



State Policies to Support Family-Focused Interventions
to Prevent Substance Use Disorders in Adolescence:
A Population-Level, Systems-Level, Prevention-Focused Perspective

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Put down

Single-person
solutions

Efforts to change
individuals

After-the-fact treatments

Pick up

Population-level
Solutions

Efforts to change
systems

Prevention

Source: pophealthllc.com/tedx

Applying the Lens to Preventing Adolescent Substance Use

Population-level



**Role of schools and
other key settings**

Systems-level



**Family engagement
in child-serving
systems**

Prevention-focused



**Start younger –
and sustain
through adolescence**

Role of Schools and Other Key Settings



70 – 80% of children receiving mental health support receive it in **SCHOOL**

Rones, M., & Hoagwood, K. (2000). School-based mental health services: A research review. *Clinical Child and Family Psychology Review*, 3(4), 223-241. <https://doi.org/10.1023/a:1026425104386>.



Role of Schools and Other Key Settings



Family Engagement in Child-Serving Systems



Start Younger – and Sustain Support through Adolescence



Where We Should Focus

Population-level



**Role of schools and
other key settings**

Systems-level



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Prevention-focused

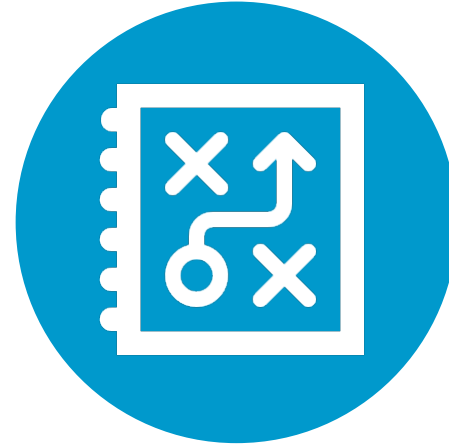


**Start younger –
and sustain
through adolescence**

The Role of State Policy



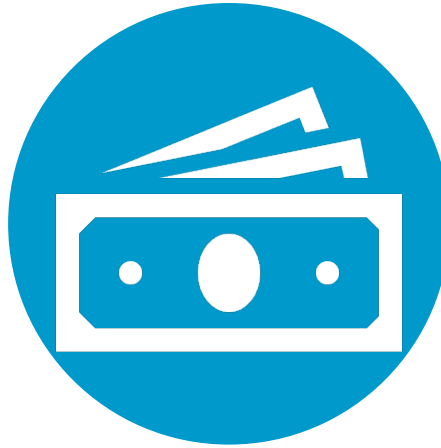
**Data Collection &
Sharing**



**Technical
Assistance**



**Collaboration &
Community Ownership**



**Sufficient, Flexible,
Coordinated
Financing**



**Social
Policies**

Collaboration & Community Ownership

States can...



Directly invest in partnership development, implementation, maintenance

Require **backbone support**

Engage in and fund/require **participatory action research**

Build **accountability to communities** into their work

Coordinate across state agencies



Data Collection and Sharing

States can...

Collect data and establish common measures (e.g., family-level risk/protective factors, subcounty/subpopulation analyses)

Make data **publicly available and accessible**

Enable data sharing across agencies and sectors

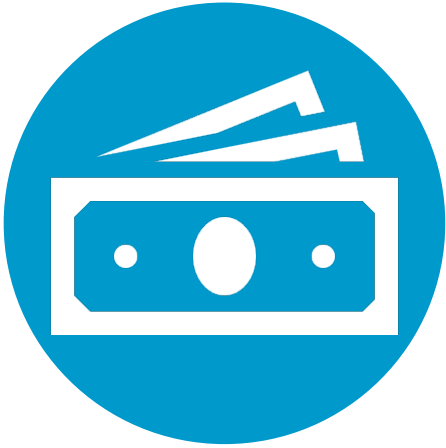
Engage in and require **rigorous evaluation**



**Allegheny County
Data Warehouse**

Sufficient, Flexible, Coordinated Financing

States can...



Directly invest in substance use prevention strategies

Fully leverage existing policies, including Medicaid and Family First Prevention Services Act

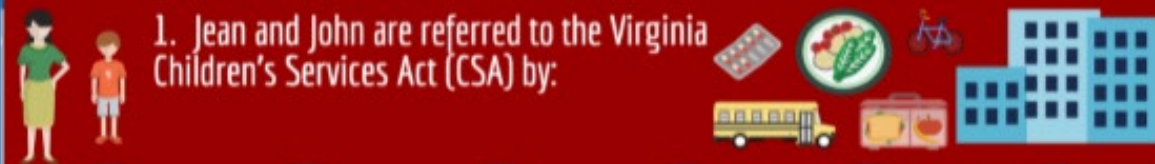
Tap into **non-traditional funding mechanisms**

Enable **braiding and blending** of funding



**Virginia Children's
Services Act**

Sufficient, Flexible, Coordinated Financing



2. CSA's Local Family Assessment & Planning Team (FAPT) works with Jean and John to develop one individualized plan of services.



3. A case manager helps Jean and John obtain the services in the FAPT's plan, which are paid for by the Community Policy and Management Team (CPMT) from a variety of sources.



Jean & John's Plan of Services from CSA

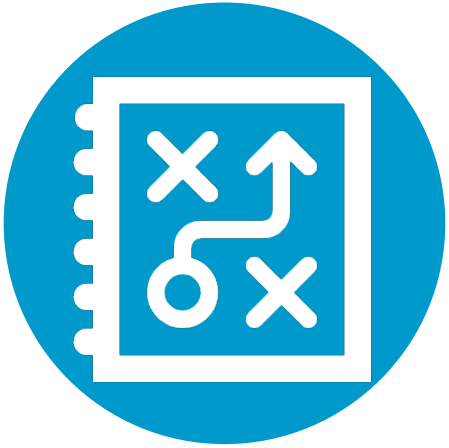
GOALS	SERVICES	PAID FOR BY
EDUCATION	Educate John at grade level and manage behavior issues	Special education placement CSA Pool Funds
PHYSICAL HEALTHCARE	Manage Jean's diabetes and John's asthma for success at work and school	Primary and preventive care Medicaid/CHIP (FAMIS)
	Control Jean's depression and help her stay sober	Behavioral health care Medicaid/CHIP (FAMIS)
MENTAL & BEHAVIORAL HEALTHCARE	Help John overcome behavioral/emotional issues	Applied behavioral analysis; yoga CSA Pool Funds
HOUSING	Provide a stable home; cook healthy meals	Emergency rent support CSA Pool Funds
TRANSPORTATION	Reliable transportation to and from work, school, and appointments	Car repair CSA Pool Funds
FOOD	Cook healthy meals at home, refrigerate medication	Food assistance/refrigerator repair Social service programs (SNAP)/ CSA Pool Funds



Produced by the National Academy for State Health Policy. For more information please visit www.nashp.org.

Technical Assistance

States can...



Establish a **state-level technical assistance center** that:

- Supports prevention by connecting research, policy, and practice
- Promotes high-quality implementation and sustainability
- Facilitates dissemination and sharing of best practices
- Supports continuous improvement of locally-developed programs



EPIS

EVIDENCE-BASED PREVENTION
AND INTERVENTION SUPPORT

Social Policies



States can...

Advance policies directly related to mental health and substance use:

- Expanding Medicaid and strengthening coverage and parity
- Investing in expanding the behavioral health workforce
- Making alcohol/drugs harder for adolescents to access

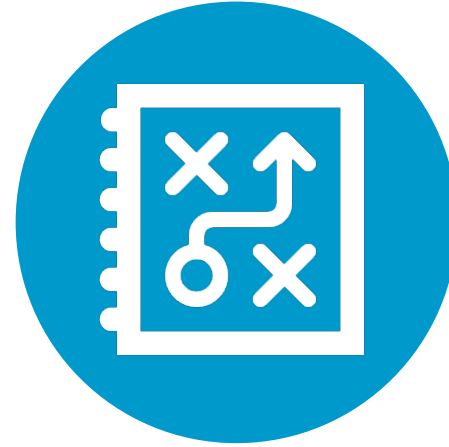
Advance broader social policies including in the areas of:

- Preventing bullying and school violence
- Avoiding school expulsions and suspensions
- Reducing incarceration
- Bolstering social support and connectedness
- Providing economic assistance to low income families

The Role of State Policy



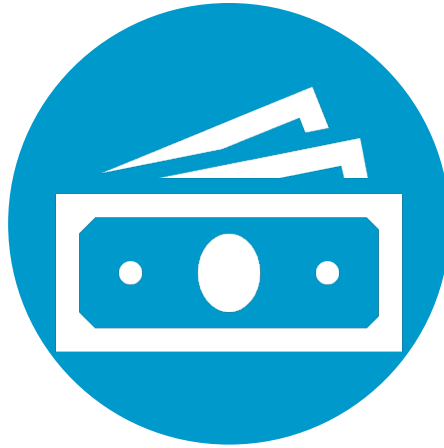
Data Collection & Sharing



Technical Assistance



Collaboration & Community Ownership



Flexible, Coordinated Financing



Social Policies

To What End?

Population-level



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Systems-level



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Thank You



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