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December 10, 2018 | NAS

Systematic Review: Best Practices and Special Considerations for Mechanistic Data

Strategies and Tools for Conducting Systematic Reviews of Mechanistic Data to Support Chemical Assessments

Disclosures





Guideline International Network - committees

No direct financial COI – reimbursement travel

Views expressed my own



Today

- Brief background
- Considerations about conflicts of interest
- Defining the purpose and review questions
- Inclusion and exclusion criteria
- Developing protocols
- Assessing the certainty of the evidence
- Assessing the credibility of a review



What is a Systematic Review?

Systematic reviews are scientific investigations in themselves, with pre-planned methods and an assembly of original studies as their "subjects." They synthesize the results of multiple primary investigations by using strategies that limit bias and random error*



A properly conducted systematic review summarizes the evidence from all relevant studies on the topic of interest, and it does so concisely and transparently

*Cook DJ, Sackett DL, Spitzer WO. J Clin Epidemiol 1995



Why do a systematic review?

Identify and rely on least biased data Explore variability

Reduce random error

Inform decision-making

Inform future research

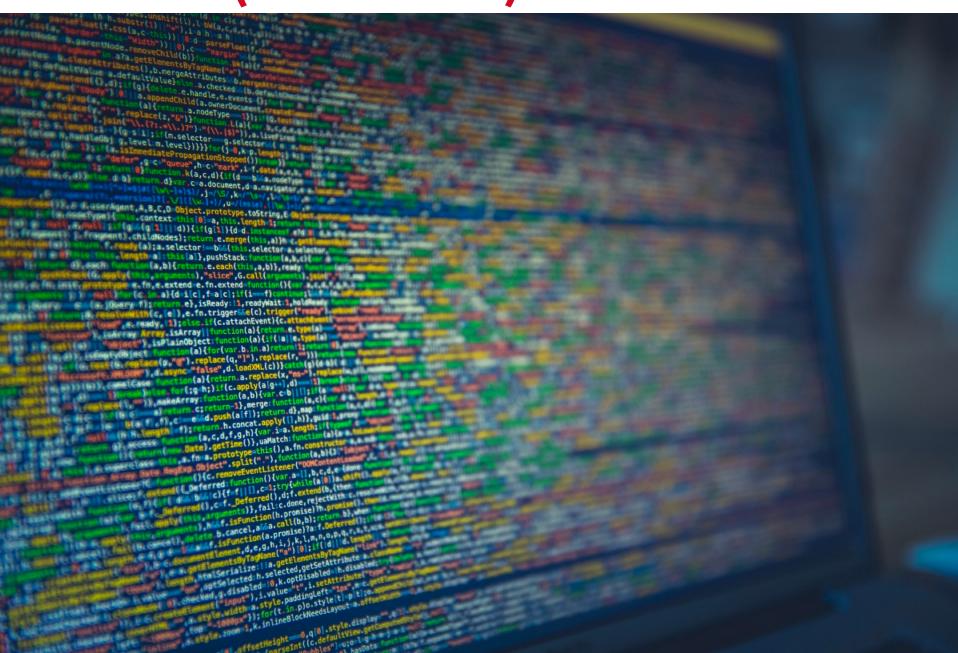


Why do we need systematic reviews?

Statistician Karl Pearson in 1904*

"Many of the groups ... are far too small to allow of any definite opinion being formed at all, having regard to the size of the probable error involved."

To much (irrelevant) Information



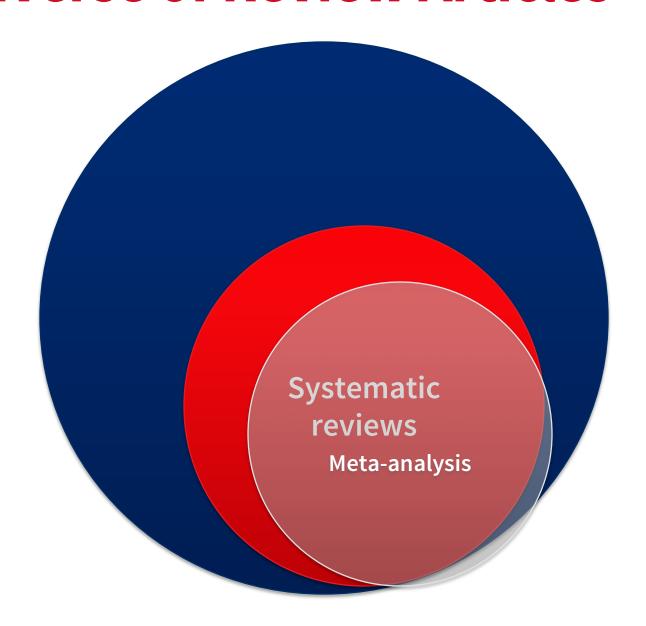
Narrative vs. Systematic Reviews

| Feature | Narrative Review | Systematic Review |
|--------------------|---|--|
| Question | Often broad in scope | Often a focused clinical question |
| Sources and search | Not usually specified, potentially biased | Comprehensive sources and explicit search strategy |
| Selection | Not usually specified, potentially biased | Criterion-based selection, uniformly applied |
| Appraisal | Variable | Rigorous critical appraisal |
| Synthesis | Often a qualitative summary | Quantitative summary* |
| Inferences | Sometimes evidence-based | Usually evidence-based |

^{*} A quantitative summary that includes a statistical synthesis is a meta-analysis.



Universe of Review Articles



METHODOLOGIC GUIDELINES FOR SYSTEMATIC REVIEWS OF RANDOMIZED CONTROL TRIALS IN HEALTH CARE FROM THE POTSDAM CONSULTATION ON META-ANALYSIS

D. J. COOK, 1* D. L. SACKETT2+ and W. O. SPITZER3+

J Clin Epidemiol Vol. 48, No. 1, pp. 167–171, 1995

GUIDING PRINCIPLES

- A systematic review must address
- Systematic Reviews are subject to biases th care. Therepertise in both the content area and methodology is ideally suited conduct valid, useful systematic reviews.
 - 3. A systematic review requires collaboration with the investigators who conducted the primary studies.





Trusted evidence. Informed decisions. Better health.

| Search | Q |
|--------|---|

Cochrane.org

Contact

Online learning

Learning events

Guides and handbooks

Trainers' Network

Log out

Cochrane Community

Cochrane Handbook for Systematic Reviews of Interventions

Español 简体中文

- Handbook for SRI
- Browse online
- Supplementary material
- Updates and corrections
- What's new?
- Version 6 (restricted)

Update September 2018 - Version 6

We are pleased to announce good progress on the major update of the *Cochrane Handbook for Systematic Reviews of Interventions*, Version 6. A second edition of the book version of the Handbook will be published by Wiley in mid 2019. In addition, an online version will provide additional chapters and supplementary material. A number of chapters are either complete or nearly complete. We are making available draft PDF versions of these chapters to Cochrane members (Login required) to coincide with the Edinburgh Colloquium. A full list of Version 6 chapters and those available to view, are here. Current version available below.

OF THE NATIONAL ACADEMIES

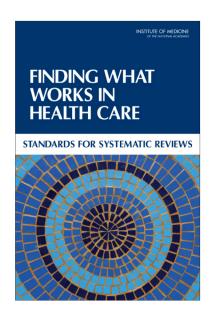
Advising the nation • Improving health

For more information visit www.iom.edu/srstandards

Finding What Works in Health Care

Standards for Systematic Reviews

These standards are for systematic reviews of comparative effectiveness research of therapeutic medical or surgical interventions



Q | Search the NTP Website

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Health Assessment and Translation

OHAT Systematic Review

Completed Reports

Ongoing Evaluations

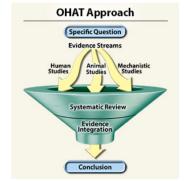
Topics Under Consideration

Nominate a Topic

Contact OHAT

OHAT Systematic Review

The NTP Office of Health Assessment and Translation (OHAT) develops literature-based evaluations to reach conclusions about potential human health hazards and to examine the state of the science. In 2012, OHAT began exploring and developing an approach for implementation of systematic review methodology to carry out these evaluations (Birnbaum et al. 2013 ☑). The output from an evaluation can vary including, but not limited to: NTP Monograph, state-of-the-science workshop report, or peer-reviewed journal



publication. All evaluations follow a similar process, the OHAT Evaluation Process, with opportunities for external scientific, public, and interagency input.

Fact Sheet on Systematic Review

See the Fact Sheet on Systematic Review 🖟 🖾 to learn more about the systematic review process.

SHARE THIS: 🖾 🖶 🗗 💟 https://ntp.niehs.nih.gov/go/systematic_review

▼ On This Page

- Fact Sheet on Systematic Review
- Systematic Review Methods
- OHAT Systematic Review **Publications**
- o Ongoing Methods Development Activities
- Past Methods Development **Activities**

- 1. Formulate problem and develop protocol.
- 2. Search for and select studies for inclusion.
- 3. Extract data from studies.
- 4. Assess internal validity of individual studies.
- 5. Synthesize evidence and rate confidence in the body of evidence.
- Translate confidence ratings into level of evidence for health effect.
- 7. Integrate evidence to develop hazard identification conclusions.



Fig. 1 Steps of a systematic review

Standards for Initiating a Systematic Review

STANDARD 2.1

Establish a team with appropriate expertise and experience to conduct the systematic review

- **2.1.1** Include expertise in the pertinent clinical content areas
- **2.1.2** Include expertise in systematic review methods
- **2.1.3** Include expertise in searching for relevant evidence
- **2.1.4** Include expertise in quantitative methods
- **2.1.5** Include other expertise as appropriate

STANDARD 2.2

Manage bias and conflict of interest (COI) of the team conducting the systematic review

- **2.2.1** Require each team member to disclose potential COI and professional or intellectual bias
- 2.2.2 Exclude individuals with a clear financial conflict
- **2.2.3** Exclude individuals whose professional or intellectual bias would diminish the credibility of the review in the eyes of the intended users

STANDARD 2.3

Ensure user and stakeholder input as the review is designed and conducted

2.3.1 Protect the independence of the review team to make the final decisions about the design, analysis, and reporting of the review

STANDARD 2.4

Manage bias and COI for individuals providing input into the systematic review

- **2.4.1** Require individuals to disclose potential COI and professional or intellectual bias
- **2.4.2** Exclude input from individuals whose COI or bias would diminish the credibility of the review in the eyes of the intended users

STANDARD 2.5 Formulate the topic for the systematic review

- **2.5.1** Confirm the need for a new review
- 2.5.2 Develop an analytic framework that clearly lays out the chain of logic that links the health intervention to the outcomes of interest and defines the key clinical questions to be addressed by the systematic review
- **2.5.3** Use a standard format to articulate each clinical question of interest
- **2.5.4** State the rationale for each clinical question
- **2.5.5** Refine each question based on user and stakeholder input



Defining the purpose and review questions



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Preface

Identifying the PECO: A framework for formulating good questions to explore the association of environmental and other exposures with health outcomes

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^a Department of Health Research Methods, Evidence, and Impact (Fe No guiding framework for operationalizing the Canada Centre, McMaster University, Health Sciences Centre, Room PECO approach and the types of PECO questions researchers and decision-makers can answer

> In environmental, public and occupational health research, specific challenges exist with identifying the exposure and comparator within the PECO

> Five paradigmatic approaches and examples for identifying the exposure and comparator in systematic review and decision-making questions.

Developing protocols

STANDARD 2.6 Develop a systematic review protocol

- **2.6.1** Describe the context and rationale for the review from both a decision-making and research perspective
- **2.6.2** Describe the study screening and selection criteria (inclusion/exclusion criteria)
- **2.6.3** Describe precisely which outcome measures, time points, interventions, and comparison groups will be addressed
- **2.6.4** Describe the search strategy for identifying relevant evidence
- **2.6.5** Describe the procedures for study selection
- **2.6.6** Describe the data extraction strategy
- **2.6.7** Describe the process for identifying and resolving disagreement between researchers in study selection and data extraction decisions
- **2.6.8** Describe the approach to critically appraising individual studies

- **2.6.9** Describe the method for evaluating the body of evidence, including the quantitative and qualitative synthesis strategies
- **2.6.10** Describe and justify any planned analyses of differential treatment effects according to patient subgroups, how an intervention is delivered, or how an outcome is measured
- **2.6.11** Describe the proposed timetable for conducting the review

STANDARD 2.7 Submit the protocol for peer review

2.7.1 Provide a public comment period for the protocol and publicly report on disposition of comments

STANDARD 2.8

Make the final protocol publicly available, and add any amendments to the protocol in a timely fashion

... the time from search to submission was much longer for SRs with published protocols compared with [those without].

... while at the same time SRs with published protocols were better elaborated and reported.

| Data | extraction* |
|------|-------------|
|------|-------------|

| Two reviewers independently extracted data from all studies | 58.8% | 38.8% |
|---|-------------------------|-------|
| One reviewer extracted data from all studies, and another reviewer checked/verified the extracted data for all (or a sample of) studies | 22.5% | 16.3% |
| Not reported | 10.0% | 38.8% |
| Other ^b | 8.8% | 6.3% |
| Risk of bias/quality assessed* | 86.3% | 60.0% |
| Risk of bias/quality assessment method | | |
| Two reviewers independently assessed all studies | 58.0% | 52.1% |
| Not reported | 26.1% | 43.8% |
| One reviewer assessed all studies, and another reviewer checked/verified the assessments for all (or a sample of) studies | 10.1% | 2.1% |
| Two reviewers assessed all studies, but authors did not state whether | 5.8% | 2.1% |
| assessment was done independently | Allers et al. JCE, 2018 | |

Mechanistic data

Mechanistic data come from a wide variety of studies and are generally not intended to identify a disease phenotype. This source of experimental data includes in vitro and in vivo laboratory studies directed at identifying the cellular, biochemical, and molecular mechanisms that are related to chemicals that produces particular adverse effects.

Another broad class of mechanistic data relates to the toxicokinetics of a chemical (NRC 2014a).



Historical criticism

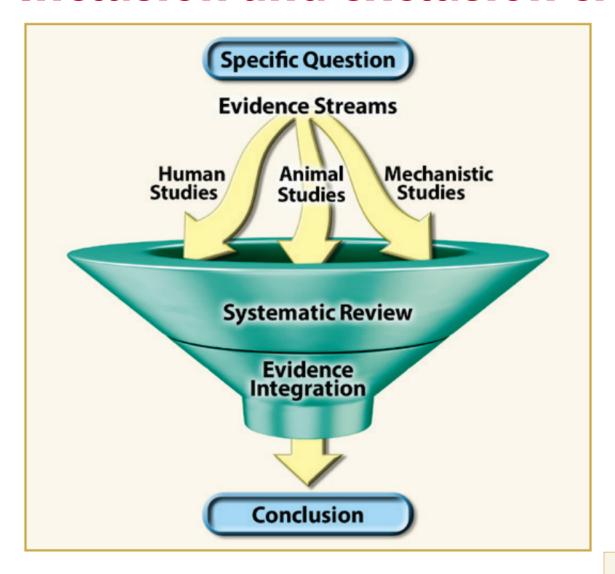
mixing apples and oranges

historical response

interested in effect of fruit



Inclusion and exclusion criteria





Confidence in the conclusion

Certainty of the evidence is also referred to as quality of the evidence, confidence in the effect estimate, and strength of the evidence. It is an assessment of the likelihood that the effect will not be substantially different from what the research found; i.e. different enough that it might affect a decision.

Confidence in the conclusion GRAI



Certainty of evidence is best considered as the certainty that a true effect lies on one side of a specified threshold or within a chosen range.



Certainty of evidence

How confident in the research?



Are the research studies well done? Risk of bias

Are the results consistent across studies? Inconsistency

How directly do the results relate to our question? Indirectness

Is the effect size precise - due to random error? Imprecision

Are these all of the studies that have been conducted? Pub. Bias

Is there anything else that makes us particularly certain? Large effects, worst case scenario predictors still strong conclusions, exposure-effect relation



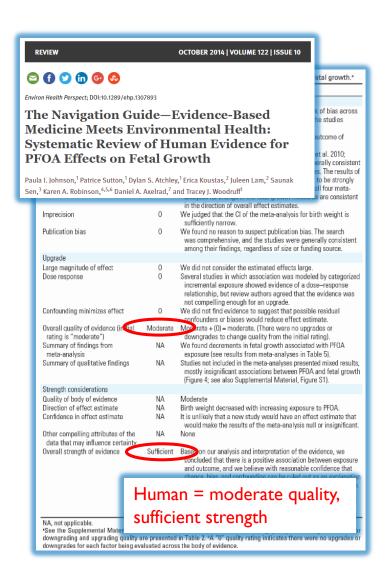
Bias in the design and execution of the studies only one of several domains – risk of bias

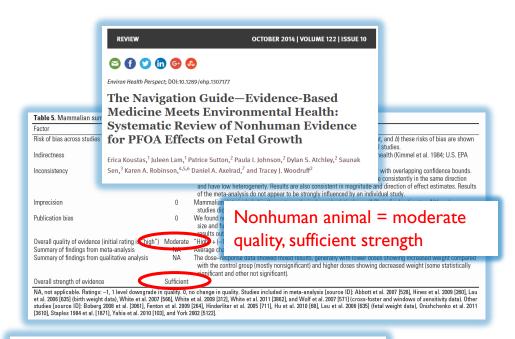
Systematic error or systematic deviation from the truth

Systematic review conclusions depend on risk of bias of included studies

- biased studies = misleading review results
- •should we believe the results?

UCSF Navigation Guide: PFOA and Fetal Growth







GRADE and Rapid Response



Contents lists available at ScienceDirect

Environment International

journal homepage: www.elsevier.com/locate/e

Preface

Using GRADE to respond to health questions with different lev

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ARTICLE INFO

Article history: Received 15 March 2016 Received in revised form 21 March 2016 Accepted 21 March 2016 Available online 26 April 2016

ABSTRACT

Increasing interest exists in applying the Grading of Recommet (GRADE) approach to environmental health evidence. While atic reviews and corresponding summary tables, such as evidence that was assessed and the methods that should be clearly described." In this article, we suggest that from narrative reviews, modelled (indirect) evidence, or evidence, or evidence, in this evidence are ed transparently. Health questions that require assessing the cuty answers may range from hours, to days or weeks, to a few without short-term time pressures. Time frames of emergent, quire relying on existing summaries or rapidly compiling the without available full systematic reviews, expressing the cert for users of the evidence and those who evaluate certainty in e between organizations tackling similar questions about the evidence can be presented to the evidence can be presented.

| | Table 1 Examples of GRADE ap | plied across different time scenarios. | | | |
|-----------------------------|---|---|--|--|---|
| | Type of response | Ultra-short emergency response: within one or more hours | Urgent response: one to two weeks | Rapid response: one to three months | Routine response: more than 3 months |
| en | Example | West Virginia Elk River spill Population: community exposed to the chemical spill. Intervention/exposure: chemicals in the spill that contaminated water supply. Comparison: no chemicals in the spill. Outcomes: genotoxicity, developmental or reproductive toxicity, liver toxicity and others. | Melamine in composite food products Population: healthy people Intervention/exposure: melamine from composition food products below 0.5 mg/kg body weight per day. Comparison: higher than 0.5 mg/kg body weight of melamine from composition food. Outcomes: renal insufficiency | Avian influenza Population: people with suspected avian influenza infection. Intervention/exposure: oseltamivir. Comparison: no seltamivir. Outcomes: mortality, duration of hospitalization, incidence of lower respiratory tract complications (used for this example of the certainty assessment below). | PFOA and birth weight Population: women of reproductive age and fetuses (before and/or during pregnancy or development). Intervention/exposure: perfluorooctanoic acid (PFOA; CAS# 335-67-1) or its salts. Comparison: lower levels of PFOA. Outcomes: fetal growth, birth weight, other measures of fetal or |
| V | Type of evidence | Available evidence: animal | (assessed with renal clearance), urinary tract calculi, urinary tumors (used for this example of the certainty in the evidence). Available evidence: animal | antiviral drug resistance existing before treatment, and serious adverse events. Available evidence: five randomized | newborn size. Available evidence: a systematic |
| ерс | | toxicology studies in rodents for two chemicals in the spill (a 28-day study and a teratology study) and SAR analyses for other chemicals in the spill with no toxicology data. | toxicology studies in rat and mice with exposures to various levels of melamine via feeding, including a control group. The utilized evidence should be supported by a literature | trials in patients with seasonal flu (summarized in systematic reviews), case studies of patients with avian influenza, in vitro and in vivo animal data. | review of 18 non-randomized (observational) studies (10 were included in a meta-analysis). |
| 20 | | | search with transparent inclusion and exclusion criteria and a (narrative) summary of that evidence. | | |
| | GRADE domains to as original scenarios). | ssess certainty in the evidence: suggested | approaches to making judgments or pro | posed judgments (note these are not nec | essarily reflecting judgments in the |
| ner le i | Risk of bias | Animal studies: would be assessed by risk of bias (Rob) considerations for animal studies (e.g. randomization, blinding at outcome assessment, sufficient characterization of test compound, or whether all animals were accounted for). Ideally, RoB assessments would be available for individual studies and summarized across studies. In the Elik River | Animal studies: would be assessed by risk of bias (RoB) considerations for animal studies (e.g. randomization, pathologists blinded in their assessments or all animals accounted for). In this case it appears that the animal studies did not report that it was randomized and, thus, may be at risk of bias. | Not serious | Serious based on some concern of risk of bias in the included studies (in the original report, the authors used an approach to rating certainty that accounted for risk of bias by lowering the certainty from high to moderate). |
| nat vid re l e co | | example, the number of animal studies was small and could be assessed at the individual level within a short-time frame. A de novo risk of bias evaluation may not be feasible in cases where evidence is drawn from existing narrative risk assessments | | | |
| nt, u he erta n ef | that summarize a large body of literature. Nevertheless, it may still be possible to assess risk of bias based on the uncertainties and evidence limitations described in the risk assessment. | | | | |
| ev d tı | | SAR: could be assessed using OECD model validation or similar guidance that recommends presentation of a defined domain of applicability for a defined endpoint supported by appropriate measures of | | | |
| | Imprecision | goodness-of-fit (OECD, 2007). Could be assessed for both animal data and SAR (e.g., considering sta- tistical or numerical uncertainty in model parameters). | While no summary estimates are available, an assessment could be guided by the availability of data from only 100 animals in different exposure groups which would result in wide confidence intervals. | Serious | Not serious |
| | Inconsistency | Could be assessed for both animal data and SAR (e.g., assessing simi- larity of results based on applying different models). | Only one study was included and therefore no inconsistency is present (Guyatt et al., 2011d). | Not serious | Not serious |
| | Publication bias | Could be assessed for both animal studies and SAR. A judgment of undetected might be reasonable if | Could be assessed using guidance for animal studies but a judgment of undetected might be reasonable if | Undetected | Undetected |

| Type of response | Ultra-short emergency response: within one or more hours | Urgent response: one to two weeks | Rapid response: one to three months | Routine response: more than 3 months |
|---|--|--|---|--|
| Type of evidence | West Virginia Elk River spill Population: community exposed to the chemical spill. Intervention/exposure: chemicals in the spill that contaminated water supply. Comparison: no chemicals in the spill. Outcomes: genotoxicity, developmental or reproductive toxicity, liver toxicity and others. Available evidence: animal toxicology studies in rodents for two chemicals in the spill (a 28-day study and a teratology study) and SAR analyses for other chemicals in the spill with no toxicology data. | Melamine in composite food products Population: healthy people Intervention/exposure: melamine from composition food products below 0.5 mg/kg body weight per day. Comparison: higher than 0.5 mg/kg body weight of melamine from composition food. Outcomes: renal insufficiency (assessed with renal clearance), urinary tract calculi, urinary tumors (used for this example of the certainty in the evidence). Available evidence: animal toxicology studies in rat and mice with exposures to various levels of melamine via feeding, including a control group. The utilized evidence should be supported by a literature search with transparent inclusion and exclusion criteria and a (narrative) summary of that evidence. | Outcomes: mortality, duration of hospitalization, incidence of lower respiratory tract complications (used for certainty antiviral before treadverse e Available trials in p (summar reviews), with avia in vivo ar | omains of bias, recision, rectness, onsistency, |
| GRADE domains to a original scenarios, Risk of bias | issess certainty in the evidence: suggested Animal studies: would be assessed by risk of bias (RoB) considerations for animal studies (e.g. randomization, blinding at outcome assessment, sufficient characterization of test compound, or whether all animals | approaches to making judgments or pro Animal studies: would be assessed by risk of bias (RoB) considerations for animal studies (e.g. randomization, pathologists blinded in their assessments or all animals accounted for). In this case it | Not serio mag Certainty | lication bias, he gnitude, etc. n of dies hors summary sigh to |

Risk of bias is not the same as

Imprecision

- random error due to sampling variation
- reflected in the confidence interval

Quality

- bias can occur in wellconducted studies
- not all methodologic al flaws introduce bias

Reporting

 good methods may have been used but not well reported



Journal of Clinical Epidemiology

Journal of Clinical Epidemiology ■ (2015) ■

ORIGINAL ARTICLE

ROBIS: A new tool to assess risk of bias in systematic reviews was developed

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Table 1. Summary of phase 2 ROBIS domains, phase 3, and signaling questions

| | | Phase 3 | | | |
|------------------------|--|--|--|--|--|
| | Study eligibility criteria | 2. Identification and selection of studies | 3. Data collection and study appraisal | 4. Synthesis and findings | Risk of bias in the review |
| Signaling questions | 1.1 Did the review adhere to predefined objectives and eligibility criteria? | 2.1 Did the search include an appropriate range of databases/ electronic sources for published and unpublished reports? | 3.1. Were efforts made to minimize error in data collection? | 4.1. Did the synthesis include all studies that it should? | A. Did the interpretation of findings address all of the concerns identified in domains 1 to 4? |
| | 1.2 Were the eligibility criteria appropriate for the review question? | 2.2 Were methods additional to database searching used to identify relevant reports? | 3.2. Were sufficient study characteristics available for both review authors and readers to be able to interpret the results? | 4.2. Were all predefined analyses reported or departures explained? | B. Was the relevance of identified studies to the review's research question appropriately considered? |
| | 1.3 Were eligibility criteria unambiguous? | 2.3 Were the terms and structure of the search strategy likely to retrieve as many eligible studies as possible? | 3.3. Were all relevant study results collected for use in the synthesis? | 4.3. Was the synthesis appropriate given the nature and similarity in the research questions, study designs, and outcomes across included studies? | C. Did the reviewers avoid emphasizing results on the basis of their statistical significance? |
| | 1.4 Were all restrictions in eligibility criteria based on study characteristics appropriate? | 2.4 Were restrictions based on date, publication format, or language appropriate? | 3.4. Was risk of bias (or methodologic quality) formally assessed using appropriate criteria? | 4.4. Was between-study variation minimal or addressed in the synthesis? | |
| | 1.5 Were any restrictions in eligibility criteria based on sources of information appropriate? | to minimize error in selection of studies? | 3.5. Were efforts made to minimize error in risk of bias assessment? | 4.5. Were the findings robust, for example, as demonstrated through funnel plot or sensitivity analyses? 4.6. Were biases in primary studies minimal or addressed in the synthesis? | |
| Judgment | Concerns regarding specification of study eligibility criteria | Concerns regarding methods used to identify and/or select studies | Concerns regarding methods used to collect data and appraise studies | Concerns regarding the synthesis | Risk of bias in the review |

Summary

Methods and standards for systematic reviews exist for various scientific fields

Overarching principles not different

Work on operationalization of the gaps

 E.g. how mechanistic data support statements about human health effects when the relevant mechanistic evidence has been systematically reviewed

Thank you



