



University of California
San Francisco

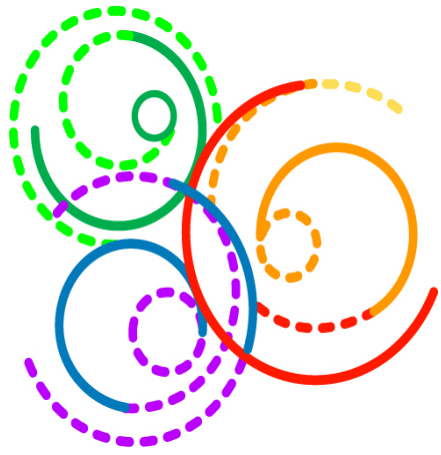
UCSF School
of Medicine

Department of Family
and Community Medicine

Office of Developmental Primary
Care

Innovative Models of Care and Care Coordination: The CART Team

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Office of Developmental Primary Care

Mission: Build the capacity of the health care system to serve transition age youth and adults with developmental disabilities.





CART

services team

- A multidisciplinary mobile health care consult team, including experts in developmental primary care, nursing, psychiatry, psychology and caregiver support
- Focus on serving adolescents and adults with developmental disabilities, their clinicians, family members, and support professionals
- Served clients from six Northern California Regional Centers

Services Include:

- Phone & Email Consultations
- Clinical Assessment & Consultation
- Training & Technical Assistance
- Policy Advocacy
- Online Resources



Enhanced Primary Care Services

Primary Care
Care Coordination
Dental Services
Therapies
Mental Health

CART Center

Clinical Services
(Consult/Assessment)
Advocacy (policy)
Research
Training/Technical Assistance

Health Advocacy Services

Patient and Caregiver Support
Medical Case Management
Wellness
Transition Support

Patients and
Caregivers

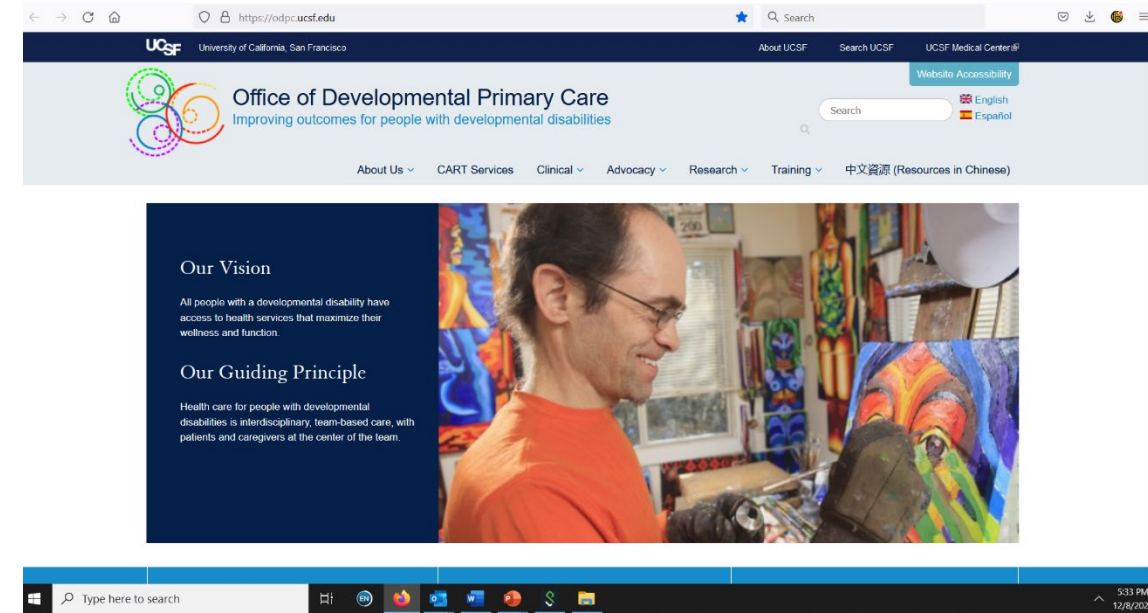
Yearly Nurse Health Assessment

Health Surveillance Data Collection
Independent Comprehensive Assessments and Recommendations

WEBSITE

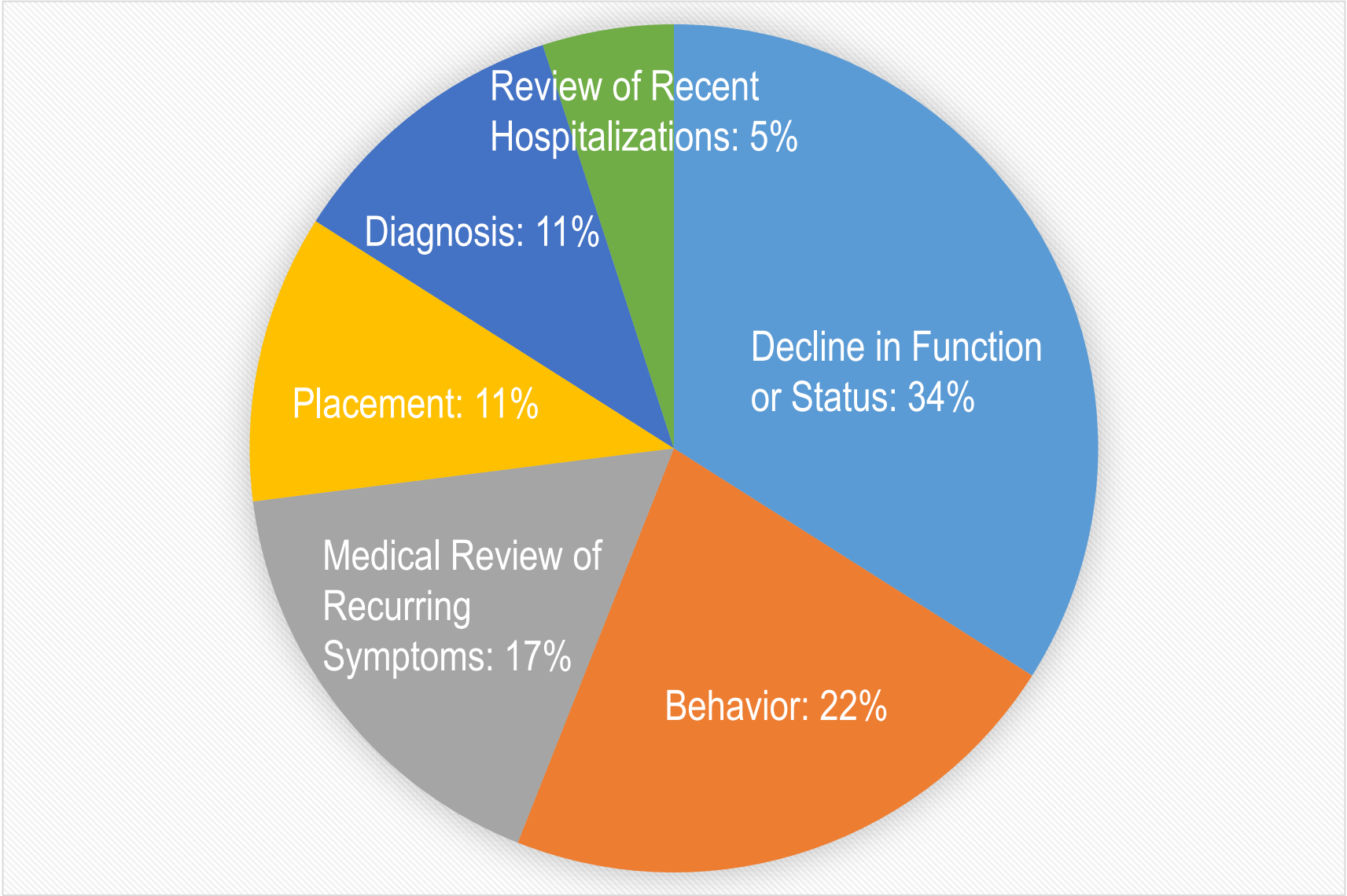
<https://odpc.ucsf.edu/>

- Advice from Self-advocates
- Best practice recommendations
- Clinical chart forms
- Navigating systems
- Tracking tools





COMPREHENSIVE CONSULTS BY PRIMARY TOPIC





Medicaid Home and Community Based Services

- Funding is reactive to the needs of individuals.
- How do we fund services that are proactive to meet the needs of the population?



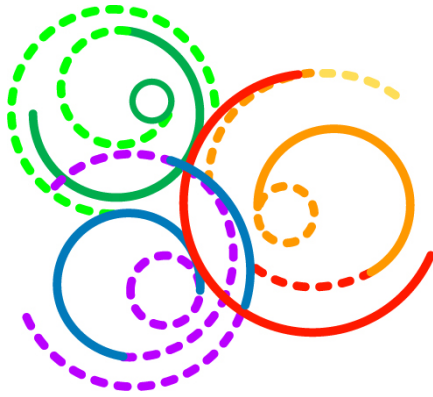
Should acute and long-term care systems be integrated?

Acute Medical Care

- Medically necessary
- Treatments by health professionals
- Service providers chosen by health plan
- Credentialed professionals

Long Term Care Services and Supports

- Maximize potential and participation
- Services and supports chosen by person with disability
- Choice of service providers
- May include uncredentialed people, natural supports, or family members



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