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Examining Critical Mental Health Issues Across the Reproductive Life Cycle

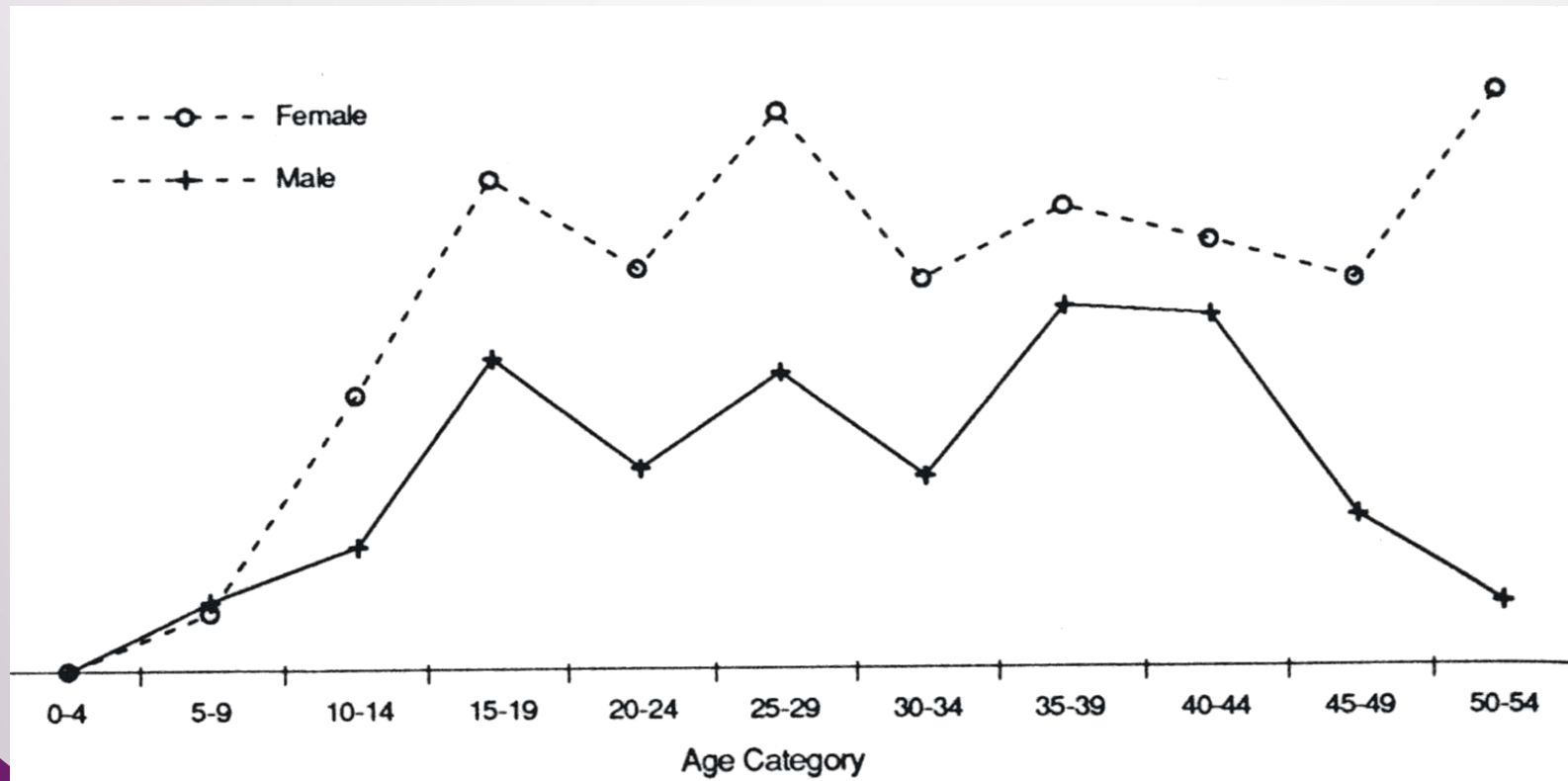


Major Depressive Disorder: Public Health Impact

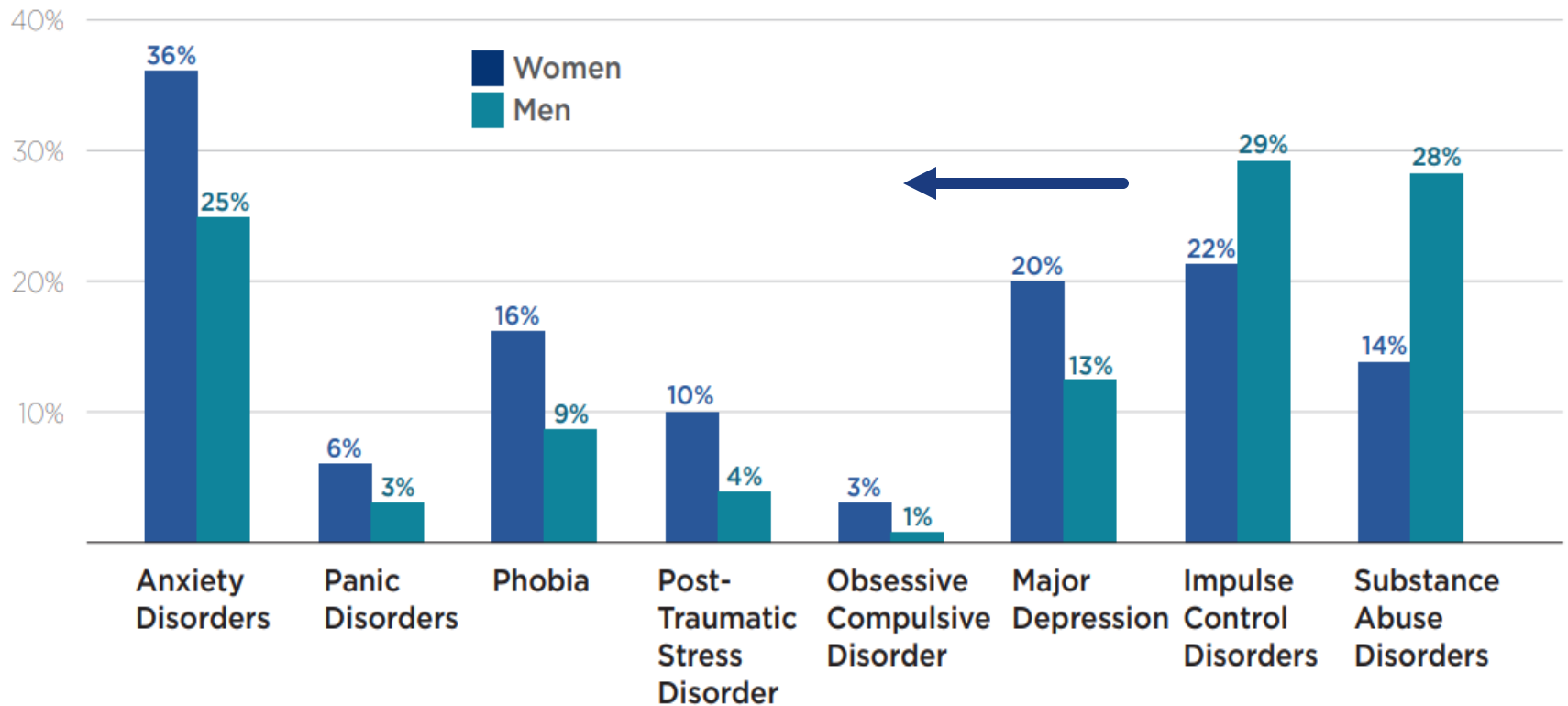
- Depression is very common.
- Depression is the leading cause of disability worldwide, and a major contributor to the global burden of disease (WHO).
- Twice as many women are affected as men.
- Lifetime Rate, Female (F)=21%; Male (M)=12%
- Annual Rate, F=13%, M=8%
- We use the term women and include individuals who identify as women

Gender Differences in Prevalence of Major Depression

Women have about twice the rate of depression vs. men, beginning at menarche



The Burden of Mental Health Disorders in Women and Men



Source: National Comorbidity Survey Replication, 2005

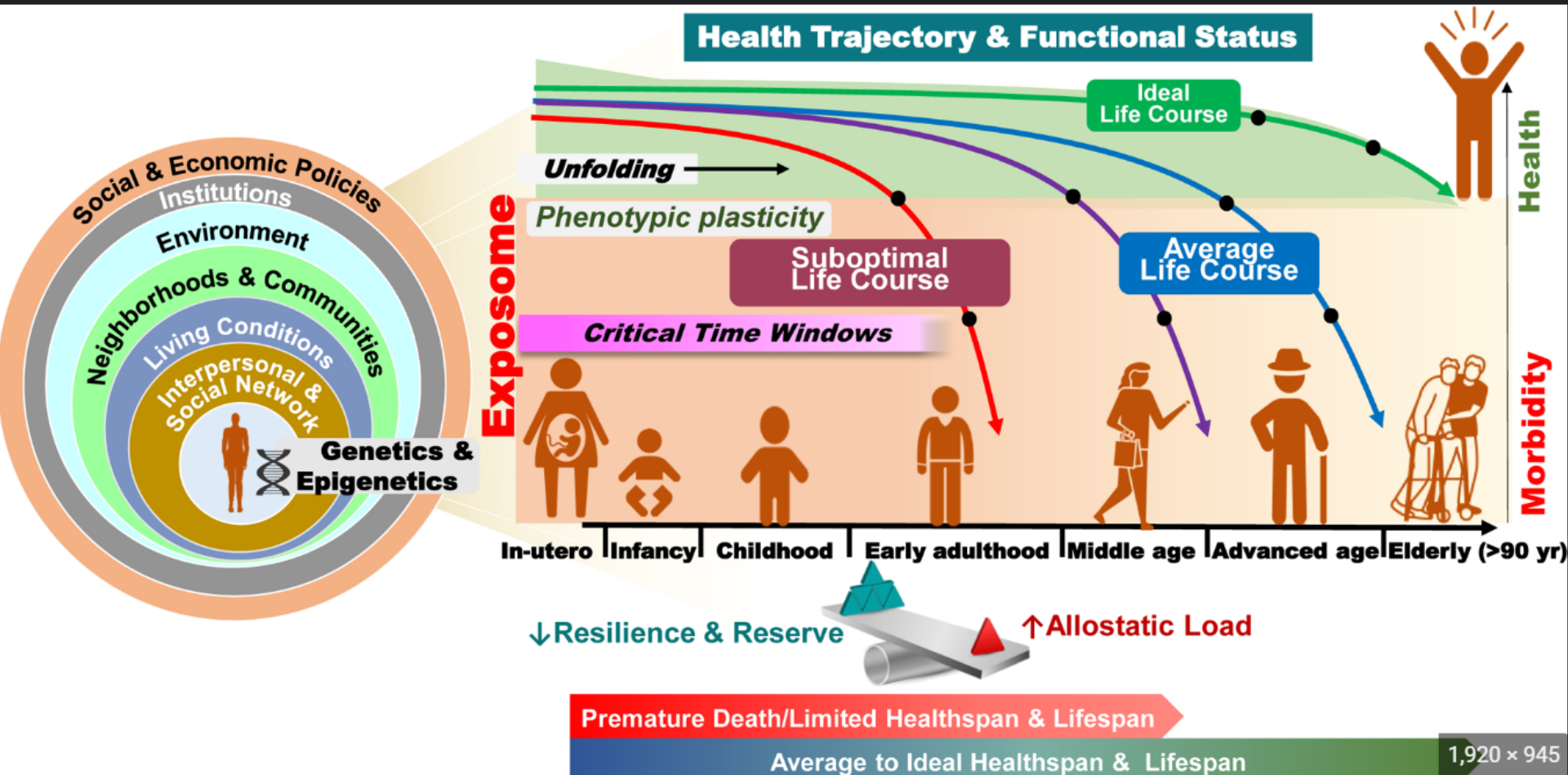
From HHS, Office of Women's Health. Women's Mental Health: What it Means to You.

85-95% of persons with Anorexia or Bulimia Nervosa are women

<https://www.psychiatry.org/getmedia/aa325a61-5b60-4c71-80f1-dc80cf83c383/Mental-Health-Facts-for-Women.pdf>

Health Development Across the Life Course

Vasan RS, Zachariah JP, Xanthakis V. J Am Coll Cardiol. 2020 Dec 8;76(23):2708-2711. PMID: 33272364



Challenge: “Vertically-integrated” health care with “horizontally-integrated” social, economic, and health policies with respect to access to care, equity, education, and mitigation of structural disparities.