

Driving Action and Progress on Obesity Prevention and Treatment
Workshop
Roundtable on Obesity Solutions

September 27, 2016
The National Academies of Sciences Building
2101 Constitution Avenue, NW Washington, DC
Auditorium

Purpose: Assess how far the nation has come in tackling the obesity epidemic, identify the levers that will drive significant progress in obesity prevention and treatment, and discuss how gaps in the field can be filled.

Goals:

- Review the progress that has been made in obesity prevention and treatment.
- Identify urgent issues and gaps in the field, and high priority research opportunities.
- Identify promising approaches for future work.

8:30 AM **Welcome**, Bill Purcell, JD, *Chair, Roundtable on Obesity Solutions*

PROGRESS IN OBESITY PREVENTION AND TREATMENT

8:45 AM **Trends and Prevalence of Overweight and Obesity and Gaps in Information**
Captain Heidi Michels Blanck, MS, PhD, Centers for Disease Control and Prevention

9:15 AM **Progress on the Call to Action to Prevent and Treat Overweight and Obesity**
Facilitator: William Dietz, MD, PhD, George Washington University

Jeffrey Koplan, MD, MPH, Vice President for Global Health, Emory University
David Satcher, MD, PhD, former US Surgeon General; Founding Director, Satcher Health Leadership Institute, Morehouse School of Medicine
Vice Admiral Vivek H. Murthy, MD, MBA, US Surgeon General

10:15 AM **BREAK**

DRIVING PROGRESS IN COMMUNITIES AND THE NATION

10:30 AM **Early Care and Education**
Facilitator: Jennifer Zuckerman, MS, Blue Cross and Blue Shield of North Carolina Foundation

Debbie Chang, MPH, Nemours Children's Health System
Daithi Wolfe, Wisconsin Council on Children and Families
Anna Mercer-McLean, MS, Community School for People under Six, Carrboro, NC

11:15 AM **Business**
Facilitator: Becky Johnson, Healthy Weight Commitment Foundation

Becky Johnson, Healthy Weight Commitment Foundation
LuAnn Heinen, MPP, National Business Group on Health
Ryan Shadrick Wilson, JD, Partnership for a Healthier America
Elyse Cohen, MPH, US Chamber of Commerce Foundation

12:00 PM **LUNCH**

1:00 PM **Physical Activity**

Facilitator: Christina Economos, PhD, Tufts University

James Sallis, PhD, University of California, San Diego

Harold W. (Bill) Kohl III, PhD, University of Texas at Austin

Arnell Hinkle, MA, RD, MPH, CHES, CANFIT

1:45 PM **Treatment Challenges with Obesity Therapy**

Facilitator: David Fukuzawa, MDiv, MSA, Kresge Foundation

Caroline Apovian, MD, Boston University School of Medicine

Don Bradley, MD, MHS-CL, Duke University

David Fukuzawa, MDiv, MSA, Kresge Foundation

2:30 PM **BREAK**

2:45 PM **Future Directions in Supporting Obesity Efforts**

Facilitator: Bill Purcell

Marion Standish, JD, The California Endowment

Monica H. Vinluan, JD, Robert Wood Johnson Foundation

Barbara Picower, MA, MS, JPB Foundation

David Fukuzawa, MDiv, MSA, Kresge Foundation

3:30 PM **Moving Forward**

Facilitator: Bill Purcell

The Honorable Tom Vilsack, JD, U.S. Secretary of Agriculture

4:00 PM **Closing**, Bill Purcell, JD, *Chair, Roundtable on Obesity Solutions*

4:15 PM **Adjourn**



Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents are obese. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

The Health and Medicine Division (HMD) is a division of the National Academies of Sciences, Engineering, and Medicine (the Academies). The Academies are private, nonprofit institutions that provide independent, objective analysis and advice to the nation and conduct other activities to solve complex problems and inform public policy decisions related to science, technology, and medicine. The Academies operate under an 1863 congressional charter to the National Academy of Sciences, signed by President Lincoln. **See more at: <http://nationalacademies.org/obesitysolutions>**