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**Flourishing in Adolescence**  
**Forum for Children's Well-Being Spring Virtual Workshop**

**AGENDA**  
**May 5, 2020**

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**11:00 AM**     **Welcome on Behalf of the Forum for Children's Well-Being**  
*Cheryl Polk, Forum for Children's Well-Being Co-Chair, Chief Program Officer, Safe & Sound*

*Suzanne Le Menestrel, @lemenestrels, Forum for Children's Well-Being Director, Senior Program Officer, National Academies of Sciences, Engineering, and Medicine*

**11:10 AM**     **A Dialogue on Recent Reports on Adolescent Health: Implications for the National Agenda on Fostering Youths' Healthy Mental, Emotional, and Behavioral Development**

*Cheryl Polk, Forum for Children's Well-Being Co-Chair, Chief Program Officer, Safe & Sound, Moderator*

*The Promise of Adolescence: Realizing Opportunity for All Youth*  
*Claire Brindis, @cbrindis, Committee Member, Professor of Pediatrics and Health Policy, Department of Pediatrics and the Department of Obstetrics, Gynecology and Reproductive Health Sciences at the University of California, San Francisco*

*Promoting Positive Adolescent Health Behaviors and Outcomes: Thriving in the 21<sup>st</sup> Century*  
*Nicole Kahn, Study Director and Program Officer, Board on Children, Youth, and Families*

*The National Agenda on Fostering Youth's Healthy Mental, Emotional, and Behavioral Development*  
*Tamar Mendelson, @MendelsonTamar, Committee Member, Bloomberg Professor of American Health at the Johns Hopkins Bloomberg School of Public Health*

*Reflections on the Panel*  
*Stephanie Jones, @hgse, Forum Member, Professor of Education, Harvard Graduate School of Education*

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12:10 PM

**Hearing from Youth Voices**

*Carlos Santos, @SantosCarlosE, Forum Member, Assistant Professor,  
University of California Los Angeles Luskin School of Public Affairs,  
Moderator*

*Detroit Flutter Foundation  
DeAngelo Hughes, Founder*

*Family Voices Youth as Self-Advocates (YASA) representative  
Emily Ball, Co-Chair, YASA*

*Mentor Foundation USA representative  
Conor Curran, Student, Old Mill High School*

1:10 PM

**LUNCH BREAK**

1:40 PM

**Best Practices in Inclusion of Youth and Family Voices**

*Leslie Walker-Harding, @AskTeendoc, Forum Member, Chair of the  
University of Washington School of Medicine Department of Pediatrics,  
Associate dean for the University of Washington School of Medicine and  
Senior Vice President/Chief Academic Officer, Seattle Children's,  
Moderator*

*Autism Speaks Advocacy Ambassador Program  
Kelly Headrick, Senior Director, State Government Affairs and Grassroots  
Advocacy*

*National Organizations for Youth Safety  
Tameka "Tami" Brown, Director*

*Youth Thrive  
Francie Zimmerman, Senior Associate*

*Family Voices Youth as Self-Advocates (YASA) representative  
Matthew Shapiro, Adult Ally, YASA*

2:40 PM

**VIRTUAL CHAT BREAK**

***Share Your Responses to the Following Questions in the Chat***

- 1) How has your organization elevated the lived experience in its work?**
- 2) How can these best practices that have been shared be adapted and implemented in your own work?**

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3:00 PM

**How to Craft Effective Messages on Adolescent Flourishing:  
Implications for the National Agenda on Fostering Youths' Healthy  
Mental, Emotional, and Behavioral Development**

*Deborah Klein Walker, @DKWpublichealth, Forum Member, Consultant  
and Immediate Past President, Global Alliance for Behavioral Health and  
Social Justice and Adjunct Professor, Boston University School of Public  
Health and Tufts University School of Medicine, Moderator*

**Reframing Messages About Youth's Cognitive, Affective, and Behavioral  
Health**

*Daniel Busso, @danbusso, Director of Research, Frameworks Institute*

**Framing Effective Messages Related to Mental Health on Social Media**

*Edward Schmit, @Idontmind, Director of IDONTMIND program, Mental  
Health America*

**How to Craft Messages With Youth**

*Kwanza Billy, @simply\_msilly, Program Manager, Black Swan  
Academy, and Founder and Social Impact Strategist, K. Billy Push*

4:00

**FINAL NOTES**

*Cheryl Polk, Forum Co-Chair*

**ACKNOWLEDGEMENTS**

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