



Creating Livable,
Prosperous and
Healthy Communities



Story of...

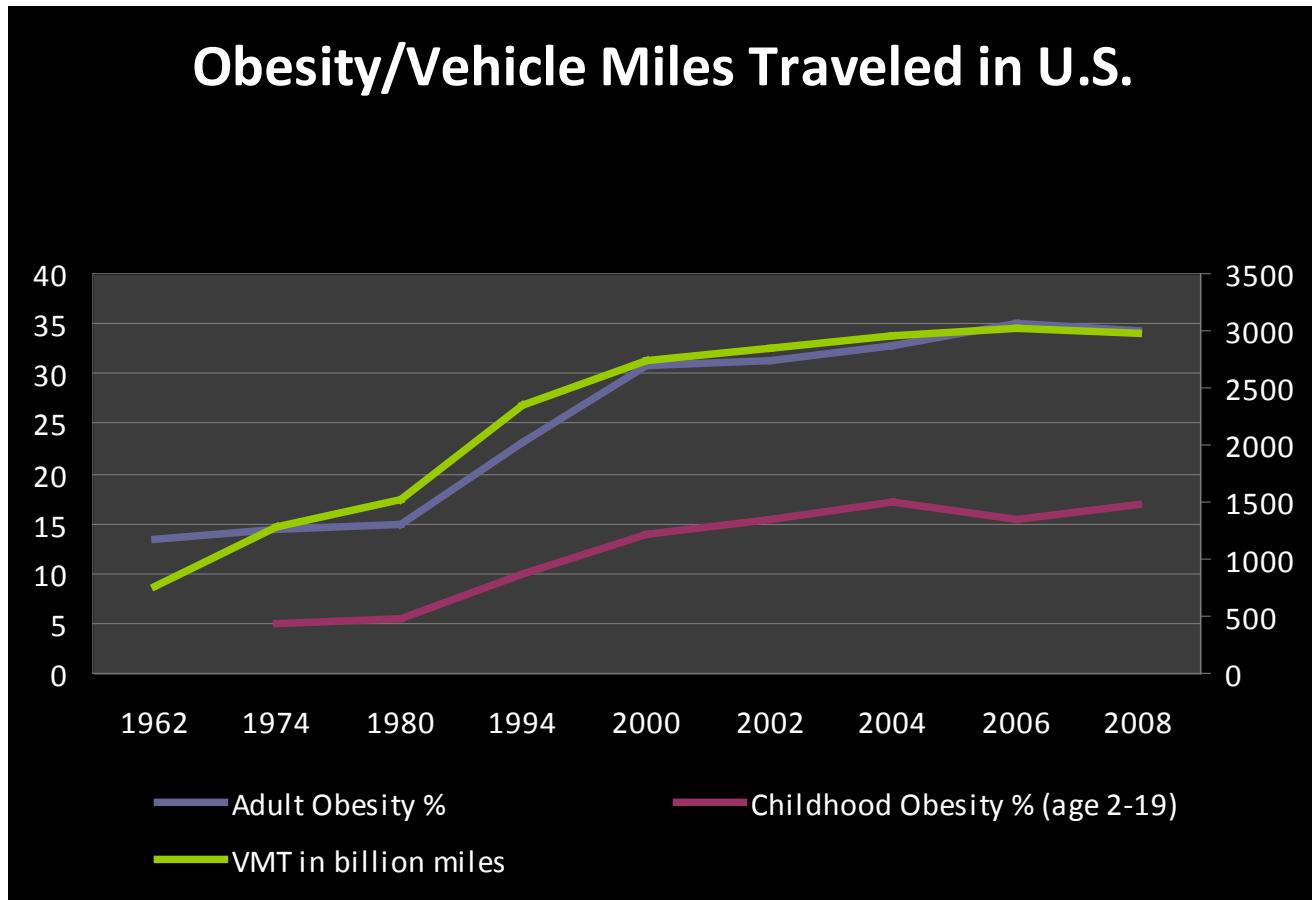
**“Most chronic diseases and
conditions are a normal
response by normal people to
an abnormal environment.”**



Our Streets Have to be Public Assets...

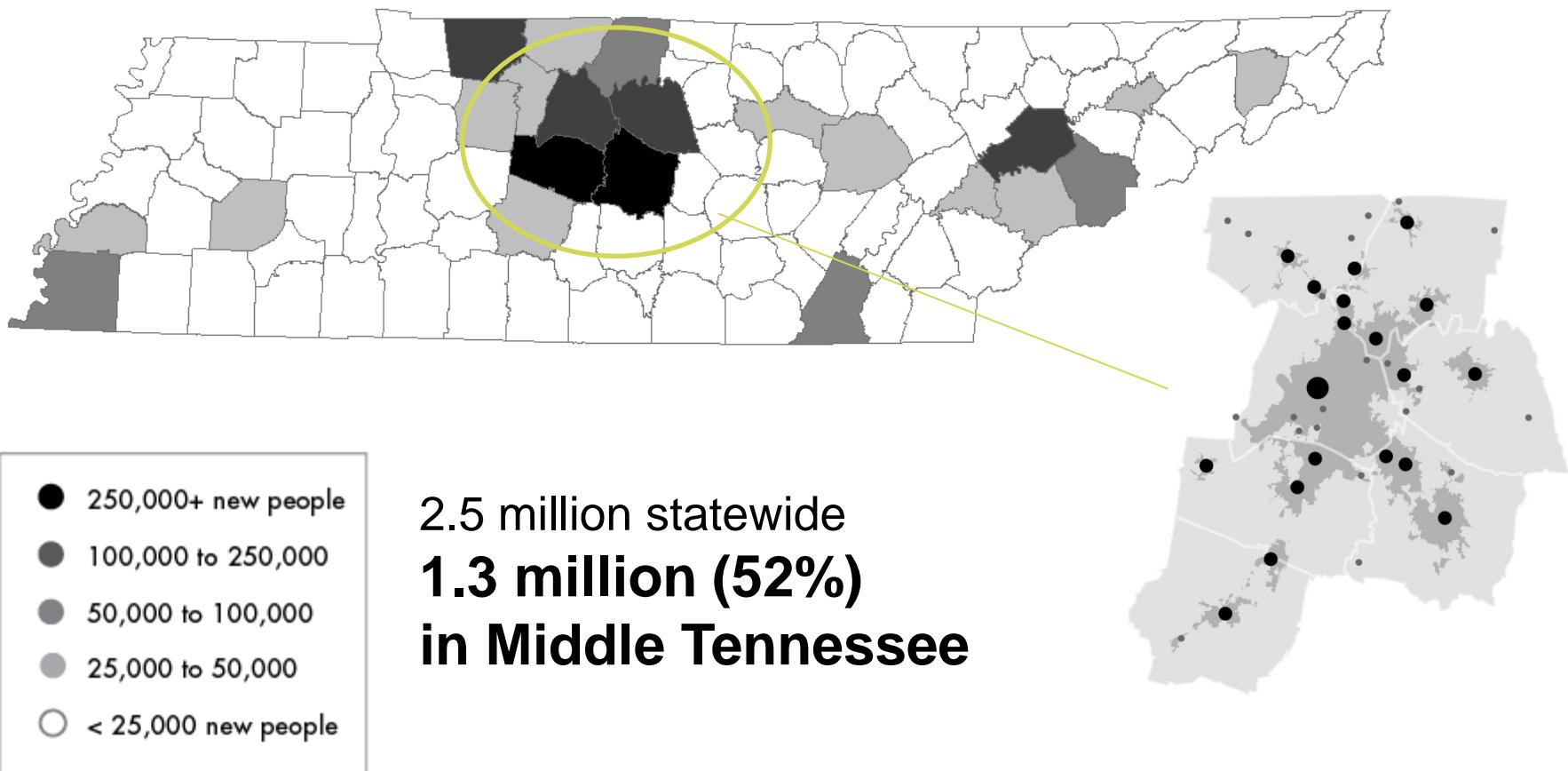


The Role of Transportation



Sources: Centers for Disease Control – National Health and Nutrition Examination Survey/
U.S. DOT – Federal Highway Administration, Annual Vehicle Distance Traveled in Miles and Related Data

Nashville Area MPO



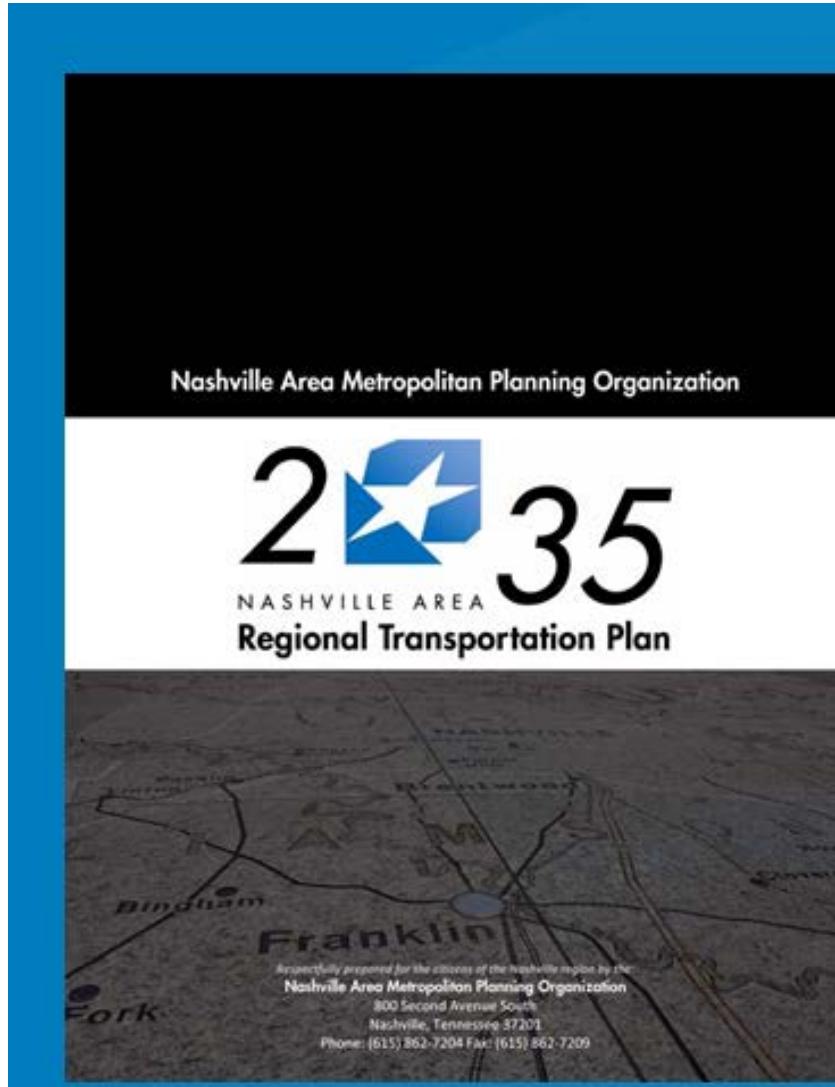
What Transportation Can Do?

Nashville Area MPO:

- Policy
- Project Prioritization
- Funding



Policy based on Public Opinion



#1

A Bold, New Vision for Mass Transit

#2

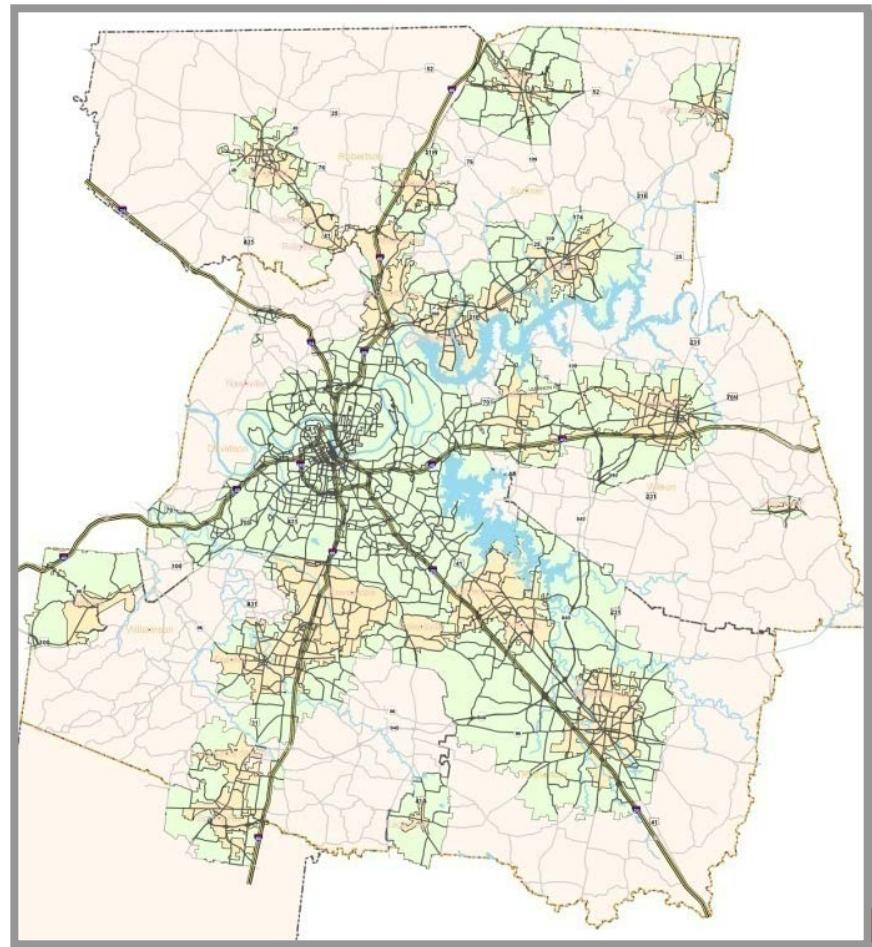
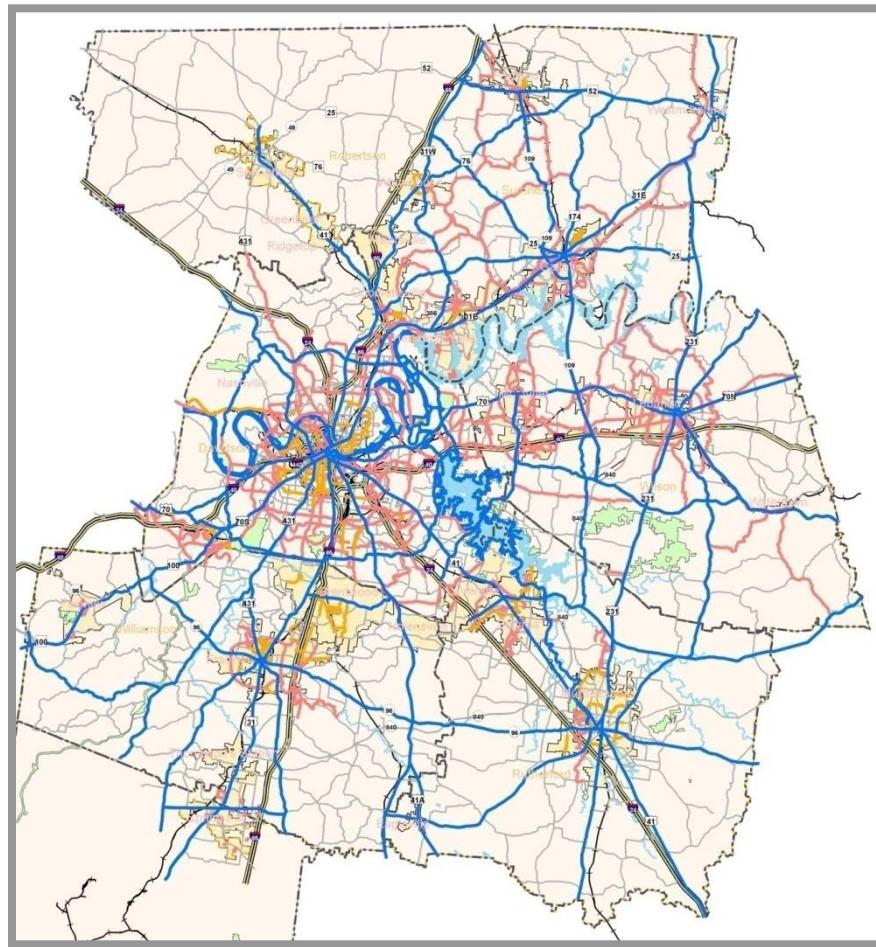
Support for Active Transportation & Walkable Communities

#3

Preservation & Enhancement of Strategic Roadways

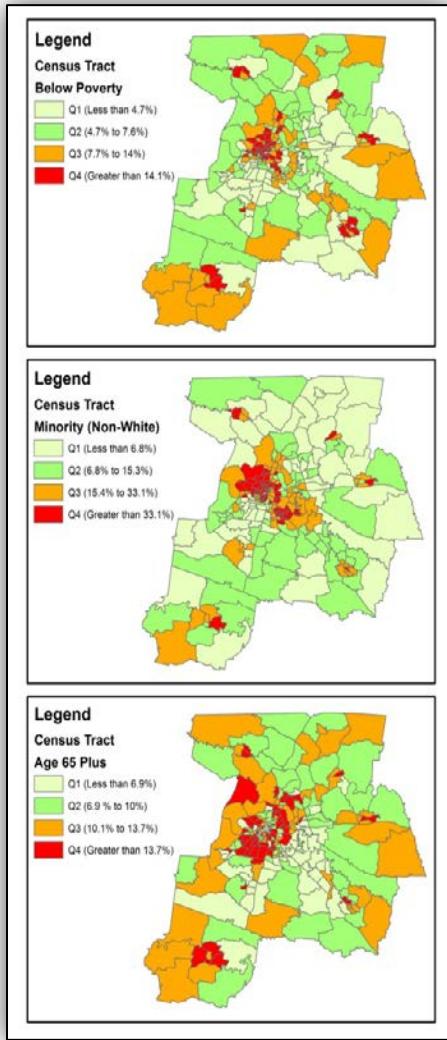
TN

Vision for Sidewalks and Bikeways



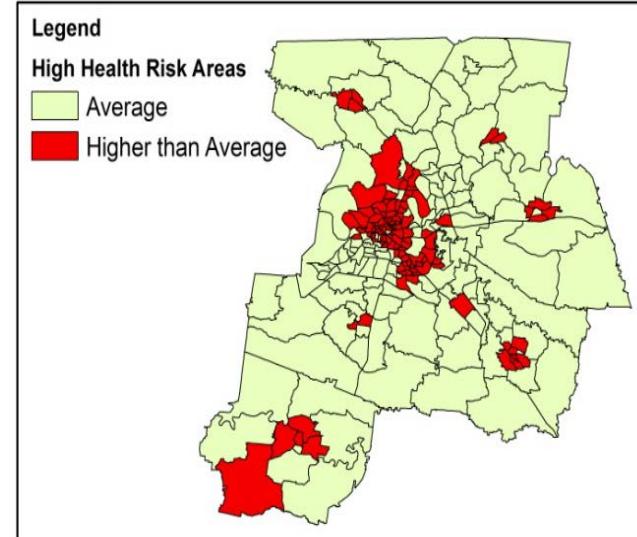


Health Priority Areas

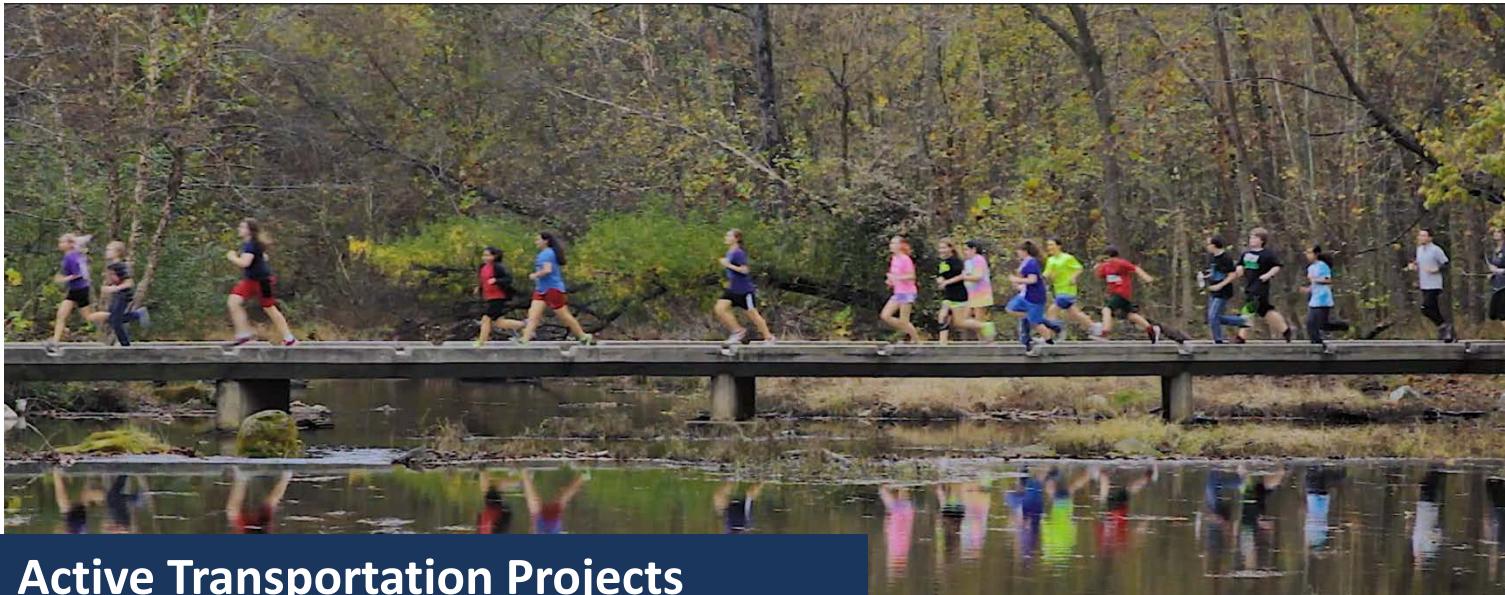


There is a strong link between the lack of physical activity and health (e.g. heart disease, obesity, and other chronic conditions).

Research has also shown certain population groups have a higher disparity. These groups include:



Result: Increased Physical Activity



Active Transportation Projects

2005: 2% funded projects

2010: 67%

2015: 77%

2009 to 2014 Miles of:

Sidewalks: 57% increase

Bikeways: 19% increase

Greenways: 36% increase

What Public Health Can Do

Tennessee Department of Health:

- Staff
- Grants
- Cross-sector communications

2016 ANNUAL CONTINUING EDUCATION CONFERENCE | ACCELERATING OUR CULTURE OF HEALTH

ARRIVE EARLY, STAY LATE! CONFERENCE AT-A-GLANCE

2015 Annual Conference Registration

THE TENNESSEE PUBLIC HEALTH ASSOCIATION

Cool Springs Marriott Hotel & Conference Center • Franklin, Tennessee

September 9-11, 2015

TPHA

tnpublichealth.org

TN

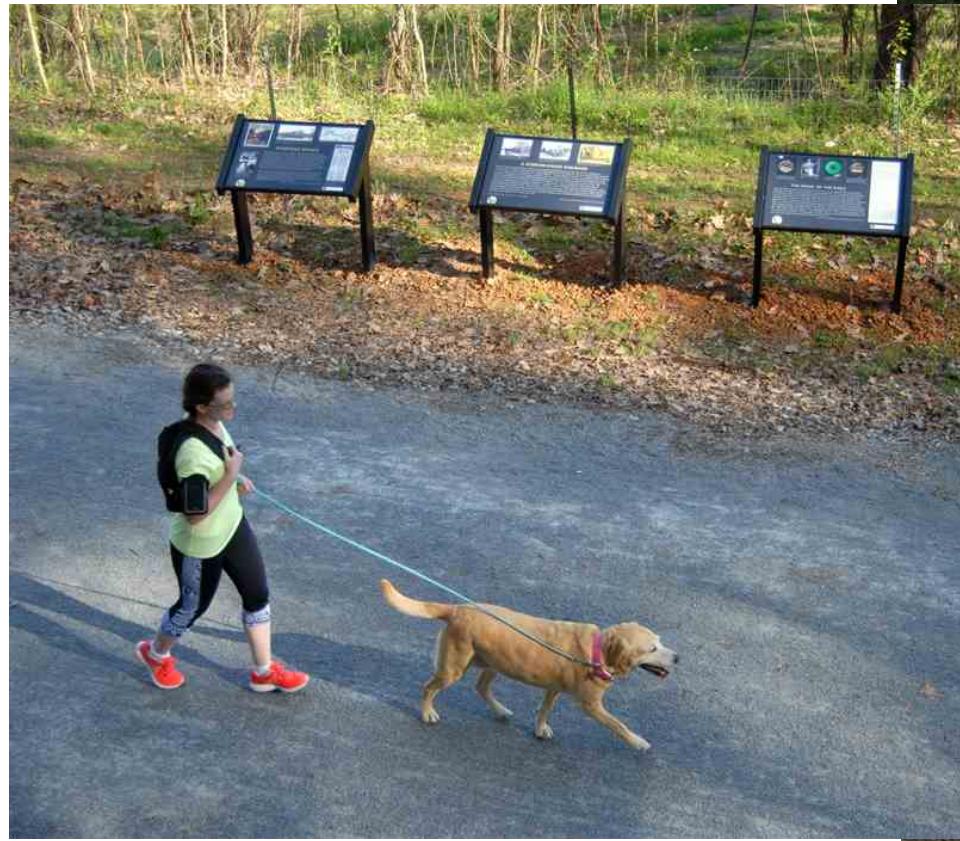


Heathy Development Coordinators





Access to Health/Healthy Active Built Env.





Infrastructure - funded by public health



Join Together: Data Collection & Studies

Transportation, Physical Activity and Health Data Collection and Analysis

Middle Tennessee Transportation and Health Study



Welcome

About the Study

Invited to Join?

Report Travel

FAQs

Materials

Contact Us

Step 1

Invited to join? Complete a Household Questionnaire.

[Start Here](#)

Step 2

Record your travel on your assigned day using your travel log.

[Learn More...](#)

Step 3

After your travel date, please report your travel information.

[Report Travel](#)

Step 4

If selected, complete the additional Health Survey.

[Take Health Survey](#)

Welcome! The Middle Tennessee Transportation and Health Study is sponsored by the Nashville Metropolitan Planning Organization, the Clarksville Urbanized Area Metropolitan Planning Organization, and the Tennessee Department of Transportation. If you have received a participation letter, please [Start Here](#) to begin the survey.

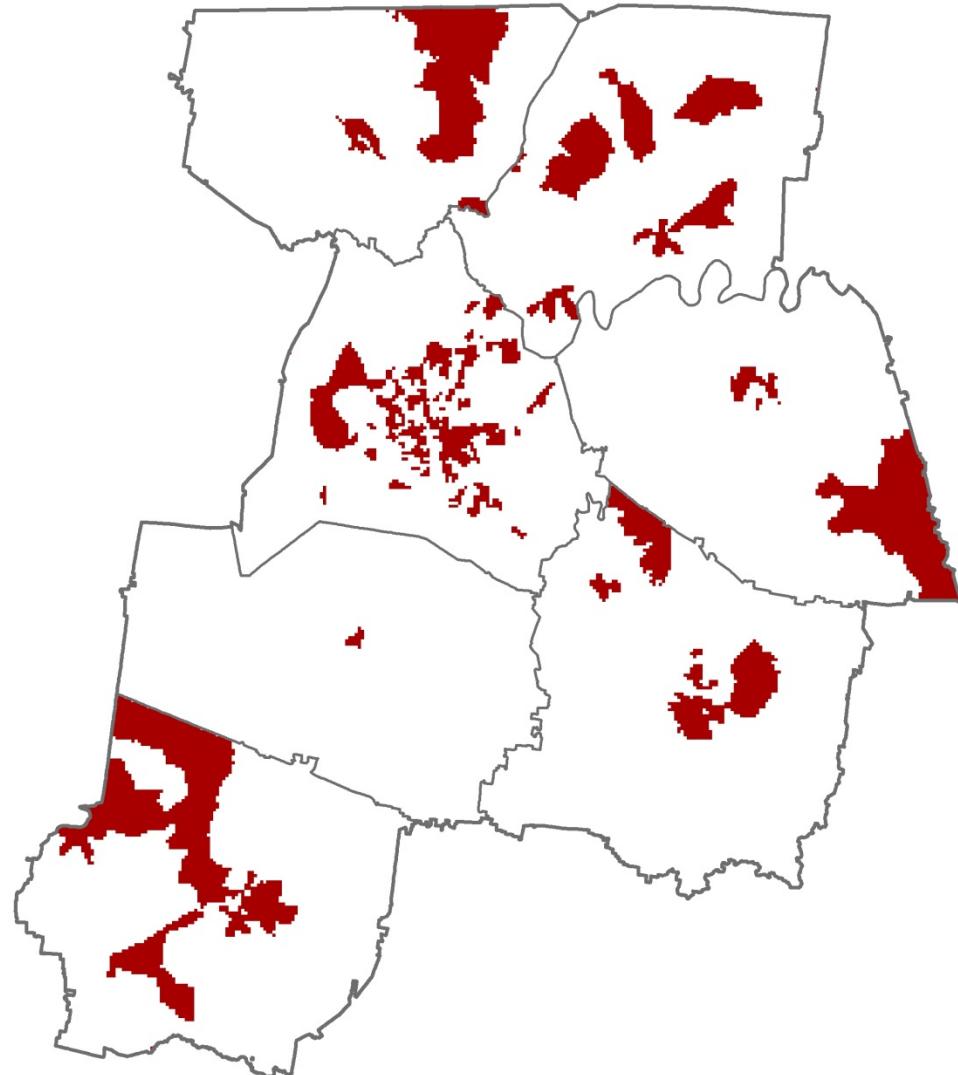


Every day, thousands of people move through the middle Tennessee region—in cars, on buses, by foot, on bikes. To plan for the projects of tomorrow, we need to understand how you travel today. Your participation in this important survey will help improve the future of transportation for all of us.



TN

Join Together: Prioritize Resources

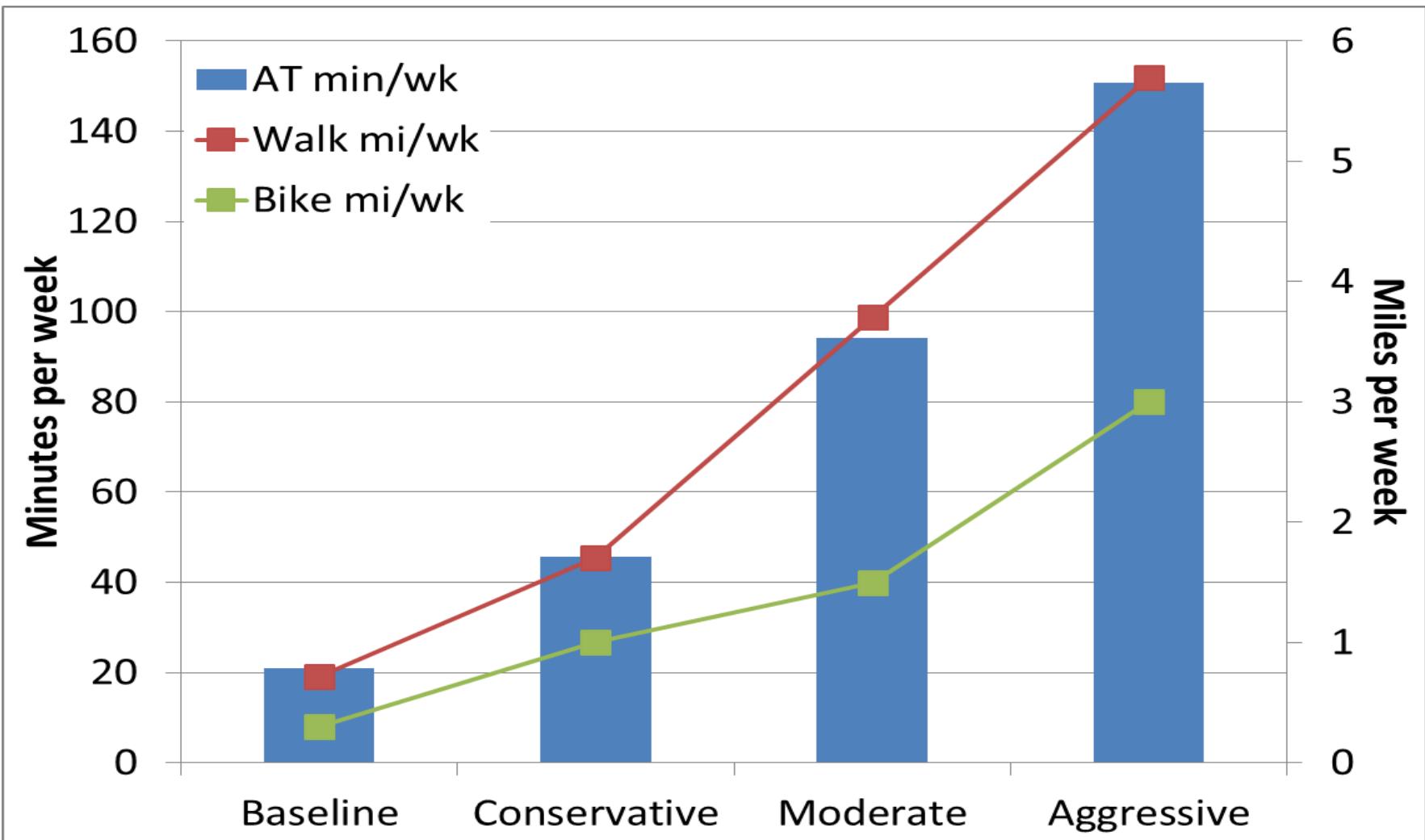


Health Priority Areas

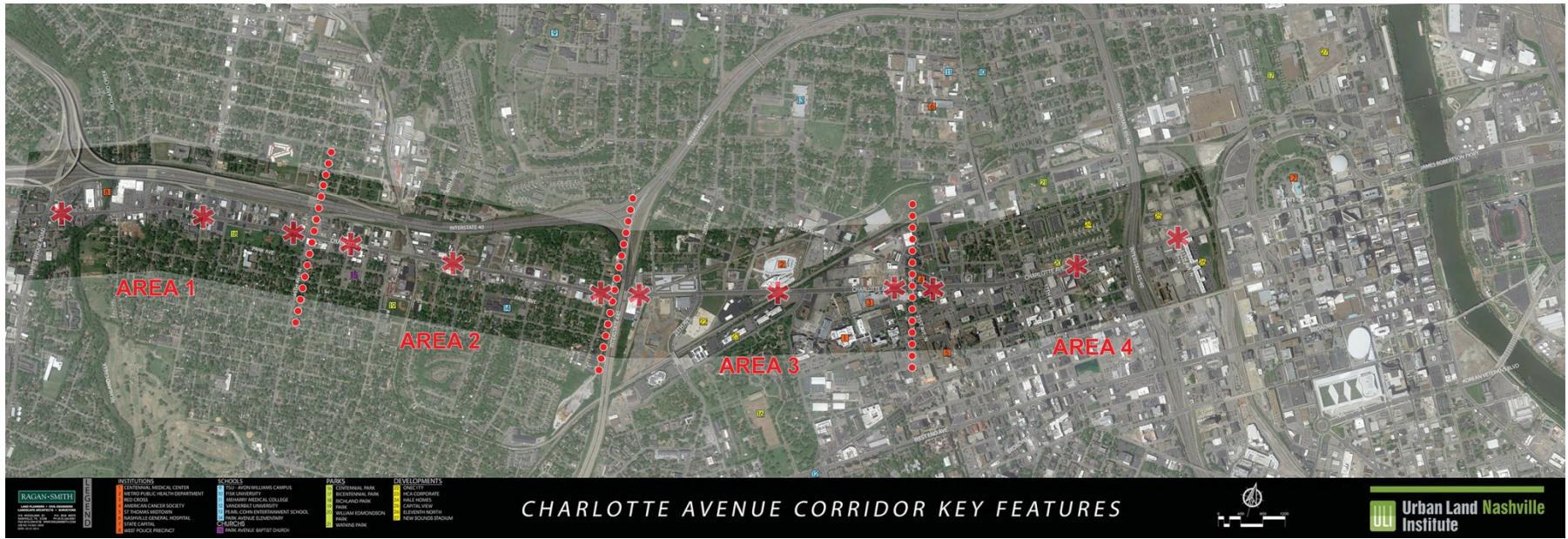
3 out of 4:

- Poverty
- Unemployment
- Carless Household
- Aging (over age 65)

Join Together: Model the Future



Join Together: Measures



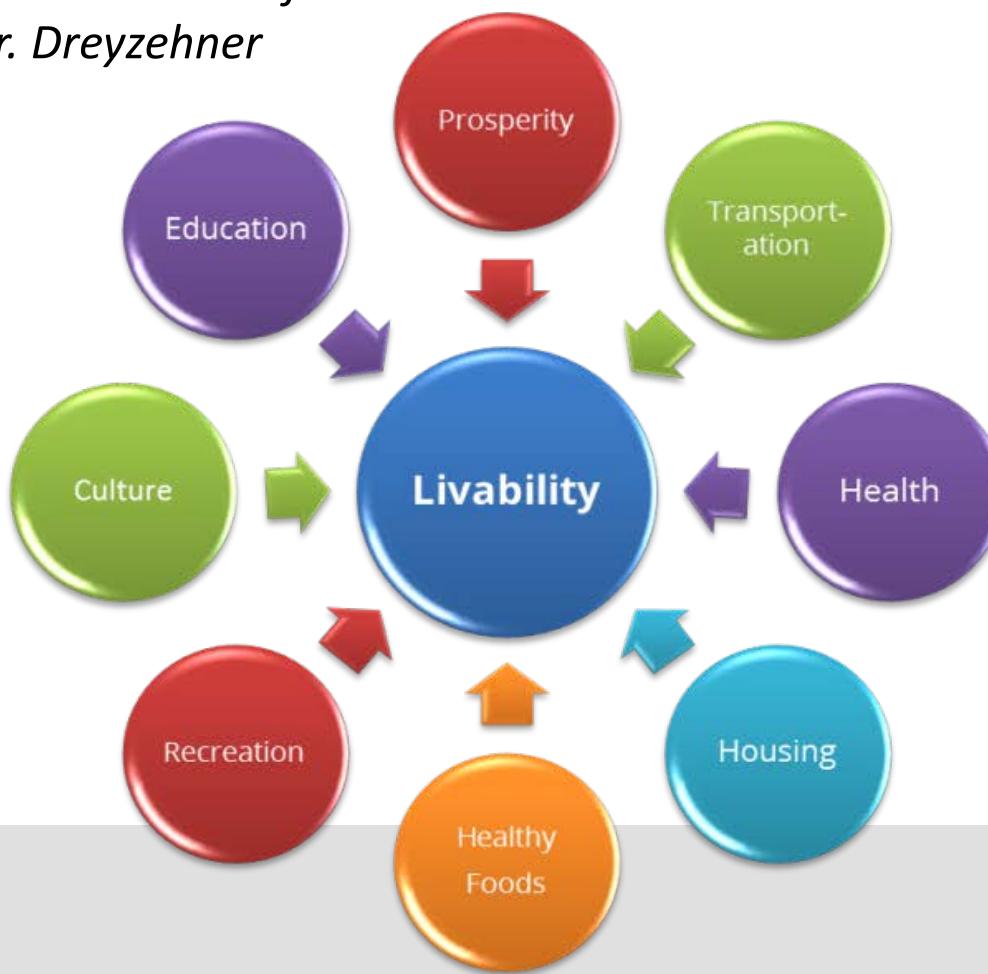
Not just ADT, % Free Flow Speed and LOS

- Physical Activity Rates
- Presence of Sidewalks
- Sales and Property Tax Revenues
- Obesity Rates
- Poverty Rates
- Employment
- Educational Attainment
- Quality of Life Measures



Cross Section Collaboration

“By creating attractive, enjoyable, active and socially engaging environments that optimize the health of children and adults, Tennessee fosters the best opportunities for children to grow and learn, as well as increases the productivity and contribution of adults to their communities and workplaces.” - Dr. Dreyzehner



Membership





THANK YOU



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