

# Low-Dose Radiation Research in Japan

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# Low-Dose Radiation Research in Japan: an overview

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Japan

The views and opinions expressed in this presentation are personal to the author and do not represent the views or opinions of their organization.

# Brief history of low dose radiation research in Japan

	<b>SOCIETY</b>	<b>ACADEMIA</b>	<b>RESEARCH PROJECTS</b>
Dawn of nuclear energy use	1945 Atomic bombing	1947 ABCC established (later RERF)	1950s+ Atomic bomb survivor studies
	1954 Lucky Dragon incident	1951 CRIEPI established	1960s+ NIRS projects on radioecology/biology
	1955 Atomic Energy Basic Law	1957 NIRS established	
Fuel cycle R&D	1959 Atomic Energy Basic Law	1959 JRRS established	1970s+ KAKEN 'radiobiology'
		1961 JHPS established	
		1958-1976 Radiation institutes/ labs placed in universities	
Post-Fukushima	1985 Location of fuel recycling facilities agreed	1990 IES established	1989 MEXT Nuclear Crossover Research (later Nuclear Initiative)
	1999 JCO criticality accident		2001 NIRS low dose effect project
	2011 Fukushima accident		2006 NIRS radiobiology for children's health
	2022 Fuel reprocessing starts	2016 NIRS reorganized as QST	2012 NIRS Fukushima restoration project
			2012 MOE radiation health effects research
			2014 MEXT Project Wisdom
			2016 Joint Usage/Research Center for Radiation Disaster Medical Science

**ABCC** Atomic Bomb Casualty Commission  
**CRIEPI** Central Research Institute of Electric Power Industry  
**IES** Institute for Environmental Sciences  
**JRRS** Japanese Radiation Research Society  
**JHPS** Japanese Health Physics Society  
**MEXT** Ministry of Education, Culture, Sports, Science and Technology

**MOE** Ministry of the Environment  
**NIRS** National Institute of Radiological Sciences  
**QST** National Institutes for Quantum Science and Technology  
**RERF** Radiation Effect Research Foundation

All Japan

Overview of low-dose radiation research, with emphasis on cutting-edge technologies

# Overview of low-dose radiation research in Japan

## Epidemiology

FMU: Fukushima Health Management Survey

REA: Nuclear worker study (J-EPISODE)

CRIEPI: High background radiation area in India

RIRBM: CT biodosimetry study

RERF: A-bomb study  
Nuclear Emergency Worker Study

**CRIEPI** Central Research Institute of Electric Power Industry

**FMU** Fukushima Medical University

**IES** Institute for Environmental Sciences

**QST** National Institutes for Quantum Science and Technology  
(formerly, National Institute of Radiological Sciences, NIRS)

**REA** Radiation Effect Association

**RERF** Radiation Effect Research Foundation

**RIRBM** Research Institute for Radiation Biology and Medicine, Hiroshima University

## Radiobiology

**IES: Animal carcinogenesis**  
**Low dose rate irradiation facility**  
**(presented by Shimada)**

Ibaraki Univ: Tritium radiotoxicology

CRIEPI: Cell competition

**QST: Radiation signature mutation**  
**Animal carcinogenesis**  
**Prevention of cancer**  
**Archive of past experiments**  
**(presented by Kakinuma)**

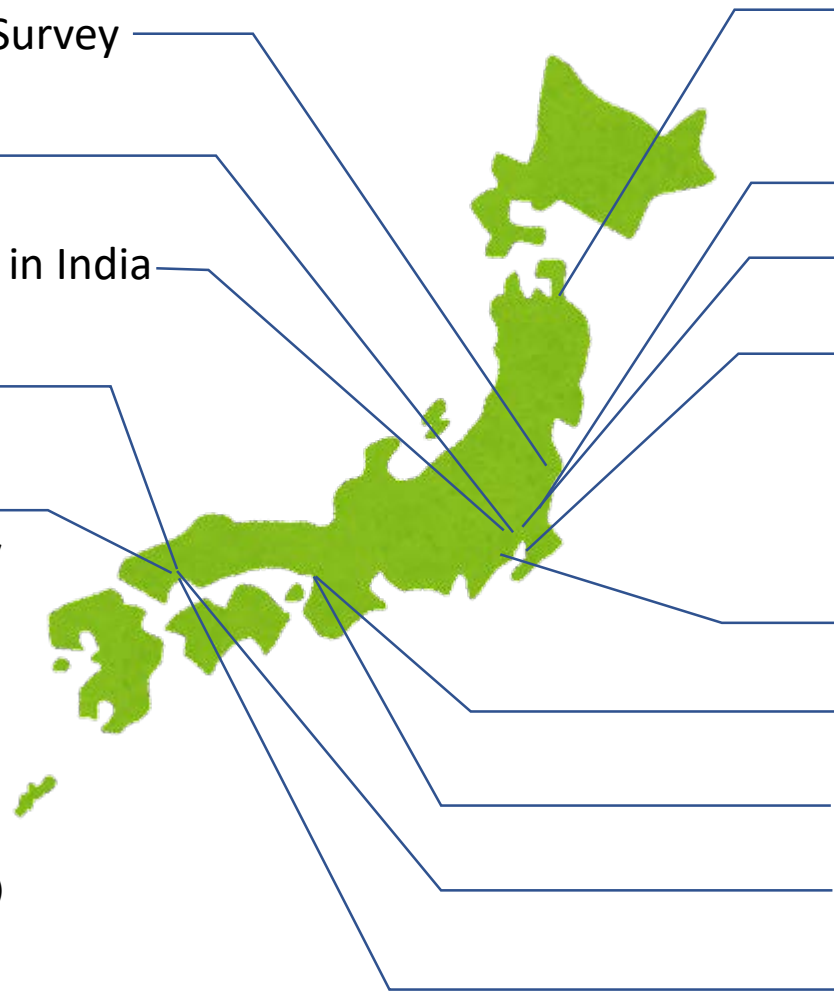
Tokai Univ: Hereditary effect

Kansai Univ: Mathematical model

Osaka Univ: Cesium radiotoxicology

RIRBM: Animal carcinogenesis

RERF: Hereditary effect



# Nuclear Emergency Worker Study (NEWS) @RERF

- Epidemiological study of health effects in [Fukushima nuclear emergency workers](#).
- The potential subjects are ~20,000 workers engaged in emergency operations at the Fukushima Daiichi Nuclear Power Plant.
- QST collaborates in dosimetry.
- Clinical study: General health examination, thyroid cancer, cataract, psychology, mortality, cancer incidence, radiobiology (biomarkers of chronic inflammation, oxidative stress, miRNA)
- Dose construction: physical (and biological for subjects with 70+ mSv)

# Nuclear worker study (J-EPISODE) @REA

- Japanese nuclear workers with questionnaire on smoking.
- Mortality followed up for 71,733 males for 8.2 y (avg.) during 1999-2010; the mean cumulative dose is 25.5 mSv
- ERR/Sv significant on all non-cancer (1.87, 95% CI: [0.47, 3.49]) and liver cancer (4.78 [0.09, 11.68]) before adjustment for smoking.
- ERR/Sv were no longer significant after adjustment for smoking (1.28 [-0.03, 2.79] and 3.89 [-0.46, 10.34])
- Direct adjustment for confounding by smoking reduces radiation-related cancer risk estimates of mortality among male nuclear workers in Japan (i.e., distortion of risk estimates by smoking in the previous report was demonstrated).

Kudo et al. J Radiol Prot 38:357-371 (2018) <https://doi.org/10.1088/1361-6498/aaa65c>

Furuta et al. Radiat Prot Dosimetry 190:372-391 (2020) <https://doi.org/10.1093/rpd/ncaa111>

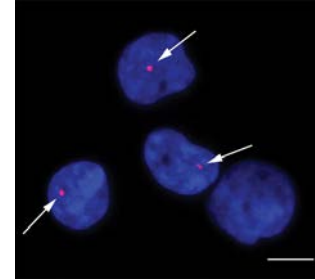
Furuta et al. Health Phys 121:471-483 (2021) <https://doi.org/10.1097/hp.0000000000001454>

# CT biological effect study @RIRBM

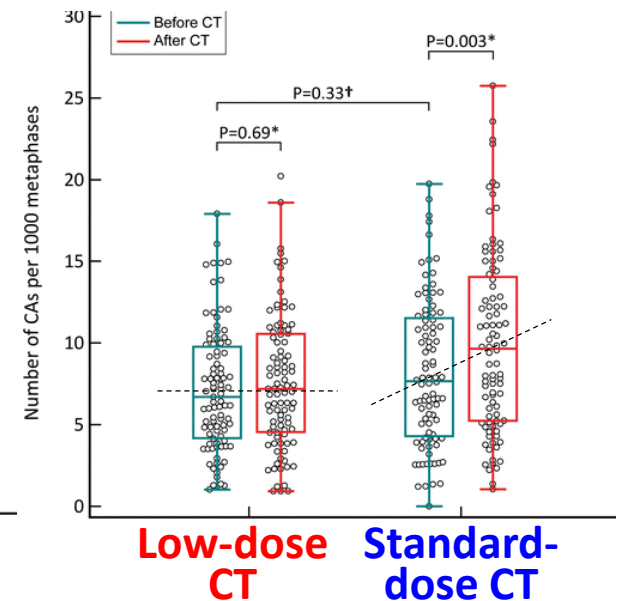
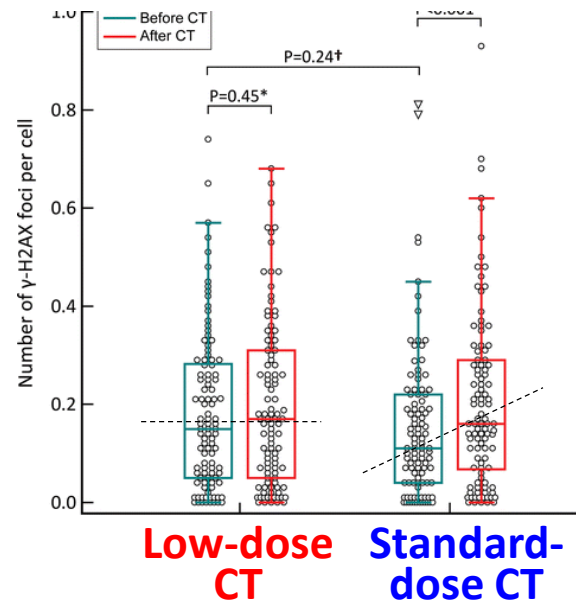
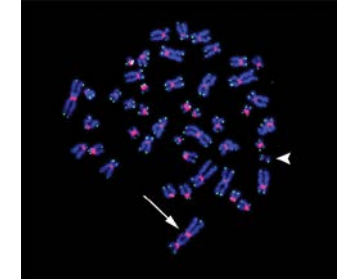
Biological effects of low-dose chest CT on chromosomal DNA were studied in peripheral blood cells of patients.

- DNA double-strand breaks and chromosome aberrations significantly increased 15 minutes after a single **standard-dose chest CT examination (~5 mSv)**, but not after a single **low-dose chest CT examination (~1.5 mSv, effective dose)**.

DNA breaks ( $\gamma$ H2AX foci)



Chromosome aberrations

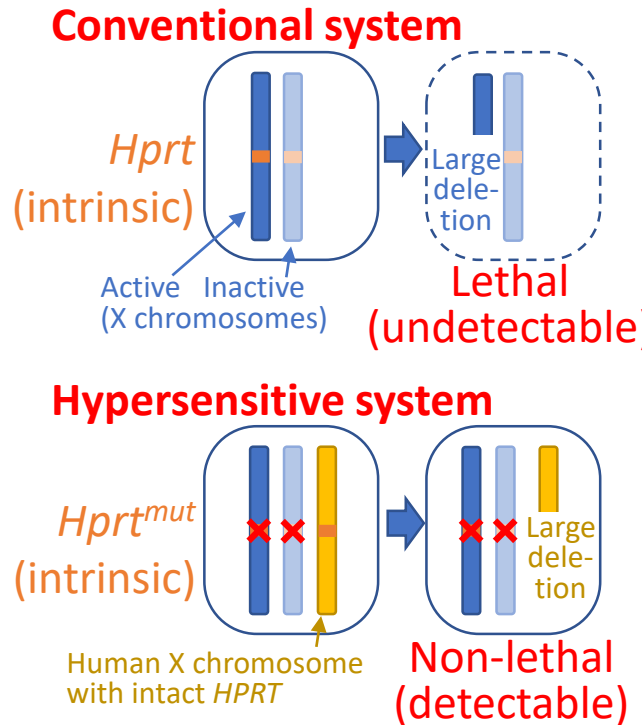




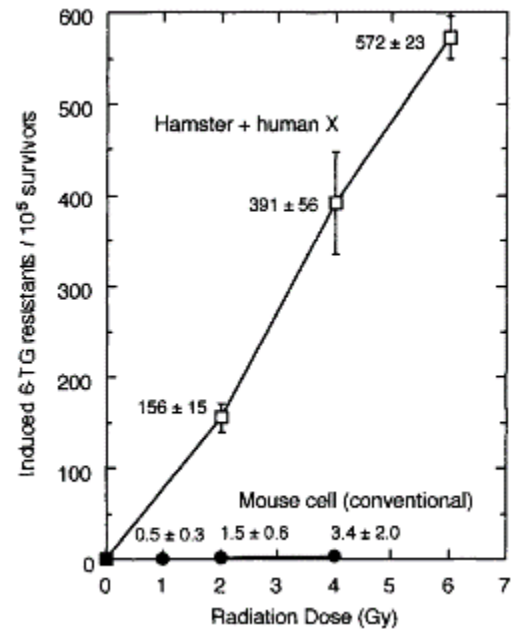
# Tritium radiotoxicology study @Ibaraki Univ (Dr Tauchi)

- Hypersensitive measurement of somatic mutations induced by various levels of tritiated water (HTO) provides **evidence for the possible existence of a dose-rate threshold**

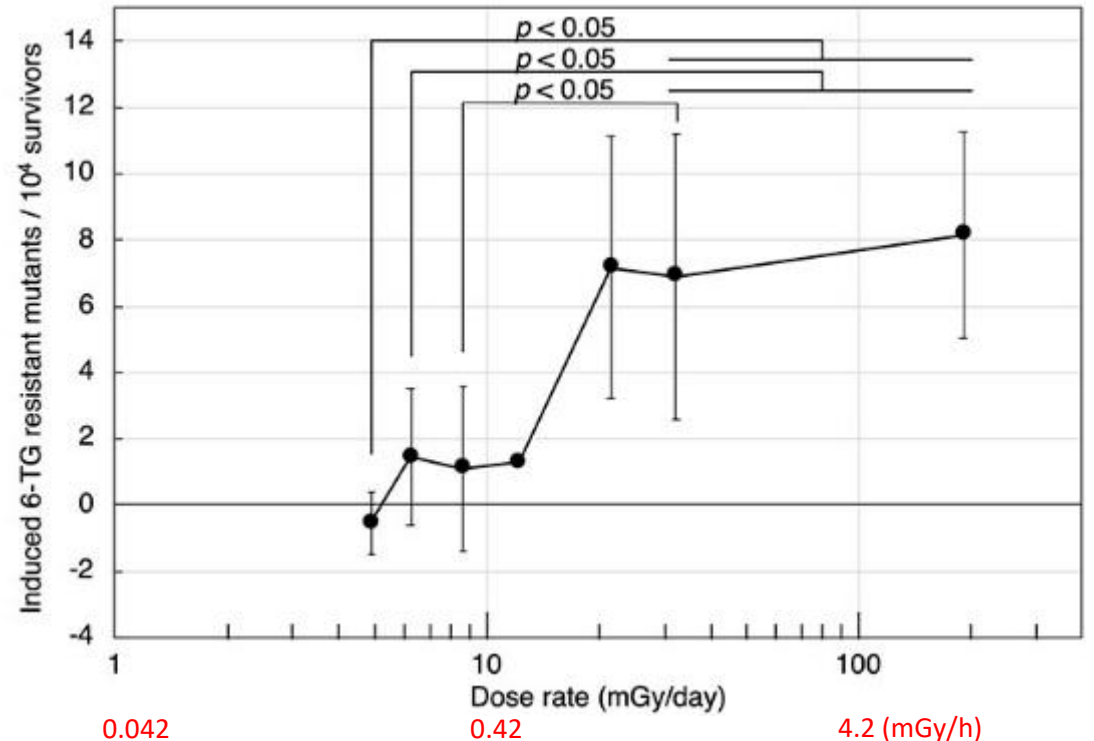
## Hypersensitive mutation assay system



Tauchi et al. doi: 10.13182/FST02-A22622

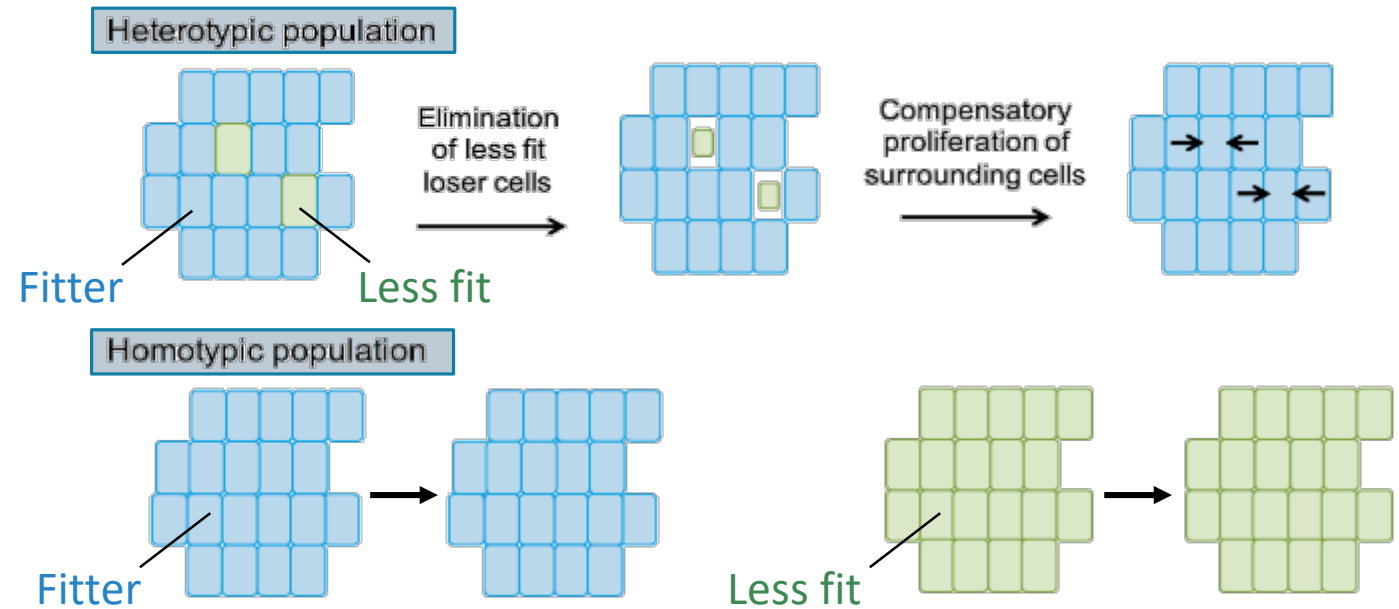


## Effect of incubation in HTO

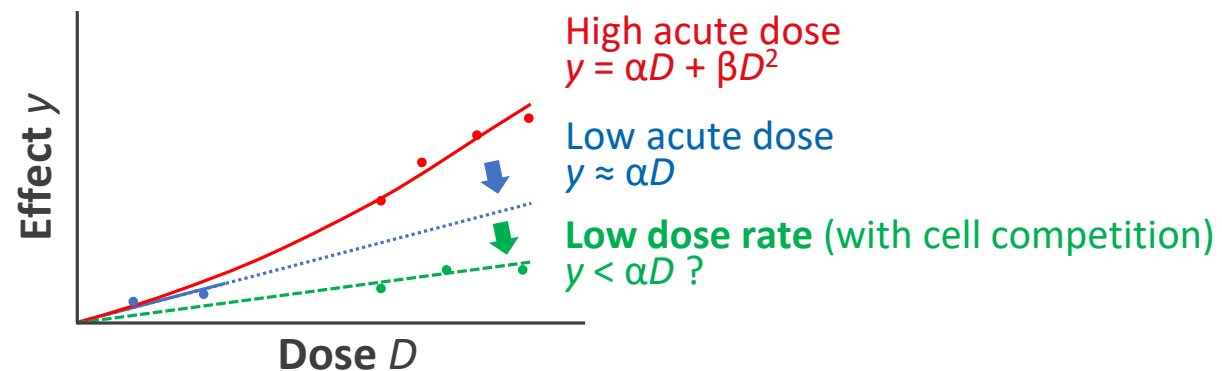


# Cell competition study @CRIEPI

- “Cell competition” was first discovered in *Drosophila* as a mechanism to exclude rare mutant cells from tissue
- Postulated (by ICRP Pub 131) as a possible mechanism to reduce radiation-induced cancer risk from chronic radiation exposure at low dose rates

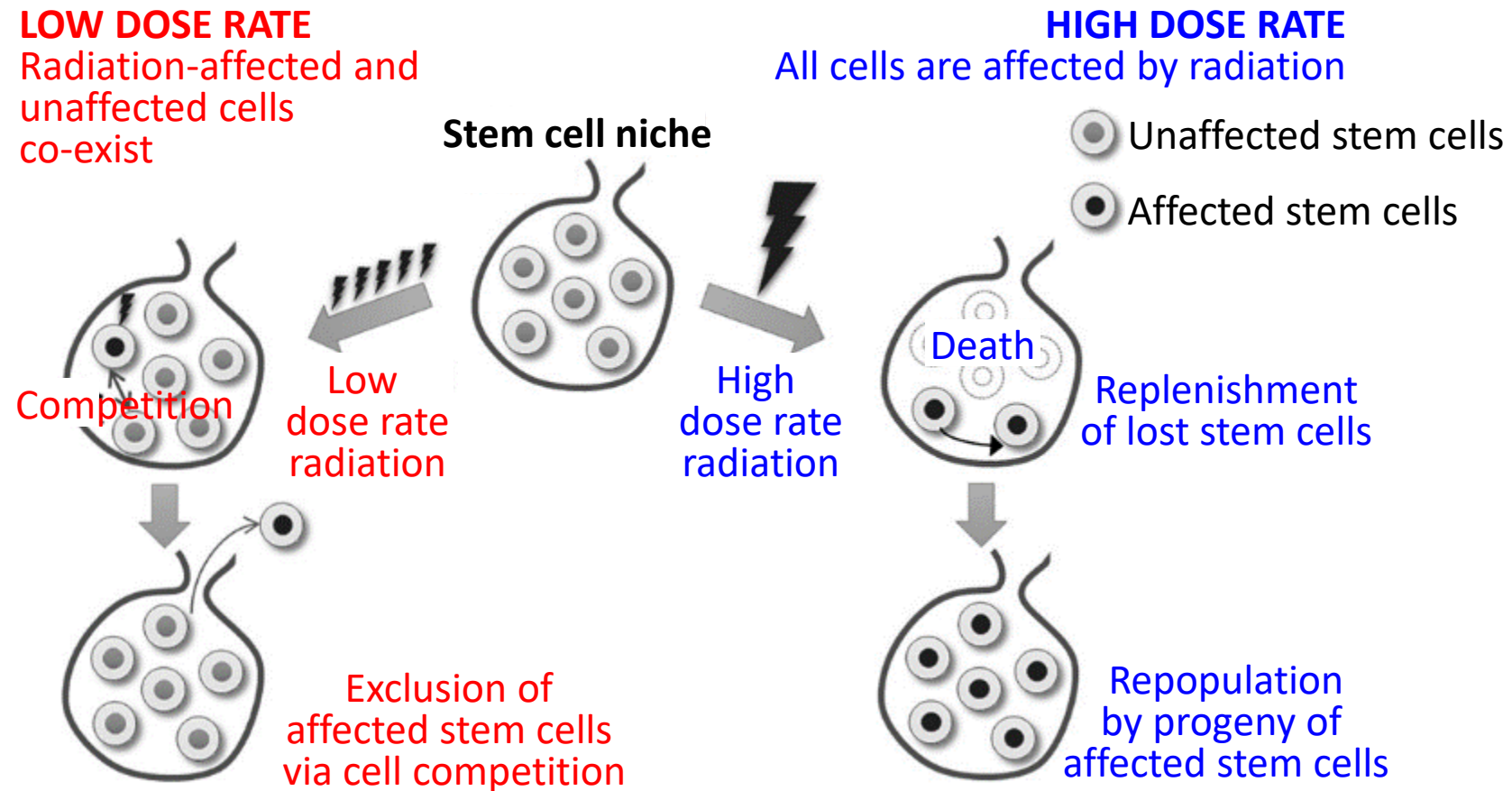


(Adapted from Gregorio et al. Dev Cell 38: 621-34, 2016)



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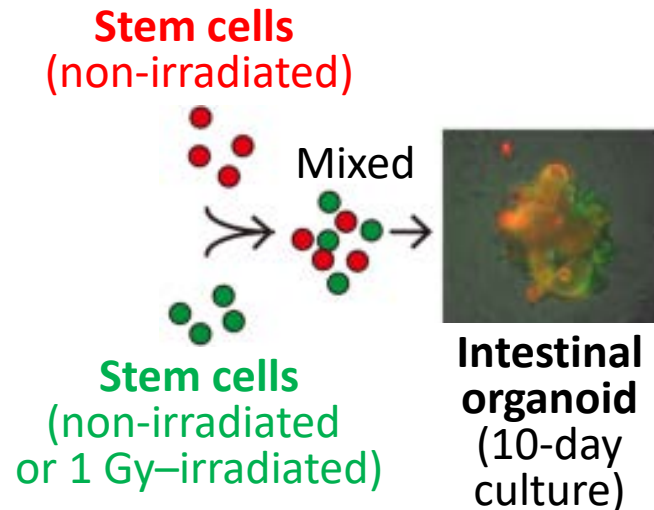
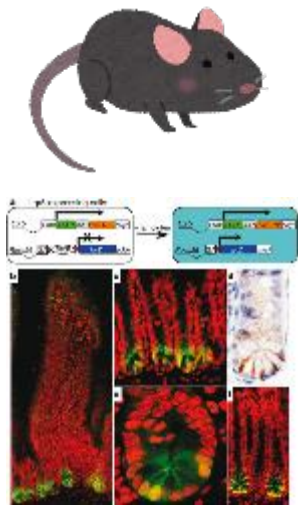


# Cell competition study @CRIEPI (biology)

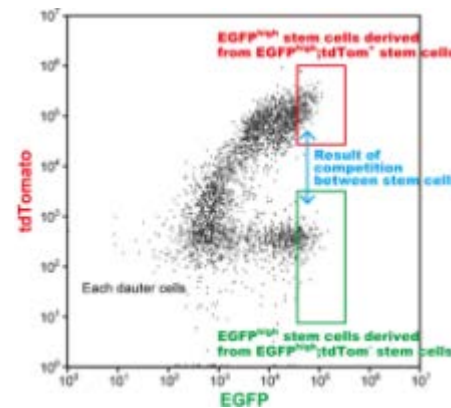
- Lgr5-GFP mice are mice that express GFP in their intestinal stem cells.
- Red and non-red stem cells were isolated, irradiated/non-irradiated, mixed at fixed ratios, and cultured to form intestinal organoids.
- Measurement of the ratios of cells in the organoids indicated outcompetition of non-irradiated cells.

## Lgr5-GFP mice

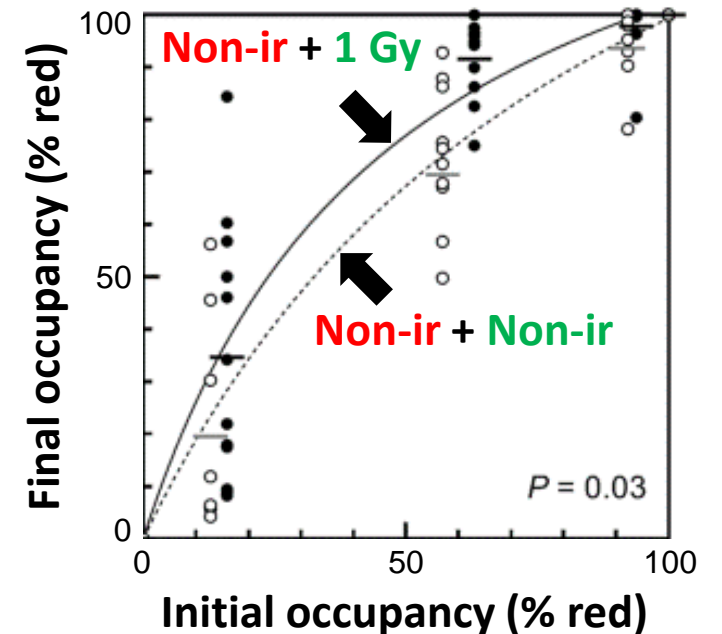
(intestinal stem cells express GFP)



## Measure occupancy of red (non-irradiated) cells



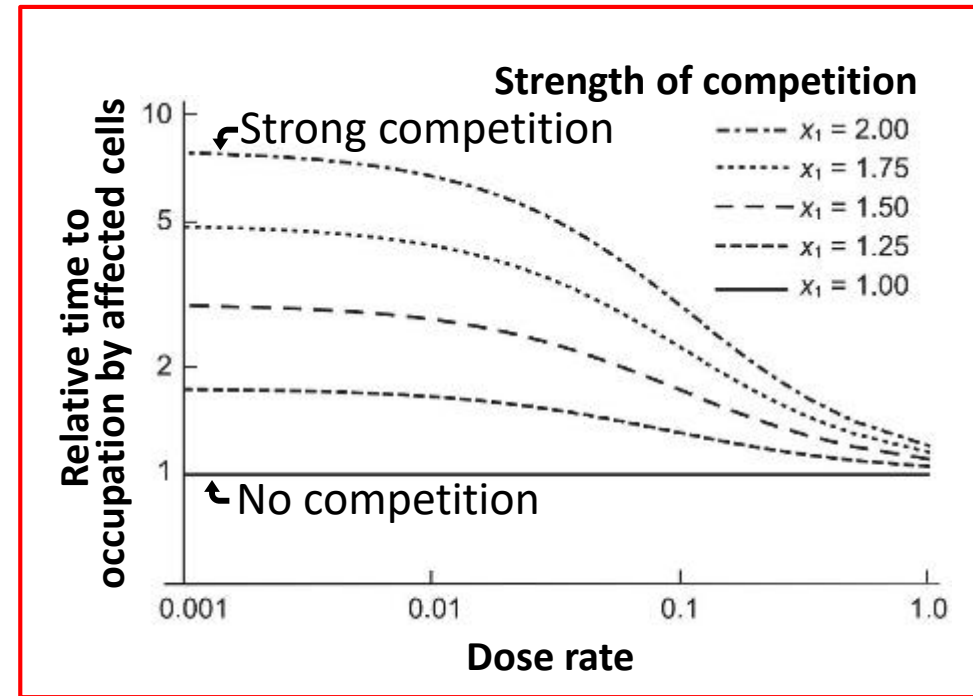
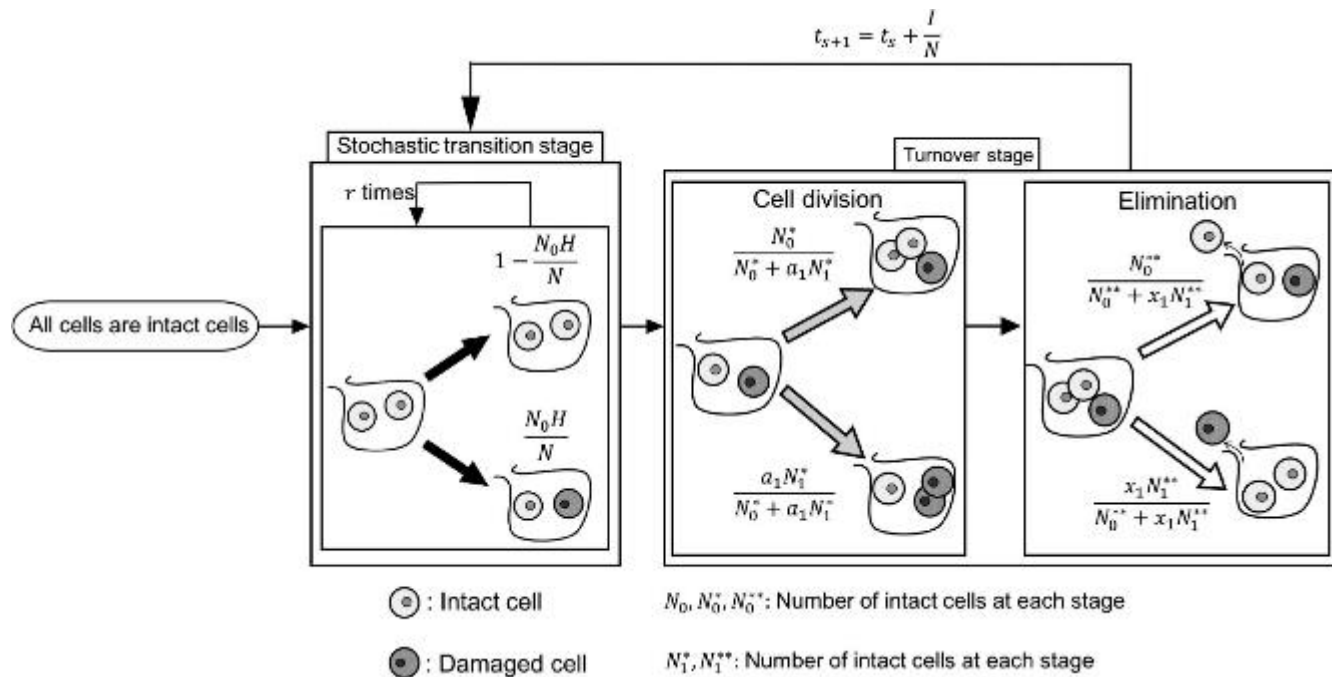
**Non-irradiated cells** outcompete **1 Gy-irradiated cells** in organoids



# Cell competition study @CRIEPI (mathematical model)

- A mathematical model was constructed that describes the accumulation of affected cells in the stem cell pool in the presence of cell competition.
- Under very low-dose-rate conditions, this model showed that radiation damage to the stem cell pool was strongly suppressed in conditions where the damaged cells were less reproductive and easier to be eliminated compared to the unaffected cells.

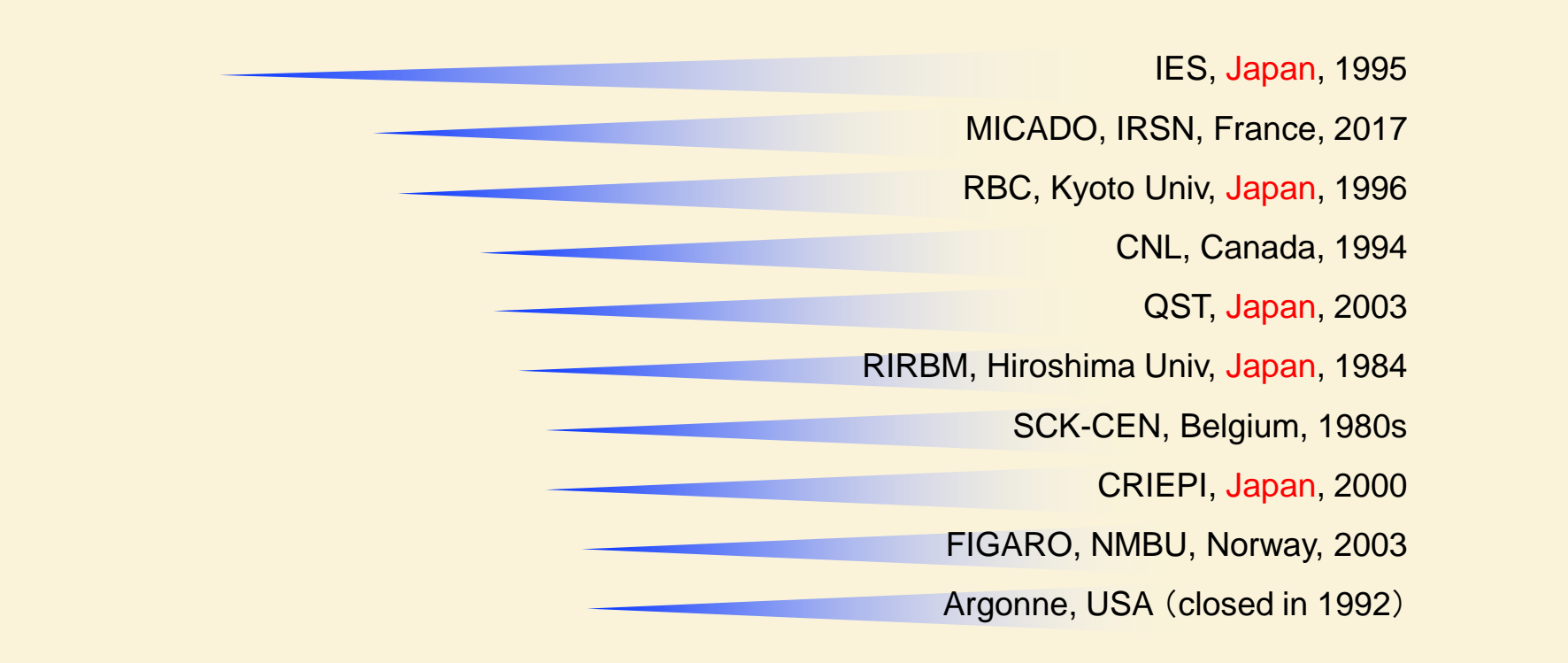
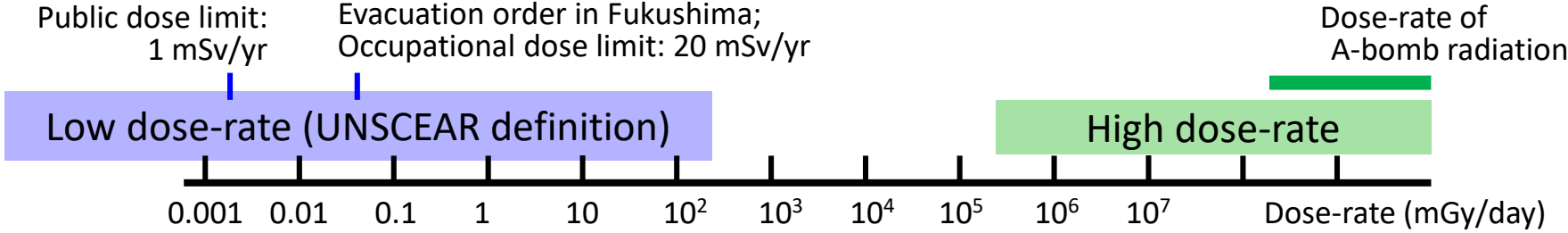
$$\begin{bmatrix} D_0(s+1) \\ D_1(s+1) \\ \vdots \\ D_N(s+1) \end{bmatrix} = \begin{bmatrix} q_0^0 & q_1^- & 0 & \dots & 0 & 0 & 0 \\ q_0^+ & q_1^+ & q_2^- & \dots & 0 & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots & \vdots \\ 0 & 0 & 0 & \dots & q_{N-2}^0 & q_{N-1}^- & 0 \\ 0 & 0 & 0 & \dots & q_{N-2}^+ & q_{N-1}^+ & q_N^- \\ 0 & 0 & 0 & \dots & 0 & q_{N-1}^+ & q_N^0 \end{bmatrix} \begin{bmatrix} 1 - \kappa_0 & 0 & 0 & \dots & 0 & 0 & 0 \\ \kappa_0 & 1 - \kappa_1 & 0 & \dots & 0 & 0 & 0 \\ 0 & \kappa_1 & 1 - \kappa_2 & \dots & 0 & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots & \vdots \\ 0 & 0 & 0 & \dots & 1 - \kappa_{N-2} & 0 & 0 \\ 0 & 0 & 0 & \dots & \kappa_{N-2} & 1 - \kappa_{N-1} & 0 \\ 0 & 0 & 0 & \dots & 0 & \kappa_{N-1} & 1 - \kappa_N \end{bmatrix} \begin{bmatrix} D_0(s) \\ D_1(s) \\ \vdots \\ D_N(s) \end{bmatrix}$$



All Japan

# Radiation facilities and accessibility

# Radiation facilities and accessibility



	Joint usage	In-house usage (contract-based usage possible)	Mouse (SPF)	Rat (SPF)	Mouse (non-SPF)	Cell culture
IES, <b>Japan</b> , 1995		✓	✓			✓
MICADO, IRSN, France, 2017						
RBC, Kyoto Univ, <b>Japan</b> , 1996	✓					✓
CNL, Canada, 1994						
QST, <b>Japan</b> , 2003		✓	✓	✓		
RIRBM, Hiroshima Univ, <b>Japan</b> , 1984	✓				✓	✓
SCK-CEN, Belgium, 1980s						
CRIEPI, <b>Japan</b> , 2000		✓			✓	✓
FIGARO, NMBU, Norway, 2003						
Argonne, USA (closed in 1992)						

(By the courtesy of Dr. Komura, IES)

# Radiation facilities and accessibility

## ● Microbeam

Facility	Specification	Accessibility
Microbeam X-ray Cell Irradiation System (CRIEPI)	X rays	In-house only
PF (KEK)	Synchrotron (X rays)	Joint usage
SPICE (QST)	Electrostatic (proton)	Joint usage
W-MAST (WERC)	Electrostatic (proton)	Contract-based
TIARA (QST)	Heavy ions (cyclotron)	Joint usage

## ● High LET radiation

Facility	Specification	Accessibility
KUR (Kyoto U)	Reactor (neutrons)	Joint usage
UTR-KINKI (Kindai U)	Reactor (neutrons)	Joint usage
NASBEE (QST)	Electrostatic (neutrons); animals, cells	Joint usage (suspended)
HIMAC (QST)	Synchrotron (He–Fe ions); animals, cells	Joint usage
TIARA (QST)	Cyclotron (H–Au ions, cluster ions); cells, plants	Joint usage
RIBF (RIKEN)	Cyclotron (H–U ions); plants	Joint usage



All Japan

# Competitive funding sources

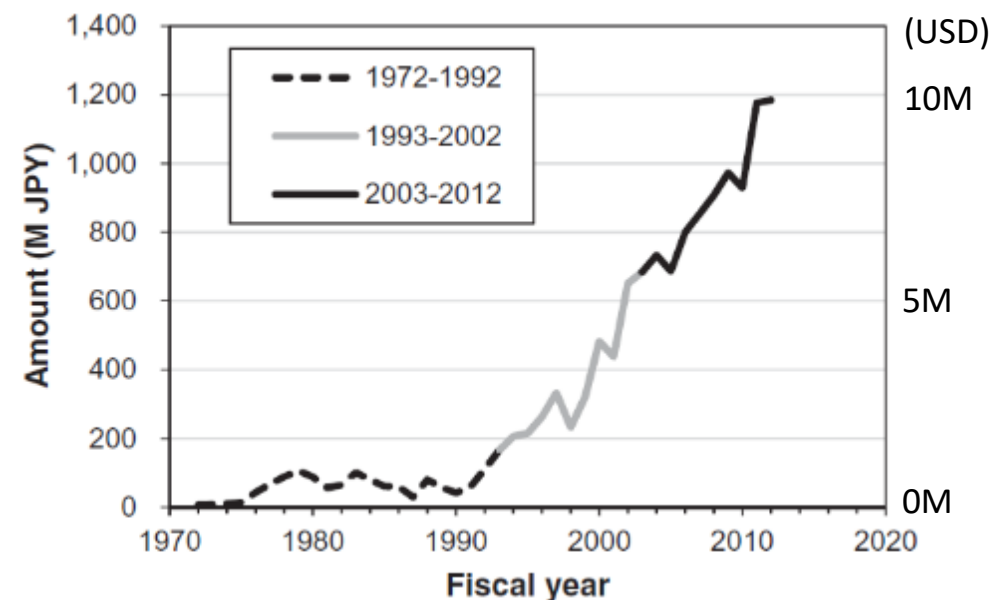
# Relevant competitive funds in Japan

## 1. KAKEN (Grant-in-aid for Scientific Research) (MEXT)

(MEXT, Ministry of Education, Culture, Sports, Science and Technology)

- Covers all fields of science (humanities and social sciences to natural sciences)
- Competitive fund of a **bottom-up nature**, aiming at promoting **academic research based on researchers' unfettered interest**.
- Proposals are **peer-reviewed in individual research categories**.

**Fig.** Total amount of KAKEN for the category of 'radiobiology' (1972–1992), 'environmental effects assessment (including radiobiology)' (1993–2002), and 'risk sciences of radiation/chemicals' (2003–2012).



# Relevant competitive funds in Japan

## 2. Collaborative nuclear energy research (MEXT)

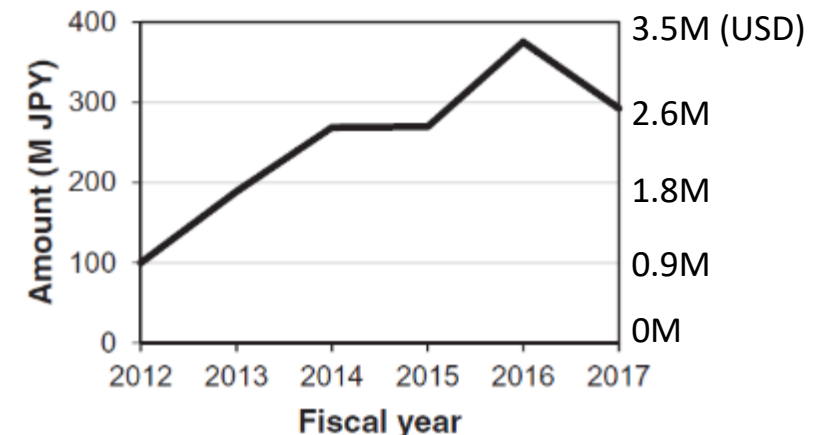
- Aiming at investing in collaborative research on fundamental and innovative R&D on relevant research areas that were indicated in a top-down manner by the Japan Atomic Energy Commission.
- ‘Crossover Research’ (1989–2008), ‘Nuclear Initiative’ (2008–2013) and ‘Project Wisdom’ (2013+).
- Relevant research fields include health and environmental effects of radiation (JPY 100 M/y [USD 0.9 M/y], 2006–2014), utilization of radiation and laser technologies, materials science, and computational sciences.
- Shifted toward nuclear-decommissioning research (2018+).

# Relevant competitive funds in Japan

## 3. Research on the Health Effects of Radiation (MOE)

(MOE, Ministry of the Environment)

- Objectives include **health management and securing the reassurance of people affected in the Fukushima accident.**
- The project invests in researches on
  1. Dose assessment techniques,
  2. **Biological effects of radiation,**
  3. Countermeasures against anxiety in affected areas,
  4. Assessment of initial radiation dose of the accident, and
  5. Morbidity trend in the affected areas
- Researchers are encouraged to **use the research outcome in MOE's communication projects** (see below) (2022+)



All Japan

Communication of research findings with expert and non-expert groups

# Communication among **expert** groups

## Communication between academic societies



- Japanese Radiation Research Society (1959+)
  - Many members of JRRS are also members of [Japan Society for Radiation Oncology \(JASTRO\)](#), [Japanese Environmental Mutagen and Genome Society \(JEMS\)](#), [Japanese Society for Biological Sciences in Space \(JSBSS\)](#), [Japanese Cancer Association \(JCA\)](#), [Japanese Health Physics Society \(JHPS\)](#), etc.
  - The societies sometimes have joint academic meetings.

## Communication among research institutions

- Radiation Research Institutions Council Japan (2005+)
  - Council of executives and/or high-level managers of [QST-NIRS](#), [RERF](#), [Nagasaki University](#), [IES](#), [Kyoto University](#), [Fukushima Medical University](#), [Hirosaki University](#), [Fukushima University](#), [Hiroshima University](#), [CRIEPI](#)
  - Aims to deepen mutual understanding and cooperation among major radiation research institutions in Japan.
  - Annual meeting is held to [share information on the activities of each organization](#) and to plan the activity of the Council.

# Communication with **non-expert** groups

## Educational projects

- **Primary/secondary education:** ‘Supplemental texts on radiation’ (MEXT 2011, 2014, 2018) and training of school staff (2012+)
- **Higher education:** ‘Proposal: enhancement of radiation health risk science education, including making it compulsory in medical education’ (Science Council of Japan, 2014) and activities in response by national medical schools

## Governmental projects (MOE)

- **Consolidation of information:** “BOOKLET to Provide Basic Information Regarding Health Effects of Radiation” (2014+), an easy-to-understand, annually revised document consolidating information provided by relevant ministries and agencies (subcontractor: QST)
- **Science literacy and communication:** “The GuGuRu Project” (2021+) aims to increase people’s critical thinking on radiation effects to protect themselves against misinformation.
  - Named after Japanese words *tsumugu* [building knowledge], *tsunagu* [connecting people] and *tsutawaru* [transmitting knowledge].
  - The 5 main activities are: KNOW (developing skills to accurately understand scientific facts), LEARN (opportunities to learn about radiation), DECIDE (leaflets offering decision-making information), LISTEN (providing a consultation system), and RESEARCH (website to answer questions and concerns).

**Reference** MEXT textbook, [https://www.mext.go.jp/b\\_menu/shuppan/sonota/detail/1409740.htm](https://www.mext.go.jp/b_menu/shuppan/sonota/detail/1409740.htm) [Japanese only]

SCJ proposal, <https://www.scj.go.jp/ja/info/kohyo/pdf/kohyo-22-t197-3.pdf> [Japanese only]

MOE booklet, <https://www.env.go.jp/en/chemi/rhm/basic-info/>; GuGuRu, <https://www.env.go.jp/en/headline/2534.html>.

# Communication involving **expert/non-expert** groups

## Activities of researchers, motivated by the '*scientific*' misinformation after the Fukushima accident

- **JRRS projects** (2011+): Q&A website, seminars for citizens, radiobiology lectures, educational support in schools, training for officers of local governments
- **JHPS project**: Q&A website (2011–2014), now archived in National Diet Library.
- **JRRS/JHPS collaboration**: Consolidation of the experts' consensus on low dose effects (published as an open access paper)
- **NPO '*Einstein*'** (president, Prof. Bando at Osaka Univ., 2009+)
  - An NPO on expert-citizen interaction announced the foundation of JMELODI (Japan Multidisciplinary Effects-of-Low-Doses Initiative) in 2015 to gather relevant scientists in Japan.
  - The researchers are running the 'JSPS University-Industry Cooperative Research Committee 195' (2019 to 2024), for discussions on the biological effects of radiation and related regulations.

**Reference** JRRS, <https://www.jrrs.org/faqpage/seminar/> [Japanese].

JHPS, <https://warp.da.ndl.go.jp/info:ndljp/pid/8699165/radi-info.com/> [Japanese]

Consensus paper, *Radiat Biol Res Commun* 55 (2020) <http://rbrc.kenkyuukai.jp/special/index.asp?id=33566> [Japanese]

'*Einstein*', JMELODI <https://jein.jp/jmelodi.html>; JSPS committee, <https://www.jsps.go.jp/english/e-soc/list/195.html>.



All Japan

Coordination of organizations  
within Japan or elsewhere

# Coordination of organizations

- **J-RIME** (alliance of 18 associations, 2010+): **medical exposure**  
'Japan Network for Research and Information on Medical Exposure' (secretary: QST)
  - **Collects and shares information** on the actual situation of medical radiation exposure and related researches, to contribute to the research on medical radiation exposure.
- **PLANET** (a QST project, 2016+): **low dose effect research**  
'Planning and Acting Network for Low Dose Radiation Research' (secretary: QST)
  - Gathers relevant experts in Japan, **collects and analyzes information** on radiation effects, risks, and protection, and **provides it to stakeholders** (public, regulatory bodies, etc).
  - Organizes **research agenda** for assessment of low dose radiation risks.
- **UMBRELLA** (an NRA project, 2017+): **radiation protection**  
'Formation of problem-solving network and umbrella-type integrated platform in the field of radiation protection research' (secretary: QST)
  - Provides a platform to bring together stakeholders in the field of radiation protection.

NRA, Nuclear Regulation Authority

**Reference** J-RIME, <http://www.radher.jp/J-RIME/> [Japanese].

PLANET, <https://www.qst.go.jp/uploaded/attachment/2910.pdf> [Japanese]

UMBRELLA, <https://www.nirs.qst.go.jp/usr/umbrella-rp/> [Japanese], Kanda et al. [Jpn J Health Phys 53:176-180 \(2018\)](#) [English]



# Low-Dose Radiation Research at QST

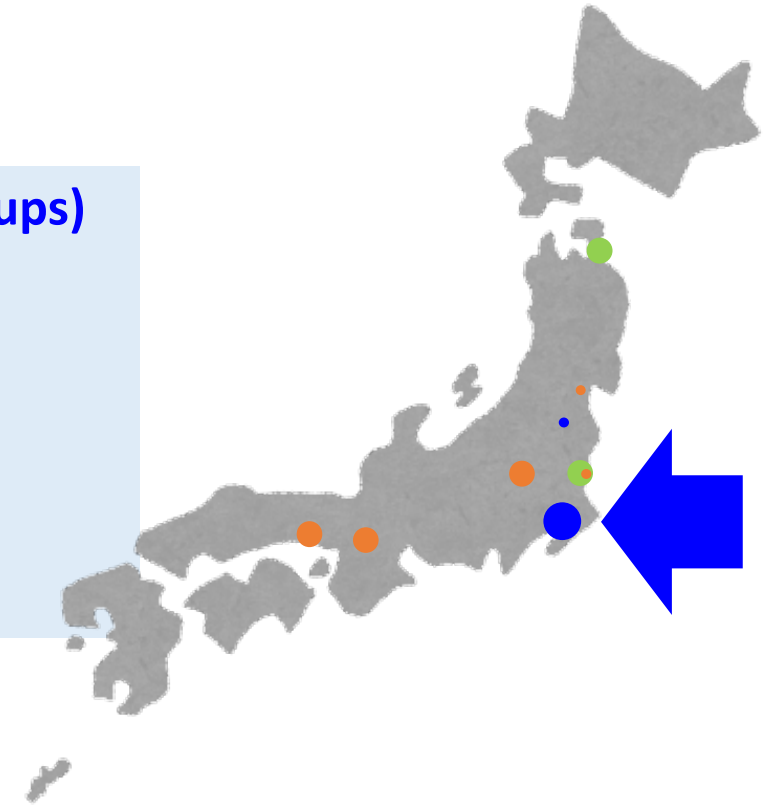
Shizuko Kakinuma

Director, Dept of Radiation Effects Research

National Institutes for Quantum Science and Technology  
Japan

# Organization of QST

## Headquarter



# Department of Radiation Effects Research

## ✓ **People** (as of Nov 2021)

- **Employees**

- 10 tenured researchers
- 10 fixed-term researchers
- 27 fixed-term technical staff

- **Research groups**

- Radiobiology for Children's Health Research Group
- Stem Cells and Effect Modifiers Research Group
- Chronic Exposure, Cancer and Pathology Research Group
- Dietary Effects Research Group
- Carcinogenesis Dynamics Research Group
- Biospheric Radionuclide Migration Research Group

## ✓ **Budget** (as of Nov 2021)

- Grant for administrative expense
- External funds (KAKENHI, MEXT, MOE)

# Overview of low-dose radiation research, with emphasis on cutting-edge technologies

Radiation signature, Animal model,

# Low-Dose Radiation Research in QST

- **Evaluation of cancer risk**

  - Animal models, low dose rate effect

- **Research using cutting-edge technologies**

  - 'Radiation signature' mutations in tumors

    - Low dose and low dose rate, RBE of neutrons
    - Next generation sequencing, CGH microarray, LOH analysis

- **J-SHARE**

  - Archive system of animal experiment (pathology images, samples, ...)

- **PLANET** (presented by Imaoka)

  - Planning and Acting Network for Low Dose Radiation Research

# Animal models used in QST: mouse models

Mouse models	Genetic background	Tumors	Low doses tested	Low dose rate tested
<b>B6C3F1</b> (wild-type)	C57BL6/N (B6) × C3H/HeN (C3) (hybrid)	Lymphoma (thymic, B-cell), liver, lung, thyroid	200 mGy	Ongoing
<b><i>Ptch1</i><sup>+/-</sup></b>	C3B6F1 (hybrid)	Medulloblastoma, skin (basal cell carcinoma)	50, 100 mGy	1 mGy/h
<b><i>Apc</i><sup>Min/+</sup> (also Min)</b>	C3B6F1 (hybrid)	Intestinal (carcinoma of small intestine, colon)	50, 100 mGy (ongoing)	Ongoing
<b><i>Mlh1</i><sup>+/-</sup>, <i>Mlh1</i><sup>-/-</sup></b>	C57BL/6J	Colon, lymphoma (thymic)	Not yet	Not yet

## **B6C3F1 mice** (200 mGy)

- Yamauchi et al. *Mutat Res.* 2008 Apr 2;640(1-2):27-37.
- Kakinuma et al. *Mutat Res.* 2012 Sep 1;737(1-2):43-50.

## ***Ptch1* mice** (50 mGy, 100 mGy, 1 mGy/h)

- Ishida et al. *Carcinogenesis.* 2010 Sep;31(9):1694-701.
- Tsuruoka et al. *Radiat Res.* 2016 Oct;186(4):407-414.
- Tsuruoka et al. *Radiat Res.* 2021 Aug 1;196(2):225-234.



# Animal models used in QST: rat models

Rat models	Genetic background	Tumors	Low dose tested	Low dose rate tested
<b>Sprague-Dawley</b> (wild-type)	Jcl:SD	Mammary	200 mGy	3 mGy/h
<b>(SD × COP)F<sub>1</sub></b> (wild-type)	Jcl:SD × COP/Hsd (hybrid)	Mammary	Not yet	Not yet
<b>Tsc2<sup>+/-</sup></b> (also Eker)	F344 and Long-Evans (hybrid)	Kidney (renal cell carcinoma)	500 mGy	Not yet
<b>Wistar</b> (wild-type)	WM/Nrs	Lung, mammary	Not yet	Not yet

## **Sprague-Dawley rats** (200 mGy, 3 mGy/h)

- Imaoka et al. Int J Radiat Oncol Biol Phys. 2013 Mar 15;85(4):1134-40.
- Imaoka et al. Int J Cancer. 2014 Apr 1;134(7):1529-38.
- Imaoka et al. Radiat Res. 2019 Mar;191(3):245-254.

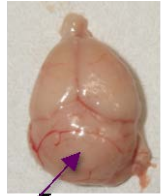
## **Tsc2<sup>+/-</sup> (Eker) rats** (500 mGy)

- Kokubo et al. Cancer Sci. 2010 Mar;101(3):616-23.

# 'Radiation signature'

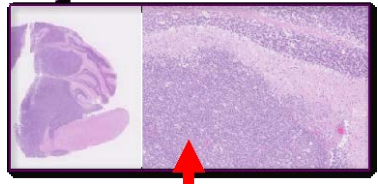
- Radiation related genomic alteration:  
Interstitial deletion (real risk of radiation exposure)
- Ptch1 heterozygous mice, medulloblastoma
  - low dose exposure, low dose rate exposure
  - RBE for neutron exposure
- Other animal models  
a mutation of tumor suppressor and interstitial deletion
  - Eker rat (Tsc2 heterozygous kidney tumor)
  - B6C3F1 thymic lymphoma (mutation of Ikaros, interstitial deletion)
  - Rat mammary tumor (Interstitial deletion related radiation exposure)

# Radiation signature in *Ptch1* heterozygous mouse

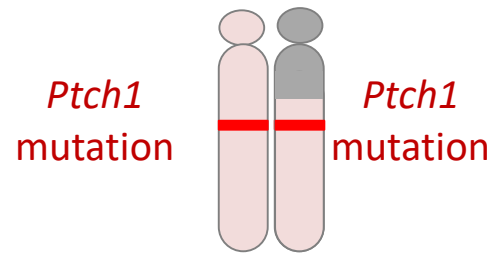


## Medulloblastoma (MB)

Malignant brain tumors in cerebellum of childhood

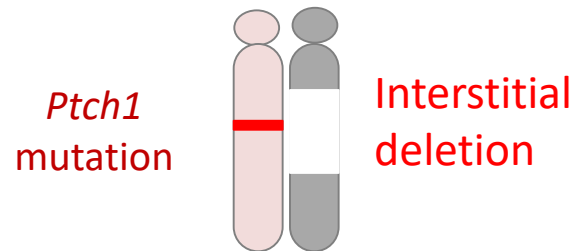


### Spontaneous MB



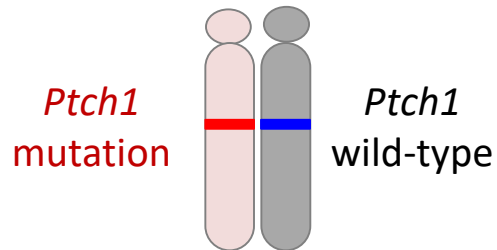
Mitotic recombination:  
Both *Ptch1* allele were mutated

### Radiation-induced MB



Interstitial deletion:  
Loss of wild-type *Ptch1* allele

### *Ptch1* heterozygous normal cell

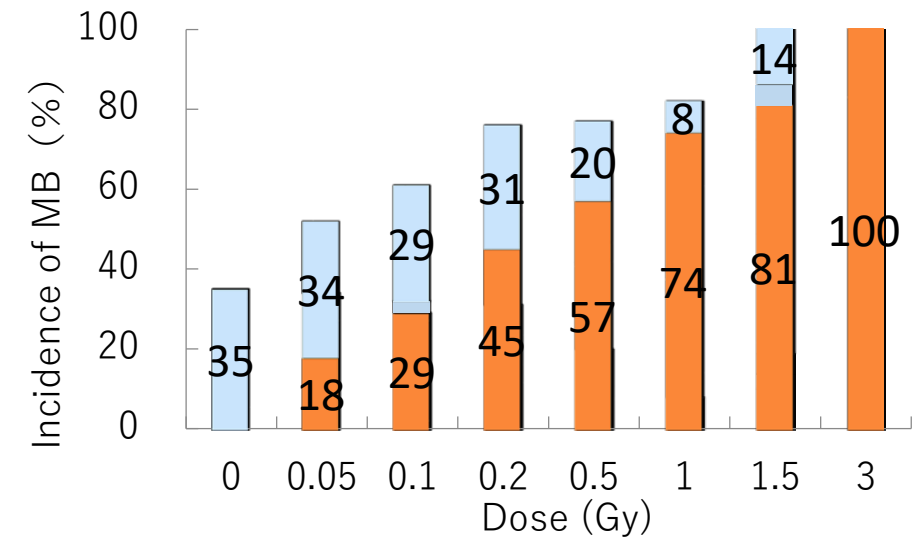


Chromosome 13

## Incidence of MB

Irradiated age: Postnatal day 1

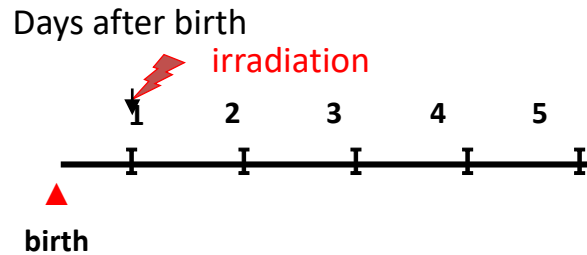
Radiation: X-rays, 250 days after birth



Ishida et al. Carcinogenesis, 2010.

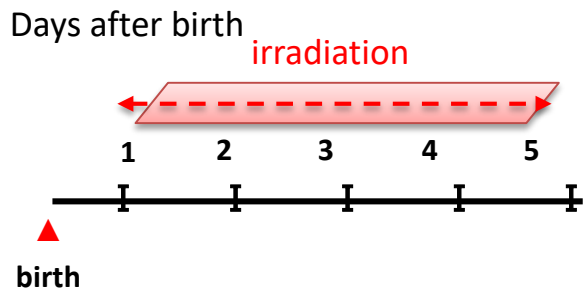
# Irradiation conditions

## Acute exposure



Dose rate : 540 mGy/min  
(32,400  
mGy/hr)  
Total dose : 100 mGy  
500 mGy

## Protracted exposure (4 consecutive days)



Dose rate : 1.1 mGy/hr  
Total dose : 100 mGy  
Dose rate : 5.4 mGy/hr  
Total dose : 500 mGy

## Facility in QST



### GAMMACELL 40

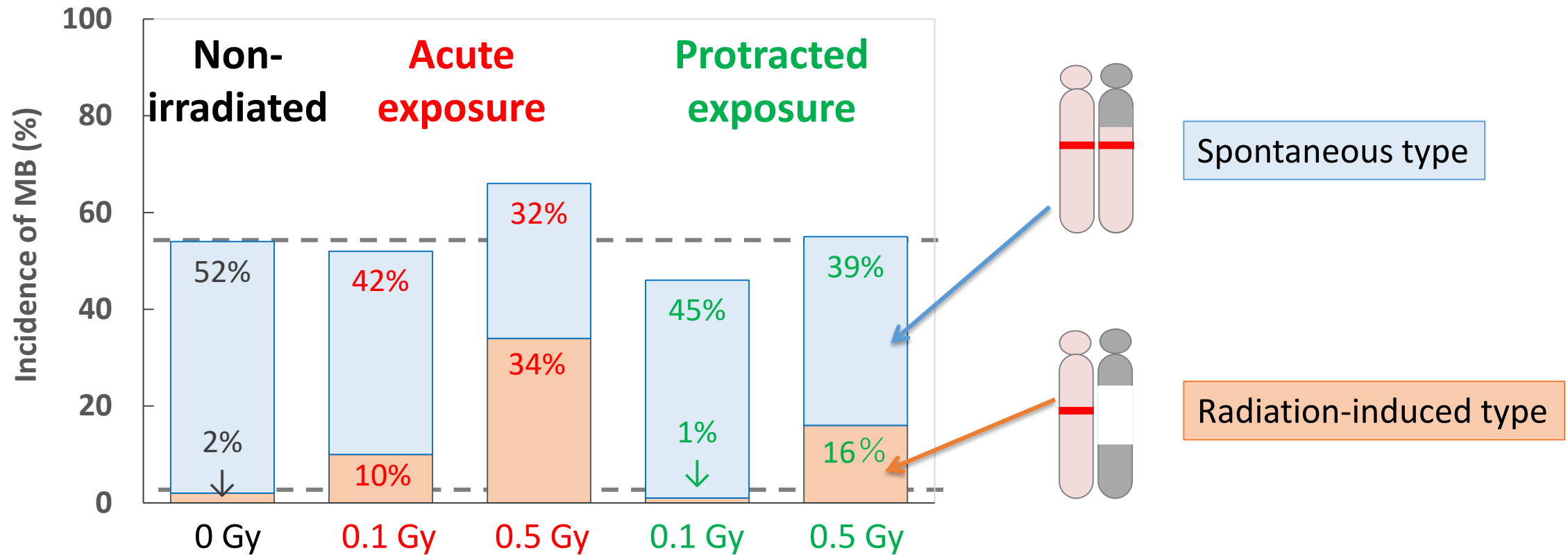
$^{137}\text{Cs}$  (115 TBq), 30 Gy/h  
Nordion International,  
Ottawa, Canada



### Low-dose-rate radiation system

$^{137}\text{Cs}$  (1.11 and 0.111 TBq),  
0.05–60 mGy/h  
Pony Industry Co., Ltd.,  
Osaka, Japan

# Incidence of radiation-induced MBs



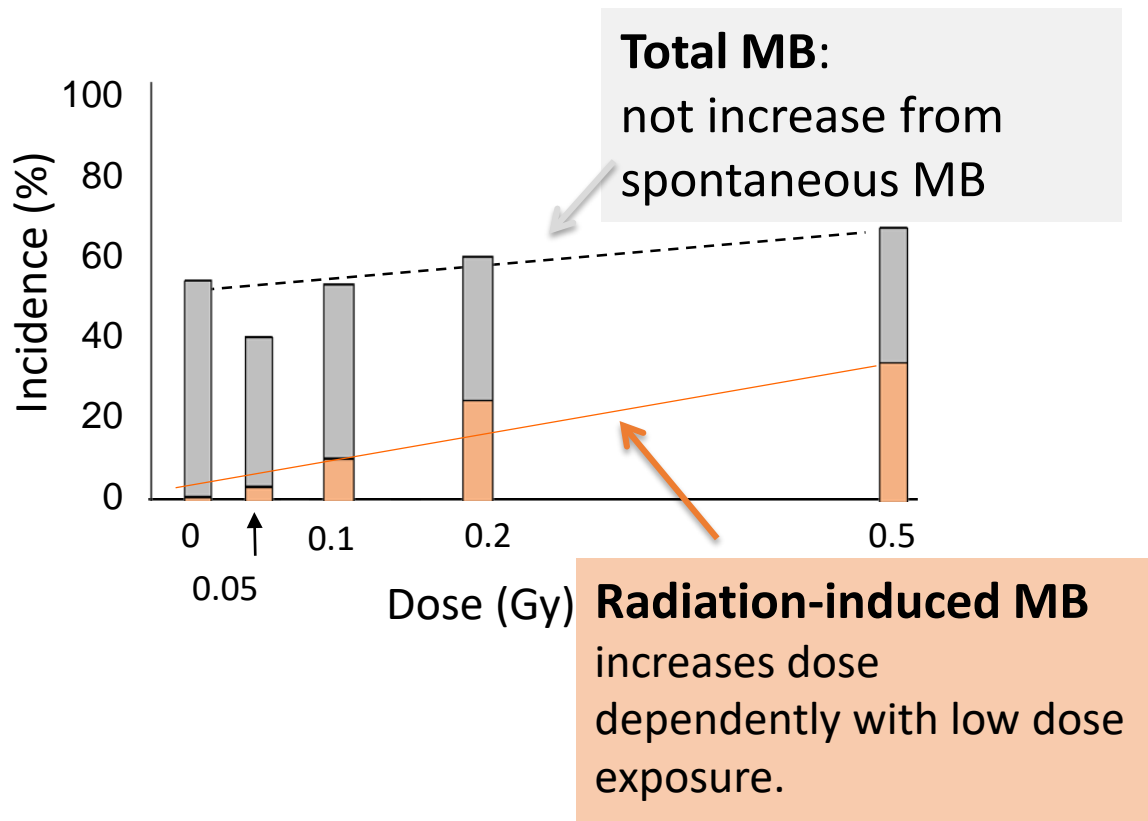
“Protracted exposure”:

Incidence of radiation-induced MB was observed at 0.5 Gy, although it decreased below the incidence of acute exposure. When total dose was reduced to 0.1 Gy, incidence of radiation-induced MB decreased to background level.

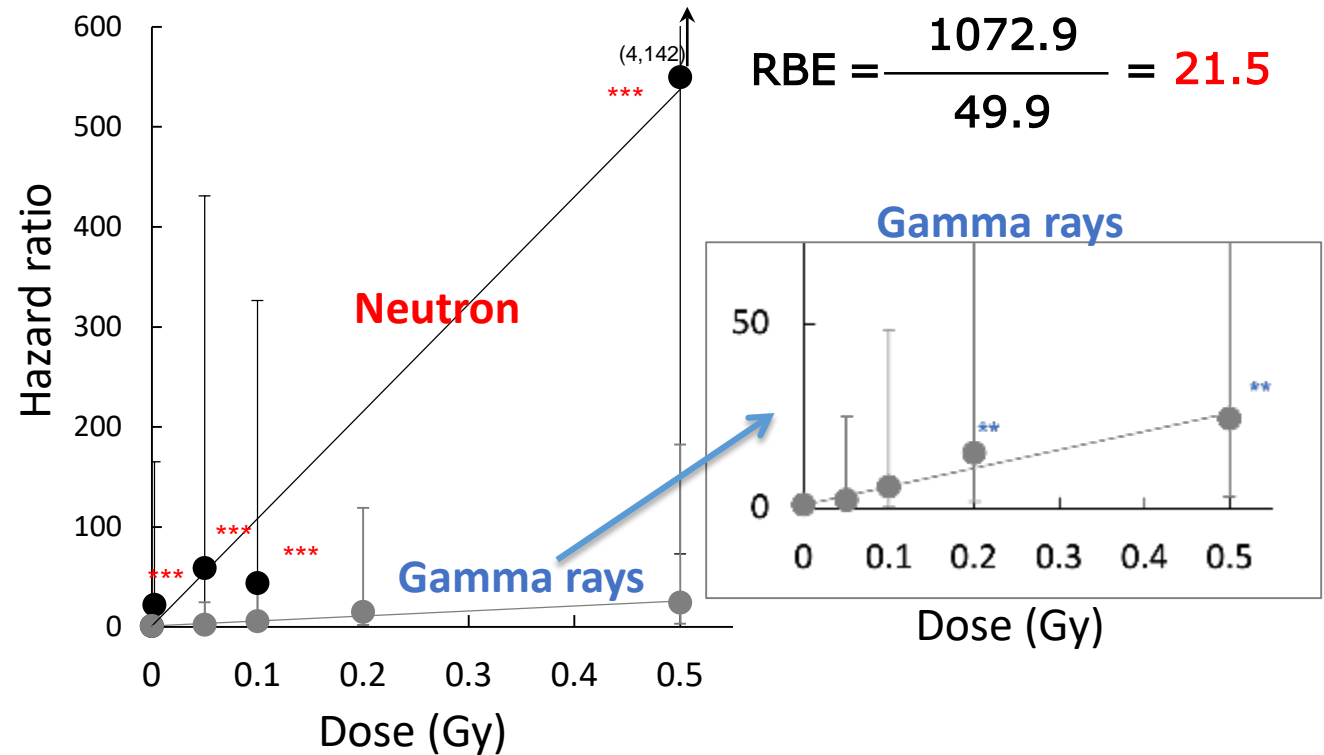
# RBE of neutron for MB induction in Ptch1 mice

## Incidence of MB

Total MB and radiation-induced MB

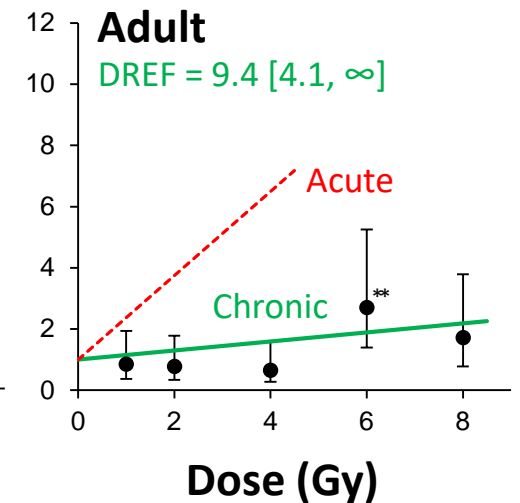
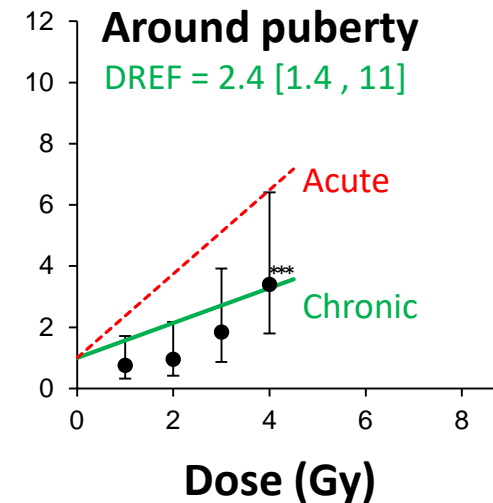
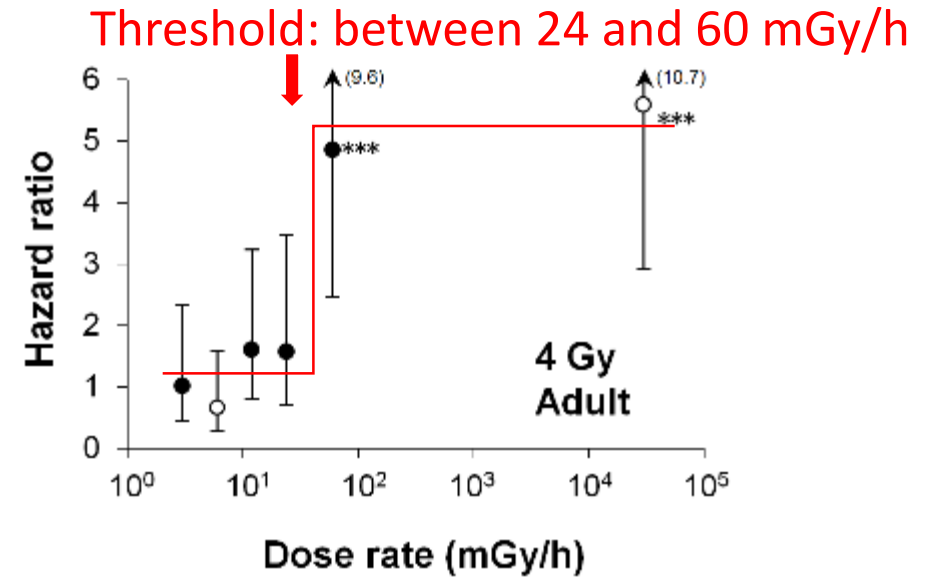
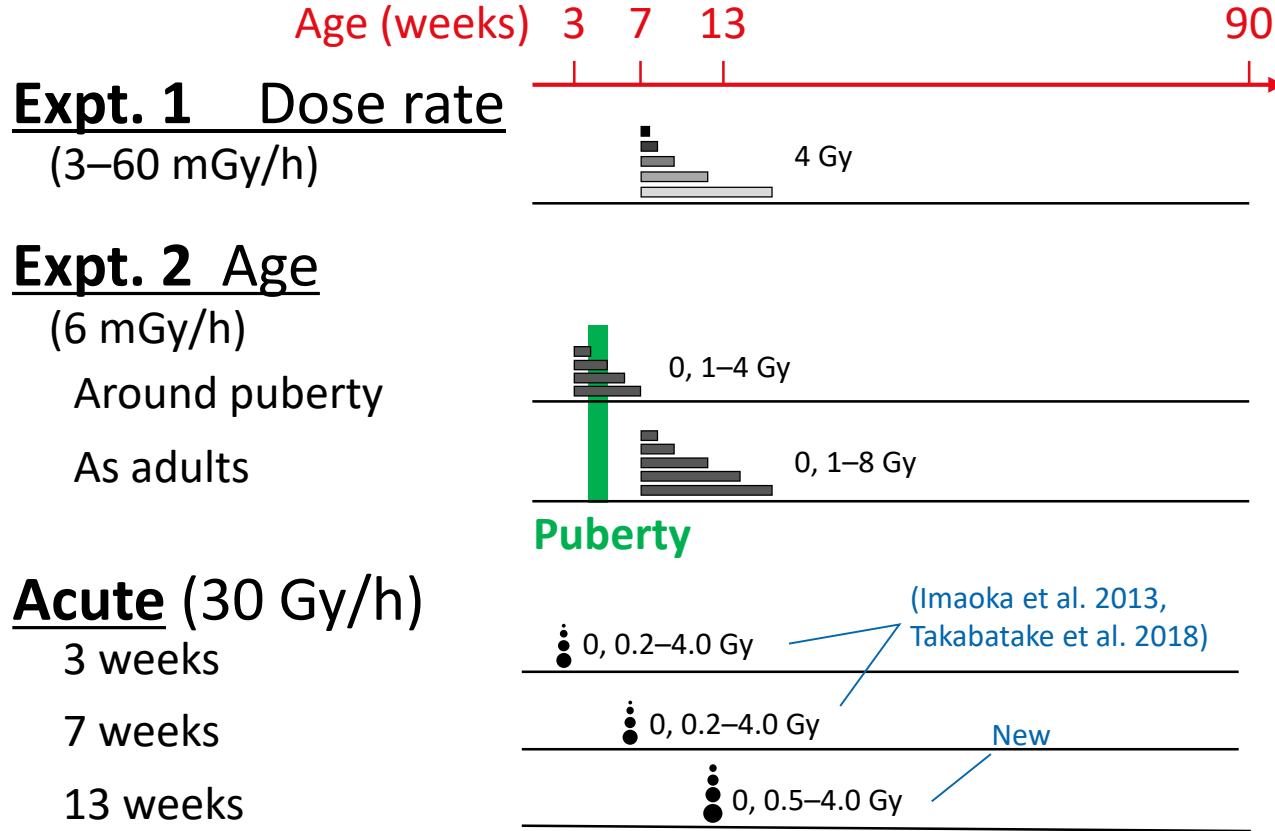


## Risk of MB induction by gamma-rays or neutron exposure



Tsuruoka et al, Radiat Res (2021) 196, 225-234.

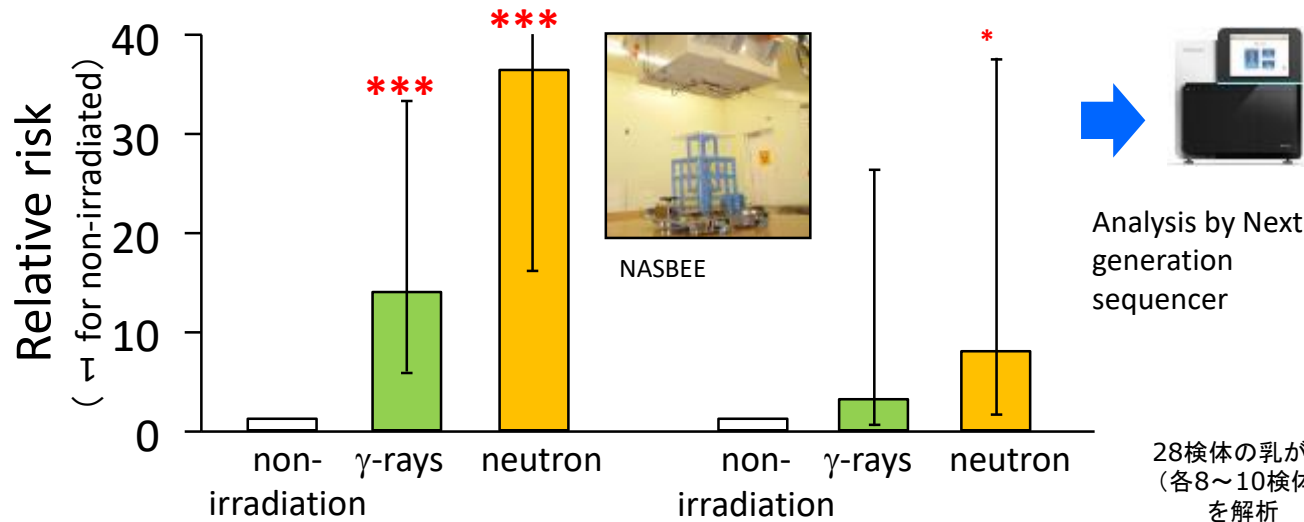
# Dose rate and age effects for mammary tumor in SD rats



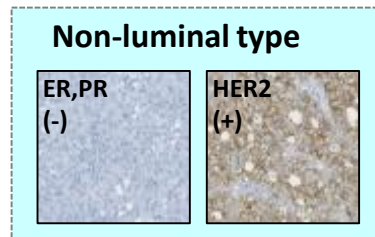
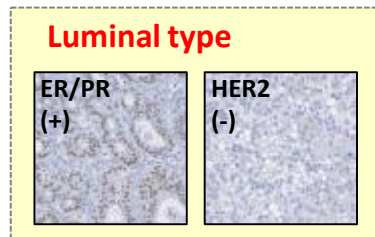
Female Jcl:SD rat (Clea Japan), n = ~24/group  
30 kGy CE-2 diet fed *ad libitum*, 3 rats/cage, SPF  
Approved by Institutional Animal Care & Use Committee (10-1035)

# Risk and molecular biological characteristics for mammary tumor caused by radiation exposure

## Luminal type mammary tumor increase by irradiation

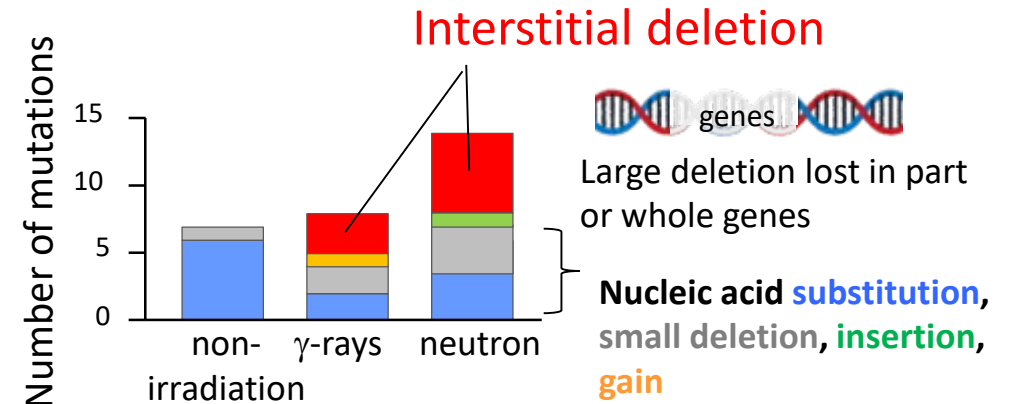


(Dose)  
 γ-rays :4 Gy  
 neutron:1 Gy  
 (2 MeV,  
 fast neutron)



## Number and types of mutations

Important mutant genes found in human (*Cdkn2a*, *Pik3r1* etc) identified 23 genes



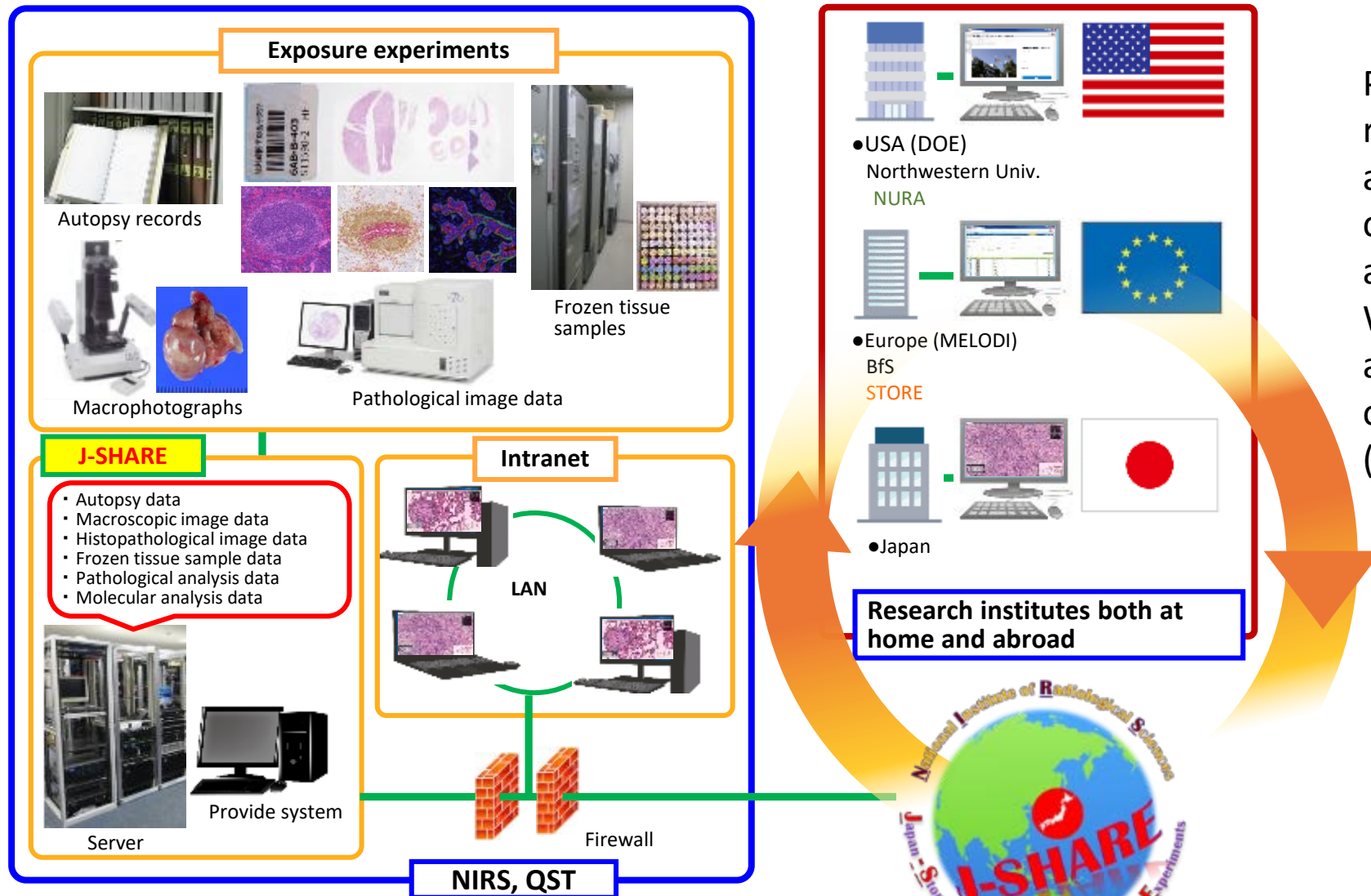
28検体の乳がん  
 (各8~10検体)  
 を解析

**Interstitial deletion is characteristic in irradiated group.**

This result suggests the possibility of more accurate risk assessment for radiation effects using radiation-related molecular signature.

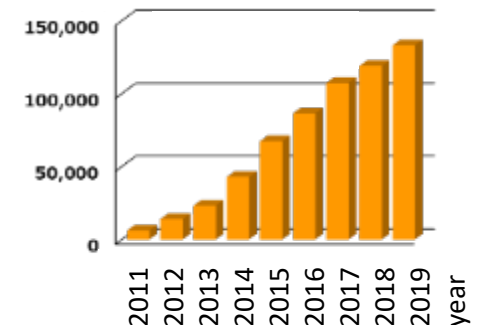


# J-SHARE (the Japan-Storehouse of Animal Radiobiology Experiments)



Projects to evaluate the effects of radiation has since focused on risk analyses for life shortening and cancer prevalence using laboratory animals within NIRS-QST. We are now constructing such an archive called the Japan-Storehouse of Animal Radiobiology Experiments (**J-SHARE**).

**Number of slides**



# Communication of research findings with expert and non-expert groups

# Communication with non-experts

## Open campus

- We usually perform exhibition of posters on research topics.
- Due to COVID-19, face-to-face events were held on a smaller scale in 2021.
- Instead, live sessions and on-demand videos on activities and recent results were published.

## Notice on the 'online' open campus 2021

新! QST 千葉地区  
オンライン  
一般公開  
一部来場イベント  
※ご予約のない場合は来場できません  
2021年 4月18日[日]  
2021年 4月12日[月]~25日[日]  
動画公開  
視聴・参加 無料  
あな! 巨大な電子加速器  
がんや遺伝病が一目でわかる! 最新・最先端の検査場  
先着順 たっぷり  
誰でも参加するよ!

YouTube JP  
放射線の知識と教養 (一般向け)  
QST Channel (量子科学技術研究開発機構) • 2.2万 回視聴 • 3 年前  
放射線とは何かを知っていただけるよう、アニメで分かりやすくご紹介いたします。  
Knowledge on radiation  
ここまでわかった! 放射線被ばくの体への影響 ~原発事故後10年間の研究成果~  
QST Channel (量子科学技術研究開発機構) • 467 回視聴 • 6 个月前  
放射線の被ばくによる体への影響は、2011年の東京電力福島第一原子力発電所事故の後、特に懸念が高まりました。本機構は、前身の放射線医学総...  
Recent results  
18:49

# Communication with non-experts

## Science camp of parents and children in Fukushima and Chiba

- The purpose of this event is for parents and children to learn basic knowledge about radiation together through hands-on events, and to deepen engagement between parents and children in Fukushima and Chiba beyond the region.



Fabrication of cloud chambers



Presentations



Learn clinical use of radiation



3-day course



# Low-Dose Radiation Research at IES

Yoshiya Shimada

President

Institute for Environmental Science  
Japan

# Institute for Environmental Sciences (IES)

**Established:** 1990

**Objective:** Monitor the radioactive emissions released to the environment (by the Spent Nuclear Fuel Recycling Plant) and study its effect on the environment and human health

**Funding:** Ministry of Education, Culture, Sports, Science and Technology (MEXT) of Japan through the Aomori Prefectural Government

**Research Departments:**

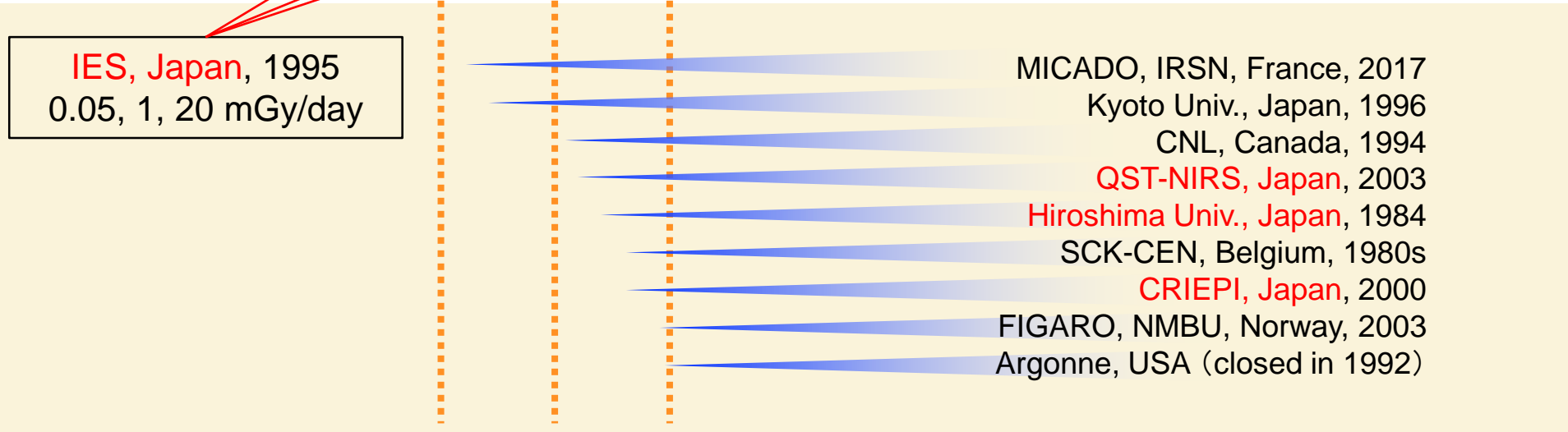
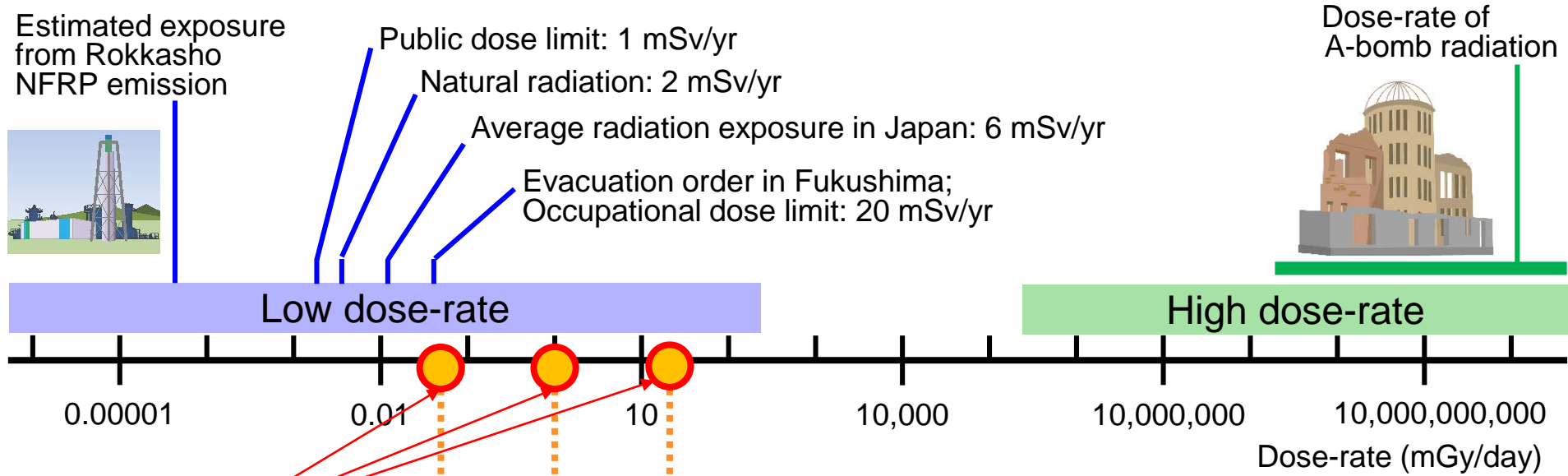
1. Radioecology
2. Radiobiology

**Research Priorities:**

1. Environmental monitoring of radioactive materials
2. Low dose and low dose-rate exposures

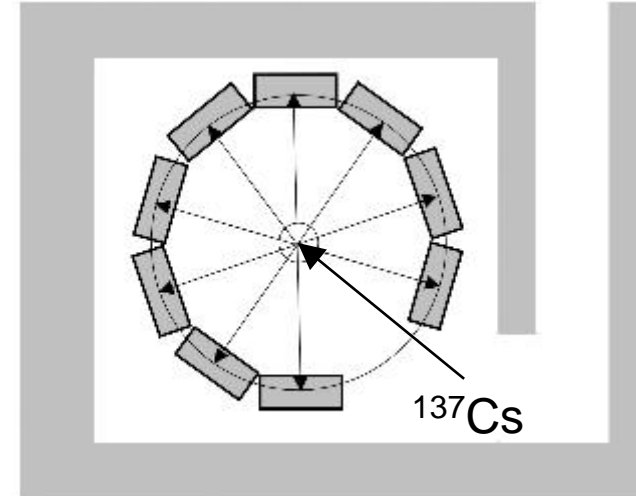
# Radiation facilities and accessibility

# Dose rates in irradiation facilities for animal experiments in comparison with human exposure scenarios





# Irradiation rooms in IES (1)



Floor Plan



Fixed dose-rates: 0.05, 1, 20, 400 mGy/day



# Overview of low-dose radiation research, with emphasis on cutting-edge technologies

# Life span of mice exposed to low dose-rate gamma-rays

Animal : SPF B6C3F1 (C57BL/6J x C3H/He) mouse, 8 weeks of age

No. of mouse examined : 500/sex/group

Non-irradiated



Kept until the animals die a natural death

Irradiated (male 500 and female 500 each)

<sup>137</sup>Cs gamma-ray



0.05 mGy/day × 400 days = 20 mGy

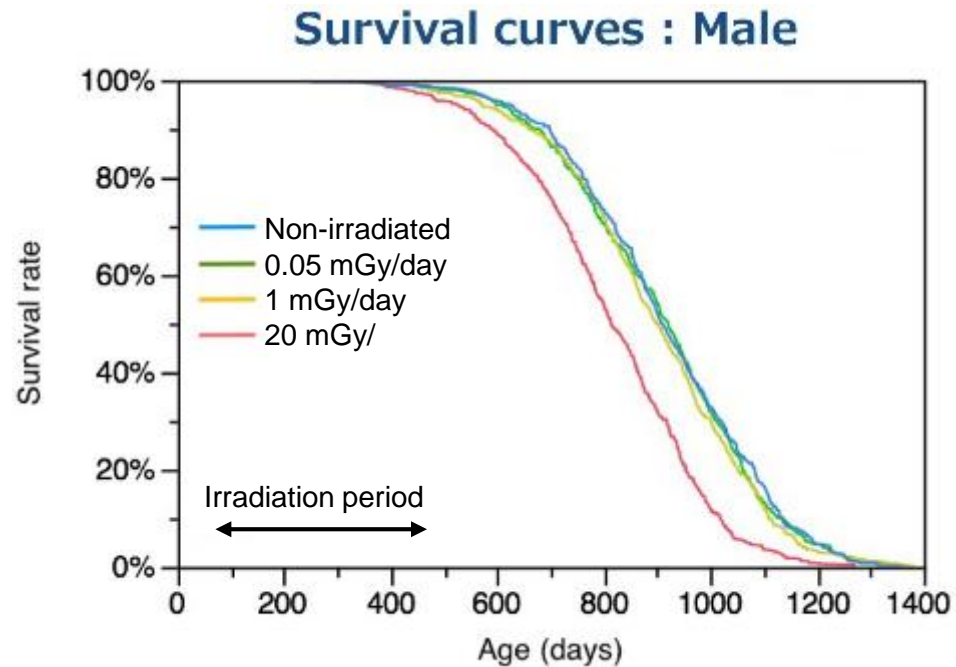
1 mGy/day × 400 days = 400 mGy

20 mGy/day × 400 days = 8000 mGy

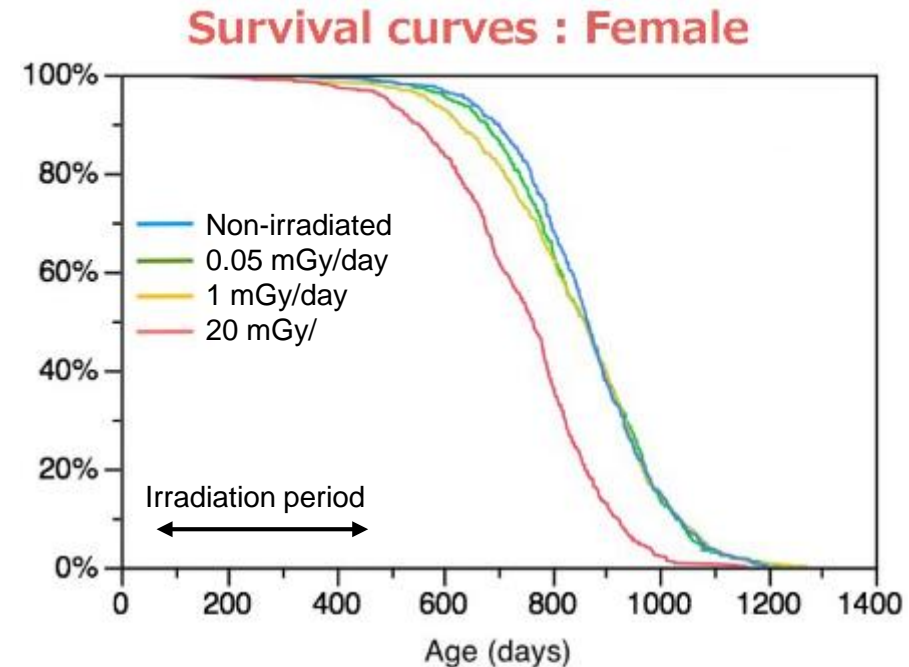
Irradiation

Kept until the animals die a natural death

# Life span of mice exposed to low dose-rate gamma-rays



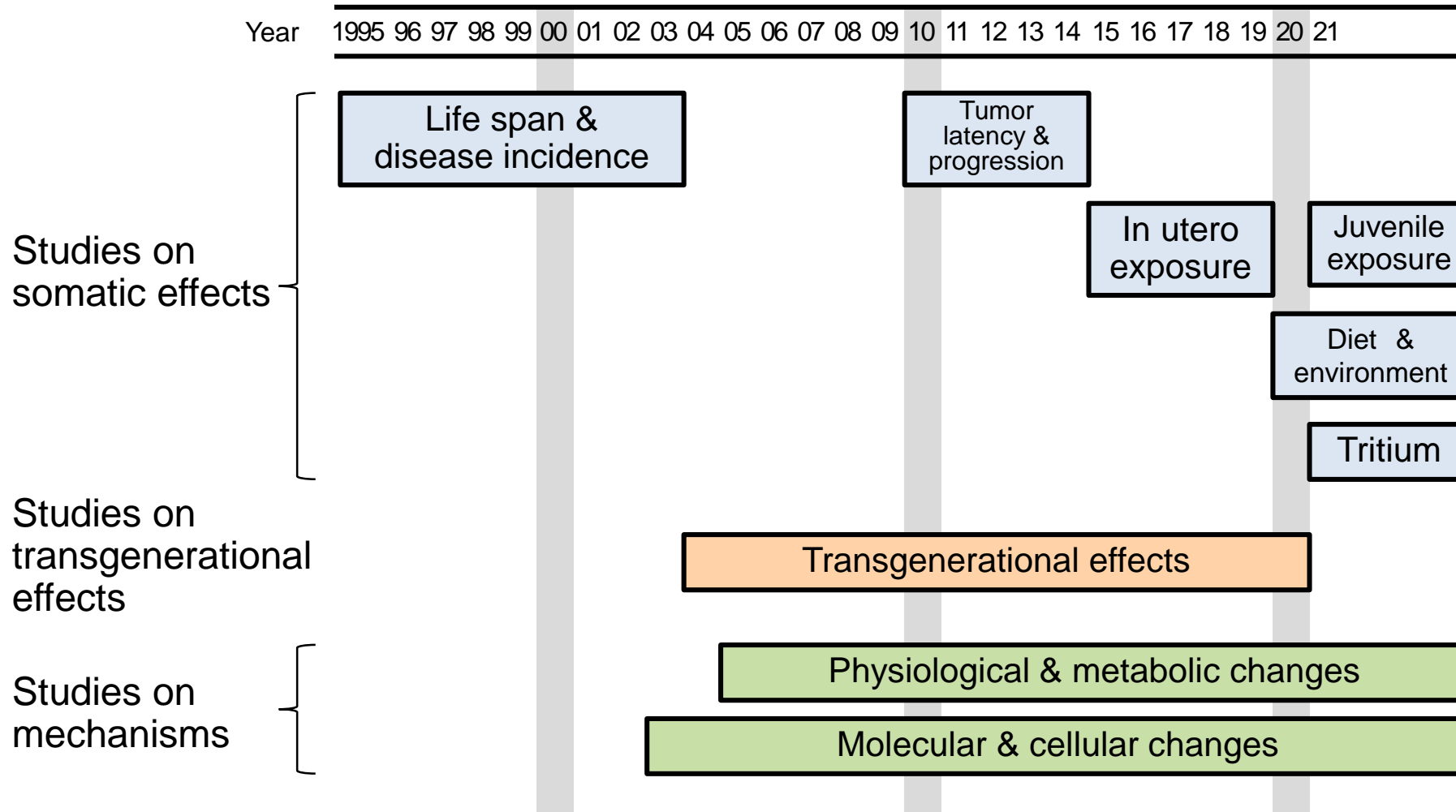
	Average	SE	P
Non-irradiated	912.7	8.2	
0.05 mGy/day (20 mGy)	905.8	8.3	0.901
1 mGy/day (400 mGy)	895.2	8.2	0.143
20 mGy/day (8000 mGy)	812.0	7.6	0.001



	Average	SE	P
Non-irradiated	860.5	6.3	
0.05 mGy/day (20 mGy)	851.8	6.7	0.694
1 mGy/day (400 mGy)	839.8	7.5	0.035
20 mGy/day (8000 mGy)	740.9	6.8	0.001

Shortening of life span was obvious at 20 mGy/day (total dose: 8000 mGy).  
 Shortening of life span was significant only in females at 1 mGy/day (total dose: 400 mGy).  
 Detection of significant effects was difficult at 0.05 mGy/day (total dose: 20 mGy).

# Studies on low dose-rate radiation effects performed in IES



# Summary of biological effects of long-term (400 days) low dose-rate irradiation of mice at IES

( ): Preliminary results

Endpoint	Dose-rate (Total dose)	0.05 mGy/day (20 mGy)	1 mGy/day (400 mGy)	20 mGy/day (8000 mGy)
Somatic effects				
Life span		Not detected	Shortened in females	Shortened
Neoplasm incidence		(Increased in males)	(Increased in males)	Increased
Anti-tumor immune activity		Not determined	Not determined	Decreased
Oocyte number		Not determined	Decreased	Decreased
Chromosome aberration		(Not detected)	Increased	Increased
Gene expression		(Altered)	(Altered)	Altered
Transgenerational effects (effects on F1 mice, when male F0 mice were irradiated)				
Life span		Not detected	Not detected	Shortened in males
Mutation (CNV)		(Not detected)	(Not detected)	Increased

# Summary of biological effects of long-term (400 days) low dose-rate irradiation of mice at IES

( ): Preliminary results

Endpoint	Dose-rate (Total dose) 0.05 mGy/day (20 mGy)	1 mGy/day (400 mGy)	20 mGy/day (8000 mGy)
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Gene expression	(Altered)	(Altered)	Altered
Transgenerational effects (effects on F1 mice, when male F0 mice were irradiated)			
Life span	Not detected	Not detected	Shortened in males
Mutation (CNV)	(Not detected)	(Not detected)	Increased

Effects difficult to detect consistently

Effects detected in specific endpoints

Large effects detected in various endpoints



# Ongoing projects and future perspectives in IES

- ◆ Dose-rate effect: comparison with high dose-rates
- ◆ Individual radiosensitivity
  - Sex/gender
  - Age dependency (juvenile exposure)
  - Diet, environment
  - Genetic background
- ◆ Epigenetic changes
- ◆ Tritium internal exposure
- ◆ Neurobiological changes - behavior and pathology
- ◆ Developing archives
- ◆ Adapting the Adverse Outcome Pathway (AOP)

# Communication of research findings with expert and non-expert groups

# Communication with non-experts

## Environmental Science Seminars

- Open irregular seminars for citizens
- Familiar topics on health, environment, etc. are talked by an external speaker.
- Recent research topics are presented by IES researchers.

## Open campus

- The facilities are open to the public for hands-on science events and exhibits.
- Cancelled in 2021 due to COVID-19.

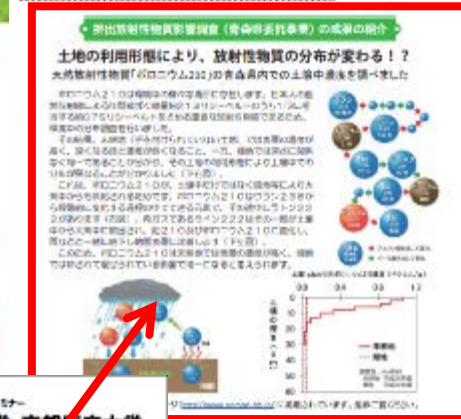


# Communication with non-experts and young experts

## IES Local Communication Seminar

### Seminar for local citizens

- A topic familiar to everyday life and related to radiation is talked by an external speaker
- An easy commentary on research at IES is attached to the application form.



### Seminar for young researchers

- A plenary lecture by an external speaker
- Presentations by young researchers in Japan (IES, Hirosaki Univ, Fukushima Univ, and Kyoto Pref Univ in 2021)



Thank you for your attention