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Flourishing in Adolescence
Forum for Children's Well-Being Spring Virtual Workshop

AGENDA
May 5, 2020

11:00 AM Welcome on Behalf of the Forum for Children's Well-Being
Cheryl Polk, Forum for Children's Well-Being Co-Chair, Chief Program Officer, Safe & Sound

Suzanne Le Menestrel, @lemenestrels, Forum for Children's Well-Being Director, Senior Program Officer, National Academies of Sciences, Engineering, and Medicine

11:10 AM A Dialogue on Recent Reports on Adolescent Health: Implications for the National Agenda on Fostering Youths' Healthy Mental, Emotional, and Behavioral Development

Cheryl Polk, Forum for Children's Well-Being Co-Chair, Chief Program Officer, Safe & Sound, Moderator

The Promise of Adolescence: Realizing Opportunity for All Youth
Claire Brindis, @cbrindis, Committee Member, Professor of Pediatrics and Health Policy, Department of Pediatrics and the Department of Obstetrics, Gynecology and Reproductive Health Sciences at the University of California, San Francisco

Promoting Positive Adolescent Health Behaviors and Outcomes: Thriving in the 21st Century

Nicole Kahn, Study Director and Program Officer, Board on Children, Youth, and Families

The National Agenda on Fostering Youth's Healthy Mental, Emotional, and Behavioral Development

Tamar Mendelson, @MendelsonTamar, Committee Member, Bloomberg Professor of American Health at the Johns Hopkins Bloomberg School of Public Health

Reflections on the Panel

Stephanie Jones, @hgse, Forum Member, Professor of Education, Harvard Graduate School of Education

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12:10 PM **Hearing from Youth Voices**
Carlos Santos, @SantosCarlosE, Forum Member, Assistant Professor, University of California Los Angeles Luskin School of Public Affairs, Moderator

Detroit Flutter Foundation
DeAngelo Hughes, Founder

Family Voices Youth as Self-Advocates (YASA) representative
Emily Ball, Co-Chair, YASA

Mentor Foundation USA representative
Conor Curran, Student, Old Mill High School

1:10 PM **LUNCH BREAK**

1:40 PM **Best Practices in Inclusion of Youth and Family Voices**
Leslie Walker-Harding, @AskTeendoc, Forum Member, Chair of the University of Washington School of Medicine Department of Pediatrics, Associate dean for the University of Washington School of Medicine and Senior Vice President/Chief Academic Officer, Seattle Children's, Moderator

Autism Speaks Advocacy Ambassador Program
Kelly Headrick, Senior Director, State Government Affairs and Grassroots Advocacy

National Organizations for Youth Safety
Tameka "Tami" Brown, Director

Youth Thrive
Francie Zimmerman, Senior Associate

Family Voices Youth as Self-Advocates (YASA) representative
Matthew Shapiro, Adult Ally, YASA

2:40 PM **VIRTUAL CHAT BREAK**
Share Your Responses to the Following Questions in the Chat
1) How has your organization elevated the lived experience in its work?
2) How can these best practices that have been shared be adapted and implemented in your own work?

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3:00 PM

**How to Craft Effective Messages on Adolescent Flourishing:
Implications for the National Agenda on Fostering Youths' Healthy
Mental, Emotional, and Behavioral Development**

*Deborah Klein Walker, @DKWpublichealth, Forum Member, Consultant
and Immediate Past President, Global Alliance for Behavioral Health and
Social Justice and Adjunct Professor, Boston University School of Public
Health and Tufts University School of Medicine, Moderator*

Reframing Messages About Youth's Cognitive, Affective, and Behavioral
Health

Daniel Busso, @danbusso, Director of Research, Frameworks Institute

Framing Effective Messages Related to Mental Health on Social Media

*Edward Schmit, @Idontmind, Director of IDONTMIND program, Mental
Health America*

How to Craft Messages With Youth

*Kawanza Billy, @simply_msbilly, Program Manager, Black Swan
Academy, and Founder and Social Impact Strategist, K. Billy Push*

4:00

FINAL NOTES

Cheryl Polk, Forum Co-Chair

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