



Clinical Follow-Up and Care for Those Impacted by the JP-5 Releases at Red Hill:

Mental Health Virtual Listening Session with the Impacted Community
April 15, 2025 – Public Agenda
All Times Hawai'i Standard Time

This virtual listening session provides an opportunity for the National Academies Committee on the Clinical Follow-up and Care for Those Impacted by the JP-5 Releases at Red Hill to hear directly from those affected. Individuals who were exposed, as well as those involved in the public health response and clinical care, are invited to share their perspectives and experiences to help inform the committee's work. We ask that participants come prepared to share insights related to the discussion questions outlined in the agenda.

12:00 PM HST Welcome

Grace Lee, Committee Chair

12:10 Introduction to Session

Keawe Kaholokula, Committee Member

12:15 Mental Health Impact Discussion

Moderator: Keawe Kaholokula, Committee Member

Q1. How has this experience impacted mental health and emotional well-being—for you and others in your community. Mental health impacts, could include things like depression, anxiety or feeling constantly worried, using alcohol or other substances to cope, or feeling hyper-alert—like you're always scanning for danger or can't let your guard down

- a. What kinds of mental health impacts you've noticed?
- b. And what you think might be contributing to those impacts?
- c. What was problematic in the beginning, and what remains a problem?

Q2. Let's discuss how you and your community have been coping with these impacts and how you could be better supported moving forward.

- a. How is your community coping with the stress, trauma, anxiety, or other mental health challenges related to this event?
- b. And in your view, what could help your community heal from this experience?
- c. Or what support ought to be in place?

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12:50 Discussion on Experiences with Receiving or Giving Mental Health Care Following the JP-5 Releases at Red Hill

Melissa Perry, Committee Member

- Q3. What mental health resources were available to you or your community during and after the fuel releases? By mental health resources, we mean the people, places, or tools that helped you or others feel supported—like someone to talk to, a safe space, or activities that helped you cope with stress, sadness, or worry.
 - a. What did you feel you needed to support your mental health?
 - b. How easy or difficult was it to access care or those supports?
- Q4. Thinking about what's still needed: what kinds of mental health or emotional support or services would you like to see for your community to help it health from this exposure event?
- Q5. Before we close, is there anything else you'd like the committee to understand about mental health impacts, experiences, or needs in relation to this event?
- 1:25 Wrap-Up and Next Steps
 Grace Lee, Committee Chair
- 1:30pm Meeting Adjourns