

# Supporting the Health and Well-Being of Gender Diverse Youth: A Workshop

APRIL 25, 2023, 9:00-5:00 PM ET

**PURPOSE** The Forum for Children's Well-Being will host a one-day hybrid public workshop to examine the health and well-being of gender diverse youth. Workshop discussions will feature expert presentations and lived experience perspectives.

9:00-9:15am

## Welcome

**DAVID W. WILLIS** (he/him), *Center for the Study of Social Policy; Forum Co-Chair & Workshop Planning Committee Member*

**LESLIE R. WALKER-HARDING** (she/her), *Seattle Children's Hospital; Forum Co-Chair & Workshop Planning Committee Member*

## Overview of the Day

**CARLOS E. SANTOS** (he/him), *UCLA Luskin School of Public Affairs; Forum Member*

**BRENDA BLASINGAME** (she/her), *Vav Amani Consulting, LLC; Forum & Workshop Planning Committee Member*

## PART I: A PORTRAIT OF GENDER DIVERSE YOUTH

**Objective** To build a clearer picture of the history and current experiences of gender diverse youth in the U.S.

9:15-9:45am **History of Gender Diverse Youth in the U.S.**

- **STEF SHUSTER** (they/them), *Assistant Professor, Lyman Briggs College and Department of Sociology, Michigan State University*

*Presentation followed by audience Q&A*

9:45-10:45am **Youth and Parent Perspectives: How Are Gender Diverse Youth Faring?**

**Moderator: KABIR AMARI** (they/them), *Interim Senior Managing Director, National Prism Alliances at Teach For America; Workshop Planning Committee Member*

- **STEPHEN CHUKUMBA**, (he/him), *parent*
- **LIBBY GONZALES**, (she/her), *youth*
- **NAADEEN HERRING** (she/her), *parent*
- **WYATT WILLIAMS**, (he/him), *youth*

*Guided dialogue*

10:45-11:00am **BREAK**

## PART II: EVIDENCE ON THE PHYSICAL AND MENTAL HEALTH OF GENDER DIVERSE YOUTH

**Objective** To examine existing research on the physical and mental health of gender diverse youth, including:

- Development of gender identity
- Factors that influence the health and well-being of gender diverse youth
- Disparities in health status, health care access, and health outcomes
- Evidence based interventions to improve health and well-being
- Research and data needs

11:00-12:00pm

**Moderator: RUSS TOOMEY** (he/him), Professor and University Distinguished Scholar, Norton School of Human Ecology, The University of Arizona; Workshop Planning Committee Member

- **KATE KUVALANKA** (she/her), Professor and Interim Chair, Miami University, Department of Family Science & Social Work, Miami University
- **MYESHIA PRICE** (she/they), Director of Research Science, The Trevor Project
- **JAMA SHELTON** (they/them), Associate Professor, Silberman School of Social Work, Hunter College and Associate Director, Silberman Center for Sexuality & Gender, CUNY
- **GRETA BAUER** (she/they), Professor and Director, Institute for Sexual and Gender Health, University of Minnesota Medical School

*Panelist presentations followed by moderated Q&A*

12:00-1:00pm LUNCH

### PART III: SHAPING THE HEALTH AND WELL-BEING OF GENDER DIVERSE YOUTH

**Objectives** To explore important factors shaping the health and well-being of gender diverse youth, including evidence-based guidance and best practices in health care, state and federal policymaking impacting access and types of care, and community-based supports for youth and their families.

1:00-2:30pm

#### Gender Diverse Youth: Guidance and Best Practices in Health Care Settings

**Moderator: LESLIE R. WALKER-HARDING** (she/her), Seattle Children's Hospital; Forum Co-Chair & Workshop Planning Committee Member

- **JASON RAFFERTY** (he/him), Psychiatrist and Pediatrician, Hasbro Children's Hospital; Clinical Assistant Professor of Pediatrics, Clinical Assistant Professor of Psychiatry and Human Behavior, Brown University
- **GINA MARIE SEQUEIRA** (she/her), Assistant Professor of Pediatrics, University of Washington; Co-Director, Seattle Children's Gender Clinic
- **CHRISTY L. OLEZESKI** (she/her), Associate Professor of Psychiatry; Director and Co-founder of the Yale Pediatric Gender Program, Yale School of Medicine
- **TANDY AYE** (she/her), Professor of Pediatrics, Stanford University School of Medicine
- **GWENDOLYN QUINN** (she/her), Professor and Endowed Vice Chair Research, Department of OBGYN, New York University School of Medicine

*Opening presentation by Jason Rafferty followed by moderated dialogue and audience Q&A*

2:30-3:30pm

#### At the Intersections: Best Practices For Well-Being and Federal and State Policy

**Moderator: BRENDA BLASINGAME** (she/her), Vav Amani Consulting, LLC; Forum & Workshop Planning Committee Member

- **CHRISTY MALLORY** (she/her), Legal Director, The Williams Institute at UCLA Law
- **KELLAN BAKER** (he/him), Executive Director, Whitman-Walker Institute

*Panelist presentations followed by moderated Q&A*

**3:30-3:45pm** **BREAK**

**3:45-4:45pm** **Supporting Gender Diverse Youth in Their Communities**

**Moderator: CARLOS E. SANTOS** (he/him), UCLA Luskin School of Public Affairs; Forum Member

- **LUIS PARRA** (he/him), Assistant Professor, The University of Michigan School of Nursing
- **CHARITY JACKSON** (she/her), Founder and Founding Chair, Teach For America Alabama Prism Board (Bamaly Prism)
- **A.T. FURUYA** (they/them) Executive Director, Transform Together
- **TONI-MICHELLE WILLIAMS** (she/her), Executive Director, Solutions not Punishment

*Research highlight followed by moderated dialogue and audience Q&A*

**4:45-5:00pm** **Closing Remarks**

**BRENDA BLASINGAME** (she/her), Vav Amani Consulting, LLC; Forum & Workshop Planning Committee Member

**CARLOS E. SANTOS** (he/him), UCLA Luskin School of Public Affairs; Forum Member

**5:00pm** **ADJOURN**

## ACKNOWLEDGEMENTS

The Forum for Children's Well-Being expresses its thanks to the following partners for their critical support and commitment to advancing child and youth well-being. If you are interested with partnering with the Forum, please contact Amanda Grigg [agrigg@nas.edu](mailto:agrigg@nas.edu).

Administration for Children and Families  
American Academy of Pediatrics  
American Board of Pediatrics  
Centers for Disease Control and Prevention  
Chan Zuckerberg Initiative  
Children's Hospital Association

Family Voices  
Global Alliance for Behavioral Health and Social Justice  
Health Resources and Services Administration  
Society for Child and Family Policy and Practice  
Society of Clinical Child and Adolescent Psychology

## RECENT FORUM FOR CHILDREN'S WELL-BEING WORKSHOPS

- Building Resilience in the Face of Emerging Threats to Child and Youth Well-Being
- Responding to the Current Youth Mental Health Crisis and Preventing the Next One
- Using Telemental Health Services to Meet the Needs of Children and Youth
- Back in School: Addressing the Well-Being of Students in the Wake of COVID-19
- Promoting the Health and Well-Being of Children in Immigrant Families in Post-Pandemic Economic Recovery Efforts
- Re-imagining a System of Care to Promote the Well-Being of Children and Families