

Addressing environmental threats to children's health still matters

Tracey Woodruff, PhD, MPH

UCSF

August 1, 2022



Nothing to Declare



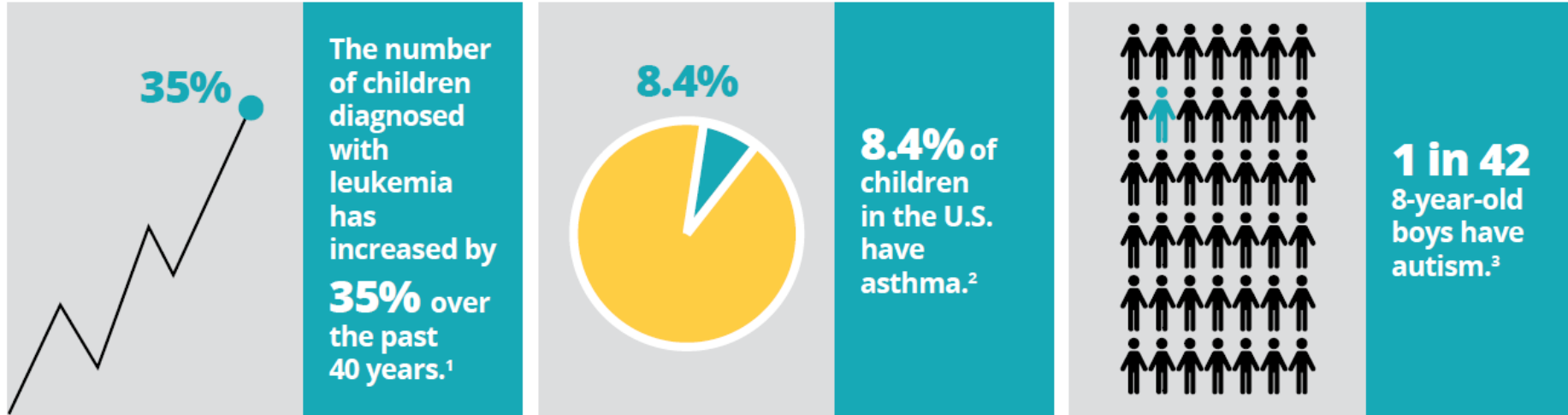
UCSF Program on Reproductive Health
and the Environment



Outline

- We have made important progress in addressing environmental influences on children's health
- More progress needed/opportunities
 - Comprehensive approach to addressing chemical exposures
 - Identifying and understanding exposures
 - Addressing developmental risks via systemic change
 - Opportunity via Toxics Substances Control Act
 - Upgrading approaches to use best available science to address children's health risks

Our Children Could Be Healthier



Children in the U.S. are at high risk for chronic disease



[CONTACT US](#)

America's Children and the Environment

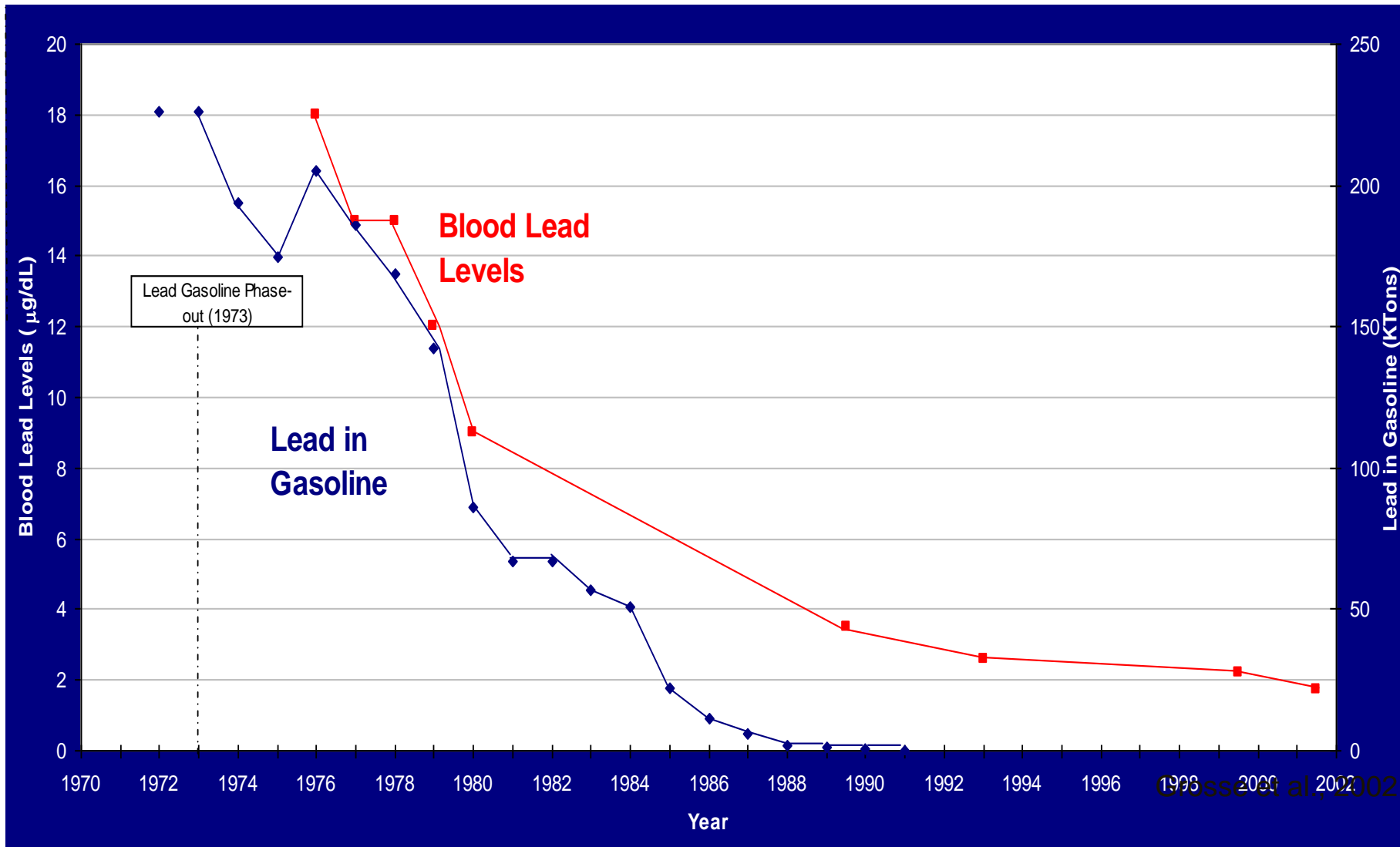


[illegible]

Data from: U.S. Federal Reserve Board, Division of Research and Statistics



Systemic changes via public policy can decrease exposures



↑ 5-6 points IQ,
estimated annual
economic gain
↑ \$100-300
billion USD



Increased recognition by health care professionals that environmental exposures matter during development and can contribute to health inequities



ACOG COMMITTEE OPINION

Number 832

(Replaces Committee Opinion Number 575, October 2013)

Committee on Obstetric Practice

The American College of Nurse-Midwives endorses this document. This Committee Opinion was developed by the Committee on Obstetric Practice in collaboration with liaison member Nathaniel DeNicola, MD, MSc and committee member Ann E. Borders, MD, MSc, MPH, and with the assistance of Veena Singla, PhD and Tracey J. Woodruff, PhD, MPH.

Reducing Prenatal Exposure to Toxic Environmental Agents

International Journal of Gynecology and Obstetrics 131 (2015) 219–225



www.figo.org

Contents lists available at ScienceDirect

International Journal of Gynecology and Obstetrics

journal homepage: www.elsevier.com/locate/ijgo



POSITION STATEMENT

ENDOCRINE-DISRUPTING CHEMICALS

POLICY STATEMENT

Organizational Principles to Guide and Define the Child Health Care System and/or Improve the Health of all Children

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

SPECIAL COMMUNICATION

International Federation of Gynecology and Obstetrics opinion on reproductive health impacts of exposure to toxic environmental chemicals☆

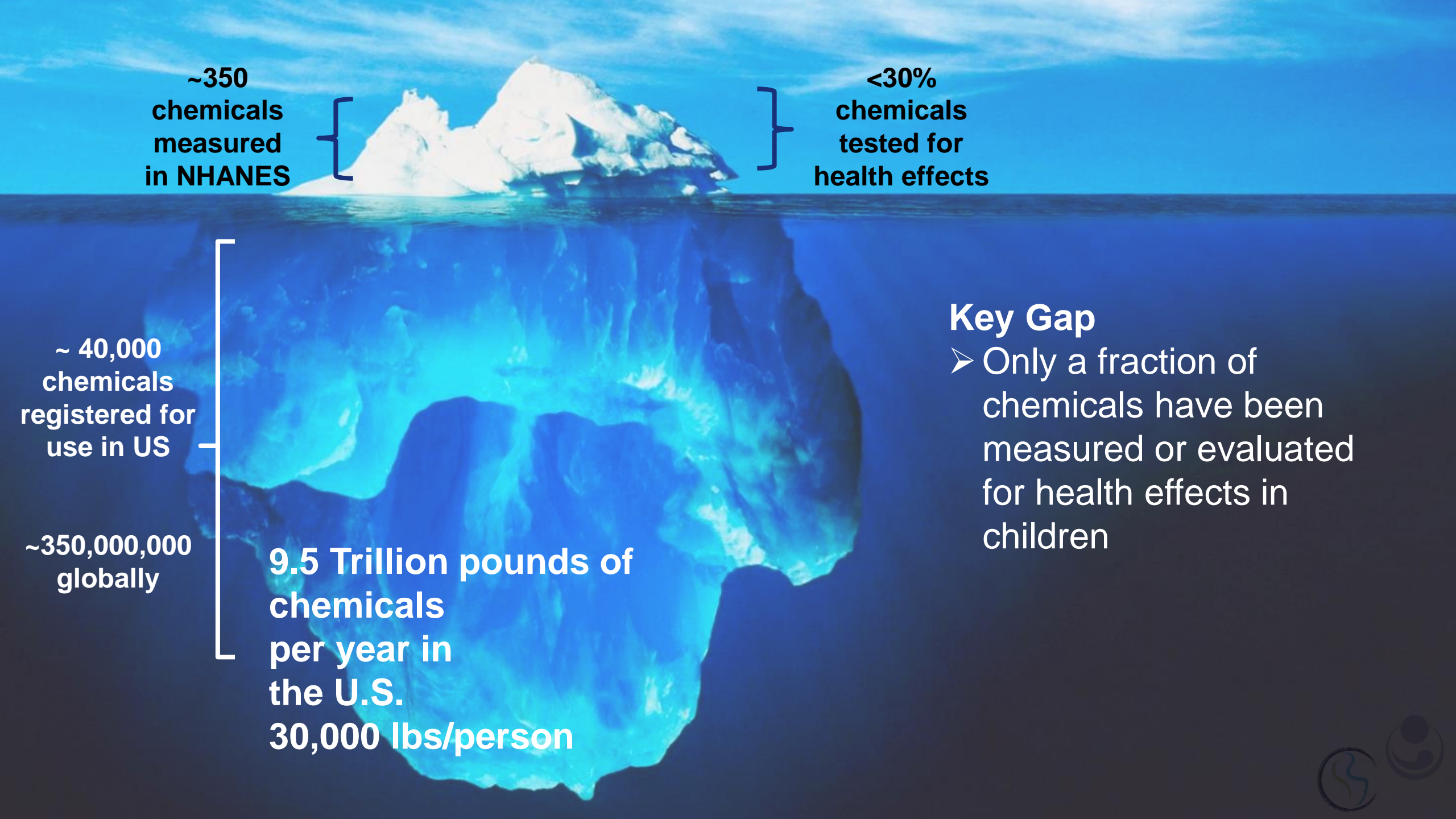


Gian Carlo Di Renzo^a, Jeanne A. Conry^b, Jennifer Blake^c, Mark S. DeFrancesco^b, Nathaniel DeNicola^b, James N. Martin Jr.^b, Kelly A. McCue^b, David Richmond^d, Abid Shah^d, Patrice Sutton^e, Tracey J. Woodruff^{e,*}, Sheryl Ziemer van der Poel^f, Linda C. Giudice^g

Ambient Air Pollution: Health Hazards to Children

Heather L. Brumberg, MD, MPH, FAAP,^a Catherine J. Karr, MD, PhD, FAAP,^b COUNCIL ON ENVIRONMENTAL HEALTH



An iceberg floating in the ocean. The tip of the iceberg is above the water line, and the much larger base is submerged. The sky is blue with some clouds. The water is a deep blue.

**~350
chemicals
measured
in NHANES**

**<30%
chemicals
tested for
health effects**

**~ 40,000
chemicals
registered for
use in US**

**~350,000,000
globally**

**9.5 Trillion pounds of
chemicals
per year in
the U.S.
30,000 lbs/person**

Key Gap

- Only a fraction of chemicals have been measured or evaluated for health effects in children



Identify ‘new’ chemicals for biomonitoring not well covered in ECHO or existing studies (NHANES)

Review

A Section 508–conformant HTML version of this article is available at <https://doi.org/10.1289/EHP5133>.

Identifying and Prioritizing Chemicals with Uncertain Burden of Exposure: Opportunities for Biomonitoring and Health-Related Research

Edo D. Pellizzari,¹ Tracey J. Woodruff,² Rebecca R. Boyles,³ Kurunthachalam Kannan,⁴ Paloma I. Beamer,⁵ Jessie P. Buckley,⁶ Wang,² Yeyi Zhu,^{7,8} and Deborah H. Bennett⁹ (Environmental influences on Child Health Outcomes)

¹Work Program, RTI International, Research Triangle Park, North Carolina, USA

²Program on Reproductive Health and the Environment, Department of Obstetrics, Gynecology and Reproductive Sciences, University of California, San Francisco, San Francisco, California, USA

³Informatics and Data Science, RTI International, Research Triangle Park, North Carolina, USA

⁴Worship Center, New York State Department of Health, Albany, New York, USA

⁵Department of Community, Environment and Policy, Zuckerman College of Public Health, University of Arizona, Tucson, Arizona, USA

⁶Department of Environmental Health and Engineering, Johns Hopkins Bloomberg School of Public Health, Johns Hopkins University, Baltimore, Maryland, USA

⁷Northern California Division of Research, Kaiser Permanente, Oakland, California, USA

⁸Department of Epidemiology and Biostatistics, University of California, San Francisco, San Francisco, California, USA

⁹Department of Public Health Sciences, University of California, Davis, Davis, California, USA

BACKGROUND: The National Institutes of Health’s Environmental influences on Child Health Outcomes (ECHO) initiative aims to understand the impact of environmental factors on childhood disease. Over 40,000 chemicals are approved for commercial use. The challenge is to prioritize chemicals for biomonitoring that may present health risk concerns.

OBJECTIVES: Our aim was to prioritize chemicals that may elicit child health effects of interest to ECHO but that have not been biomonitored nationwide and to identify gaps needing additional research.

METHODS: We searched databases and the literature for chemicals in environmental media and in consumer products that were potentially toxic. We selected chemicals that were not measured in the National Health and Nutrition Examination Survey. From over 700 chemicals, we chose 155 chemicals and created eight chemical panels. For each chemical, we compiled biomonitoring and toxicity data, U.S. Environmental Protection Agency exposure predictions, and annual production usage. We also applied predictive modeling to estimate toxicity. Using these data, we recommended





POLICY

Pregnant women increasingly exposed to chemicals that could harm development: study

BY SHARON UDASIN - 05/10/22 12:01 AM ET

Pregnant women are incurring increasing exposure to an array of toxic chemicals that may be harmful to fetal development, a new study has found.

Many of these substances are so-called “replacement chemicals” — new forms of compounds that have been banned or phased out, but that may be just as injurious as the ones they replaced, according to the study, published on Tuesday in [Environmental Science & Technology](#).



ECHO

Environmental influences
on Child Health Outcomes

A program supported by the NIH



UCSF

Program on Reproductive Health and the Environment

University of California, San Francisco

Long-term Study of Pregnant Women Finds Increasing Chemical Exposure



MAY 10, 2022 ~ PRHE

A national study that enrolled a highly diverse group of pregnant women over 12 years found rising exposure to chemicals from plastics and pesticides that may be harmful to development.

Environmental
Science & Technology

pubs.acs.org/est



Article

Exposure to Contemporary and Emerging Chemicals in Commerce among Pregnant Women in the United States: The Environmental influences on Child Health Outcome (ECHO) Program

Jessie P. Buckley, Jordan R. Kuiper, Deborah H. Bennett, Emily S. Barrett, Tracy Bastain, Carrie V. Breton, Sridhar Chinthakindi, Anne L. Dunlop, Shohreh F. Farzan, Julie B. Herbstman, Margaret R. Karagas, Carmen J. Marsit, John D. Meeker, Rachel Morello-Frosch, Thomas G. O'Connor, Megan E. Romano, Susan Schantz, Rebecca J. Schmidt, Deborah J. Watkins, Hongkai Zhu, Edo D. Pellizzari, Kurunthachalam Kannan, and Tracey J. Woodruff*





45 chemicals detected in $\geq 50\%$ of pregnancy urine samples



Benzophenones & Parabens (6)

Bisphenols (2)

**Phthalates, Terephthalates, and
phthalate alternatives (18)**

Fungicides and Herbicides (4)

Neonicotinoid insecticides (2)
Organophosphate insecticide (1)

Newer Flame Retardants (2)

Polycyclic aromatic hydrocarbons (10)



Multiple chemical exposures higher in Hispanic women

	Benzophenones				Bisphenols				Fungicides				Herbicides				Neonicotinoids				OP insecticide				Other insecticide				Pyrethroids				Parabens				Phthalate alternative				Phthalates			
	BP8	4-OHBP	BP1	BP3	BPA	BPF	BPS	BPZ	2,4,5-T	PNP	PCP	2,4-D	ATZ	CLO	IMI	NDMA	NIT	THX	TCP	SUF	DCCA	FPBA	BzPB	BuPB	EtPB	MePB	PrPB	ΣDINCH	ΣDEHP	ΣDHPH	ΣDiDP	MHPP	MBzP	MEP	MiPP/MPrP	MMP	MnBP/MiBP	MOP	FLUOs	NAPs	PHENS			
Race/ethnicity ^a																																												
Non-Hispanic	↑		↓	↓										↓						↓		↓			↑	↑	↑		↓					↑					↑	↑				
Black/Other/multiple					↑	↑																																						
Hispanic ethnicity	↑		↓	↓	↑	↑	↑					↑		↑		↑		↑				↓		↑	↑	↑	↑	↑	↑	↑	↑	↓	↓	↑	↑		↑			↑	↑			
^a Compared to non-Hispanic White																																												

= positive association, p < 0.05
 = positive association, p < 0.2

= negative association, p < 0.05
 = negative association, p < 0.2

Potential increasing levels of chemicals that are replacements for chemicals of concern

BPF, BPS increasing – potential replacements for BPA

DINCH increasing – potential replacement for phthalates like DEHP and DBP

	Benzophenones				Bisphenols				Fungicides				Neonicotinoids				OP insecticide Other insecticide		Parabens				Phthalate alternative				Phthalates						
	BP8	4-OHBP	BP1	BPS	BPA	BPF	BPS	BPZ	PCP	PNP	CLO	IMI	NDMA	NIT	THX	TCP	SUF	BzPB	BuPB	EtPB	MePB	PhPB	ΣDINCH	ΣDEHP	ΣDPHP	ΣDiDP	MHP	MBzP	MEP	MiPP/MPrP	MMP	MnBP/MIBP	MOP
Calendar year	↓	↓				↑	↑		↓	↓	↑		↑	↓	↓		↑	↑	↓	↑	↓	↓	↑	↓	↓	↓	↓	↓	↓	↓	↓	↓	
<div><div>^a Reference is non-Hispanic White</div><div>^b Reference is Bachelor's degree or higher</div></div>																																	

= positive association, p < 0.05

= positive association, p < 0.2

= negative association, p < 0.05

= negative association, p < 0.2

Developmental susceptibility in public policy

- **Toxic Substances Control Act**
- Amended in 2016 - Primary authority in U.S. regulating non-pesticide chemicals in commerce
- Opportunity to address developmental susceptibility



Toxic Substances Control Act

Under amended TSCA, EPA is mandated to:

determine whether a chemical substance presents an **unreasonable risk** of injury ... to a potentially exposed or **susceptible subpopulation**... §2605(b)(4)(A)

Potentially exposed or susceptible subpopulation is defined as:

a group of individuals within the general population identified by the Administrator who, due to either greater susceptibility or greater exposure, **may be at greater risk** than the general

population of adverse health effects from exposure to a chemical substance or mixture, **such as**

infants, children, pregnant women, workers, or the elderly. §2602(12)

EPA can address developmental susceptibilities under TSCA

EPA is required to:

- Evaluate higher exposures that can occur to children
- Can evaluate higher susceptibility due to developmental stage
- EPA can require data to better document exposures/susceptibilities
- Opportunity still being realized



[This Photo](#) by Unknown Author is licensed under [CC BY-ND](#)

1-Bromopropane

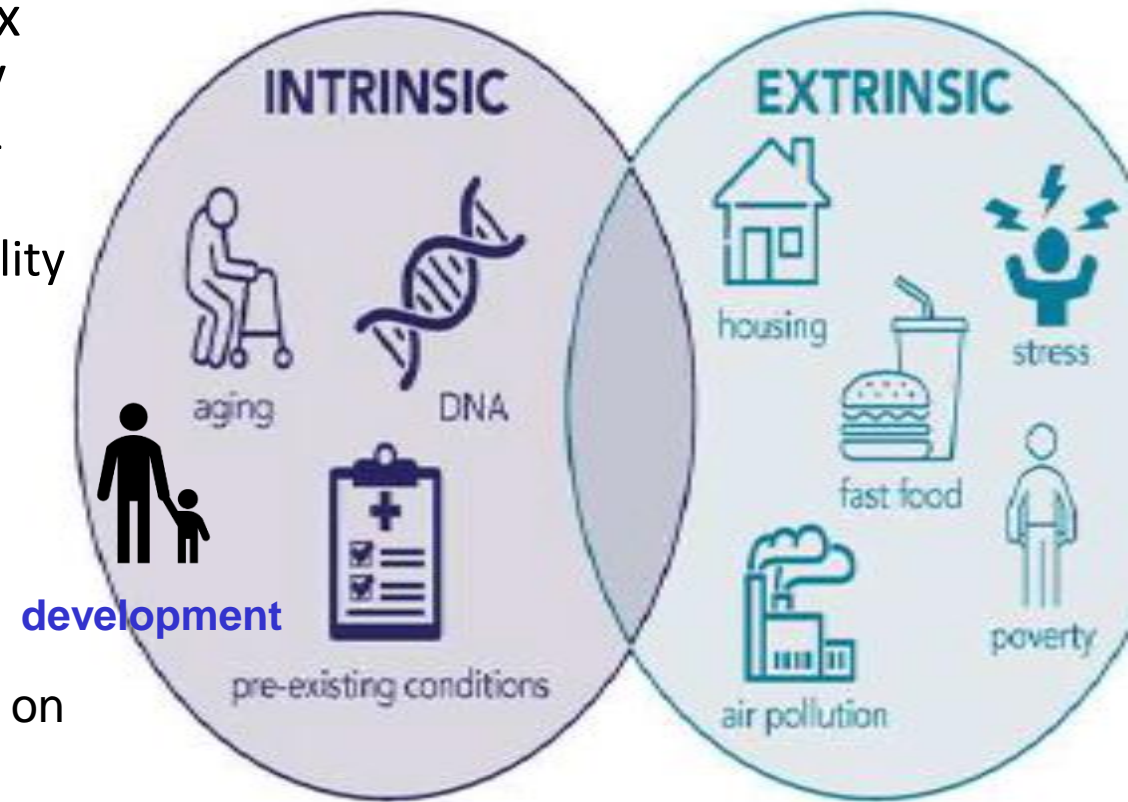


- *Dry-cleaning solvent, also used as degreaser, spot remover etc*
 - Widespread use, annual 2007 emissions of 20,000- 30,000 metric tons
 -
- *EPA Risk Assessment*
- *Did not fully account for children's increase health susceptibility*
- *Identified single exposure to this dry-cleaning chemical during critical window of fetal development may be sufficient to produce adverse developmental effects.*
- *But - it "did not calculate risk for children associated with acute exposure at dry cleaners because the acute health domains (developmental effects) are not applicable to children."*
- *Did not calculate risks for chronic exposure for children at dry cleaners because*
 - *"EPA believes exposure to children at workplaces are unlikely to be chronic in nature."*
 - *This assumes exposures to children happen only in a four-hour period after school*

Human variability

- Typical EPA assessment of population risks include a 10x adjustment to account for human population variability
 - Variability is due to multiple factors including – genetics, pre-existing conditions, developmental stage, psychosocial stress
 - NAS concluded 10x does not account for full range of variability
- Food Quality Protection Act requires an additional adjustment factor for age-related susceptibility
- TSCA does not
 - Opportunity to look to other authoritative bodies that have upgraded adjustment factors
 - California Office of Environmental Health Hazard Assessment has increased adjustment factor from 10 to 30 primarily based on age-specific differences in chemical metabolism (between children and adults).
 - Other data indicate greater differences in susceptibility
 - E.g. cancer

Intrinsic and Extrinsic Risk Factors for Disease



Conclusions

- Newer exposure data find multiple chemical exposures, some of which appear to be increasing, can adversely influence children's health
 - Policies need to comprehensively reduce chemical exposures without leading to other toxic exposures
- Public policy has capacity to address children's health – but need to switch paradigm to put onus on those that financially benefit pay for cost of testing prior to use/stay on market
- But best available science is needed to upgrade approaches
 - Need to move upstream and use early indicators of harm and animal/in vitro systems to identify





Thank you!

Thank you to our PRHE Faculty, Staff & Affiliates:

Cynthia Melgoza
Canchola
Dana Goin
Dimitri Abrahamsson
Erin DeMicco
Garret Bland
Harim Lee
Jessica Trowbridge
Joshua Robinson
Kristin Shiplet
Laura Bettencourt

Lynn Harvey
Nadia Gaber
Nicholas Chartres
Maribel Juarez
Marya Zlatnick
Max Aung
Rachel Morello-Frosch
Susan Lamontagne
Swati Rayasam
Tali Felson

Thank you to our funders:

The Tides Foundation
The Marisla Foundation
The California
Environmental Protection
Agency
The Passport Foundation
The JPB Foundation
The National Institutes of
Health
The Fine Fund

The Clarence E. Heller
Charitable
Foundation
National Institute for
Environmental Health
Sciences

EaRTH Center
Peggy Reynolds
Diana Laird
Susan Fisher
Jennifer Fung

Aileen Andrade
Alana D'Aleo
Allison Landowski
Allison Rozema
Amy Padula
Andrea Philips
Anne Sausser
Annemarie Charlesworth
Ariel Eastburn
Chanese Forte
Charlie Mead
Cheryl Godwin de Medina
Courtney Cooper





FOR MORE INFORMATION:
PRHE.UCSF.EDU
EARTH.UCSF.EDU

FOLLOW US

PRHEBlog



UCSF.PRHE



@UCSF_PRHE



YouTube



@UCSF_EaRTH



UCSF.EaRTH