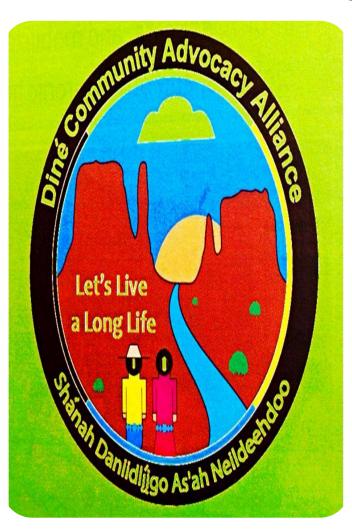


# Healthy Diné Nation Tax Initiatives: Empowering Our Communities

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By Denisa Livingston | Diné Community Advocacy Alliance June 13, 2017 | The National Academies of Science, Engineering, and Medicine, Montgomery, Alabama

## Diné Community Advocacy Alliance (DCAA)



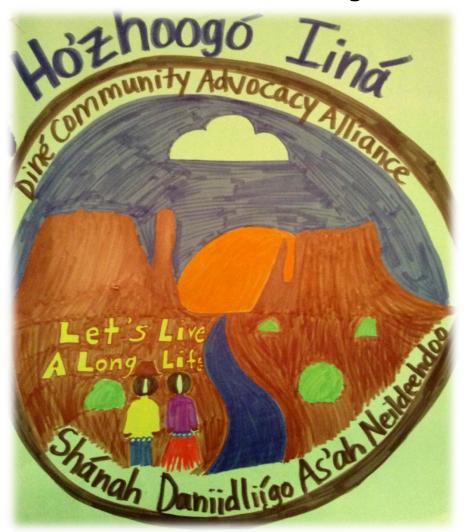
#### **History**

A Strong Voice for the Diné Communities: DCAA formed in March 2012 as a response to the high rates of obesity, diabetes, and the complications of these health issues among children, youth, families, adults, and elders living in the Navajo communities.

#### **Mission**

DCAA is comprised of grassroots level community health advocates from various communities to raise awareness, inform, educate, and mobilize community members to combat obesity, diabetes, and other chronic health issues.

### Diné Community Advocacy Alliance (DCAA)

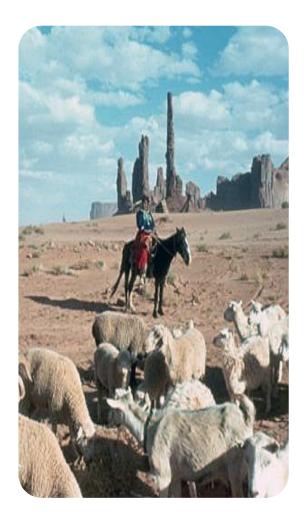


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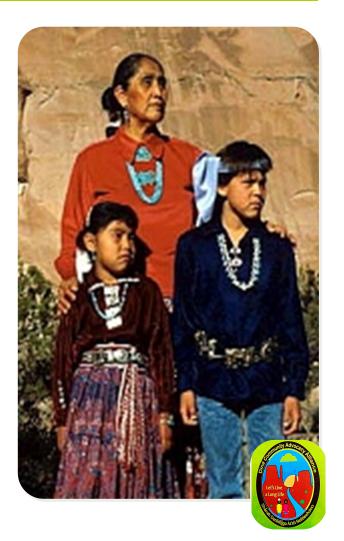
> Let's Live a Long Life!

Diné youth advocate drawing

# We are hungry for change.







# **Empowering** our tribal citizens to create healthy environments to live long lives.









## Constituents Advocating For Positive Change

- 1. Have a "Voice" For Change
- 2. **Advocate** for families and communities to create positive change.
- 3. **Educate** ourselves, families, communities about health trends, issues, and resolutions.
- 4. Raise awareness of food choices of our people.
- 5. **Empower** everyone to create healthy environments to live long lives.
- 6. Champion a cause.
- 7. Address and develop **policy/legislative** changes for healthier communities.
- 8. Encourage leadership development.

# Addressing and developing **policy/legislative** changes for healthier communities.



# Healthy Diné Nation Laws & Policies

- 1. Elimination of 5% Navajo Nation Sales Tax on Healthy Foods
- 2. The Healthy Diné Nation Act of 2014 / Unhealthy Foods 2% Sales Tax
- 3. Community Wellness Development Projects Fund Management Plan
- 4. Navajo Nation Chapter Project Guideline and Distribution Policy



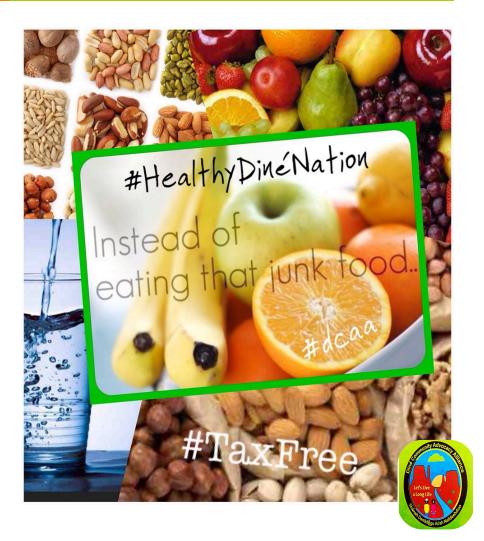
# Elimination of Tax on Healthy Foods

Enacted: April 22, 2014

Effective: October 1, 2014

#### Elimination of 5% sales tax:

- 1. Fresh fruits
- 2. Fresh vegetables
- 3. Nuts
- 4. Nut butters
- 5. Seeds
- 6. Water



# Healthy Foods Tax Law

Fresh fruits, Fresh Vegetables, Nuts, Nut butters, Seeds, Water:

- Fruits and veggies pre-cut/sliced arranged on a platter, salad bars, pre-made salads with small packages of croutons, dressings, nuts.
- 2. Fresh herbs, fresh spices, fresh special, ethnic fruits and vegetables (i.e. sumac berries, yucca, juniper, etc.);
- Whole corn kernel, raw, roasted, unroasted, or ground with or without juniper ash (i.e. corn: blue, yellow, or white, frozen or dry hominy or posole);
- 4. Dried beans, wild rice.



# The Healthy Diné Nation Act of 2014

Enacted: November 21, 2014

Effective: April 1, 2015

- \* 2% tax on unhealthy foods (in addition to the current 5%)
  - **Example:** Soda \$1.00 (\$0.05 + \$0.02) = \$1.07
- "Unhealthy Foods" high in salt, saturated fat, and sugar



# "Unhealthy Foods" "Ch'iyáán Bizhool"

### **JUNK**



### **FOOD**



"Minimal or no nutritional value food" means sweetened beverages and prepackaged and non-prepackaged snacks stripped of essential nutrients.



# Unhealthy Foods Tax Law

#### Categories-

- 1. Beverages: soda, energy drinks, flavored water, iced teas and coffees, fruit and veggie drinks, alcoholic free and alcoholic drinks, etc.
- 2. Sweets: candy, frozen desserts, pastries, cakes, puddings, etc.
- 3. Chips and Crisps: baked, toasted, fried products.
- 4. Fast food: ready to eat, quickly available, quickly served foods, canned meats.
- 5. Flavor enhancers: salt, sugar, sweeteners.

## Annual Tax Revenue on Unhealthy Foods

Office of the Navajo Tax Commission:

**₹** 80% = \$2.7 Million/year

**DCAA** Estimation:

90% Food Desert = \$3.1 Million/year

#### **Actual:**

1 quarter in 2015 = \$334,083

4 quarters in 2016 = \$1,878,323.00

1 quarter in 2017 = \$410,343.00

\$2,622,749.00 million to date



# Community Development: Revenue & Capacity Building vs. Grant

*Unhealthy Food Tax* Revenue



Office of the Navajo Tax Commission



Office of the Controller



Division of Community Development



Community Wellness Fund



Disbursement to Navajo Chapters





## Community Wellness Development Projects Fund Management Plan

- Enacted and Effective: April 13, 2015
- A special Unhealthy Foods Tax revenue account to fund Navajo Nation Chapter Community Wellness Projects.
- Create Diné community-based, community-owned wellness projects
- Addresses improvements to the physical and social environment of the community



## Community Wellness Development Projects Fund Management Plan

### Allowable projects:

- 1. Instruction
- 2. Equipment
- 3. Built Recreational Environment
- 4. Social Setting
- 5. Education
- 6. Community Food and Water Initiatives
- 7. Health Emergency Preparedness

### Disallowable projects:

1. Meetings



- 1. Wellness and exercise equipment, supplies;
- 2. Walking trails, running trails, biking trails;
- 3. Skate parks, parks, picnic grounds, playgrounds, basketball courts, swimming pools;
- 4. Health classes, health coaching, traditional, intergenerational, and contemporary wellness workshops, Navajo traditional craft classes;
- 5. Traditional and non-traditional healthy food preparation classes; food processing and storage facilities; health food initiatives; community food cooperatives;



- 6. Recreational, health, youth clubs, library, health education materials;
- 7. Farming and vegetable gardens, greenhouses, farmers' markets, agricultural projects, equine therapy;
- 8. Healthy convenience store improvements;
- 9. Clean water initiatives, clean communities initiatives, recycling initiatives;
- 10. Emergency preparedness;



- 11. Maintenance, conservation, or improvement of any of these projects;
- 12. Any other community-based wellness projects that are planned, implemented, directed, and reported by members of the Navajo Nation communities;
- 13. Any matching funds projects.



# Navajo Nation Chapter Project Guideline and Distribution Policy:

- Allows all 110 Navajo Chapters to access the *Unhealthy Food Tax* revenue
- Create Diné community-based, community-owned wellness projects
- Addresses improvements to the physical and social environment of the community
- Effective: June 21, 2016



### Tax funded COMMUNITY WELLNESS PROJECTS



Projects are community-





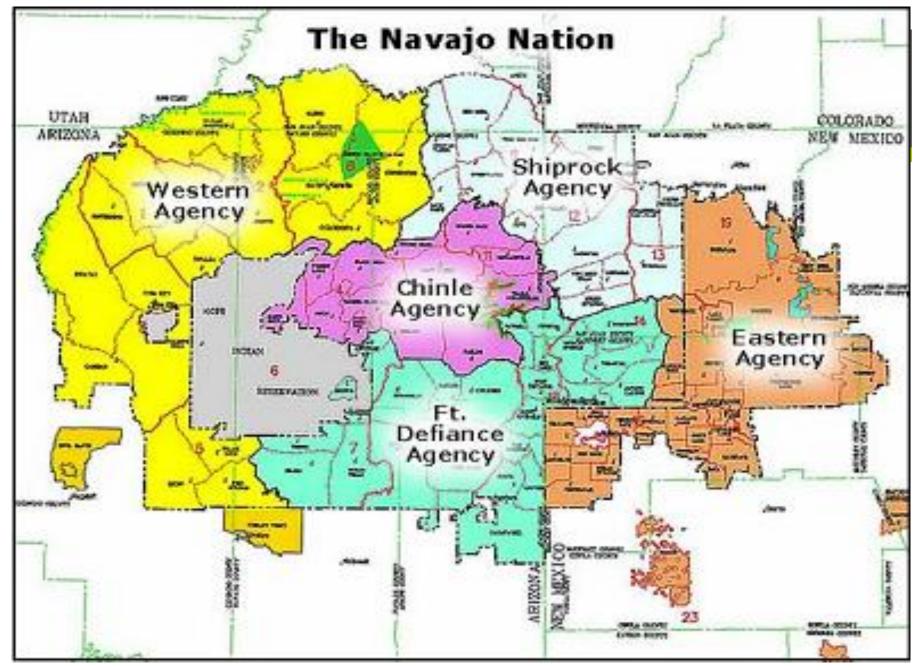


Photo Credit: Empowerblackmesa.org

## Initiative *Powered* & *Actualized* by the People

#### TAKE ACTION

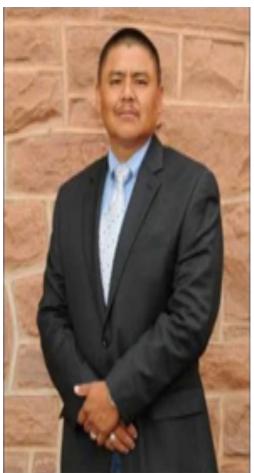


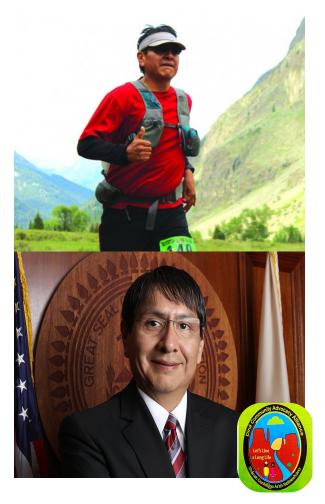


# Champion Tribal Leaders

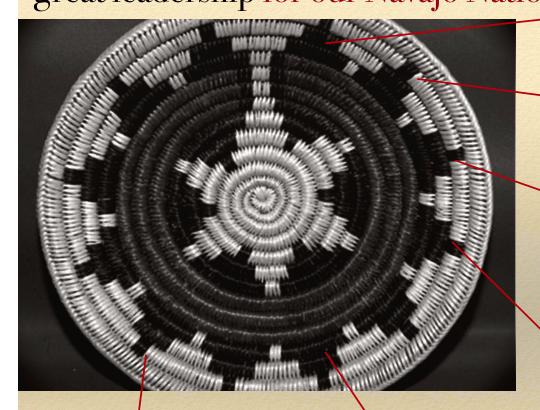
Former Delegate Danny Simpson, Delegate Jonathan Hale, Mr. Vice President Jonathan Nez







# Honorable Delegates, *Ahe'hee'* for your great leadership for our Navajo Nation



You are our *champions* to restore the health of our people.

You are our leaders who create policies to *help* our people.

You are leaders who have the *power* to bring positive change.

You have an opportunity now to be part of reversing and reducing disease, improving our health, and creating a healthy future.

You have an opportunity to empower and protect our people.

You have the key to unlock a healthy future for us.



## Fundamental Law of Diné (FLD)

#### General Provision:

Leadership is to develop and administer policies and plans reflecting the FLD as guiding principles.

#### Traditional Law:

Legislative Branch leaders shall enact policies and laws to address immediate and future needs.

#### Customary Law:

"That every child and elder be respected, honored, and protected with healthy physical and mental environment, free from all abuse."

#### Natural Law:

"Dine' have sacred obligation and duty to respect, preserve and protect all. We were designated as stewards for these relatives..."

## A present to the future



Robert Wood Johnson Foundation





**Anonymous Donor** 

# President Shelly signing the Healthy Diné Nation Act of 2014

'Never doubt that a small group of thoughtful, committed citizens can change the world...'



## Ahe'hee'! Thank You!

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SICK HEALTH CARE



WHICH WILL YOU CHOOSE?