## COMMITTEE ON THE IMPACT OF SOCIAL MEDIA ON THE HEALTH EFFECTS OF ADOLESCENTS AND CHILDREN – YOUTH PERSPECTIVES

## MAY 23, 2023

## FULL SCHEDULE IN EASTERN TIME

Note this meeting is open to public but not recorded.

## YOUTH ENGAGEMENT GROUP 2, PART 2 OF 2 (45 MINS TO 1 HOUR)

7:00-7:10 Welcome and Orientation

Alexis Wojtowicz, Associate Program Officer

7:10-7:15 Introductions

7:20-7:45/8 Discussion

- Are there any places or people that have helped you learn about social media and how it works?
- Have you ever had a doctor or guidance counsellor or anyone like that talk to you about social media?
- The committee has heard a bit about digital flashing, about people using AirDrop, for example, to send inappropriate often sexual videos to strangers. Have you ever heard of this? Are you aware of people you could to talk to about it? Friends, siblings, parents, resources at school, even a doctor?
- Do you feel like you know how to protect yourself from scary or harmful content?
- Do you ever think about what changes would make social media better for you? For example, changing the ways you use the platform or changes to how the platforms works...

7:45-8:00 Wrap up and adjourn