

# A Dialogue on Adolescent Health: Implications for the National Agenda on Fostering Youths' Healthy Mental, Emotional, and Behavioral Development

## Reflections on the Panel (and the future...)

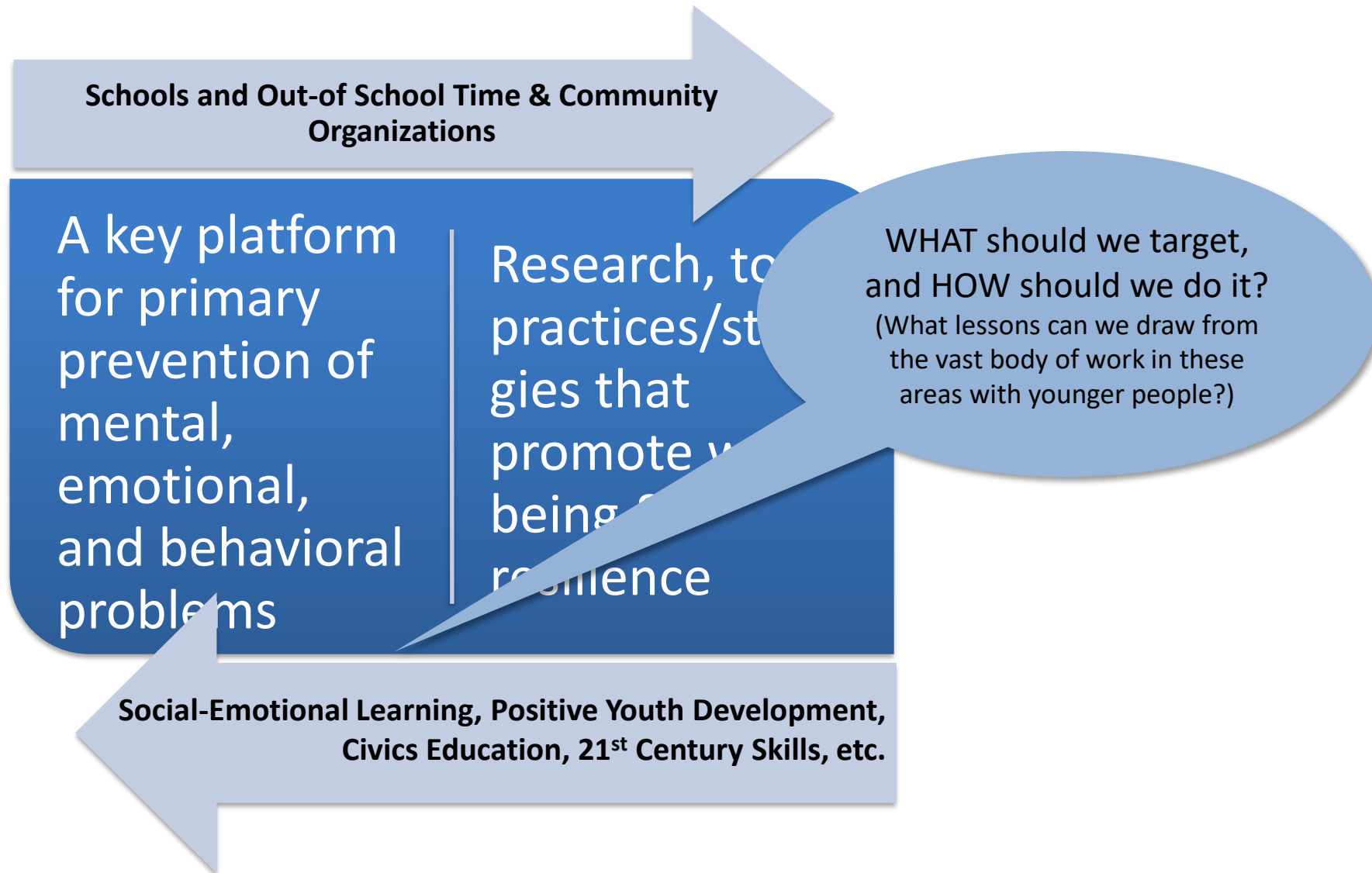
**Stephanie M. Jones**

Harvard University

May 5, 2020



# Focus... *How do we build protective factors in adolescence and build resilience?*

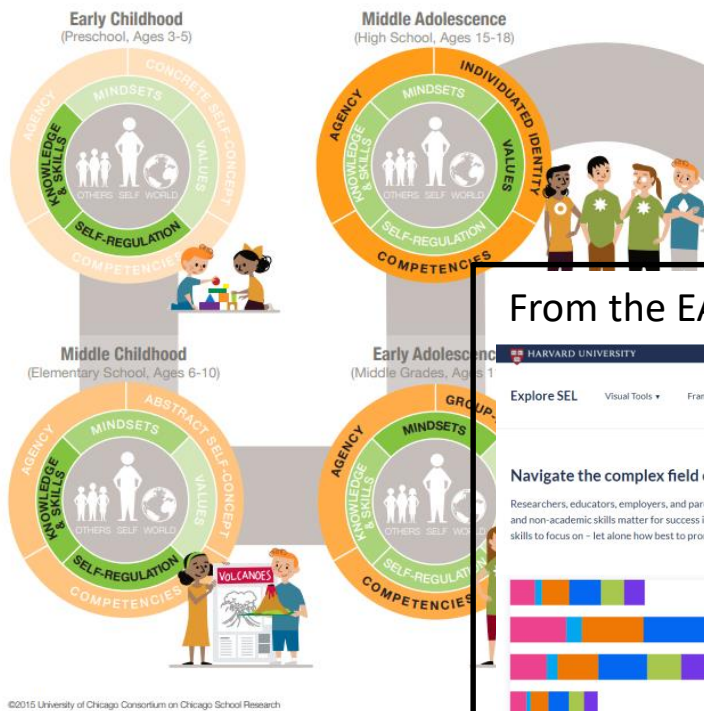


# WHAT should we target?

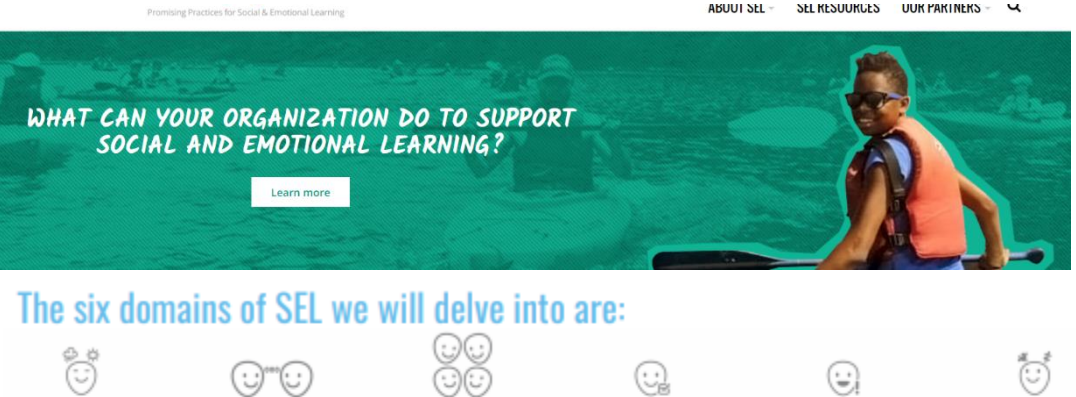
From the University of Chicago Consortium on School Research:

UCHICAGO CCSR

## Focus of Development Changes as Children Grow Older



From the David P. Weikart Center for Youth Program Quality:



From the EASEL Lab @ the Harvard Graduate School of Education:

The screenshot shows the EASEL Lab website, which is part of Harvard University's Harvard Graduate School of Education. The header includes the Harvard University logo and the EASEL Lab logo. The main navigation bar lists: Explore SEL, Visual Tools, Frameworks, Thesaurus, and About.

The main content area is titled 'Explore SEL' and includes the text: 'Navigate the complex field of social and emotional learning. Researchers, educators, employers, and parents agree that social and emotional learning (SEL) and non-academic skills matter for success in school and life, but it can be difficult to decide which skills to focus on - let alone how best to promote and measure them. [Learn More.](#)'

Below the text are three interactive tools:

- Explore Domain Focus:** A horizontal bar chart showing the distribution of skills across six common areas of SEL.
- Discover Framework Connections:** A diagram showing connections between different frameworks.
- Identify Related Skills:** A donut chart showing the distribution of skills across different frameworks.

On the right side of the website, there is a quote: 'take action, sustain motivation, and persevere through challenge toward an identified goal.' Below the quote is the text: 'Problem Solving Abilities to plan, strategize, and implement complex tasks.'

# HOW should we do it?

## Strategy/Kernel Approach

THE 4RS PROGRAM



High FLEXIBILITY

Low RESOURCES  
(time, cost, staff, etc.)

1. Strategies/practices common to effective programs (active ingredients?)
2. Targeted to specific skills
3. Designed to be doable, integrate-able, efficient, scalable
4. Build with youth agency, engagement, identity, autonomy as a vehicle/catalyst

# Coming soon...late 2020



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NAVIGATING SEL FROM THE INSIDE OUT  
LOOKING INSIDE & ACROSS 25 LEADING SEL PROGRAMS:  
A PRACTICAL RESOURCE FOR SCHOOLS AND OST PROVIDERS  
(ELEMENTARY SCHOOL FOCUS)  
MARCH 2017

Stephanie Jones, Katharine Brush, Rebecca Bailey, Gretchen Brion-Meisels, Joseph McIntyre, Jennifer Kahn, Bryan Nelson, and Laura Stickle  
HARVARD GRADUATE SCHOOL OF EDUCATION  
HARVARD UNIVERSITY

**KNOWLEDGE CENTER**

## Navigating Social and Emotional Learning from the Inside Out

Looking Inside and Across 25 Leading SEL Programs: A Practical Resource for Schools and OST Providers (Elementary School Focus)

 REPORT

**DOWNLOAD REPORT**

**Published**  
May 2, 2017 349 pages

**Author(s)**  
Stephanie Jones, Katharine Brush, Rebecca Bailey,  
Gretchen Brion-Meisels, Joseph McIntyre, Jennifer  
Kahn, Bryan Nelson, and Laura Stickle

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Middle and High  
School Edition

Thank you!