

What are the health impacts of smoke?

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There is consistent evidence that wildfire smoke exacerbates asthma



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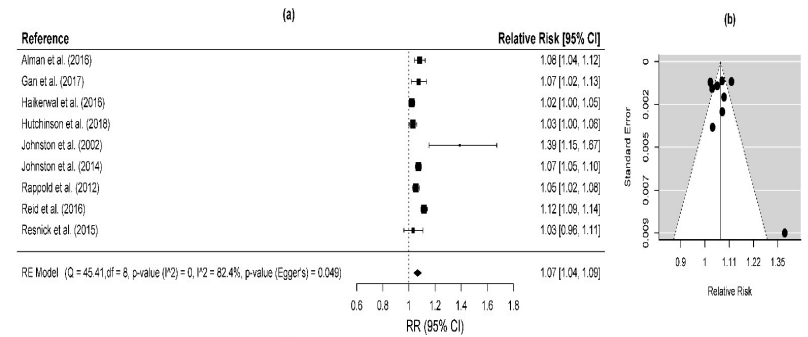
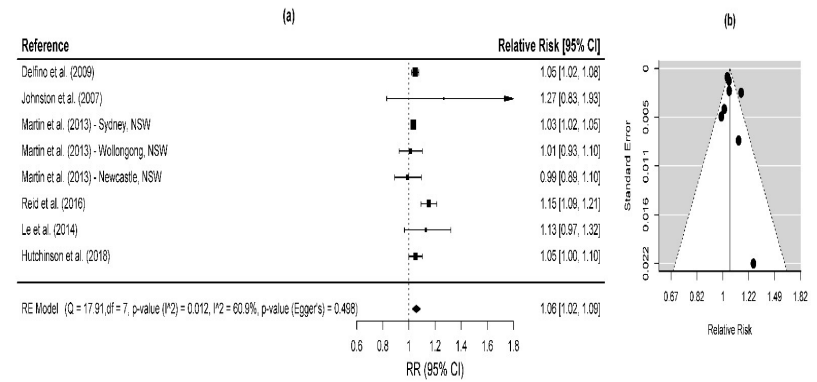
journal homepage: www.elsevier.com/locate/envres



Review article

Association between fire smoke fine particulate matter and asthma-related outcomes: Systematic review and meta-analysis[☆]

Nicolas Borchers Arriagada^{a,b}, Joshua A. Horsley^c, Andrew J. Palmer^{a,e}, Geoffrey G. Morgan^c, Rachel Tham^d, Fay H. Johnston^{a,*}



There is growing evidence that wildfire smoke exacerbates COPD and respiratory infections

The delayed effect of wildfire season particulate matter on subsequent influenza season in a mountain west region of the USA

Erin L. Landguth^{a,*}, Zachary A. Holden^b, Jonathan Graham^{a,c}, Benjamin Stark^c, Elham Bayat Mokhtari^c, Emily Kaleczyc^d, Stacey Anderson^e, Shawn Urbanski^f, Matt Jolly^f, Erin O. Semmens^g, Dyer A. Warren^a, Alan Swanson^a, Emily Stone^c, Curtis Noonan^a

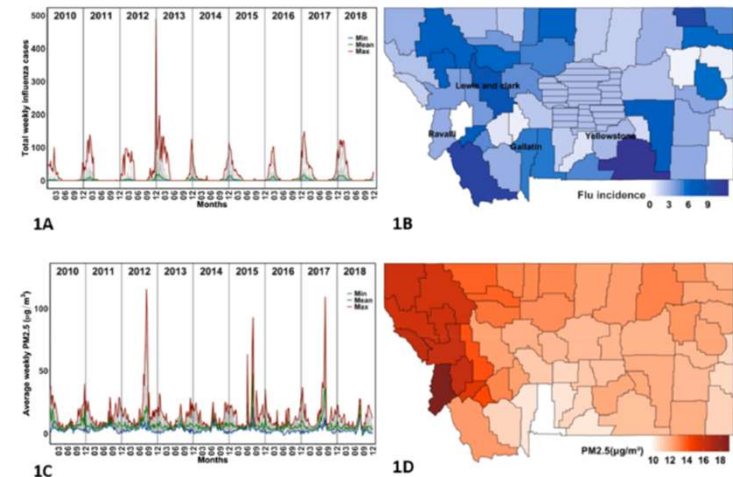
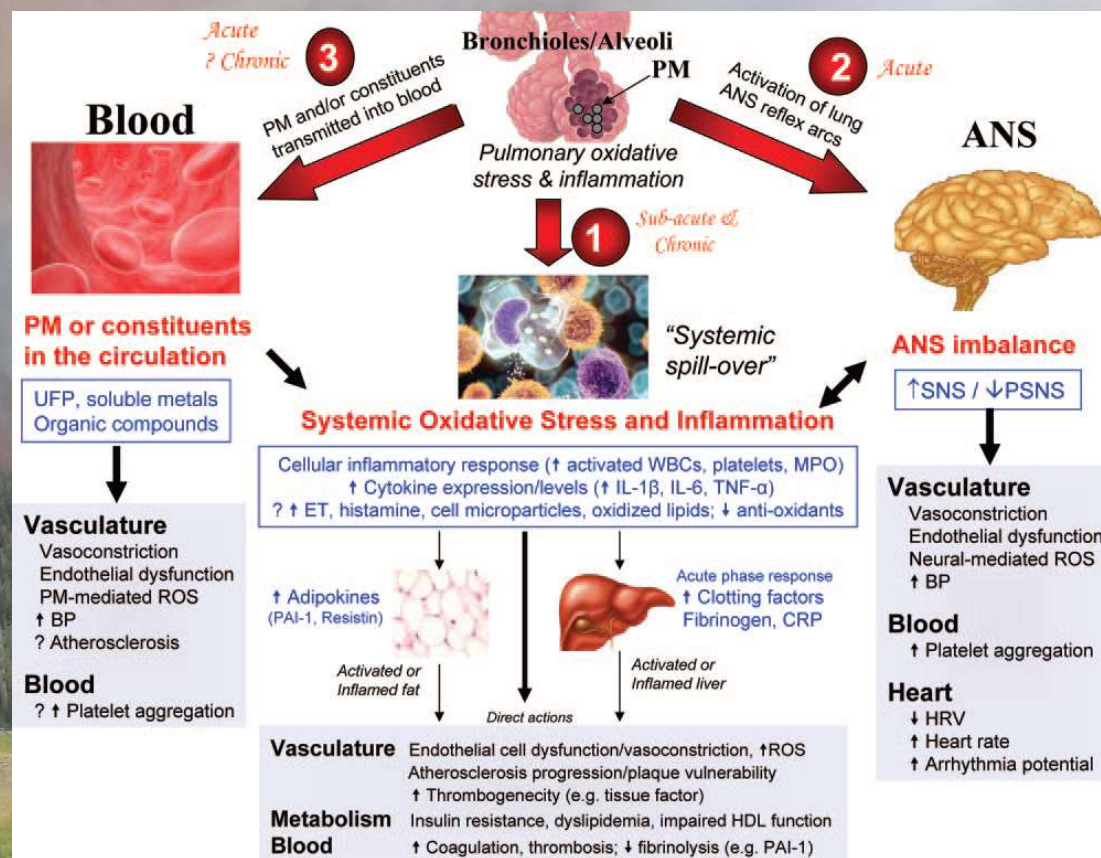


Fig. 1. (A) Total weekly influenza cases plotted for all Montana counties, 2010–2018. (B) Flu season incidence (per 1,000) for each county in Montana, 2015–2016 with the 'Central Montana Health District' (CMHD) shown with dash. (C) Average weekly PM_{2.5} (ug/m³) plotted for each county in Montana, 2010–2018. (D) Average PM_{2.5} during the wildfire season (July 1 – September 30) for each county in Montana, 2015.

Wildfire smoke and cardiovascular disease

- Many studies to date have been null
- A few **recent studies** have found significant associations
- Unsure as to the cause of these differences across studies



Reid et al. 2016 *EHP*

CE Reid / NAS 2020

Brook, R. D. et al. *Circulation* 2010;121:2331-2378

Wildfire Smoke and Mortality

- Clear evidence of wildfire smoke impacts on all-cause mortality
 - But no clear evidence for specific causes of mortality such as respiratory or cardiovascular deaths yet

Reid et al. 2016 *EHP*



Doubleday et al. *Environmental Health* (2020) 19:4
<https://doi.org/10.1186/s12940-020-0559-2>

Environmental Health

RESEARCH

Open Access

Mortality associated with wildfire smoke exposure in Washington state, 2006–2017: a case-crossover study

Annie Doubleday^{1*}, Jill Schulte², Lianne Sheppard^{1,3}, Matt Kadlec², Ranil Dhammapala², Julie Fox⁴ and Tania Busch Isaksen¹



Wildfire Smoke and Diabetic Outcomes

Research

A Section 508-conformant HTML version of this article is available at <https://doi.org/10.1289/EHP5792>.

Sub-Daily Exposure to Fine Particulate Matter and Ambulance Dispatches during Wildfire Seasons: A Case-Crossover Study in British Columbia, Canada

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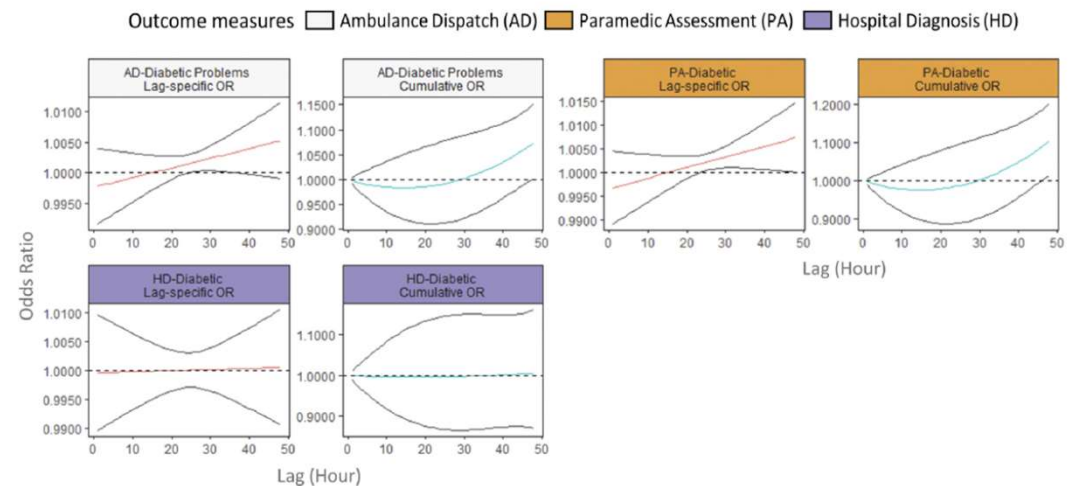


Figure 6. Lag-specific and cumulative odds ratio (OR) of diabetic outcomes associated with a $10\text{-}\mu\text{g}/\text{m}^3$ increase in fine particulate matter ($\text{PM}_{2.5}$) in the lag period of 1–48 h in 2010–2015 wildfire seasons in British Columbia. The figure shows the lag-response curves estimated from distributed lag nonlinear model (with 95% CI), assuming a linear exposure-response relationship, adjusted for same-day and previous-day maximum apparent temperatures. Lag-specific OR refers to the OR associated with the single hour exposure, whereas cumulative OR refers to OR associated with the cumulative exposure up to the specific hour. The y-axes for each panel are different to clearly show the shape of the lag-response curves.

D

Wildfire Smoke and Deaths among Patients with Diabetes

CLINICAL EPIDEMIOLOGY

www.jasn.org

Mortality in US Hemodialysis Patients Following Exposure to Wildfire Smoke

Yuzhi Xi,^{1,2} Abhijit V. Kshirsagar,³ Timothy J. Wade,⁴ David B. Richardson,² M. Alan Brookhart,⁵ Lauren Wyatt,¹ and Ana G. Rappold⁴

Due to the number of contributing authors, the affiliations are listed at the end of this article.

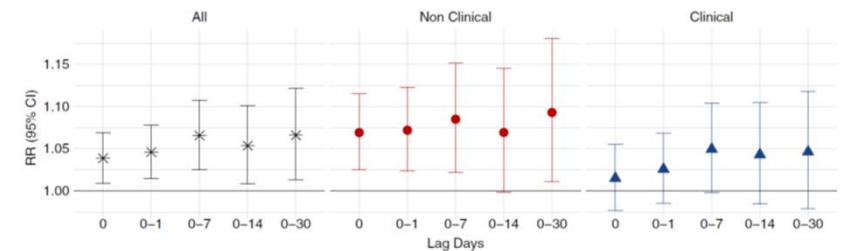


Figure 2. Association between all-cause mortality and wildfire-PM_{2.5} among United States patients receiving in-center HD during 2008-2012. RRs and 95% CIs were expressed per 10-μg/m³ increase in wildfire-PM_{2.5}. Numeric values are provided in the Supplemental Material.

Fires effect on birth weight

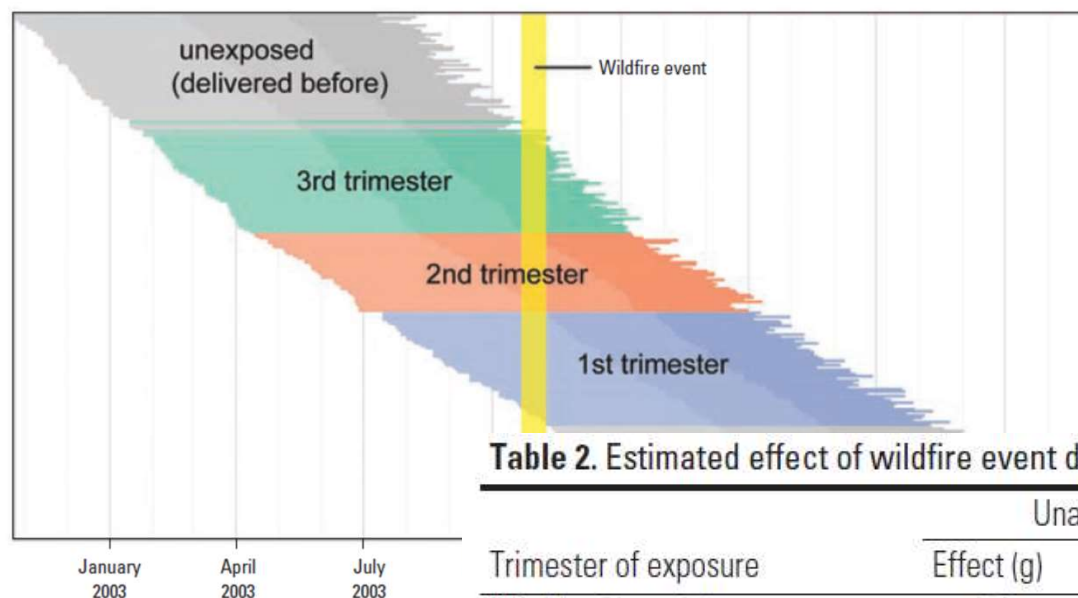


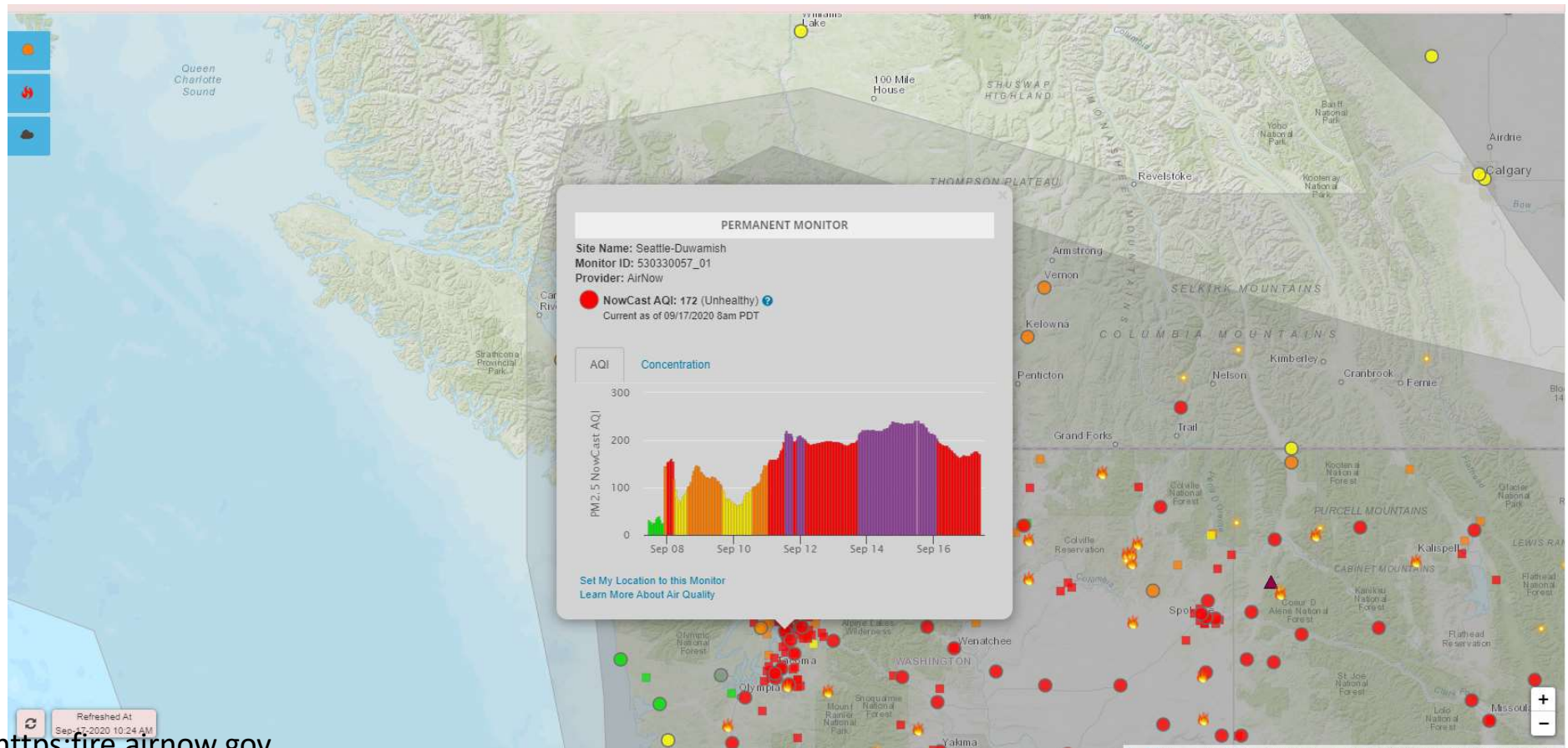
Figure 2. Schematic illustrating exposure as lap between the wildfire event (yellow) and gestational intervals. For clarity, gestational intervals are shown ordered from 2002–2004 is shown. Dates on the x-axis seasonality.

Table 2. Estimated effect of wildfire event during gestation on birth weight (g), by trimester.

Trimester of exposure	Unadjusted model		Adjusted model	
	Effect (g)	95% CI	Effect (g)	95% CI
Third (≥ 29 weeks)	–7.9	(–12.8, –3.1)	–7.0	(–11.8, –2.2)
Second (17–28 weeks)	–17.1	(–21.9, –12.3)	–9.7	(–14.5, –4.8)
First (1–16 weeks)	–3.9	(–7.8, 0.0)	–3.3	(–7.2, 0.6)
Any trimester	–8.8	(–11.5, –6.1)	–6.1	(–8.7, –3.5)

Adjusted model includes terms for fetal sex, gestational age, parity, maternal age, maternal education, maternal race/ethnicity, secular trend, and season.

Mental Health and Wildfires



What do we know about chemical composition of PM and health impacts?

- WHO Report from 2013, EPA report from 2011, HEI report from 2015 all state that there is not enough consistent evidence of specific sources or chemical components of PM_{2.5} that are more toxic/health harming (Adams et al. 2015)
- Wildfire smoke is an increasing source of PM_{2.5}, particularly in the western US (O'Dell et al., 2019; McClure & Jaffe 2018)
- Similarly, we don't have consistent evidence to date that wildfire PM_{2.5} affects health differently from PM_{2.5} from other sources
 - Except maybe for asthma (e.g., DeFlorio-Barker et al. 2019; Kiser et al. 2020)
- No work to date on differences in health effects from PM_{2.5} from different fires....

Do we know anything about the health impacts of other constituents of wildfire smoke?

Reid et al. 2019 *Environment International*

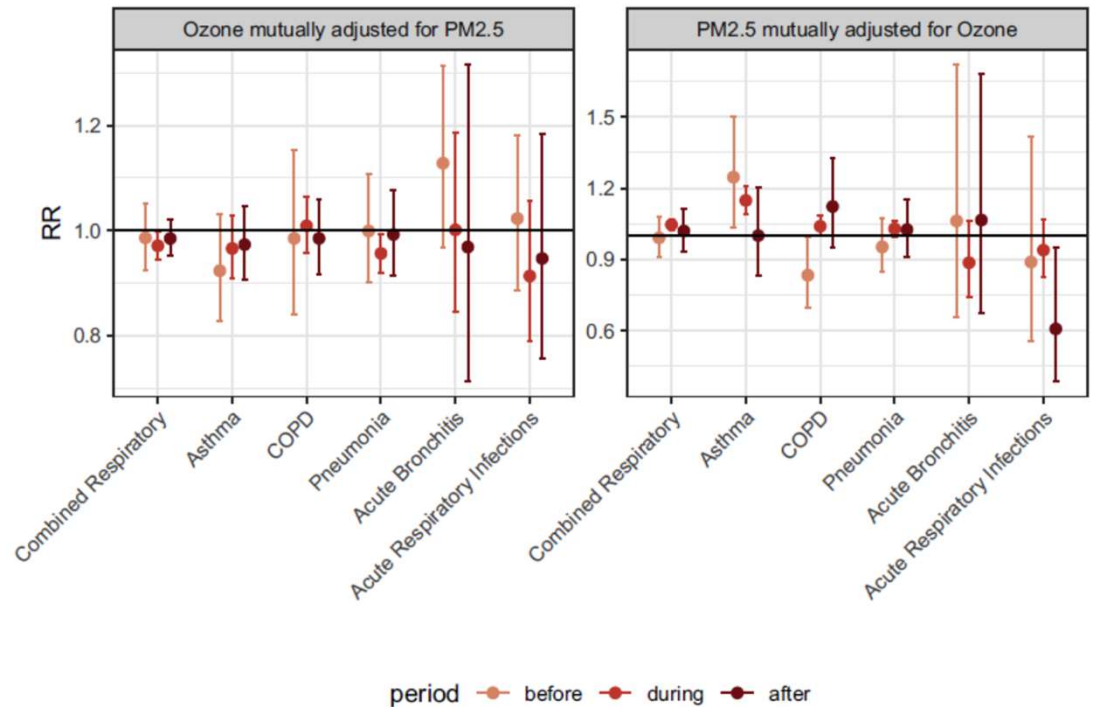


Fig. 4. Relative Risks (RRs) for hospitalizations in mutually-adjusted models for before, during, and after the wildfires.

Although PM_{2.5} was more associated with respiratory health, more research is needed as ozone levels differ a lot by fire

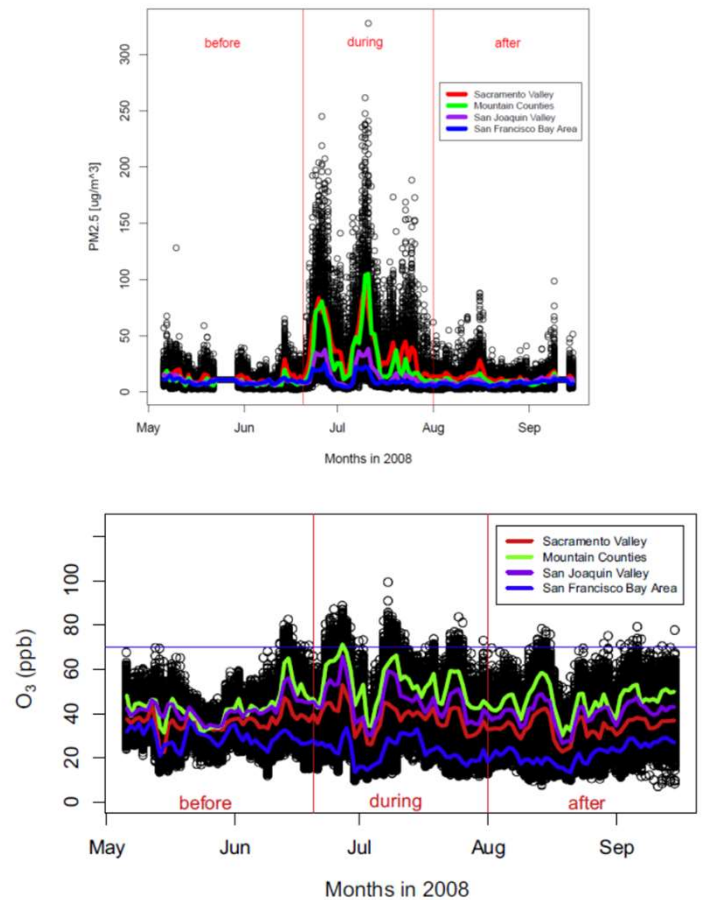


Fig. 3. Ozone levels by ZIP-code day during the study period with averages for some air basins. Reid et al. 2019 *Env Int*

A satellite map of the United States serves as the background for the slide. Numerous small red dots are scattered across the landmass, primarily concentrated in the western half of the country, indicating the locations of wildfires. The text is overlaid on a semi-transparent grey rectangular area.

Key Messages

We know that wildfire smoke impacts respiratory health

We need more information for **other health endpoints** of concern

We need to study the **longer-term health impacts** of smoke


We need to investigate **why there are differences in findings** across health studies.

- Underlying population health status/susceptibility?
- Other components of smoke?
- Severity of outcome/subset of population?
- Study design/exposure assessment?

We need to understand **which health interventions** work best and for **which populations**

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Thank You!!
Questions?

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