# Telehealth and Antimicrobial Stewardship

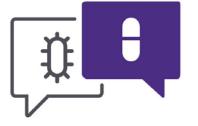
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## Telehealth (vs. Telemedicine)

"..the use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration."

healthit.gov



# Antimicrobial Stewardship (AS)

- Optimization of outcomes in patients with and without infectious diseases
- Slow the emergence of drugresistant pathogens
- Decrease waste





## Types of Telemedicine

- Live video-conferencing
- Asynchronous video (AKA store-and-forward)
- Remote patient monitoring
- Mobile health



## Tele-Antimicrobial Stewardship

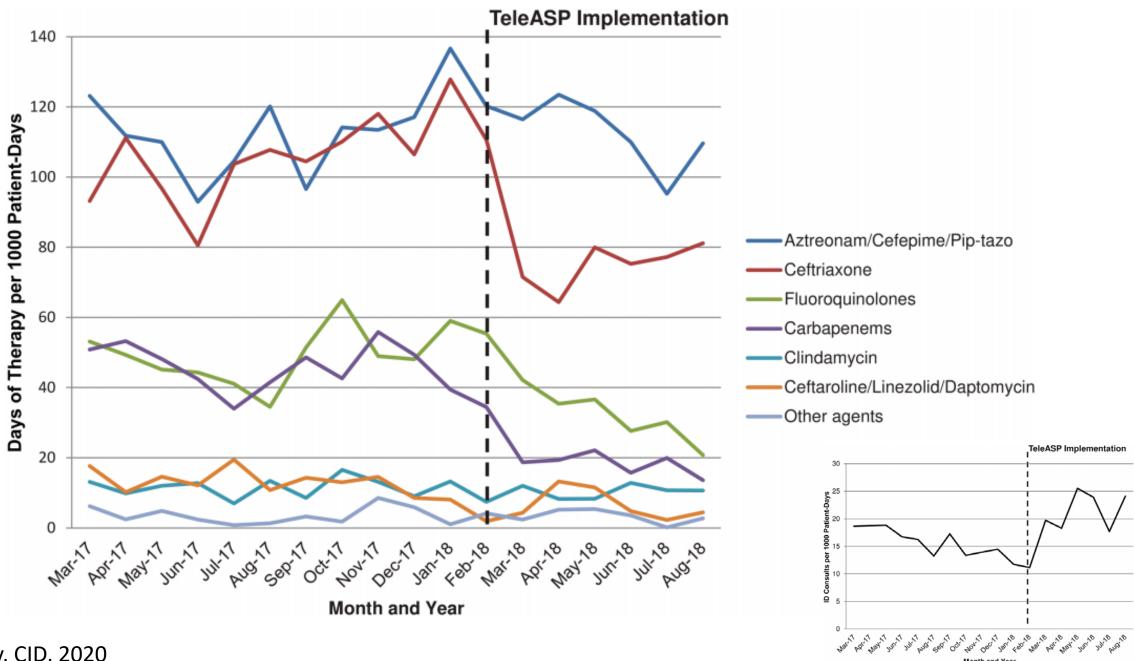
- Remote provision of antimicrobial stewardship services
- Telementoring



# Impact of a Telehealth-Based Antimicrobial Stewardship Program in a Community Hospital Health System

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- 2 community hospitals (285 and 176 beds)
- Local pharmacists trained in prospective audit and feedback
- Two to 3 times per week, remote rounds with pharmacists and ID physicians focused on broad-spectrum antibiotics, lower respiratory tract infections and skin and soft tissue infections.



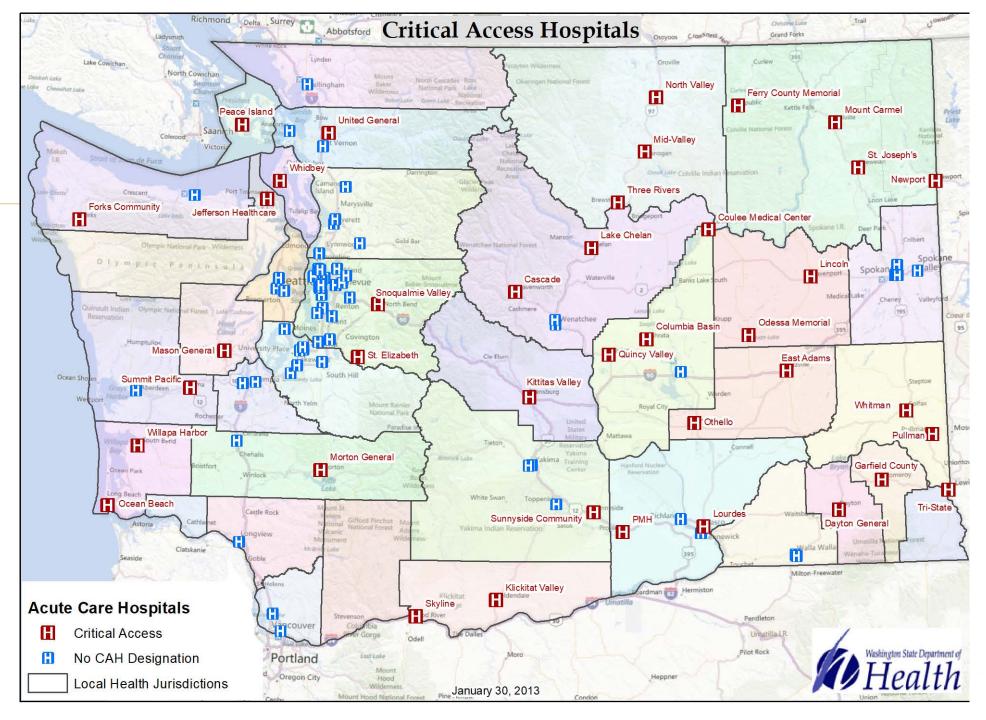
#### Remote AS

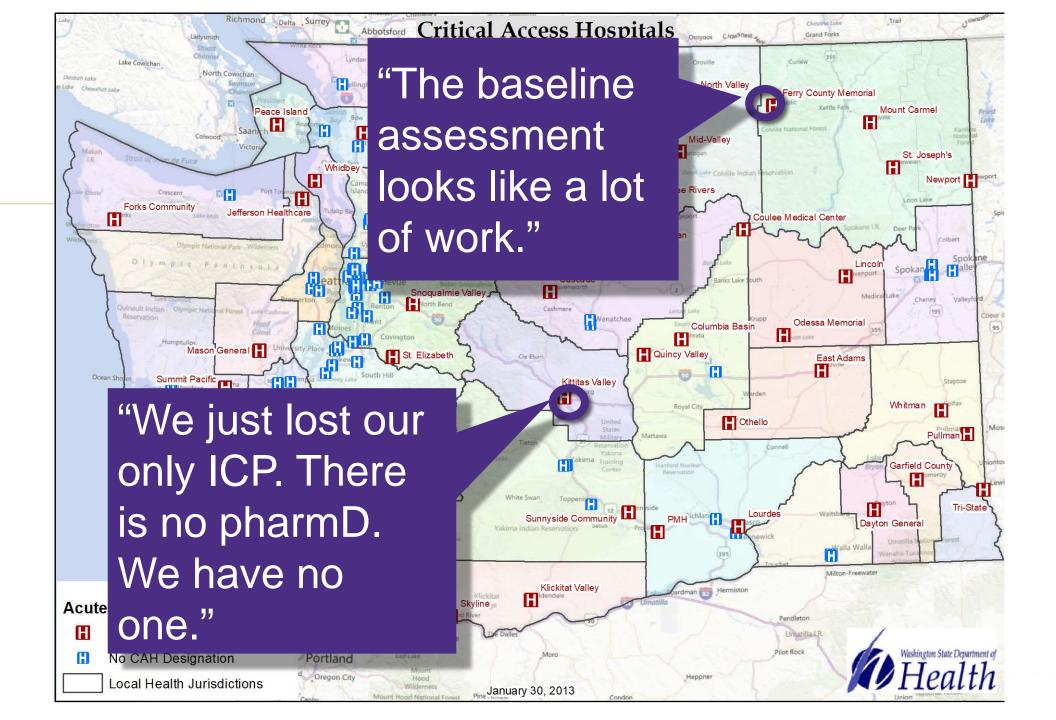
- Replicates "traditional" AS program
- Access to data
- **Requires access to medical record**
- Generally limited to systems
- Limited collegial interactions



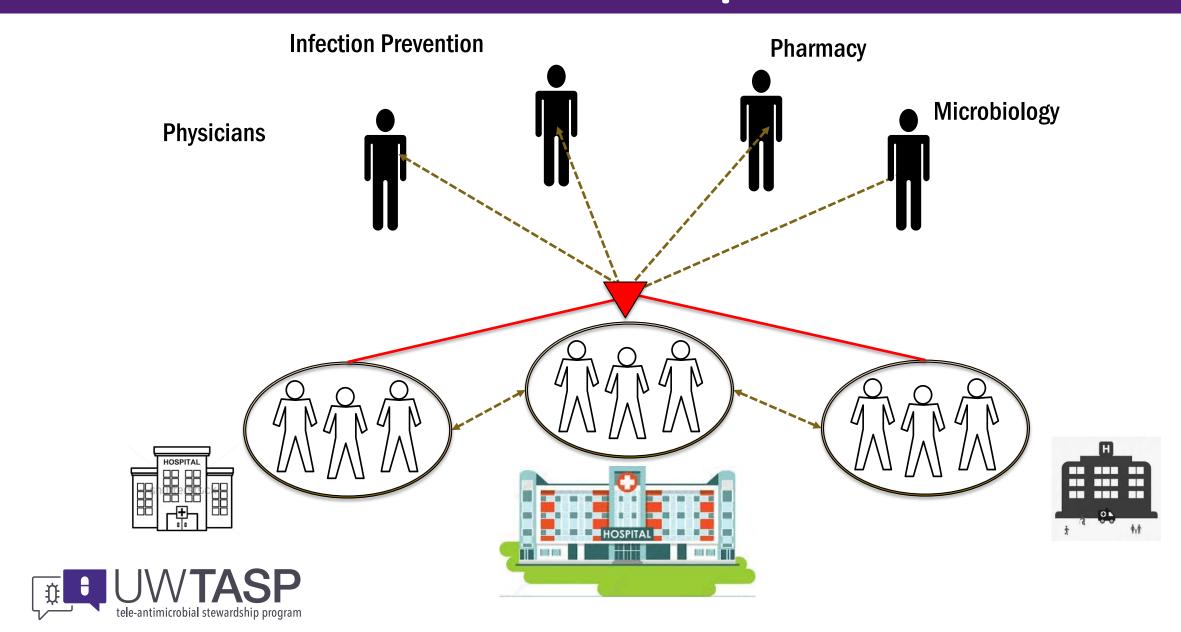








## Dissemination of AS expertise



### Development

#### **Inception**

**Summer 2016** 



Fall 2016

"Go Live"

Jan 2017



#### **Vision**

- ✓ Support WA hospitals with ASP implementation or refinement
- ✓ High-quality ID fellow training
- ✓ Financially self-sustaining
- ✓ Partnerships with WSHA & WA-DOH



#### UW TASP Mechanics

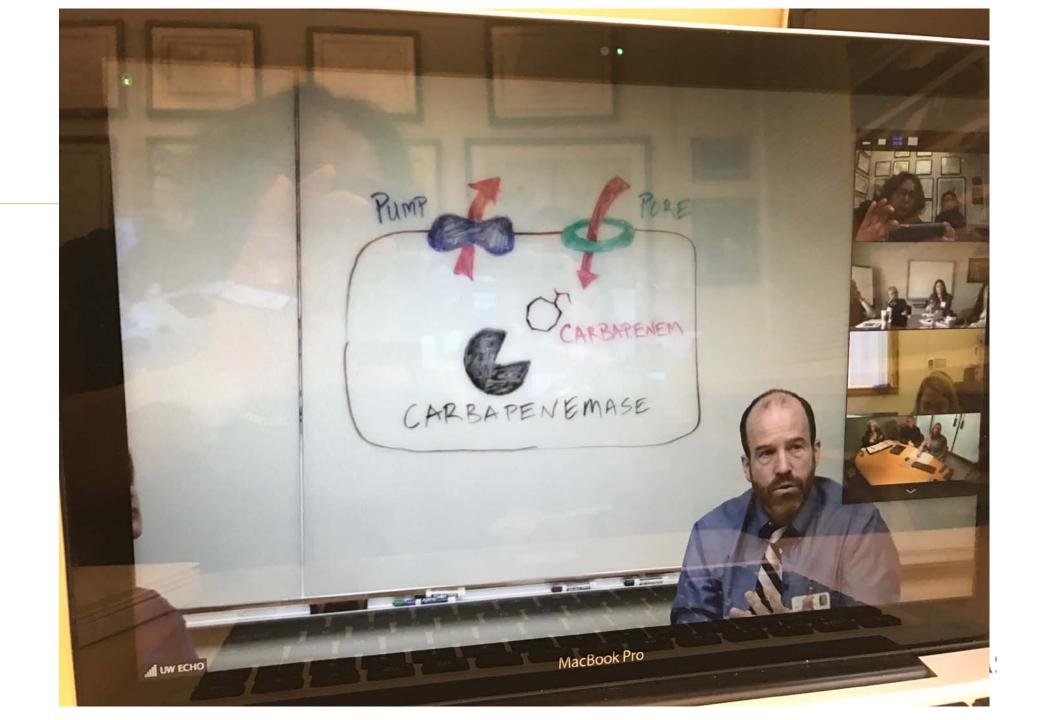




- ✓ 10-15 min didactic
- ✓ De-identified cases sent in advance
- ✓ Rural clinicians present cases to specialist panel
- ✓ Multi-specialtyco-management
- ✓ "Learning Loops"







#### Curriculum

Week 1 Making Tele-Stewardship Work for Your Hospital

**Week 2 Metrics - Processes and Outcomes** 

Week 3 The Big Goal of Stewardship - Changing Behaviors

**Week 4 The Key Actions and Activities of the AS Pharmacist** 

**Week 5 Low Hanging Fruit in Antimicrobial Stewardship** 

Week 6 The Clinical Microbiology Lab in AS

Week 7 Double-Coverage for Anaerobes: Where's the Data?

Week 8 Markers of Infection: ESR, CRP and Procalcitonin

**Week 9 Empiric Antimicrobial Therapy** 

Week 10 Sepsis, Part 1

Week 11 Sepsis, Part 2

Week 12 P&T: Good, Bad, Ugly?

#### **Goals**

- ✓ Actionable
- ✓ Adaptable
- **✓** Brief





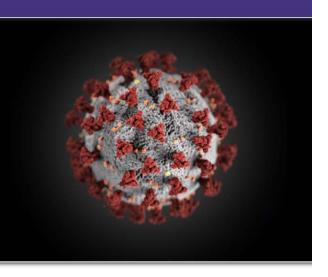
#### **UW** Medicine

Home

#### Novel Coronavirus (COVID-19)

UW-TASP is committed to supporting our members and the wider community in managing and preventing the spread of COVID-19.

Click here for COVID-19 resources >



#### Recent Resources

Pfizer-BioNTech COVID-19 Vaccine

Pfizer-BioNTech COVID-19 Vaccine Preparation: Mixing Diluent and Vaccine

Pfizer-BioNTech COVID-19 Vaccine Info Sheet | CDC

**UW Medicine Vaccine Distribution FAQ** 

Pfizer-BioNTech COVID-19 Vaccine Patient Acknowledgment

#### **Upcoming Meetings**

ASB quick hits + COVID updates/ASB study intro

Tuesday, January 5, 2021 - 9:00am to 10:00am (PST)

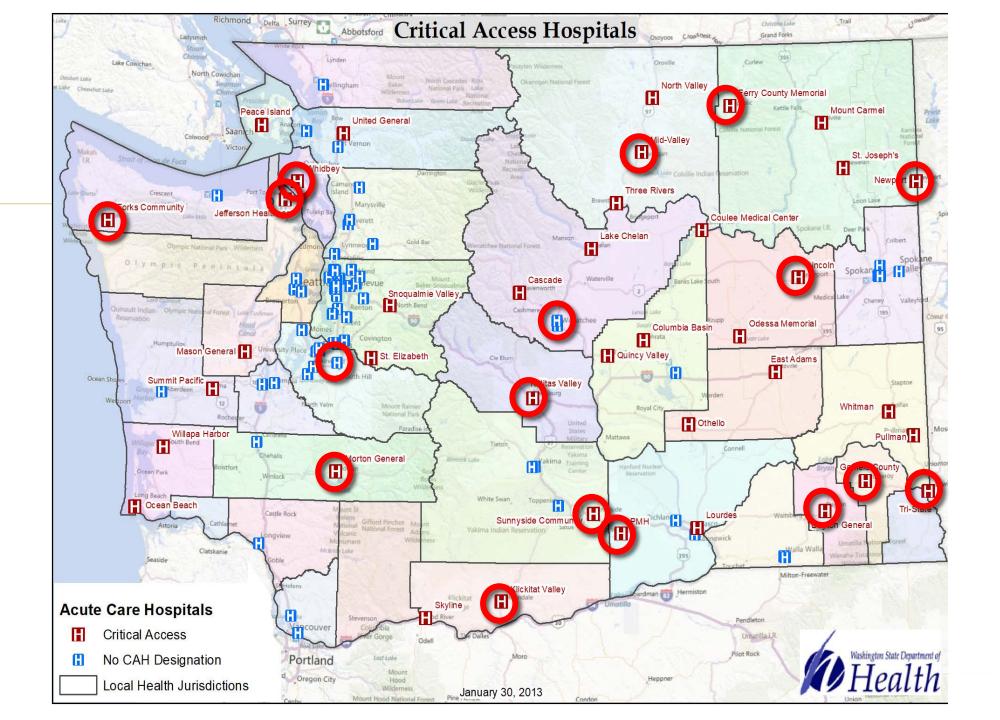
ASB quick hits + COVID updates/ASB study intro

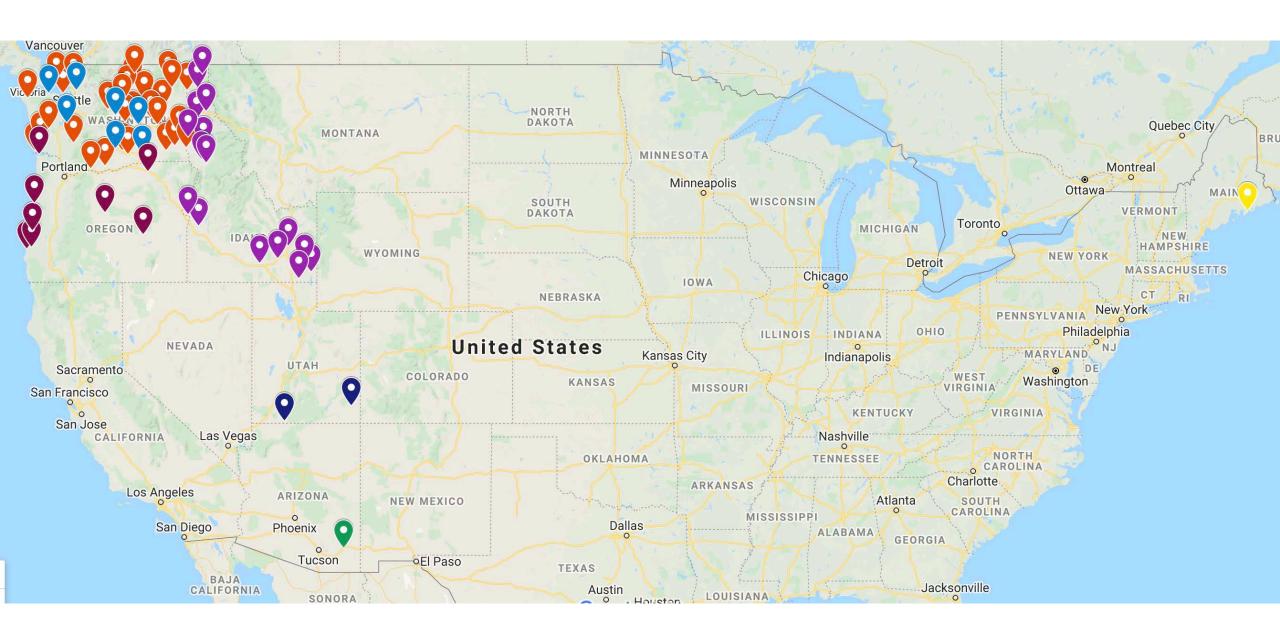
Tuesday, January 5, 2021 - 12:00pm to 1:00pm (PST)

CAP quick hits + COVID updates

Tuesday, January 12, 2021 - 9:00am to 10:00am (PST)







#### AS Telementoring

- Builds up local skill
- +Collegiality
- Broad dissemination and shared experiences
- Limited access to data
- No access to medical record
- Measurable impact?
- ✗ One Health tool?



## **Extending Tele-ASP**

- Multiyear CDC-funded project (PI: Dr. Peter Rabinowitz, UW) to implement infection prevention & control programs in 2 model hospitals, working with MOH
- Implementation is a combination of education, on-site assessments and tele-mentoring
- Plan is to extend the IPC work to include AS mentoring with focus on c-section SSI prevention



## Summary

- Antimicrobial stewardship is critical component of efforts to improve patient outcomes and to slow the emergence of MDROs
- Expertise in AS is not distributed evenly across the US or the planet and is missing from the areas with some of the greatest challenges
- The use of newer technologies provides the ability to share expertise, disseminate information, policies, and protocols, and for clinicians to communicate
- Efforts and resources to expand the use of telehealth to increase AS are needed

# Thank you

