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**A Population Health Perspective on Middle School Success:
Activities, Programs, and Policies**

A Workshop | December 5, 2019 | Oakland, California



ATTENDEE PACKET

A Population Health Perspective on Middle School Success: Activities, Programs, and Policies:

A Workshop

Roundtable on Population Health Improvement

Preservation Park | 1233 Preservation Park Way Oakland, California

December 5, 2019

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ROUNDTABLE ON POPULATION HEALTH IMPROVEMENT

A Population Health Perspective on Middle School Success

Thursday, December 5th 2019

Preservation Park, 1233 Preservation Park Way, Oakland, California

The workshop will explore:

- (1) the risk and protective factors of physical, social, mental and emotional outcomes in young adolescents
 - (2) identify promising initiatives, policies, and programs designed to support middle school success and address issues of equity and financing; and
 - (3) explore how the health care, public health, and human (social) services sectors can support and align with the education sector to promote health and well-being in middle school.
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8:30 AM	Welcome	Josh Sharfstein , Roundtable Co-chair, Johns Hopkins Bloomberg School of Public Health Moderator: Michelle Larkin , Robert Wood Johnson Foundation
8:40	To Thrive in Middle School and Beyond	Phyllis Fagell , Sheridan School
9:05	The Middle School Years, A 360 View	Joanna Williams , University of Virginia Joaquin Tamayo , EducationCounsel
9:40	Reactions from the Audience	Moderator: Michelle Larkin
10:00	<i>Break</i>	
10:10	Remarks from the Mayor of Oakland	Introduction by Hanh Cao Yu , The California Endowment The Honorable Libby Schaaf
10:30	Middle School Inside Out & Discussion	Moderator: Kristofer Comeforo , Stuart-Hobson Middle School • Classroom Structure: Robby Dodd, Walt Whitman High School • A Culture of Excellence: Joey Jones, Robert Frost Middle School • Extracurricular Activities: Jeff Sullivan, Montgomery County Public Schools • Reimagining Middle Grades, Tanya Thompson, Resiliency Services; Philip Harris, Broward County Public Schools • Transitions to High School, Kristofer Comeforo, Stuart-Hobson Middle School

1:15 Multisector Support
& DiscussionModerator: **John Auerbach**, Trust for America's Health

Public Health:

- **Barbara Ferrer**, County of Los Angeles Public Health
- **Lisa Warhuus**, Children and Youth Initiatives, Alameda County Health Care Services Agency

Health care:

- **Tina Cheng**, Rales Center for the Integration of Health and Education, Johns Hopkins University School of Medicine

Social Work:

- **Maryam Toloui**, Holistic Social Emotional Support, Oakland Unity Middle School
- **Evelyn Garcia**, Social Services, Rogers Middle School, Lawndale Elementary School District

Community Based Organization:

- **Erica Louison**, Middle School Success Strategy, United Way of the National Capital Area
- **Ta-biti Gibson**, Restorative Justice for Oakland Youth, Edna Brewer Middle School

2:40 The Big Picture
& DiscussionModerator: **Joaquin Tamayo**, EducationCounsel

- **Linda Pulido-Esquivel**, Middle Schools Network, Oakland Unified School District
- **Christine Thielen**, Association for Middle Level Education AMLE Board of Trustees, Lincoln Middle School
- **Nancy Deutsch**, Remaking Middle School Youth-Nex, University of Virginia

3:25 Group Exercise & Reporting Back

Moderator: **Josh Sharfstein**4:10 Reflections on the Day and Closing
Remarks**Josh Sharfstein**, Roundtable Co-chair

4:30 Adjourn

Workshop Planning Committee

Josh Sharfstein, Johns Hopkins Bloomberg School of Public Health, **Joaquin Tamayo**, EducationCounsel, **Joanna Williams**, University of Virginia, **Diane Whitmore Schanzenbach**, Northwestern University, **Kimberly Charis**, National Association of State Boards of Education, **Christine Thielen**, Chair, Board of Trustees Association for Middle Level Education, **Anne De Biasi**, Trust for America's Health

Note: The planning committee's role is limited to planning the workshop. A proceedings based on workshop will be prepared by an independent rapporteur.

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Health and Medicine Division

ROUNDTABLE ON POPULATION HEALTH IMPROVEMENT

The Roundtable on Population Health Improvement brings together multiple sectors and disciplines to broaden the national conversation about the factors that shape our health and to support cross-sector relationships and engagement to transform the conditions for health across US communities. By hosting workshops, spurring individually-authored papers, and organizing action collaboratives, the roundtable engages members and outside experts, practitioners, and stakeholders around models, best practices, and other evidence about actions that will contribute to building a strong, healthy, and productive society that cultivates human capital and equal opportunity. The roundtable has explored a range of connected issues including collaboration between the education and health sectors, partnerships between faith-based and health sector entities, the shifting definitions of value that are helping reorient investments in the health care and business sectors toward health and well-being, and the nature and needs of the population health workforce, broadly conceived.

Sanne Magnan, M.D., Ph.D. (co-chair)

Senior Fellow
HealthPartners Institute
Emerald Isle, NC

Joshua M. Sharfstein, M.D. (co-chair)

Associate Dean for Public Health Practice and Training
Johns Hopkins Bloomberg School of Public Health
Baltimore, MD

Philip M. Alberti, Ph.D.

Senior Director, Health Equity Research and Policy
Association of American Medical Colleges
Washington, DC

John Auerbach, M.B.A.

Executive Director
Trust for America's Health
Washington, DC

Cathy Baase, M.D., FAAFP, FACOEM

Chair, Board of Directors, MIHIA
Consultant for Health Strategy, Dow Chemical Company
Michigan Health Improvement Alliance (MIHIA)
Saginaw, MI

Raymond Baxter, PhD

President and CEO
Blue Shield of California Foundation

Debbie I. Chang, M.P.H.

Senior Vice President
Policy and Prevention
Nemours
Washington, DC

Marc N. Gourevitch, M.D., M.P.H.

Professor and Chair
Department of Population Health
NYU School of Medicine
New York, NY

Garth Graham, M.D., M.P.H.

President
Aetna Foundation
Hartford, CT

Gary R. Gunderson, M.Div., D.Min., D.Div.

Vice President, Faith Health
School of Divinity
Wake Forest University
Winston-Salem, NC

Wayne Jonas, M.D.

Executive Director
Integrative Health Programs
H & S Ventures, Samueli Foundation
Alexandria, VA

Robert M. Kaplan, Ph.D.

Professor
Center for Advanced Study in the Behavioral
Sciences
Stanford University
Stanford, CA

David A. Kindig, M.D., Ph.D.

Professor Emeritus of Population Health
Sciences
Emeritus Vice Chancellor for Health Sciences
School of Medicine and Public Health
University of Wisconsin-Madison
Madison, WI

Michelle Larkin, J.D., M.S., R.N.

Associate Vice President, Associate Chief of
Staff
Robert Wood Johnson Foundation
Princeton, NJ

Phyllis D. Meadows, Ph.D., R.N., M.S.N.

Senior Fellow, Health Program
Kresge Foundation
Troy, MI

Bobby Milstein, Ph.D., M.P.H.

Director
ReThink Health
Morristown, NJ

José T. Montero, M.D., MHCDS

Director, Office for State, Tribal, Local and
Territorial Support (OSTLTS)
Deputy Director, Centers for Disease Control
and Prevention
Atlanta, GA

Karen Murphy, Ph.D.

Executive Vice President and Chief Innovation
Officer, Founding Director
Steele Institute for Healthcare Innovation
Geisinger

Rahul Rajkumar, M.D.

Senior Vice President and Chief Medical
Officer
BlueCross BlueShield of North Carolina

Lourdes J. Rodriguez, Dr.P.H.

Director, Center for Place Based Initiatives at
Dell Medical School
Associate Professor, Department of Population
Health
University of Texas at Austin
Austin, TX

Pamela Russo, M.D., M.P.H.

Senior Program Officer
Robert Wood Johnson Foundation
Princeton, NJ

Mylynn Tuffe, M.B.A., M.S.I.M., R.N.

State Health Officer
North Dakota Department of Health
Bismarck, ND

Hanh Cao Yu, Ph.D.

Chief Learning Officer
The California Endowment
Oakland, CA

A Population Health Perspective on Middle School Success

Biosketches of Speakers, Moderators, and Planning Committee Members

*denotes planning committee member

†denotes speaker

John Auerbach†

John Auerbach, MBA, is president and CEO of TFAH, where he oversees TFAH's work to promote sound public health policy and make disease prevention a national priority. Over the course of a thirty-year career he has held senior public health positions at the federal, state, and local levels. As Associate Director at the Centers for Disease Control and Prevention (CDC) he oversaw policy and the agency's collaborative efforts with CMS, commercial payers, and large health systems. During his six years as the Commissioner of Public Health for the Commonwealth of Massachusetts, he developed innovative programs to promote health equity, combat chronic and infectious disease, and support the successful implementation of the state's health care reform initiative. As Boston's health commissioner for nine years, he directed homeless, substance abuse, and emergency medical services for the city as well as a wide range of public health divisions.

Mr. Auerbach was previously a professor of practice in health sciences and director of the Institute on Urban Health Research and Practice at Northeastern University; program director of one of the country's first community health centers; and director of a clinical training program at a tertiary care safety-net hospital.

Tina Cheng†

Tina Cheng, MD, MPH, is the Given Foundation Professor of Pediatrics, Director of the Department of Pediatrics for the school of medicine with joint appointment in the Bloomberg School of Public Health and Pediatrician-in-Chief of The Johns Hopkins Hospital. She is the 9th Director of Pediatrics at the Johns Hopkins School of Medicine and first woman. A 1986 graduate of Brown University's Program in Medicine she completed her pediatrics residency and chief residency at University of California, San Francisco and San Francisco General Hospital. She received a Master in Public Health degree in Epidemiology and Preventive Medicine Residency from the University of California, Berkeley followed by a fellowship in Academic General Pediatrics at the University of Massachusetts.

Her clinical work, teaching and research focuses on child, adolescent and family perspectives on improving health and community-integrated models to interrupt the intergenerational cycle of disadvantage. For 15 years she co-led the NIH-funded DC Baltimore Research Center on Child Health Disparities which outlined a research action agenda on child health disparities. She led the establishment of two clinical and research innovation centers at Johns Hopkins: Centro SOL: Johns Hopkins Center for Salud/(Health) and Opportunity for Latinos and the Rales Center on the Integration of Health and Education. Both of these centers develop and evaluate community-integrated models of health promotion to address the needs of vulnerable children, adolescents and families.

An author of over 150 publications, she has been the principal investigator on numerous federal and foundation grants (NICHD, CDC, MCHB, NIMHD, RWJF) and has conducted randomized trials of primary care and emergency department initiated interventions in partnership with community services (e.g. mentoring programs, legal advocacy, schools, home visitation) to promote of positive youth development, behavioral health integration and family health. She has written on the future of child and

adolescent health needs and services, translating life course theory to practice, health equity and the importance of two generation programs and a proposed three generation approach.

A Past President of the Academic Pediatric Association she has held leadership roles in that organization and in the American Academy of Pediatrics. She is currently on the National Advisory Panel of the NIH All of Us Research Program and co-led the Child Enrollment Scientific Vision Working Group. She has received numerous recognitions including the American Academy of Pediatrics Education Award and the Job Lewis Smith Award for Community Pediatrics, the Vice Dean's Award for the Advancement of Women Faculty, and the Academic Pediatric Association's Public Policy and Advocacy Award. She is an elected member in the National Academy of Medicine (formerly Institute of Medicine).

Kristofer Comeforo[†]

@MrComeforo 

Kristofer Comeforo, M.Ed., is the principal at Stuart-Hobson Middle School, a public, Title I school in Washington, DC. During his tenure, Stuart-Hobson has undergone impressive improvement, not only academically, but also in terms of student and staff culture. By reinvigorating his staff, amplifying student voice, and connecting with aligned community partners, he has ensured that Stuart-Hobson is a place where people love to be.

As the son of two public school educators, he never planned to go into the 'family business.' Instead, he earned a degree in biochemistry from Boston College, planning to work in the biotech industry. However, after volunteering at a school, he was reminded of how much fun it can be to work with kids. Ten years later, after teaching, coaching football, founding a robotics team, and serving as a school leader, he is committed to reshaping how schools can best serve children.

Nancy Deutsch[†]

@NancyLDeutsch1 

Nancy L. Deutsch, Ph.D., is Professor at the University of Virginia's Curry School of Education and Director of Youth-Nex: the UVA Center to Promote Effective Youth Development. Her research focuses on understanding the process of adolescent development as it unfolds within local environments with a goal of understanding how to create settings that better support youth, especially those at risk due to economic or sociocultural factors. She has also written about the use of mixed methods in developmental and educational research. She is the author of two books, *Pride in the Projects: Teens building identities in urban contexts* and the co-authored *Youth Organizations and Positive Youth Development: Case Studies of Success and Failure*. Deutsch is the Editor of the *Journal of Adolescent Research* and sits on the editorial board for *Qualitative Psychology*. Deutsch engages in a variety of activities to help translate research to practice, including current membership on the National Mentoring Resource Center's research advisory board. Her work has been funded by the William T. Grant Foundation, the U.S. Department of Justice, and the U.S. Department of Education, among others. In 2019, Deutsch received the American Psychological Association Division 5 award for Distinguished Contributions in Teaching and Mentoring in Qualitative Inquiry and in 2017 she received an All University Teaching Award from the University of Virginia. Deutsch received her BA in English from Vassar College and her PhD in Human Development and Social Policy from Northwestern University

Robby Dodd†

@rwdodd 

Robert W. Dodd, Ph.D., has spent 25 years teaching and leading in the Montgomery County Public Schools (MCPS). Originally trained as an elementary school teacher, Dr. Dodd has also served as principal at the elementary, middle, and high school levels. In addition, Dr. Dodd spent three years as a consulting principal in MCPS, where he trained and assessed novice elementary and middle school principals. In 2014 while he was the principal of Argyle Magnet Middle School, Dr. Dodd was awarded the Distinguished Educational Leadership Award by the Washington Post. Dr. Dodd earned his doctorate in Entrepreneurial Leadership in Education from Johns Hopkins University. His research focused on the impacts of various school organizational structures on achievement, engagement, and students' perceptions of the classroom environment. He is currently the principal of Walt Whitman High School in Bethesda, Maryland.

Phyllis Fagell†

@pfagell 

Phyllis L. Fagell, LCPC, is the author of the bestselling "Middle School Matters," which earned a starred review from Booklist. Phyllis is the counselor at Sheridan School in Washington, D.C., a psychotherapist in private practice, and a journalist who frequently contributes to The Washington Post and other national publications. She is also a regular columnist for Kappan and AMLE magazines, and she consults and speaks to parents and educators throughout the world on a range of topics impacting tweens. Her work and ideas have been featured in The New York Times, The Chicago Tribune, The Atlantic, The New Yorker, NPR, Mindshift KQED, The Boston Globe, Working Mother, Psychology Today, Inc. magazine and others. Phyllis earned her BA from Dartmouth College, her master's degree in journalism from the Medill School at Northwestern University, and her master's degree in counseling from Johns Hopkins University. Born in Boston, she lives with her family in Bethesda, Maryland.

Barbara Ferrer†

@lapublichealth 

Barbara Ferrer, Ph.D., MPH, Med, is the Director of the Los Angeles County Department of Public Health which protects health, prevents disease, and promotes equity and well-being among LA County's 10 million residents. She oversees a \$1.3 billion budget, directs a workforce of 5,000 staff, and works to integrate services with her colleagues at the Departments of Health Services and Mental Health. Dr. Ferrer is a nationally-known leader with over 30 years of experience as a philanthropic strategist, educational leader, researcher, community advocate, and public health director. Dr. Ferrer received her Ph.D. in Social Welfare from Brandeis University, a Master of Arts in Public Health from Boston University, a Master of Arts in Education from the University of Massachusetts, Boston, and a Bachelor of Arts in Community Studies from the University of California, Santa Cruz.

Evelyn Garcia†

Evelyn Garcia, LCSW, is a Licensed Clinical Social Worker with a Pupil Personnel School Credential. She currently works as a School Site Social Worker and Field Instructor in a Will Rogers Middle School which is part of Lawndale Elementary School District (LESD) in Los Angeles, California. LESD is a teaching institute for MSW and MFT interns which means that she manages a cohort of MSW/MFT interns every school year. Aside from this, her role entails ensuring de-stigmatization of mental health, student access to mental health services, increase in parent engagement, improvement of student attendance, linkage to resources, PBIS implementation and staff professional development. In 2018, Evelyn was awarded the 'Heart of Social Work' award by the USC Suzanne Dworeck Peck School of Social work in recognition of innovative and outstanding service in the field of social work.

Ta-Biti Gibson†

Ta-biti Gibson is a Restorative Justice Coordinator at Edna Brewer Middle School. Mr. Gibson has ample experience in conflict resolution in the school grades involving teachers, students and administrators. He has lent his expertise to different school-based programs including Aim High, at different middle school in the Oakland area.

Philip Harrist

Philip C. Harris, Ph.D., was appointed May 7, 2019 to Broward County Public Schools (BCPS) as the Program Manager, Recovery as a result of the Marjory Stoneman Douglas (MSD) tragedy that impacted our District and the community on February 14, 2018. His resolute leadership, expertise and passion are immediately benefiting the organization. Since his appointment he has established a recovery system of supports with emphasis on prevention to mitigate mental health issues, mental health treatment, therapy, training, and implementation of activities to restore social and emotional wellbeing and collective wellness for student, staff, and families of BCPS. Dr. Harris has provided a clear vision of the resources needed to address the scale of need (demand) for recovery services and outlined an engagement model that encompasses BCPS and its community partners. He has marked a clear path to District level support for recovery services to fully meet the needs of MSD/MSD Zone schools and the District. Dr. Harris immediately enhanced the recovery efforts to ensure they are aligned with the District Recovery Strategic Plan and ensure communication and coordination of mental, physical, and behavioral health activities of impacted students, families and staff are met. He works diligently to develop and implement programs and services with internal and external stakeholders (i.e. Employee Assistance Program, nonprofits, faith-based organizations, elected officials, municipalities and county government) to maximize the use of available community resources.

Previously, Dr. Philip C. Harris served as the Broward County Human Services Administrator and manages the Children's Services Administration Section of the Broward County Human Services Department, Community Partnerships Division. In this capacity, he was responsible for nearly \$15 million in contracted services for children, youth and their families in the areas of Juvenile Justice System, Behavioral Health, Special Needs, Childcare, Social Services Systems, Child Welfare Services, LGBTQ (social services), and Independent Living. He closely coordinated with stakeholders, children's services funders, children's services advisory board, and the community board in ensuring a responsive and inclusive system of care.

In addition to Dr. Harris extensive 16 years of professional career experience in the field of public administration, he still takes the time to personally give back to his community. He is faithful to community building and improvement. Some of his community and industry organizational activities to name a few are as follows: President , National Forum for Black Public Administrators South Florida

Chapter; and Board of Directors, National Sigma Beta Club Foundation, Inc.; Regional Cluster Coordinator, Florida Conference Seventh-day Adventist Church Children's Adventurer Clubs; Florida Association for Volunteer Resource Management; Social Action Chair, Phi Beta Sigma Fraternity, Inc. Delray Beach Alumni Chapter; and Ambassador Father, March of Dimes.

He went on to earn his bachelor's degree in Communication from the University of South Florida. He also holds a Master's in Business Administration and an emphasis in Public Administration and a Doctorate in Business Administration with a concentration in Management from Argosy University.

Joey Jonest

@PrincipalJJone1 

Joey N. Jones, Ph.D., a native of Reidsville, North Carolina has served as an award-winning educator for over 30 years, focusing on the development of youth as a middle school principal, high school administrator, technology education teacher, curriculum writer, mentor, minister, coach, tutor, motivational speaker, and author. Currently, he serves as the principal of Robert Frost Middle School, a National Blue Ribbon School of Excellence. He earned undergraduate degrees in industrial arts/technology education from North Carolina A&T State University in Greensboro, North Carolina and a Ph.D. degree in school administration and supervision from the University of Maryland, College Park.

Among numerous awards and recognitions, he was selected as the 2019-2020, State of Maryland Principal of the Year; 2013 Mark Mann Excellence and Harmony Award as the school system's Principal of the Year; selected to participate in the Washington Post's Vincent E. Reed Principals Leadership Institute; and serves as a principal developer and mentor. His book, 100 Percent The Power of Giving Your All is an Amazon best-seller and has motivated adults and youth throughout the US and China . Dr. Jones and his wife have three daughters and reside in Silver Spring, Maryland.

Michelle Larkin

@mchll_larkin 

Michelle A. Larkin, J.D., associate executive vice president, joined the Robert Wood Johnson Foundation (RWJF) in 1999. With more than 27 years as a leader in health policy and practice, and as an attorney committed to using law and policy to improve health, she provides leadership to the executive vice president, senior management team, and staff on strategy and all program, policy, communications, research, evaluation, and learning activities. In this role, she helps shape the Foundation's vision to build a Culture of Health in America, where everyone has a fair and just opportunity for health and well-being. Larkin's path to RWJF began with a career in nursing. Inspired by her maternal aunt, a nurse, she realized her dream when she earned a BSN from the University of Pennsylvania and an MS in nursing/health policy from the University of Maryland. As an oncology nurse at the University of Maryland Medical System in Baltimore, she experienced firsthand the opportunities, challenges, and rewards of bedside nursing.

Her experiences in Baltimore led her from direct care nursing to a concentration in health policy. As a Presidential Management Fellow, she worked at the Office on Smoking and Health at the Centers for Disease Control and Prevention (CDC), and as a legislative fellow, for the U.S. Senate Labor and Human Resources Committee. She then served as a health policy analyst at the Office on Smoking and Health, CDC in Washington, D.C. Larkin joined RWJF as a program associate, continuing her commitment to tackling some of the nation's toughest health and health care problems, and fulfilling a promise she made to herself early in her career: "to create a positive impact on the lives of many and make it easier for people to live healthier lives." Her earliest focus at the Foundation involved promoting increased tobacco excise taxes, state and local smoke-free air laws, and funding for tobacco prevention and treatment. With a growing portfolio of responsibilities at RWJF, and her keen interest in exploring areas

where the mission of public health intersects with the practice of the law, Larkin expanded her policy and program expertise by earning a JD from Seton Hall University School of Law. She is a member of the American Public Health Association, the American Bar Association, and the New Jersey Bar. She serves on the Grantmakers in Health Board, the National Board of Public Health Examiners, and the National Academy of Medicine's Population Health Roundtable.

To date, she has served in many roles at RWJF. She has been director of the public health team, assistant vice president for program portfolios, assistant vice president, associate vice president–program, and associate chief of staff. In each of these roles, she has employed her nursing and legal expertise to help shape RWJF's vision, strategies, policies, and programs to ensure that everyone in America can make healthy choices, no matter where they live or how much they earn.

Erica Louison†

@UWNCA 

Erica Louison is a non-profit professional with more than 20 years of experience in the social services and education sectors. She has coordinated the administrative, operational and financial activities of grant-supported programs in both Washington, D.C. and Baltimore, MD. At the school district level, Erica has led cohorts of school and community stakeholders in developing strategies that improved student attendance, school culture and climate, and family engagement. In her current role at United Way of the National Capital Area, she is responsible for refining and implementing United Way's education priorities, strategies and initiatives. Erica earned her undergraduate degree in Psychology from the University of Pittsburgh and a master's degree Nonprofit Administration from Trinity University in Washington, D.C.

Linda Pulido-Esquivel

Linda Pulido-Esquivel is a network partner/Director of School Operations, working to support middle school leaders in Oakland, California. She has a BA, Management from St Mary's College, California.

Linda has worked in several different roles at the Oakland Unified School District since 2006. The focus of her work since 2016 has been to support middle school leaders and staff. She has been working on implementing the Measure G1 Parcel Tax: Middle School Electives and Educator Retention since January 2017. Linda has supported the process, creating systems from allocation through accountability for both District and Charter schools. An underlying principle in her work is that allocations are not just numbers, rather access to opportunities in the pivotal years of middle school that have a direct impact on the future success of our youth. Linda lives in Oakland, California.

Libby Schaaf†

@libbyschaaf 

Mayor Libby Schaaf, J.D., was born and raised in Oakland, which she proudly describes as, "The most unapologetic Sanctuary City in America." During her tenure, Oakland has undergone an economic revitalization and building boom, as well as cut gun violence in half.

Her "17K/17K Housing Plan" has helped increase Oakland's affordable housing production, stabilize rents, and decrease evictions. Her innovative public-private partnerships Keep Oakland Housed and Cabin Communities are credited with preventing 1,800 families a year from losing their housing, while resolving some of Oakland's most unsafe street encampments. In 2019, Gov. Gavin Newsom appointed Mayor Schaaf to California's first Council of Regional Homeless Advisors.

She created Oakland's first Department of Transportation, whose equity-based paving plan is the first of its kind in the nation and will make previously underserved neighborhoods safer, while addressing the city's decades-old infrastructure backlog.

Mayor Schaaf is most proud of launching the Oakland Promise, a bold cradle-to-career initiative to send more low-income Oakland kids to preschool and college. The Oakland Promise has sent more than 1,400 Oakland students (and counting) to college with scholarships and mentors, and will give every baby born into poverty a \$500 college savings account at birth

Joshua Sharfstein*

@drJoshS 

Joshua M. Sharfstein, M.D., is Vice Dean for Public Health Practice and Community Engagement and Professor of the Practice in Health Policy and Management at the Johns Hopkins Bloomberg School of Public Health. He is also the Director of the Bloomberg American Health Initiative. Previously, Dr. Sharfstein served as Secretary of the Maryland Department of Health and Mental Hygiene, as Principal Deputy Commissioner of the U.S. Food and Drug Administration, and as Health Commissioner of Baltimore City. In these positions, he pursued creative solutions to longstanding challenges, including drug overdose deaths, infant mortality, unsafe consumer products, and school failure. He is an elected member of the National Academy of Medicine and the National Academy of Public Administration.

Jeff Sullivan†

@mcpsAD 

Jeffrey Sullivan, Ph.D, is currently the director of systemwide athletics for Montgomery County Public Schools (MCPS), located in Maryland, administering the interscholastic athletics program comprised of 25 high schools and 40 middle schools. The mission of the MCPS athletics program is to ensure that every student will attain the mental, moral, physical, and social-emotional skills to excel in the classroom, community, and the realm of competition. As director, Dr. Sullivan has collaborated with a variety of stakeholders to administer a leadership development program for athletic directors, implement online registration for student-athletes, create a Student-Athlete Leadership Council, and engage athletics department staff in activities promoting equity and access. Additionally, during his tenure, the MCPS athletics program has debuted a vision, mission, purpose, and its R.A.I.S.E. core values – Respect & sportsmanship; Academic excellence; Integrity & honesty, Spirited, safe competition; and Equity and access.

In his over twenty years with MCPS, Dr. Sullivan has also served as the athletics specialist, athletic director at Paint Branch and Clarksburg high schools, physical education/health teacher, and coach for multiple sports. He is also active at the state level, serving the Maryland Public Secondary Schools Athletic Association (MPSSAA) as a member of the Executive Council, Classification Committee, Appeals Committee, and is the director for the state boys' basketball tournament. Dr. Sullivan earned a BS in Physical Education from the University of Maryland, College Park; a MS in Educational Leadership from Hood College; and a Doctor of Education degree in Educational Leadership and Policy Studies from Howard University. He is also a Certified Master Athletic Administrator (CMAA) through the National Interscholastic Athletic Administrators Association (NIAAA). Dr. Sullivan is a two-time recipient of the District Athletic Director of the Year Award from the Maryland State Athletic Directors Association (2012 and 2007) and currently serves on the executive boards for the Montgomery Parks and Recreation Advisory Board and the Montgomery County Sports Hall of Fame.

Joaquin Tamayo*

Joaquin Tamayo, MPA, is a former high school teacher, principal and federal policymaker, is a Senior Policy Advisor at EducationCounsel, leading on projects related to advancing the science of learning and development to drive equity, improvement, and excellence in US public education. Previously, Joaquin co-founded and was National Director of the Middle School Kindness Challenge at Stand for Children, designed to improve school climate and social emotional learning, as well as reduce unnecessary

suspensions, by making the intentional teaching and fostering of kindness commonplace in America's middle schools. Joaquin holds a Bachelor's in political science from Columbia University, a Master's in public affairs from the Woodrow Wilson School of Public and International Affairs at Princeton University, and is a graduate of the New Leaders for New Schools urban principal residency program.

Christine Thielen*

@cmt215il 

Christine Thielen, an educator for almost 20 years, is a middle school math teacher at Lincoln Middle School in Park Ridge, Illinois. She currently serves as Chair of the Board of Trustees for the Association for Middle Level Education (AMLE.org). Christine also serves as an adjunct instructor of middle level education classes and she has presented at the AMLE annual conference and the National Council of Teachers of Mathematics conference.

Tanya Thompson†

Tanya Thompson, M.Ed., originally from the Bronx, New York, Tanya Thompson received her B.S. with a double major in Elementary Education and Spanish from the University of Miami in 1997. She then proceeded to obtain her master's degree from Florida Atlantic University in Educational Leadership in 2006. She's also earned additional certifications in Mathematics, grades 5-9.

Tanya has a diverse background in education. She has been an elementary school and sixth grade Math teacher, a middle school assistant principal, and an Evaluations Coordinator at the District level, overseeing the evaluation systems in the District. Coming full circle, she has 'returned back home' to the world of middle school serving in the capacity of Project Coordinator for the Re-Imagining Middle Grades. This initiative officially kicked off in Broward County in June 2018. Her strengths in organizational skills, long-term planning, and attention to detail are instrumental to capturing the progress of this transformational and ground-breaking initiative.

Tanya resides in Fort Lauderdale and is married to Allan who is a high school assistant principal. They are the proud parents to a pair of twin boys, who will soon be middle schoolers themselves in two years!

Maryam Toloui†

Maryam Toloui, LCSW, PPSC, is a Licensed Clinical Social Worker and has a California Credential in Pupil Personnel Services. She is in her fourth year as Director of Wellness Services for Unity Schools, a pair of public charter schools in East Oakland. Before joining Unity, Maryam spent 12 years working with youth and families involved in the foster care system. She holds bachelor's degrees from UC Berkeley, and a Master of Social Work degree from NYU.

Lisa Warhuust

Lisa Warhuus has a PhD in psychology with 20 years of experience managing programs in health and human services, education, social justice, and systems reform. She has administered health care services for 10 years with Alameda County Health Care Services Agency. As Director of Children and Youth Initiatives, she leads and provides strategic direction for a countywide school health initiative that seeks to reduce the effects of economic and racial disparities in Alameda County schools and create opportunities for all youth to cultivate their strengths, resiliency, and promise. In this capacity, she is responsible for the administration and oversight of 28 school health centers; mental health services in over 200 Alameda County schools; family resource centers in school districts; REACH Ashland Youth Center; and mental health and youth development programs that support Unaccompanied Immigrant Youth, justice-involved youth, and boys and men of color. Over the course of her career, Dr. Warhuus has led organizational planning processes; managed organizational change through team development, conflict resolution, and strategic visioning; created and implemented strategic plans to improve services and service access; grown health and education service systems through partnership and team development, smart financing, public advocacy, and grant management; and facilitated effective, cross-sector initiatives to achieve positive outcomes for youth, families, and their communities.

Joanna Williams*

@williamsjoanna 

Joanna Lee Williams, Ph.D., M.S.Ed., is an associate professor in the Curry School of Education and Human Development at the University of Virginia. She is a faculty affiliate with Youth-Nex: The U.Va. Center to Promote Effective Youth Development, and with the Center for Race and Public Education in the South. She earned her M.S.Ed. in human development from the University of Pennsylvania and her Ph.D. in developmental psychology from Temple University.

Williams studies race and ethnicity as social contexts for youth development. With support from the William T. Grant Foundation she is investigating issues of social network equity in racially diverse middle schools. She has also studied ethnic identity as a form of positive youth development and previously served as Associate Director of Research for the Young Women Leaders Program, a mentoring program for middle school girls. Williams is a member of the National Academies of Science, Engineering, and Medicine's Committee on Neurobiological and Socio-behavioral Science of Adolescent Development and its Applications and is a contributor to the Youth-Nex "Re-making Middle School" Initiative.

Hanh Cao Yu†

@CalEndow 

Hanh Cao Yu, Ph.D., is the Chief Learning Officer at the California Endowment (TCE) where she oversees learning, strategic development, evaluation, and impact activities, and ensures that local and state grantees, board and staff understand the results and lessons of the Foundation's investments in its 10-year Building Healthy Communities (BHC) initiative. BHC focuses on social determinants of health, policy systems change through a community-driven, power building approach.

Dr. Yu 25-year career span the research, evaluation, philanthropic sectors. Prior to joining TCE, served as Vice President at Social Policy Research Associates, where she oversaw much of the research and evaluation work in education, philanthropy and adolescent development. Dr. Yu has more than 20 years of experience in qualitative and quantitative research in the areas of health and racial equity social change philanthropy, leadership development, organizational effectiveness, policy advocacy evaluation, Community organizing, and vulnerable populations. As a researcher at Stanford University, Dr. Yu is the author of numerous publications, including *Adolescent World: Navigating the Multiple Worlds of Family, Peers, and School* (Teachers' College Press, 1998), *The Handbook on Leadership Development Evaluation* (Jossey-Bass, 2006) and served on the RISE for Boys and Men of Color Advisory Group in 2016.

Dining options near Preservation Park

Rio California- Brazilian (Jerk chicken, Caribbean dishes, etc.)
1233 Preservation Park Way, Oakland, CA 94612
1 min walk

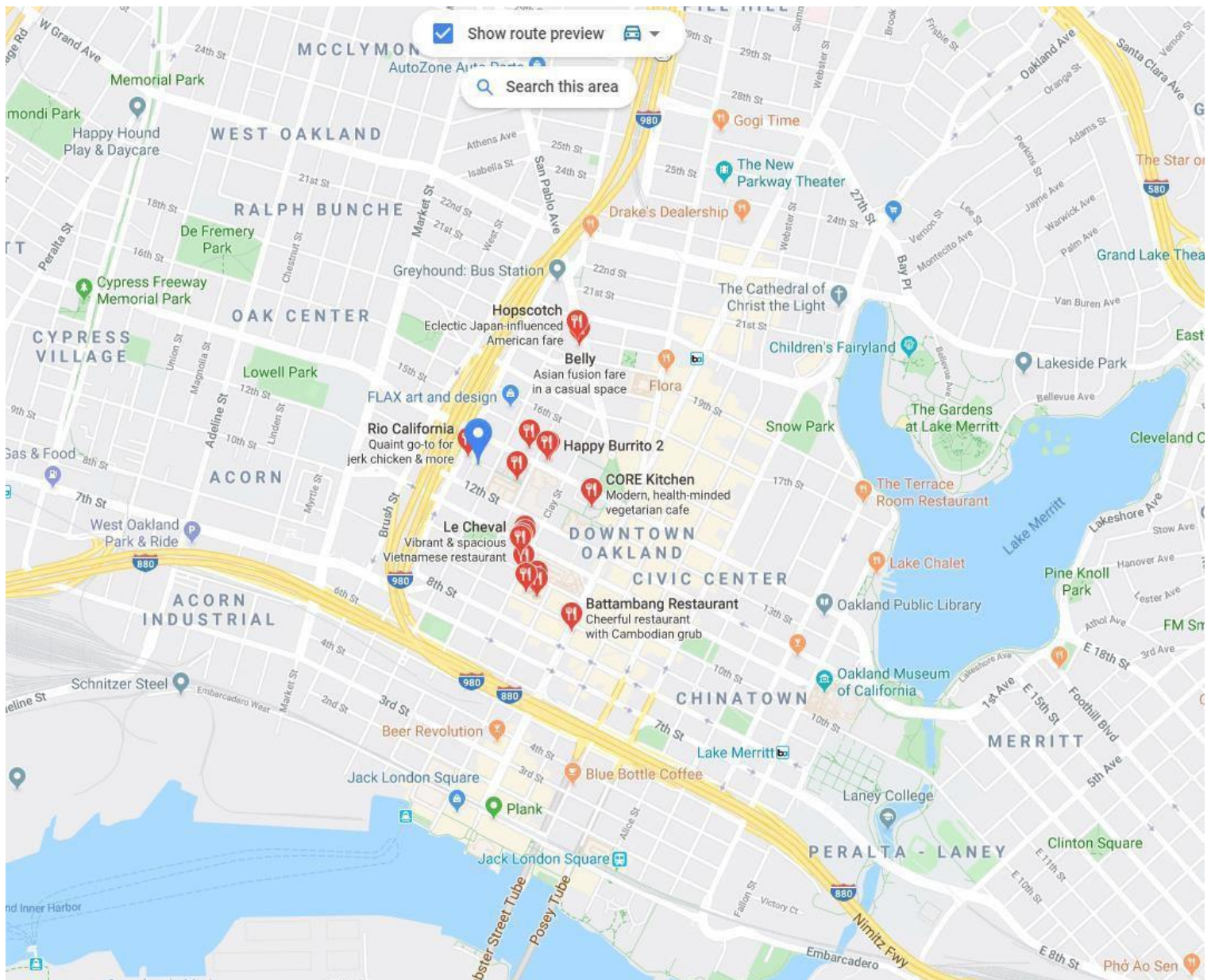
City Cup Café- Mediterranean (sandwiches, soup, salad, etc.)
1259 Jefferson St, Oakland, CA 94612
2 min walk

Uncle Willie's Original BBQ and Fish-
Casual/American (BBQ, comfort food, etc.)
614 14th St, Oakland, CA 94612
3 min walk

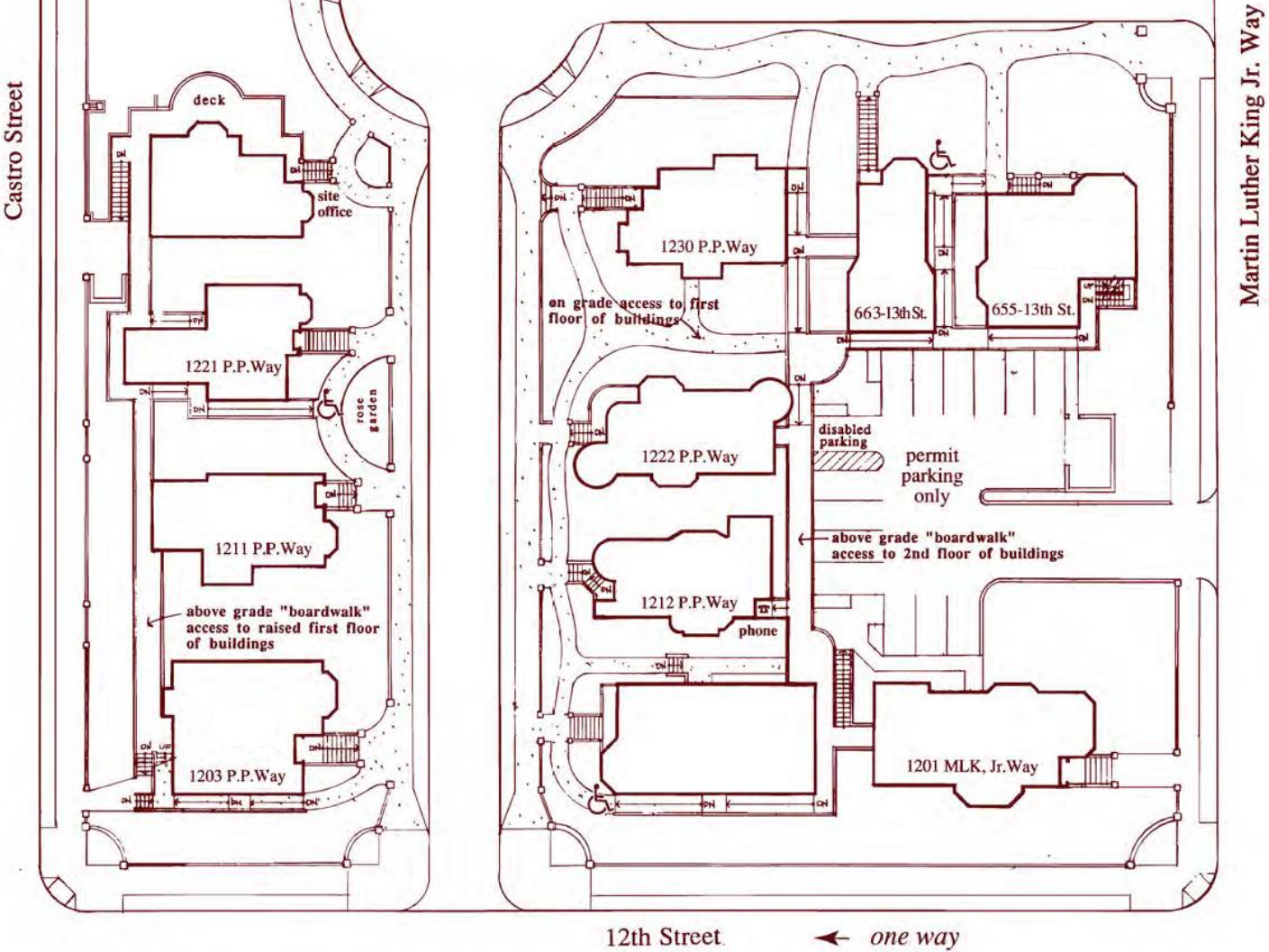
Delegates- American (sandwiches, soup, salad, etc.)
578 14th St, Oakland, CA 94612
4 min walk

CORE Kitchen- Vegetarian (vegetarian café)
499 14th St #119, Oakland, CA 94612
5 min walk

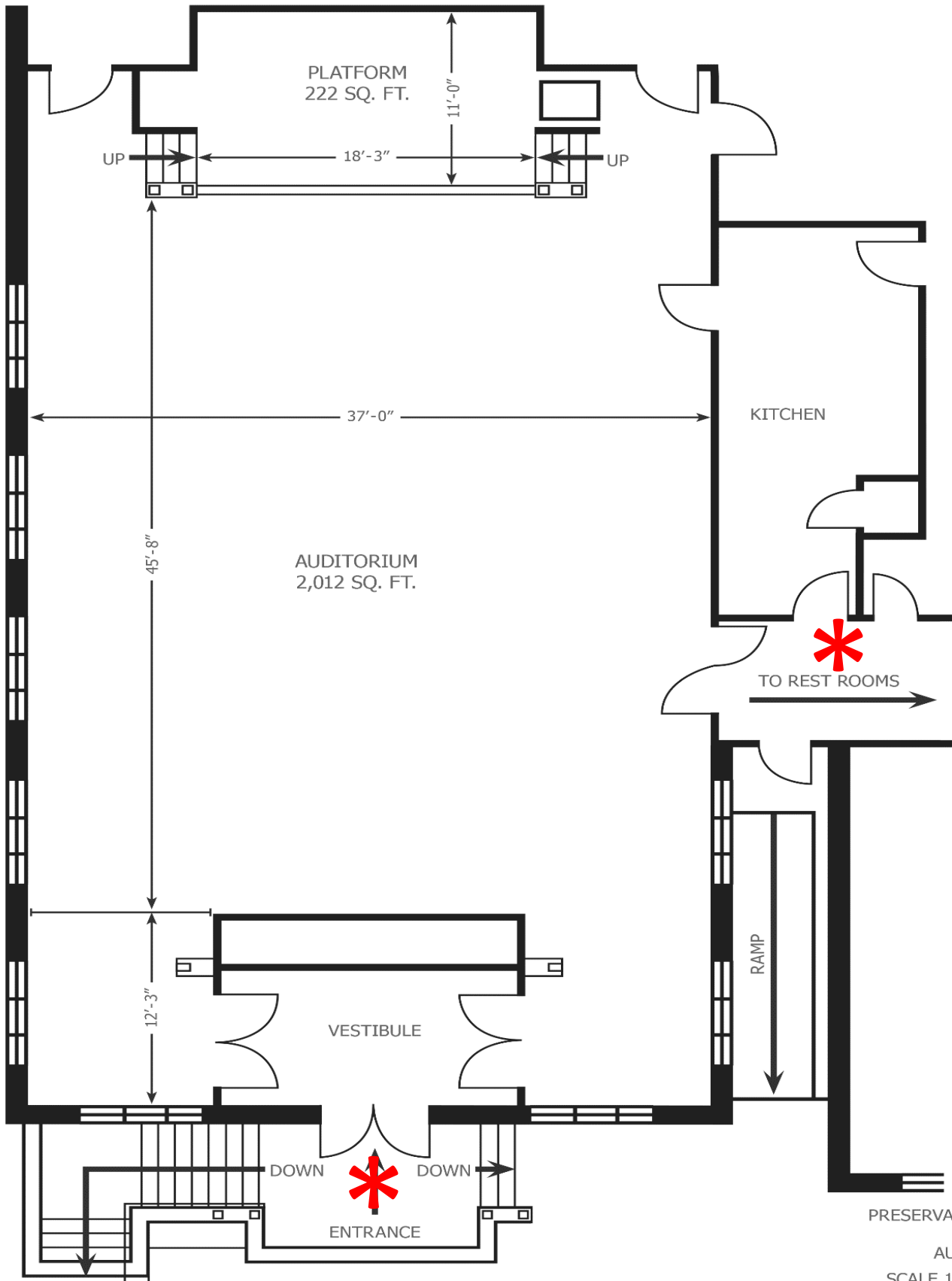
Le Cheval- Vietnamese (Classic Vietnamese dishes and noodle soups)
1007 Clay St, Oakland, CA 94607
7 min walk



Site Map



Nile Hall



PRESERVATION PARK
NILE HALL
AUDITORIUM
SCALE 1/8" = 1'-0"



ROUNDTABLE ON POPULATION HEALTH IMPROVEMENT

A Population Health Perspective on Middle School Success:

A Workshop

Readings and Resources

* NOTE: These select readings and resources are intended to provide a sampling of the material available on topics covered during the workshop. The resources are organized in buckets based on the event's agenda and the speakers who recommended resource.

To Thrive in Middle School and Beyond & the Middle School Years, A 360 View

1. Middle School Matters: The 10 Key Skills Kids Need to Thrive in Middle School and Beyond—and How Parents Can Help.
2. [How to talk to your middle-schooler](#) (so they might actually listen to you). Phyllis Fagell. Washington Post.
3. [Seven ways parents and educators can improve kids' middle school experience](#), Washington Post. Accessed
4. [Five way parents can help their kids transition smoothly into middle school](#). Phyllis Fagell. Washington Post.
5. [How childhood has changed for tweens](#). Phyllis Fagell. Phi Delta Kappan March 25, 2019.
6. [We need to talk about race to understand positive youth development](#).
7. Williams, J.L., Tolan, P.H., Durkee, M.I., Francois, A.G. and Anderson, R.E., 2012. Integrating racial and ethnic identity research into developmental understanding of adolescents. *Child Development Perspectives*, 6(3), pp.304-311.
8. Williams, J.L., Aiyer, S.M., Durkee, M.I. and Tolan, P.H., 2014. The protective role of ethnic identity for urban adolescent males facing multiple stressors. *Journal of Youth and Adolescence*, 43(10), pp.1728-1741.
9. Williams, J.L. and Deutsch, N.L., 2016. Beyond between-group differences: Considering race, ethnicity, and culture in research on positive youth development programs. *Applied Developmental Science*, 20(3), pp.203-213.
10. Bonnie, R. & Williams, J. L. (2019, October). Teens are leading movements — it's time to promote policies that reflect youths' promise. *The Hill*, <https://thehill.com/opinion/healthcare/465388-teens-are-leading-movements-its-time-to-promote-policies-that-reflect?rnd=1570805217>
11. Thielen, C., Deutsch, N. D., & Williams, J. L. (2019, January). We can make middle school less awkward, here's how. *Education Post*, <https://educationpost.org/we-can-make-middle-school-less-awkward-heres-how/>
12. Williams, J. L. (2018, September). Developing adolescent identity. Center for Parent and Teen Communication, <https://parentandteen.com/developing-adolescent-identity/>

13. Hoynes, H., Schanzenbach, D.W. and Almond, D., 2016. Long-run impacts of childhood access to the safety net. *American Economic Review*, 106(4), pp.903-34.
14. Lafortune, J., Rothstein, J. and Schanzenbach, D.W., 2018. School finance reform and the distribution of student achievement. *American Economic Journal: Applied Economics*, 10(2), pp.1-26.
15. Schanzenbach, D.W., 2014. [Does class size matter?](#)
16. My Brother's Keeper? The Impact of Targeted Education Supports. Thomas Dee and Emily Penner. National Bureau of Economic Research Working Paper 26386
<http://www.nber.org/papers/w26386>

Middle School Inside Out

1. Dodd, R.W., 2018. Impact of Semi-Self-Contained Learning Communities in Grade 6 on Students's Engagement, Achievement and Perceptions of the Classroom Environment. (Doctoral dissertation, Johns Hopkins University).
2. Ed's Not Dead Podcast – Not Your Average Education Podcast <http://www.edsnotead.com>
3. [How to Manage Discord Over Student Discipline](#)- Student misbehavior is a big source of friction in many schools. Educators offer ways to build consensus around discipline.
4. Sullivan, J.K., 2018. The Impact of Athletic Participation on the Academic Performance and Persistence to Graduation of African American and Latino Male Urban High School Student-Athletes. (Doctoral dissertation, Howard University).
5. [MCPS Sports Insight](#) – [Middle School Athletics](#)
6. MCPS Athletics Equity Engagement – [Video 1](#), [Video 2](#)
7. [MCPS Middle School Athletics Website](#)
8. [Five Questions ... with Jeff Sullivan](#), Instructional Specialist, Athletics Unit- MCPS Bulletin
9. BCPS is [Reimagining Middle Grades](#) – A District Strategic Plan Initiative
10. Reimagining Middle Grades: [Staff & Student Spotlight](#)
11. Broward County Recovery Program <https://www.browardschools.com/recoveryprogram>
12. Broward County Resiliency Center
<https://www.browardschools.com/cms/lib/FL01803656/Centricity/Domain/14383/Binder1%20Mental%20Health.pdf>

Multi Sector Support

13. Barbara Ferrer: 'These are very special times to be embarking on a career in health' The director of the Los Angeles County Department of Public Health addresses new graduates of the Keck School of Medicine of USC. <https://news.usc.edu/157041/barbara-ferrer-these-are-very-special-times-to-be-embarking-on-a-career-in-health/>
14. Alameda County's Health Services Program is administered by the Health Care Services Agency and includes the following program areas: Behavioral Health Care, Public Health, Environmental Health, and Agency Administration/Indigent Health. The ultimate mission of Health Care Services Agency is to achieve health equity by working in partnership to provide high quality services, foster safe and healthy communities, and promote fair and inclusive opportunities for all residents. <https://www.acgov.org/health/>
15. The Center for Healthy Schools and Communities is a department of Health Care Services Agency, Alameda County's local health authority. Since 1996, the center has worked with schools, public agencies, community-based organizations, youth, families, and policymakers to implement school health strategies that support children's health, well-being, and academic success. <http://achealthyschools.org/index.html>
16. Johns Hopkins Children's Center Rales Center for the Integration of Health and Education.
<https://ralescenter.hopkinschildrens.org/rales-center/>

17. Johnson SB, Spin P, Connolly F, Stein M, Cheng TL, Connor K. Asthma and attendance in Urban Schools. *Prev Chronic Dis*. 2019 Oct 31;16:E148.
18. Padula, W.V., Connor, K.A., Mueller, J.M., Hong, J.C., Velazquez, G.C. and Johnson, S.B., 2018. Cost benefit of comprehensive primary and preventive school-based health care. *American journal of preventive medicine*, 54(1), pp.80-86.
19. Community Preventive Services Task Force. Promoting Health Equity Through Education Programs and Policies: School-Based Health Centers. 2016.
https://www.thecommunityguide.org/sites/default/files/assets/Health-Equity-School-Based-Health-Centers_1.pdf
20. Cheng TL, Johnson SB, Goodman E. Breaking the Intergenerational Cycle of Disadvantage: The Three Generation Approach. *Pediatrics* 2016;137:1-12.
21. At the Helm: Tina Cheng, M.D., M.P.H., Pediatrician-in-Chief and Co-Director, Johns Hopkins Children's Center <https://www.hopkinsmedicine.org/news/articles/at-the-helm-tina-cheng>
22. Johnson, Sarah R. Lindstrom, Robert W. Blum, and Tina L. Cheng. "Future orientation: a construct with implications for adolescent health and wellbeing." *International journal of adolescent medicine and health* 26, no. 4 (2014): 459-468.
23. Johnson, Sarah Lindstrom, Vanya Jones, and Tina L. Cheng. "Promoting "Healthy Futures" to reduce risk behaviors in urban youth: A randomized controlled trial." *American journal of community psychology* 56, no. 1-2 (2015): 36-45.
24. Centers for Disease Control and Prevention. Violence Prevention. Child Abuse and Neglect. Adverse Childhood Experiences (ACEs):
https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Findex.html
25. Oakland Unity Middle School is a public charter middle school authorized by the Alameda County Office of Education serving grades 6-8. The school is developed by community, school, and teacher leaders at Oakland Unity High School (OUHS), in partnership with its parent Oakland-based nonprofit corporation Unity Schools. <http://www.unitymiddle.org/#>
26. Social Work and the Health of Populations <https://www.bu.edu/sph/news-events/signature-programs/deans-symposia/social-work-and-the-health-of-populations/>
27. **Restorative Justice for Oakland Youth**. RJOY was founded in 2005. RJOY works from an anti-racist, anti-bias lens to promote institutional shifts toward restorative approaches. The organization provides education, training, and technical assistance and collaboratively launch demonstration programs with our school, community, juvenile justice, and research partners. <https://rjoyoakland.org/>

The Big Picture

1. **EducationCounsel** is a mission-based education consulting firm that combines significant experience in policy, strategy, law and advocacy to drive improvements in the U.S. education system. [EducationCounsel](#)
2. [Social and Emotional Learning and Development, Conditions for Learning, and Whole Child Supports in ESSA State Plans](#) Kathryn Young and Emily Webb. 2019.
3. [Fostering School Success with Standards for Nonacademic Skills](#). Danielle Ewen and LeighAnn M. Smith. 2015.
4. The [Science of Learning and Development \(SoLD\) Alliance](#) is a growing partnership of leaders and organizations who believe that the science of learning and development presents powerful lessons to transform our education and other child-serving systems to help each young person achieve their full potential.

5. The mission of the **Middle School Success Program** is to provide academic, social and health support to 12,000 low-income middle school students so they are properly prepared to transition to high school performing at grade level and on track to
6. Measure G1. Parcel Tax. Oakland Unified School District. <https://www.ousd.org/Page/17523>
7. [Association for Middle Level Education](#)
8. AMLE. This we believe: [The 16 Characteristics of Successful Schools](#)
9. Association for Middle Level Education [Research Summaries](#)
10. [Transitioning Young Adolescents from Elementary to Middle School](#). Research Summary. Casey Dianna Gilewski, Monica L. Nunn
11. [Developmental Characteristics of Young Adolescents](#) Research Summary. *Micki Caskey, Vincent A. Anfara, Jr.*
12. [Care in the Middle Level Classroom](#). Research Summary. D. Michelle Williams
13. National Middle School Association, 2003. [This we believe: Successful schools for young adolescents](#): A position paper of the National Middle School Association. National Middle School Association.
14. MCYAF is a local 501(c)3 nonprofit organization and community coalition which works to prevent adolescent drug and alcohol abuse and promote positive mental health among teens in Maine Township, Illinois. <http://www.mcyaf.com/>
15. MaineStay Youth & Family Services. Mission: mission is to support the growth of healthier families in the Maine Township community by providing affordable strength-based counseling and comprehensive programs focused on prevention and education. <https://mainetown.com/departments/mainestay/>
16. Youth Nex. University of Virginia, Remaking Middle School - <https://curry.virginia.edu/faculty-research/centers-labs-projects/youth-nex/remaking-middle-school>
17. Working Paper: [Young Adolescent Development](#) Joanna Lee Williams, Lauren C. Mims, & Haley E. Johnson
18. Working Paper: [Climate, Culture & Community: Building a Positive School Climate for Young Adolescents](#) Katrina Debnam & Jessika Bottiani
19. Working Paper: [Optimizing Teaching and Learning in the Middle Grades](#) Penny A. Bishop & John M. Downes
20. Working Paper: [Leading for Young Adolescent Development: Prioritizing What We Know Matters](#) Coby Meyers, Karen Sanzo, & Julia Taylor
21. Addressing a Crisis: Cross-Sector Strategies to Prevent Adolescent Substance Use and Suicide <https://www.tfah.org/report-details/adsandadolescents/>

PREVENTING DISCRIMINATION, HARASSMENT, AND BULLYING EXPECTATIONS FOR PARTICIPANTS IN NASEM ACTIVITIES

The National Academies of Sciences, Engineering, and Medicine (NASEM) are committed to the principles of diversity, integrity, civility, and respect in all of our activities. We look to you to be a partner in this commitment by helping us to maintain a professional and cordial environment. All forms of discrimination, harassment, and bullying are prohibited in any NASEM activity. This commitment applies to all participants in all settings and locations in which NASEM work and activities are conducted, including committee meetings, workshops, conferences, and other work and social functions where employees, volunteers, sponsors, vendors, or guests are present.

Discrimination is prejudicial treatment of individuals or groups of people based on their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws.

Sexual harassment is unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature that creates an intimidating, hostile, or offensive environment.

Other types of harassment include any verbal or physical conduct directed at individuals or groups of people because of their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws, that creates an intimidating, hostile, or offensive environment.

Bullying is unwelcome, aggressive behavior involving the use of influence, threat, intimidation, or coercion to dominate others in the professional environment.

REPORTING AND RESOLUTION

Any violation of this policy should be reported. If you experience or witness discrimination, harassment, or bullying, you are encouraged to make your unease or disapproval known to the individual, if you are comfortable doing so. You are also urged to report any incident by:

- Filing a complaint with the Office of Human Resources at 202-334-3400, or
- Reporting the incident to an employee involved in the activity in which the member or volunteer is participating, who will then file a complaint with the Office of Human Resources.

Complaints should be filed as soon as possible after an incident. To ensure the prompt and thorough investigation of the complaint, the complainant should provide as much information as is possible, such as names, dates, locations, and steps taken. The Office of Human Resources will investigate the alleged violation in consultation with the Office of the General Counsel.

If an investigation results in a finding that an individual has committed a violation, NASEM will take the actions necessary to protect those involved in its activities from any future discrimination, harassment, or bullying, including in appropriate circumstances the removal of an individual from current NASEM activities and a ban on participation in future activities.

CONFIDENTIALITY

Information contained in a complaint is kept confidential, and information is revealed only on a need-to-know basis. NASEM will not retaliate or tolerate retaliation against anyone who makes a good faith report of discrimination, harassment, or bullying.

Updated June 7, 2018