



ECHO Autism Communities

Bringing Autism Best Practices to All Communities

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Current System

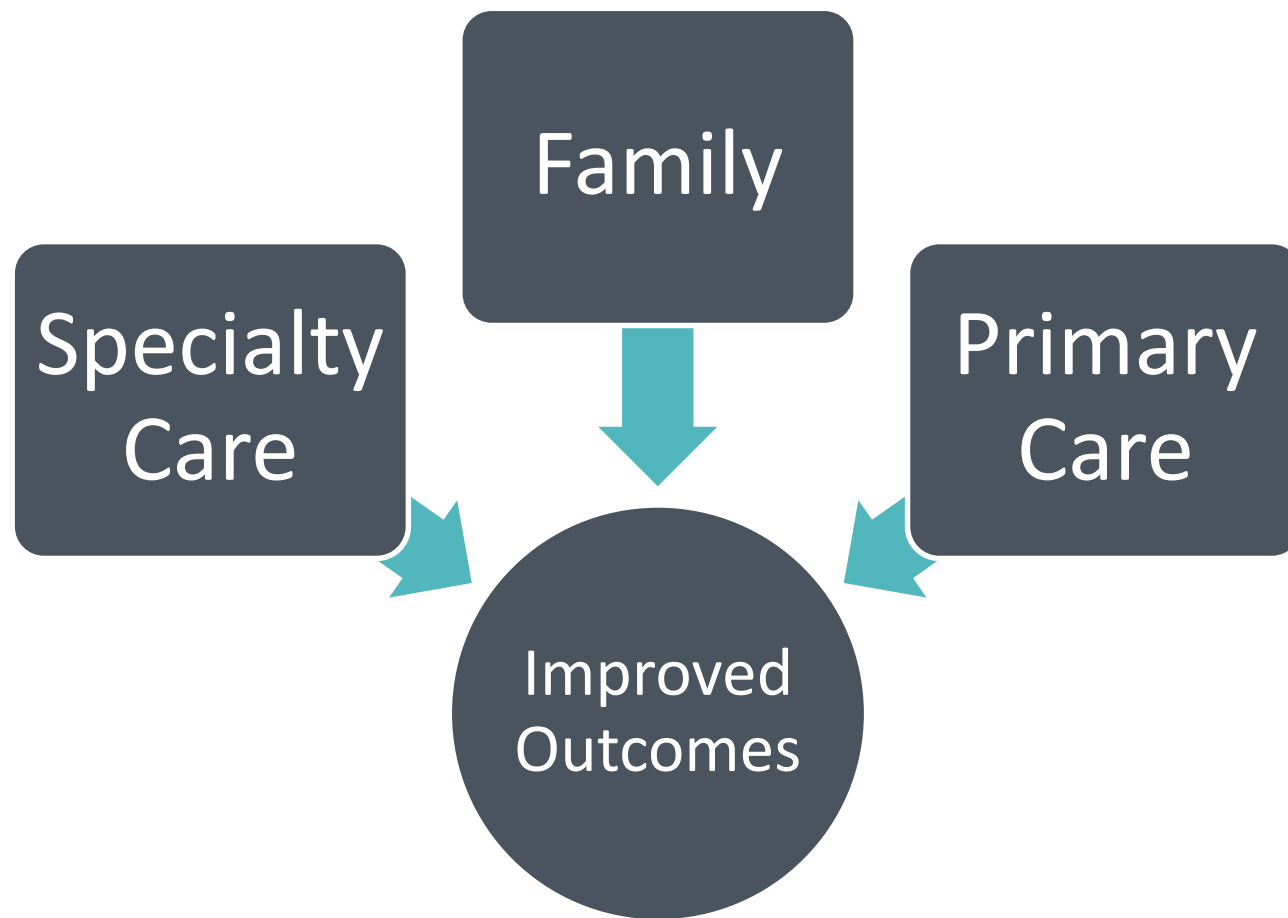
- ✓ Academic Medical Centers
- ✓ Urban Populations
- ✓ Higher income-families

Increased health disparities

- ☐ Socioeconomic
- ☐ Racial
- ☐ Geographic
- ☐ Gender



Perspective







Extension for Community Healthcare Outcomes

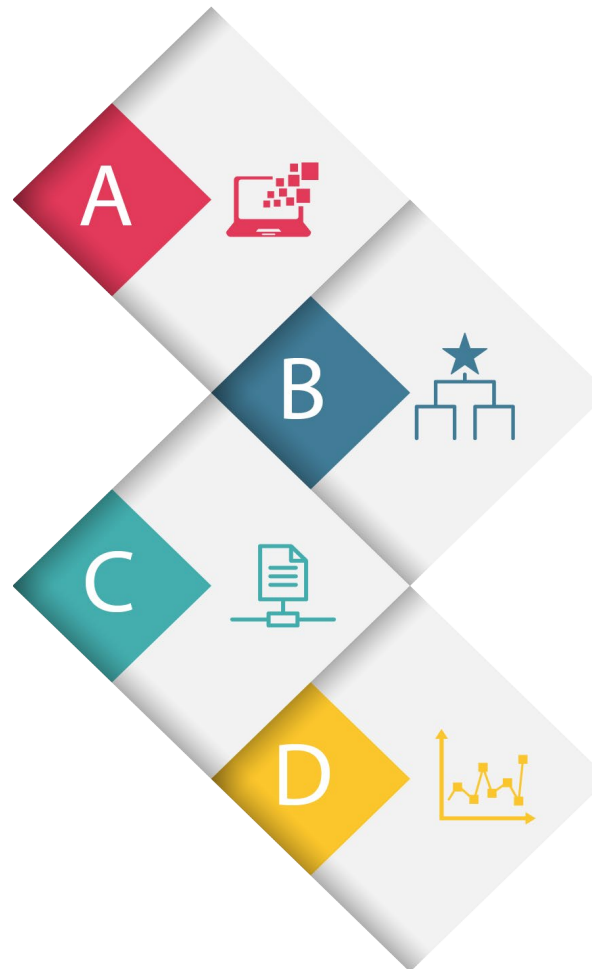
Moving Knowledge, Not People



The ECHO[®] Model

Amplification – Use **Technology**
to leverage scarce resources

Case Based Learning
to master complexity



Share **Best Practices**
to reduce disparity

Web-based **D**atabase to
Monitor Outcomes

All Teach, All Learn

When all the principles are applied, a learning community in which "All Teach and All Learn" comes together. This includes:

- Interactive Components
- Guided Practice
- Ongoing Mentorship
- Peer-to-Peer Learning
- Collaborative Problem Solving



Imagining the System – ECHO Autism



ECHO Autism: Primary Care Pediatrics

WHO - Interdisciplinary team of content experts partner with primary care clinicians

WHAT - Mentor through de-identified cases about early diagnosis and co-occurring symptom management

WHY - Build equitable access to autism best practices

WHEN – Two times per month, 90 minutes



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Pediatrician



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Child &
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Psychiatrist



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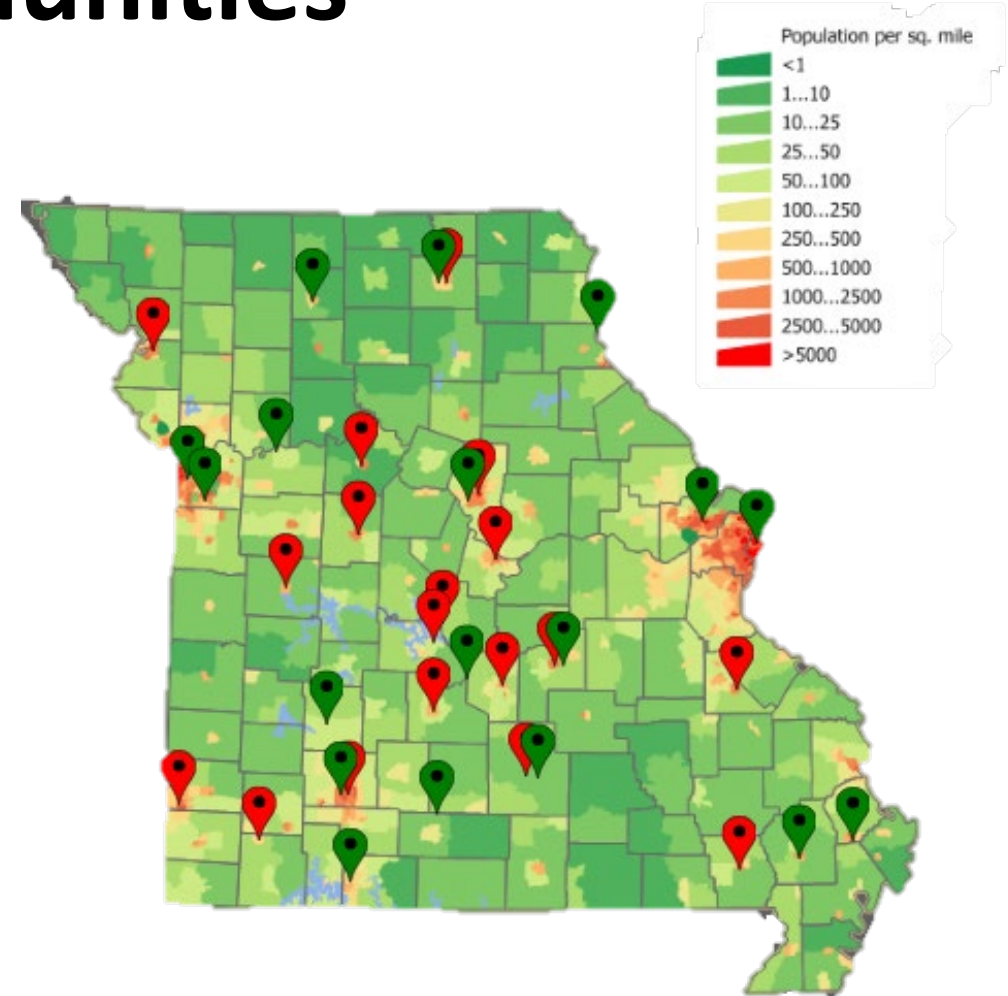


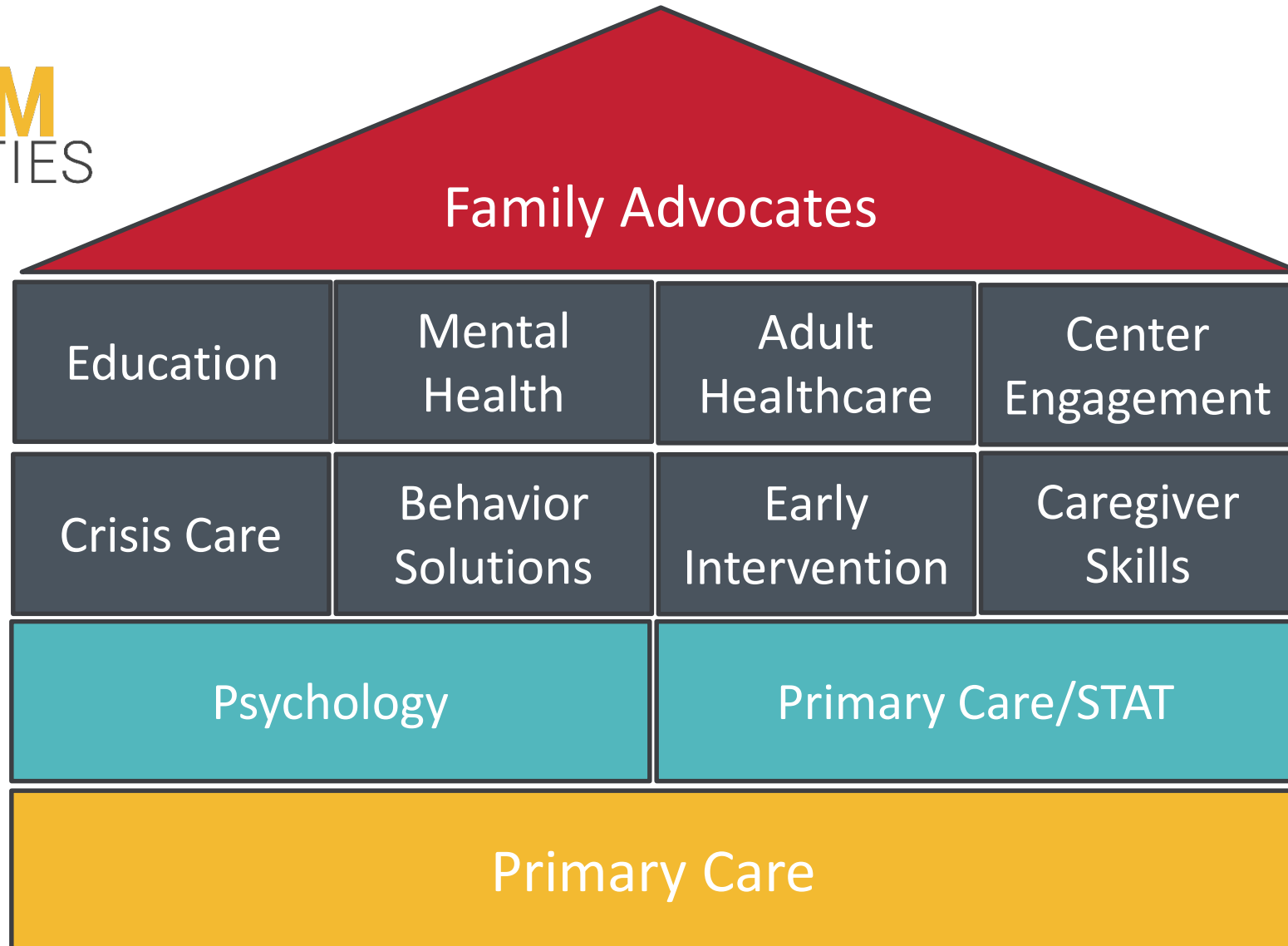
Alicia Curran,
BS, Grad Cert.
Family
Advocate

Building ECHO Autism Communities

Screening/Assessment/Diagnosis/Care

- Hands-on training (ADOS or STAT) + virtual case-based mentorship through ECHO Autism
- Develop local expertise and community access
- Partnerships between ECHO Autism primary care and community psychologists
- ✓ All children in Missouri within 45 miles of ECHO Autism Primary Care Clinician





Empowering Local Experts

- ☐ Serve
- ☐ Lead
- ☐ Guide
- ☐ Share



Policy Implications and Needed Reforms

1. **Payor advocacy reform** regarding autism spectrum disorder diagnosis
 - current insurer practices create diagnostic and treatment bottlenecks that increase inequities
2. Federal and/or state funding to support **professional development of generalists** so they can provide appropriate supports and services in their **local** clinical practices
3. Intentional **integration of disability best practices** within general clinical education & training



Extension for Community Healthcare Outcomes

