

# Needs Assessments a Tool to Set up a Sound Compassion Fatigue Program

Anneke Keizer
CopePlus
Lebanon, New Jersey/Lucerne, Switzerland

#### What is a Needs Assessment

A needs assessment is a systematic process for determining and addressing needs, or "gaps" between current conditions and desired conditions or "wants". The discrepancy between the current condition and wanted condition must be measured to appropriately identify the need.



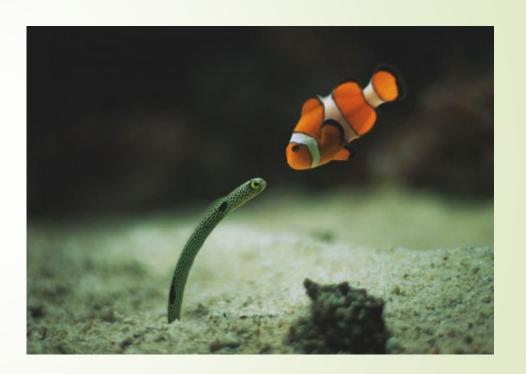
#### What is a Needs Assessment

- "Need" refers to the gap or discrepancy between a present state (what is) and a desired state (what should be).
- The need is neither the present nor the future state; it is the gap between them.



## In My Travels - I Have

- Interviewed more then 500 people (Research Team)
- Facility Directors
- Veterinarians
- Necropsy Teams
- Animal Care Staff
- Veterinarian Associates
- Cage Wash Personnel
- Study Directors/Principal Investigators
- IACUC Members
- Supervisors



### Preparation for an Upcoming Needs Assessment

- Weeks, before my visit to an animal facility we engage in a dialogue
- Emails are sent out to all members of the research team
- Sign-up for the Interviews
- Small Groups/One on One
- Interviews 30 min 45 min
- Not mandatory



#### Needs Assessment

- On day one
- I give a talk about Compassion Fatigue
- Explanation about the Needs Assessment
- How does it work
- What can you expect
- Taking notes
- 100% confidential



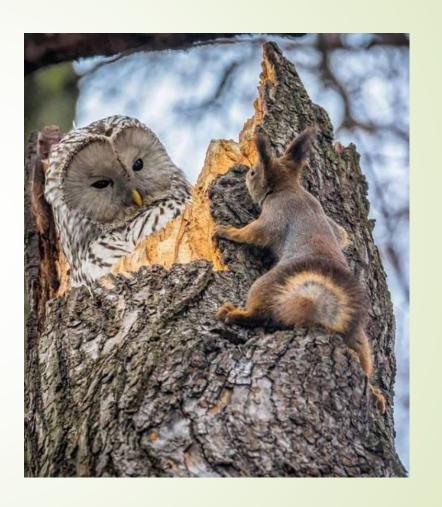
#### Needs Assessment

- Meeting with people from all area's of the animal facilities that are part of the research team
- Animal Care staff often prefers to meet in a small group



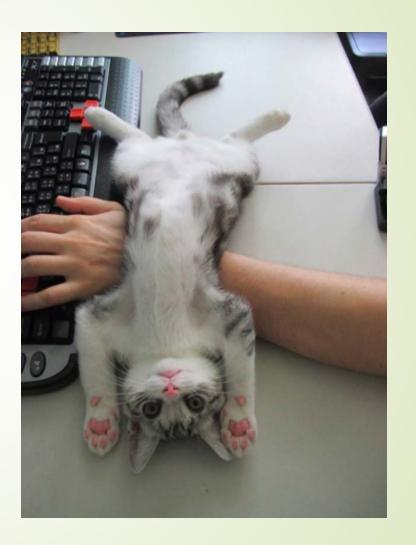
#### The Interviews

- No supervisor or managers present
- Note down job titles and keep track of the number of people I interview
- 100% confidential After the final report is submitted all notes are shredded
- The needs assessment will become the basis for your Compassion Fatigue Support program



## After a Whole Week of Interviews

I will give an exit brief with leadership and, if there is already a committee in place, with the committee members present as well.



## It is Time to Say Goodbye

- Spending a whole week at a facility and getting the know the people and the facility so well, it is like saying goodbye to a dear friend.
- I travel home with a good feeling But also with a feeling of sadness our relationship is over.



## The Finishing Touch

- All the statements that people have made are typed out verbatim
- An analyses is made and according to the analyses the final report is written
- Recommendations are made and objective set for the committee
- Final Report is sent out



