Low-Income Healthcare Accessibility

Yalda and Nayla

About us

Yalda

I'm currently a junior at JHS, I was born in the U.S but I grew up with mostly Bolivian culture. I've always wanted to help people as much as I could which is why I hope to become a nurse in the future. Becoming a nurse would allow me to give back to my community which are medically underserved.

Nayla

I am a Junior at JHS and Ecuadorian-Bolivian American. My passion is serving others and building connections with those in my community. My goal is to possibly take a career in the Medical career.

Why Accessible Healthcare?

Many communities throughout the United States don't have access to healthcare due to money, transportation, time, and more. The focus of this advocacy is to provide accessible healthcare to those in the community who either don't have the insurance or money to cover for medical costs.

Goal

Mission

The goal for this campaign is to provide access of healthcare to underserved communities by doing a health fair which will offer services such as medical screenings, dental assessments, fitness awareness, and nutrition awareness.

Outcome

The hope is to spread awareness on the importance of healthcare accessibility and provide services to other states then just Virginia.

Target Audience

The target audience is low-income families such as Hispanic, Latinx and Black American communities. For the meantime the focus will be on the community surrounding Justice High School due to the diversity of people who live within it. Ages 6 and up will be welcomed with no judgement.

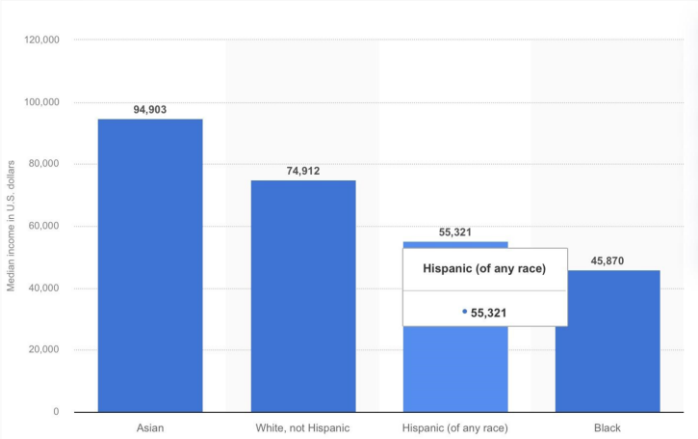
Experiences

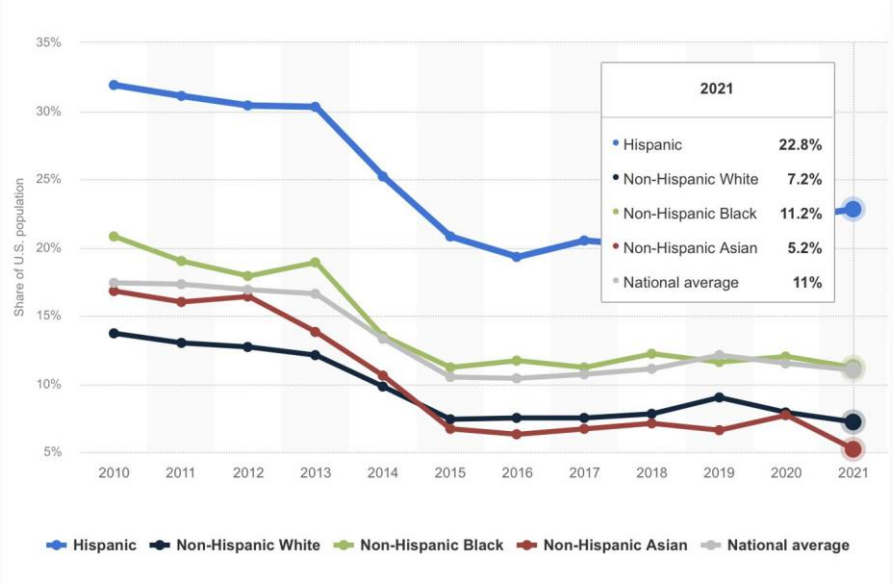
What causes people to not seek medical attention?

- No Insurance Coverage
- Immigration Status
- Cost
- Time
- Transportation
- Language Barrier

National Statistics

- The graph below shows the median household income for families. Hispanic household make 17% of families below the poverty line, which is then followed by the Black Americans which make up 19.5%





- The graph above shows the percentage of those without healthcare

Statistics

52.3%

Of people have limited knowledge of locations for routine healthcare services

2/3

Of participant have reported that they have never received a preventive check up

10.2%

Have encountered language barriers in healthcare settings.

Healthcare Plan

Our plan is to create a Health Fair around our area which has a high population of hispanics and other minorities. The healthcare will provide both health education and health screenings to low- income individuals. Additional screening provided would be **Glucose & cholesterol**. The individuals who come to the healthcare will not need many documentation or will hopefully have no cost at all so all the individuals can have access to **free healthcare.**

Locations

Justice High School

- The time will vary depending on when the people are available.
- Little Theater would occupied possibly other rooms as well.
- We are students at this school so we would need to make a proposal to the principal to conduct the health fair.

Baileys Elementary (Lower)

- The time will vary depending on when the people are available.
- Cafeteria or other rooms would be used.
- Make connections to teachers or other staff in order to conduct the health fair which is most closest to the hispanic community

Activities

Nutrition & Cooking Demos

Teaching families methods of having a balanced diet on a budget. As well as portion sizes and information about calories.

Health Screenings

Will provide health screenings to help families maintain good health. This will check their blood pressure, heartbeat, Glucose, and cholesterol.

Dental Hygiene

Inform families of the importance of it and how it can impact one's health. Discuss possible options for treatment.

Partnerships

- Virginia Health Department
- Fairfax Health Department
- MAP Clinic
- The PAN Foundation
- The HealthWell Foundation
- INOVA

We've already volunteered with the MAP clinic and have met Ms. Mary. By volunteering with the MAP clinic we have been able to have a better understand of how they help the community in the Uyghur Islamic Center. We've also been in contact with the Health Department specifically with Ms. Mariama. Though we've already started some partnership we plan to ask more foundations/departments and possibly others in the communitiny in order to provide a well contracted Health Fair.