower and hard work
Peers Matter Most	Peers are most important influences, and are usually negative influences
Modernity as Threat	Social media and technology create more risk
Culture of Poverty	Adversity and negative outcomes are due to the "bad values" of poor communities
Brain Development	??



# Reframe by changing your story

#### Individual outcomes and personal success

Individual stories without context reinforce unproductive assumptions

## Avoid

#### Overemphasizing risk and vulnerability

Avoid cuing negative thinking and fatalism about adolescence

#### Leaving support up the imagination

Don't let the public "fill in the blanks" with solutions you want to avoid

## Advance

#### Community Engagement

Talk about how young people contribute to their communities

## Supportive programs and policies Explain the programs, policies and practices that enable adolescents to

try things out and learn, and to develop their independence and autonomy

## Enriching environments Highlight positive experiences outside the home

#### Amplify youth voices

Listen to and highlight the stories adolescents tell about themselves

## For more information, please visit: http://frameworksinstitute.org/adolescence







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