

NIA Welcome and Introduction

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National Institute on Aging (NIA)/NIH
Workshop on Developing an Agenda for Population Aging and
Social Research in Low- and Middle-Income Countries (LMICs)
NASEM, Washington, DC
Thursday, September 7, 2023



Outline of presentation

- 1. Why is NIA BSR interested in global aging research?
- 2. NIA facilitates cross-national research through support for the HRS and HCAP
- 3. Why is NIA BSR interested in low- and middle-income countries (LMICs)?
- 4. Goals for the NASEM Aging in LMICs workshop





Why is NIA's Division of Behavioral and Social Research (BSR) interested in global aging research?











About the NIA Division of Behavioral and Social Research (BSR)

- NIA is one of the 27 institutes and centers if the National Institutes of Health understand the nature of aging and extend the healthy, active years of life
- BSR is an extramural division of NIA focusing on social, behavioral, and economic research, research infrastructure and research training on the processes of aging at the individual and societal level
- Cross-disciplinary research at multiple levels from genetics to cross-national comparative research, and at stages from basic through translational
- Alzheimer's disease and Alzheimer's disease-related dementias (AD/ADRD) research in addition to life course health and aging research
- Science managed across two research branches:
 - <u>Population and Social Processes</u>: Demographic, social, economic, institutional, geographic, and other factors at the population level including nationally representative longitudinal studies
 - <u>Individual and Behavioral Processes</u>: Psychological, behavioral, and interpersonal processes at the individual and dyadic level; interventions
- More about us: https://www.nia.nih.gov/research/dbsr



National Institute on Aging (NIA) National Advisory Council on Aging (NACA) Review of the Division of Behavioral and Social Research (BSR)

2019 BSR Review Committee Report

Rev. December 16, 2019

Review Committee Members

(*current NIA Council Member, **former NIA Council Member)

*Eileen Crimmins, PhD, University of Southern California (Co-Chair)

*Terrie Moffitt, PhD, Duke University and King's College, London (Co-Chair)

*David Bennett, MD, Rush University

*Lisa Berkman, PhD, Harvard University

Anne Case, PhD, Princeton University

Michael Chernew, PhD, Harvard University

Elissa Epel, PhD, University of California, San Francisco

Margaret Gatz, PhD, University of Southern California

Maria Glymour, University of California, San Francisco

*J Taylor Harden, PhD, RN, FGSA, FAAN, National Hartford Center

Arthur Kramer, PhD, Northeastern University

*Stephen Kritchevsky, PhD, Wake Forest School of Medicine
Robert Levenson, PhD, University of California, Berkeley
Jennifer Manly, PhD, Columbia University
Vincent Mor, PhD, Brown University
Elizabeth Phelps, PhD, Harvard University
Kevin Volpp, MD, PhD, University of Pennsylvania

of Gerontological Nursing Excellence

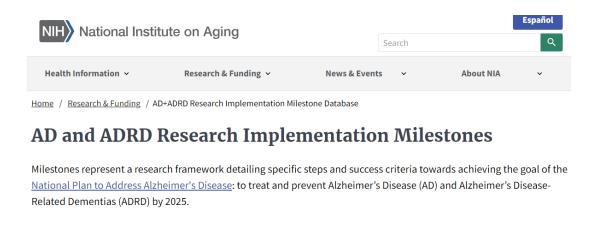
Rose Maria Li, MBA, PhD, Executive Secretary

NIA BSR engages the research community to help identify program priorities

- 2019 National Advisory Council on Aging (NACA) Review of BSR NACA is our advisory council
- Review of Division activities for past 5 years, roadmap for next 5 years
- Report identified research priorities including:
 - Identifying mechanisms driving health disparities and modifiable risk factors
 - Influences of macro-social trends on aging
 - Life course approaches to understanding aging processes



NIA BSR is working towards achieving AD & ADRD research implementation milestones recommended by the community



- #1C Continue to establish new cohorts that include participants across diverse racial, ethnic, and socioeconomic backgrounds
- #1D Develop protocol for assessing dementia on large nationally representative samples that is adaptable for use in comparable studies around the world
- #1P Address health disparities questions by leveraging exposome AD/ADRD studies, including the impact of institutional policy



Global Aging Research addresses NIA BSR research priorities by examining how behavioral and social factors influence outcomes in varying social, cultural, and economic contexts (cross-national comparisons)

Social, economic, cultural, policy/institutional, and environmental factors



Intermediate factors

(e.g.: improved physical or mental health)



Outcomes related to aging, life course and AD & ADRD





NIA facilitates crossnational research through the International Health and Retirement Studies (HRS)











International Health and Retirement Studies (HRS)



About **▼**

Documentation -

Data Products -

Media & Publications ▼

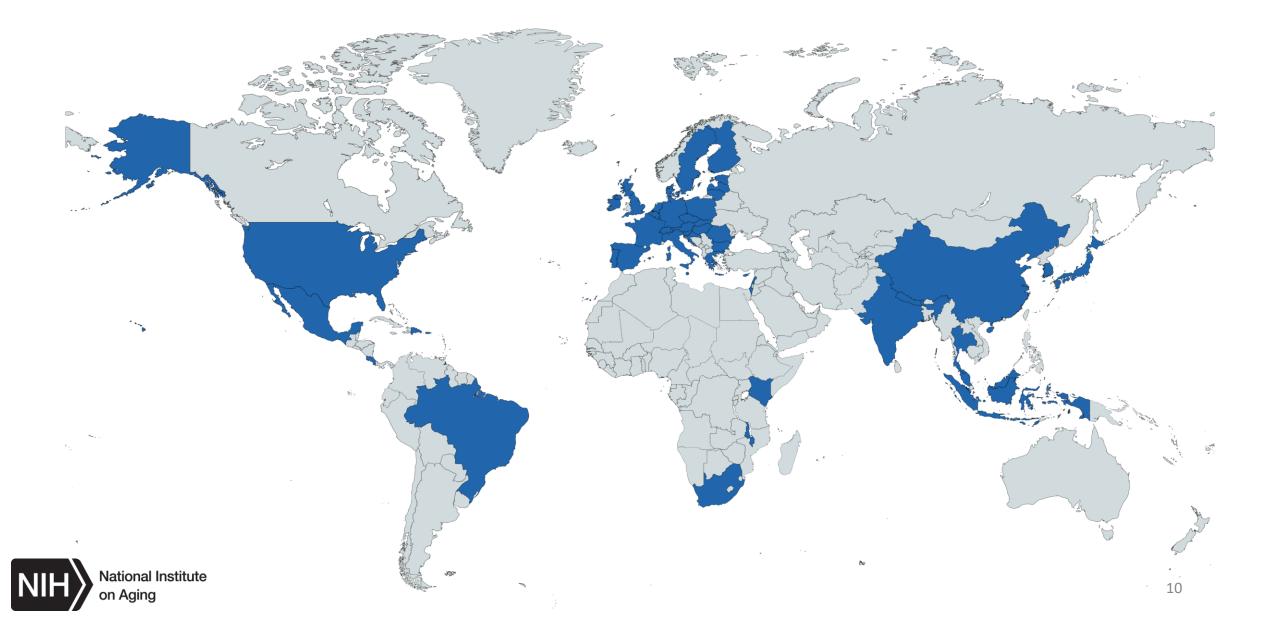
International Family of Studies

The HRS has become the model for a growing network of longitudinal aging studies around the world. These surveys not only provide data for individual countries but also offer the opportunity for cross-national comparisons.

- Nationally-representative
- Longitudinal
- Multi-disciplinary
- Innovative
- Internationally comparable (harmonized)
- Publicly available



HRS studies have been conducted in over 40 countries, but many LMIC contexts have not yet been included





Why is NIA BSR interested in low- and middle-income countries (LMICs)?











Why focus on aging in LMICs?

- Different social, cultural, and economic contexts can help us learn more about what factors can lead to different outcomes related to aging
- Some aspects of the social, cultural and economic contexts quite different in LMICs from the US
- However, LMICs are understudied and data are limited





Illustrative example:

How might the Sub-Saharan African context lead to the different aging-related outcomes?

- Many older people in SSA:
 - Live in rural areas
 - Spend time in multigenerational households
 - Play an active role as caregivers of younger people
 - Stay in labor force relatively longer
 - Live in countries with weak health systems and face challenges accessing health care
 - Report lower levels of life satisfaction and higher levels of depression

Africa Aging: 2020

International Population Reports

Wan He, Isabella Aboderin, and Dzifa Adjaye-Gbewonyo Issued September 2020



U.S. Department of Commerce U.S. CENSUS BUREAU CENSUS.gov

U.S. Department of Health and Human Services
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African Population an Health Research Cent















Goal for NASEM Aging in LMICs workshop

- Obtain Expert input on:
 - Directions for behavioral and social research and data infrastructure investments for studying life course health, aging, and AD/ADRD in (LMICs).
 - Where are the gaps? What activities require funding? NIA BSR wants actionable comments.





Key themes – what types of research do we need in these areas and how should we prioritize?

- Inequality
- Environmental exposures
- Family change





Cross-cutting theme: Data infrastructure

 What types of data and infrastructure do we need to invest to facilitate research in these areas?





Key take-away messages

 NIA BSR engages the research community and key stakeholders to help identify program priorities

 During the next two days we actionable input on future directions for investments in research and related infrastructure





Thank you

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