

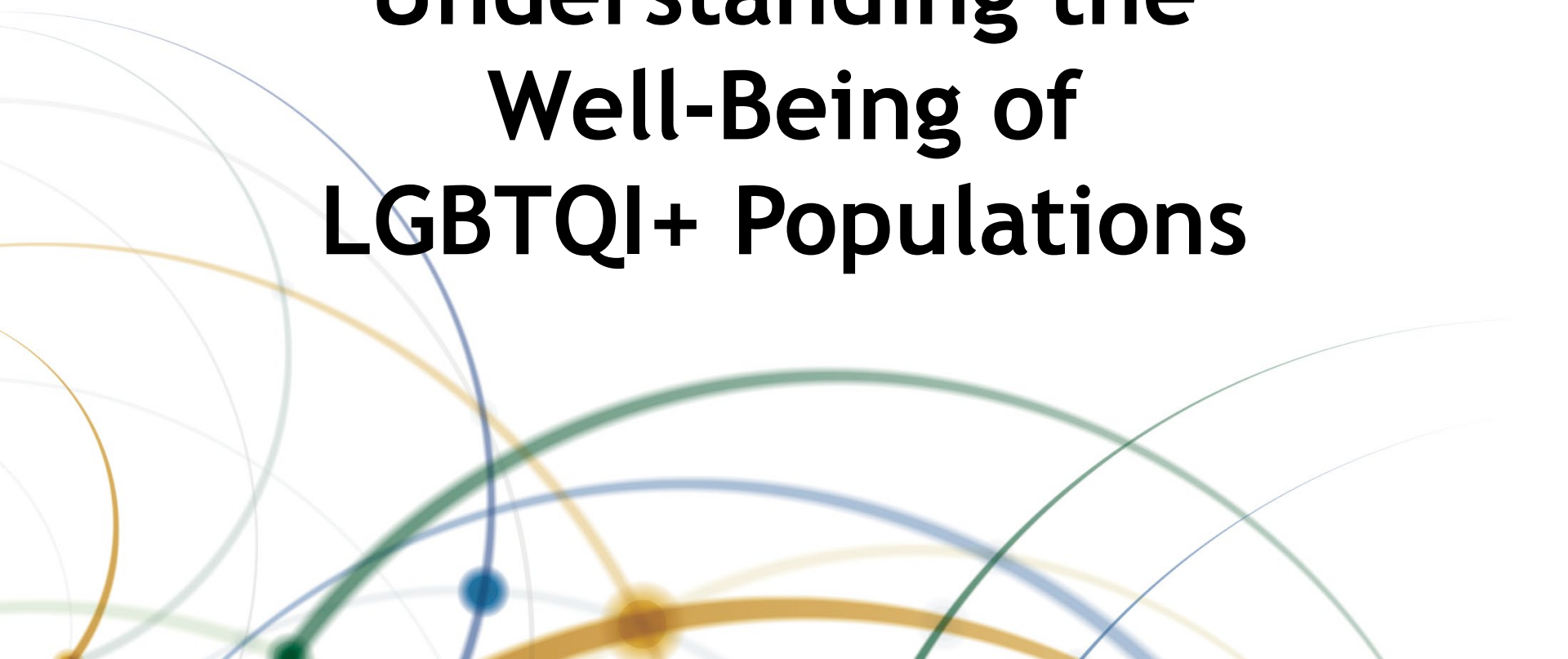
The National Academies of
SCIENCES • ENGINEERING • MEDICINE



COMMITTEE ON POPULATION

STANDING COMMITTEE ON UNDERSTANDING THE STATUS AND
WELL-BEING OF SEXUAL AND GENDER DIVERSE POPULATIONS

Understanding the Well-Being of LGBTQI+ Populations



LGBTQI+ Communities and the COVID 19 Pandemic

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COMMUNITY AND CIVIC ENGAGEMENT

Having access to affirming and safe physical, virtual and social space is essential to LGBTQI+ populations.

Why Community is Important:

- ❖ Helps to build connectedness, foster resilience, and enhance feelings of inclusion
- ❖ Encourages social engagement, mobilization, and sociopolitical involvement
 - Civic engagement is key to the struggle for equality, inclusion, and social justice for SGD populations.

LGBTQI+ Community Vulnerabilities

Socio-economic vulnerabilities

- 40% LGBTQI+ adults work in industries significantly impacted by the COVID 19 Pandemic: service industries, retail, education, and hospitals.
- LGBTQI+ communities are more likely to:
 - Live in poverty
 - Lack access to quality health
 - Lack paid sick leave
 - Experience greater risk of job loss due to the pandemic
 - Exposed to COVID in the workplace

LGBTQI+ people are at greater risk for negative economic outcomes.

*HRC Foundation and PSB Insights (April 2020)

Dual Pandemics: COVID 19 and HIV

- LGBTQI+ people of color disproportionately:
 - suffer negative socio-economic outcomes
 - experience homelessness and housing instability
 - substance abuse disorders
 - Mental health challenges

These structural factors increase LGBTQI+ communities' vulnerabilities to COVID and HIV

- loneliness and isolation
- violence

Community Intrventions

- Intrventions: practices and strategies of resilience and community building that are created by and emerge from marginalized communities.
 - Pride Events (Virtual)
 - Queer family meet-ups (virtual)
 - Ballroom culture (virtual balls)
 - Communal Mourning (virtual)

More research is needed to understand the impact of the COVID 19 pandemic on LGBTQI+ communities in our everyday lives.