



# Advances and Opportunities in Lupus

for the

## **National Academies Autoimmunity Panel**

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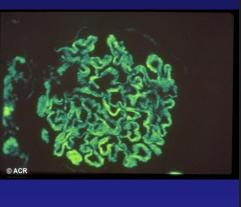
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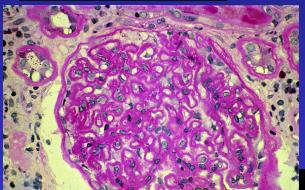




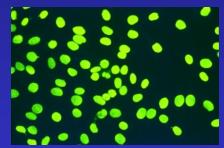












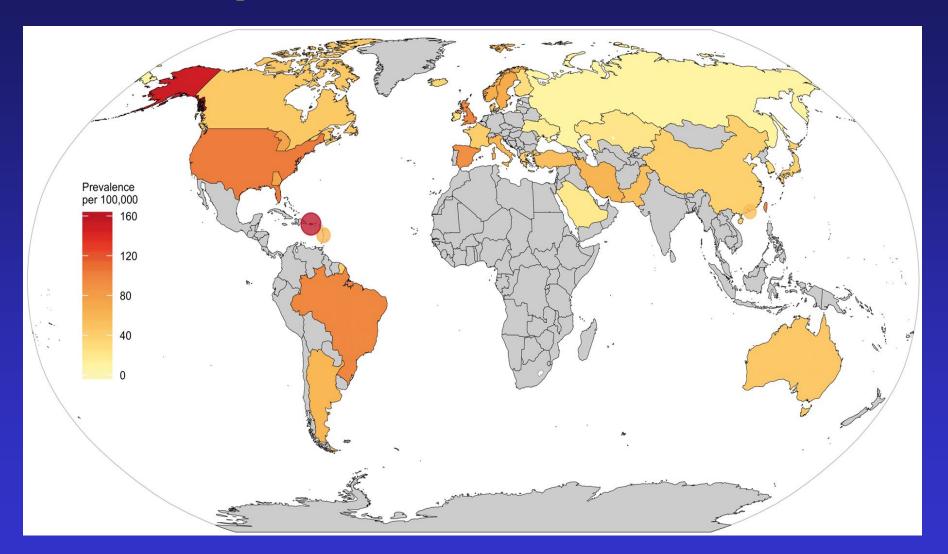
SLE is a clinically and biologically diverse autoimmune disease with a complex pathogenesis.



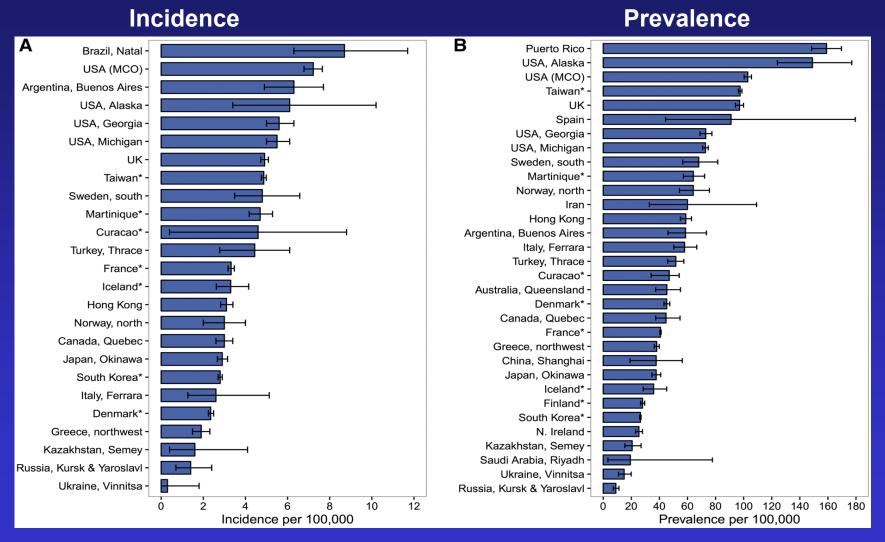




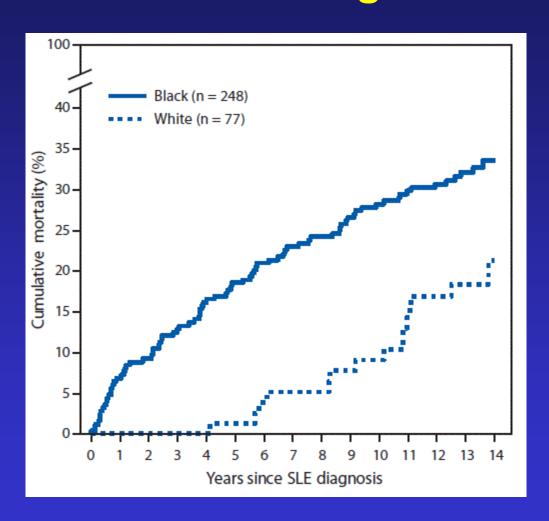
# Lupus around the World



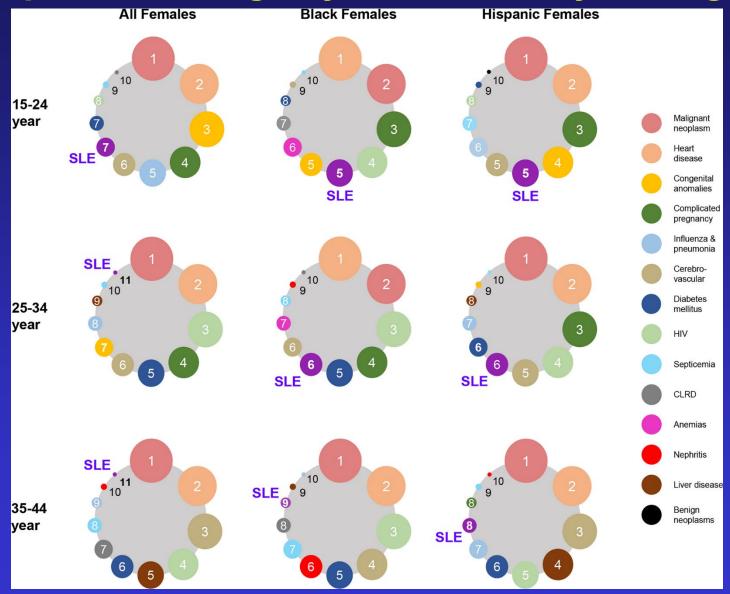
# Epidemiological studies of SLE in different countries around the World



# Mortality Rates for AA SLE Patients Remain High



# Leading causes of medical deaths of U.S. females of reproductive age by race/ethnicity and age

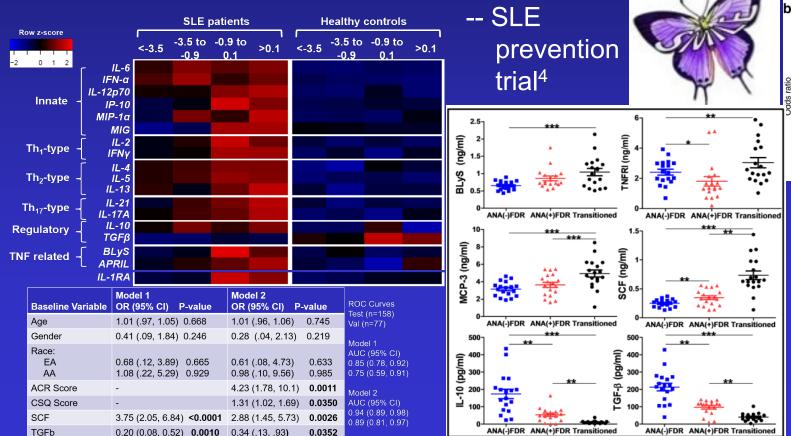


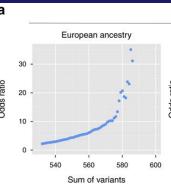
Defining preclinical lupus and the start of SLE prevention trials

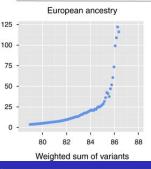
Extensive genetic associations and confirmations<sup>1,2</sup>

Definition of preclinical serologic and gene-environment

interactions that lead to clinical SLE<sup>3</sup>



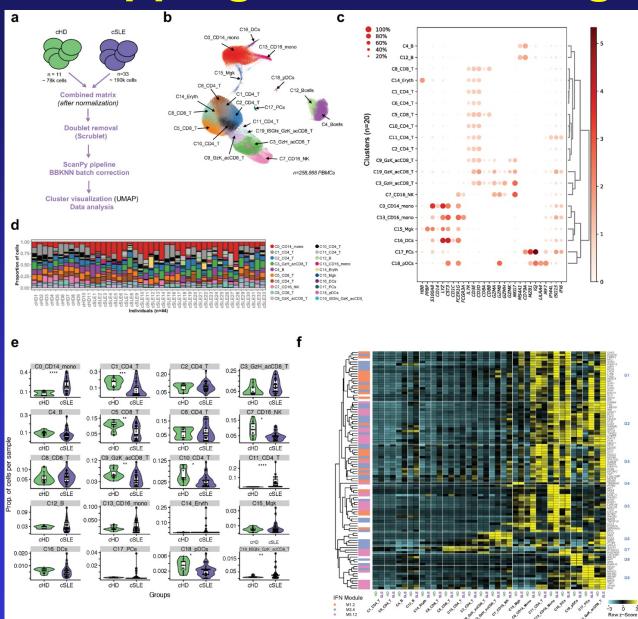




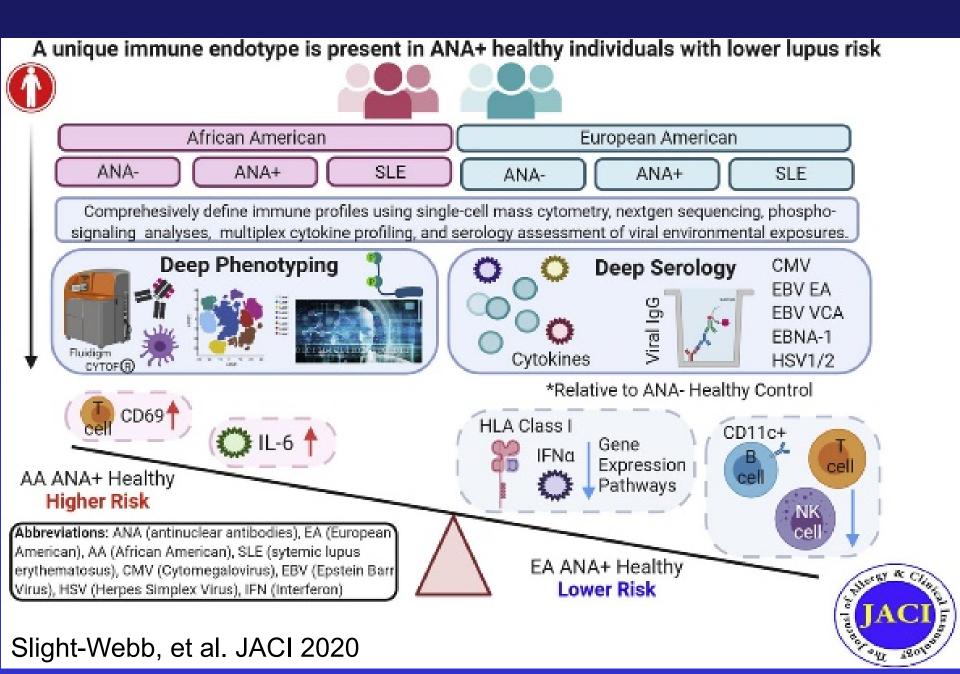
<sup>1</sup>Langefeld, et al. Nature Genetics 2017; <sup>2</sup>Wang et al. Nat Comm 2021; <sup>3</sup>Slight-Webb, Holers, James. Curr Opinion Immunol 2018; <sup>4</sup>Olsen, et al. Trials 2018. <sup>5</sup>Lu et al. J Autoimmun 2017. <sup>6</sup>Munroe et al. Arthritis Rheum 2017.

- Single cell technologies in SLE
  - "Single cell Mapping in SLE"
    - scRNAseq of peripheral blood from pediatric and adult SLE patients (and controls)
    - Defines cell subpopulations with the highest interferonassociated gene signature correlate with disease activity
  - Accelerating Medicines Partnerships RA/SLE<sup>2-4</sup>
    - scRNAseq of lupus nephritis renal biopsies along with parallel urine and blood samples
  - Impact of standard lupus medication of immune subsets<sup>5</sup>
    - CyTOF, soluble mediators, phospho-CyTOF
  - Unique endotype present in AutoAb positive individuals<sup>6</sup>
  - Similarities between SLE and COVID19: extrafollicular B cell activation and shared B cell repertoires

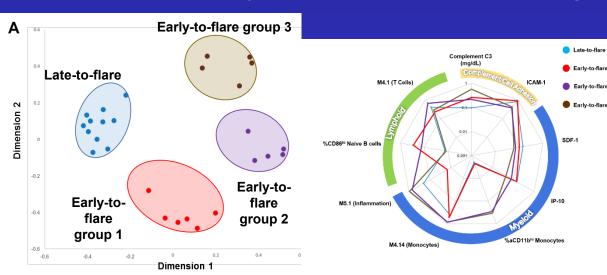
## Mapping SLE at the single-cell Level

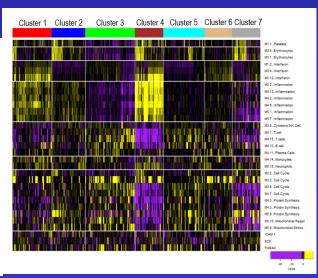


- Profiled 276,000
   PBMCs from 33
   children with
   SLE and 11
   controls
- High interferon signature genes distinguished SLE from control and driven by monocytes, CD4/CD8 T cells, NK, cDCs, pDNs, B cells and plasma cells



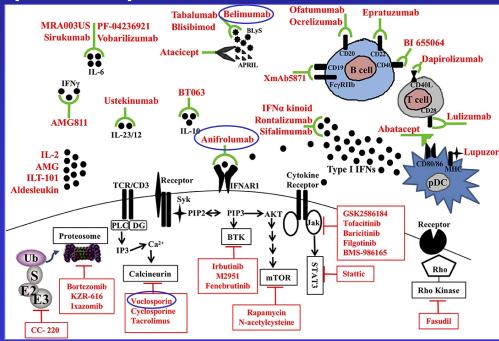
- Dissecting heterogeneity
  - Pediatric and Adult lupus investigation
  - Multiple groups have identified molecular clusters of pediatric and adult lupus patients
  - Patients in select clusters respond to treatment
  - Variability in flares and timing of flares





- Pathogenic pathways
  - Complement genes contribute sex-biased vulnerability to SLE<sup>1</sup>
    - C4 alleles 7-fold variation in risk for SLE (more strongly in men)
  - C1q restrains autoimmunity and viral infection by regulating CD8 T cell metabolism<sup>2</sup>
  - Augmented PKR phosphorylation and circRNA reduction are found in SLE PBMCs, impairing the control of innate immunity<sup>3</sup>
  - Digestion of chromatin in apoptotic cell microparticles prevents autoimmunity (null mutations/hypomorphic variants of DNASE1L3)<sup>4</sup>
  - Translocation of a gut pathobiont drives autoimmunity in mice and humans (Enterococcus gallinarum).<sup>5</sup>
  - Broad immune activations underlies shared vaccine responses in health and disease activity in lupus.<sup>6</sup>
  - A distinct phenotype of CD4+ T cells drives celiac disease and other autoimmune diseases like SLE<sup>7</sup>
  - CD4+ T cell subpopulation is expanded in lupus and provides B cell help through IL-10 and succinate<sup>8</sup>

- Improving trials and trial outcomes
  - No new FDA-approved drugs for more than 50 years until belimumab (2011)
  - Past few months saw approval of belimumab<sup>1</sup>
     and voclosporin<sup>2</sup> for lupus nephritis
  - Other therapeutics are hopefully close (e.g. anifrolimab³)
  - Partnering patient
     enrichment strategies
     novel trial designs for
     improved outcomes



# Prevent Autoimmune Disease

Improve Outcome Equality

Address Disease Heterogeneity

**Decipher Mechanisms**of Disease Flare

**Evaluate Environmental Triggers** 

Understand Preclinical Autoimmunity

# **Suggested Opportunities**

- Natural history studies across autoimmune diseases to identify shared and unique mechanisms of disease transition
- Prevention trials for specific autoimmune diseases and autoimmunity
- Dissect molecular homogeneity across autoimmune disease to identify shared pathways and similar patients (regardless of diagnosis) who could benefit from the same/similar treatments
- Perturb-omics
  - Cellular level single cell work after stimulation
  - Person level study vaccines or infections in autoimmune disease individuals
- Pathogenic mechanisms, hypothesis testing and discovery science

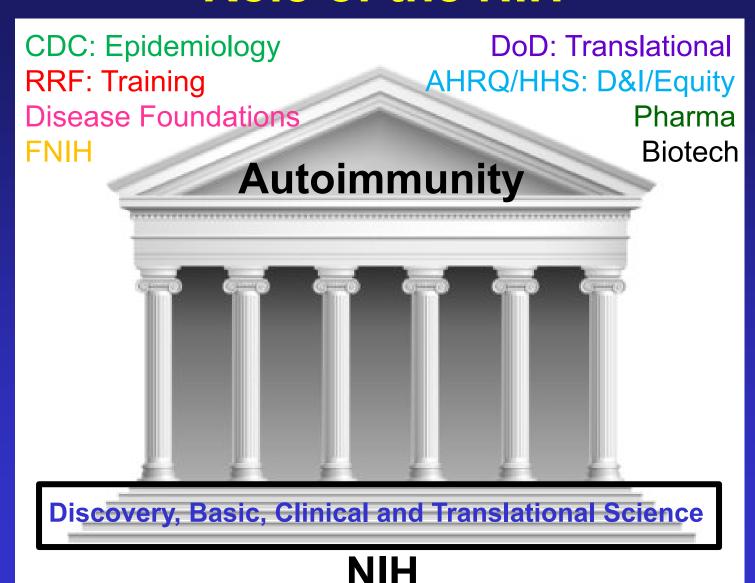
# **Suggested Opportunities**

- Functional genomics to understand the mechanistic impact of genetic associations
- The "GWAS" for cumulative environmental exposures in autoimmunity; expanded methodologies for genegene, gene-environment and cumulative interactions
- Direct therapies to the cells of interest
- Development of trial approaches to allow small, nimble, fast-to-fail/fast-to-work clinical trials for autoimmune disease targets
- Understanding co-morbidities in autoimmunity as accelerated or severe phenotypes of the comorbidities (e.g. accelerated osteoporosis, accelerated cardiovascular diseases, brain aging, etc.)

## **Suggested Opportunities**

- Health equality for autoimmune disease patients
  - Understand molecular mechanisms of different presentations, severity and outcomes
  - Improve outcomes in African American, American Indian, and Hispanic patients
- Re-analysis/mining of NIH-funded datasets for new questions or to apply novel approaches
- Dissemination and implementation science in autoimmunity
- COVID and autoimmunity
  - Mechanisms and outcomes of SARS-CoV-2 induced autoimmunity
  - COVID vaccination responses and impact on autoimmune diseases
  - COVID infection in autoimmune disease patients and those taking immunomodulatory medications

### Role of the NIH



## Roles of the NIH

- Provide foundational support for Discovery Science for Autoimmune Diseases and for Understanding Autoimmunity
- Develop, lead and implement a cohesive program across NIH Institutes/Centers, Intra-/Extramural NIH communities and with other funders to address these critical health problems
- Forge novel private and public partnerships to support the broad spectrum of science and scientific training needed to improve the lives of patients with autoimmune diseases
- Work with patient groups and patient advisory councils to ensure the clinical areas of top importance are addressed
- Serve as the central leadership for the science, scientifically-driven clinical care, improved diagnostics/prognostics/
  therapeutics and ultimately prevention to improve the health and health outcomes of patients with autoimmunity and autoimmune diseases and of potential patients

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