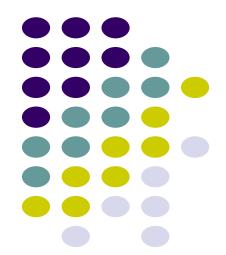
# A Systems Science Perspective on Education and Health

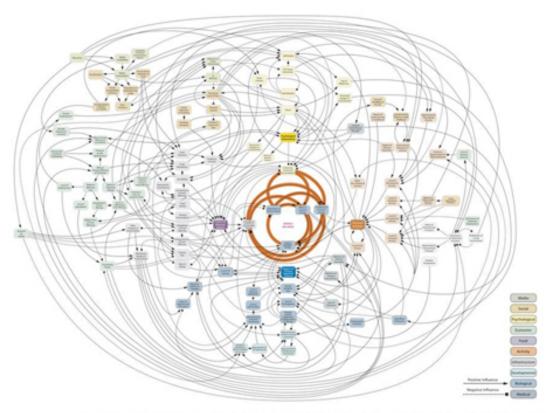
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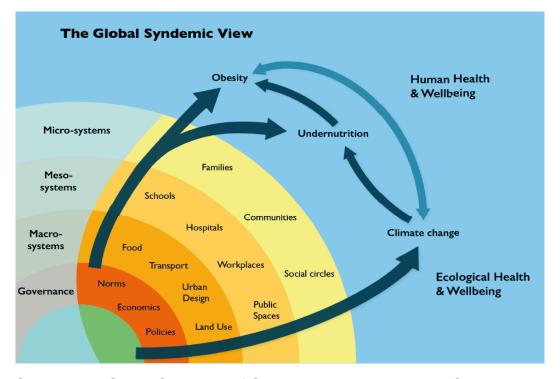
Disclosure: statements in this presentation represent my own views. I have no conflicts of interest related to the issues discussed here.

# Health outcomes part of broader systems of social life





 $Source: Foresight - Tackling obesities: future choices - http://www.foresight.gov.uk/Obesity_final/Index.html \\$ 



Source: The Global Syndemic of Obesity, Undernutrition, and Climate

Change: The Lancet Commission report

https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)32822-8/fulltext

# Focus on connections between education and health



- Education and health outcomes are linked in three ways
- 1. Direct connections between education and health outcomes
  - Effects of educational settings and interactions
- Indirect connections between education and health outcomes
  - Effects of educational outcomes (e.g. college attendance)
- 3. Health outcomes as a determinant of educational outcomes
  - Ways in which health affects educational attainment
- All three of these can be productively studied using systems science research approaches

### Direct effects of education on health

- Example: COMPACT (Childhood Obesity Modeling for Prevention and Community Transformation) collaboration
- Suggestive evidence on how educators can be incorporated in successful childhood obesity prevention efforts
- Opportunity: additional work in this area as well as explorations of influences on additional health outcomes



Original Article

Activating a Community: An Agent-Based Model of Romp & Chomp, a Whole-of-Community Childhood Obesity Intervention

Matt Kasman, Ross A. Hammond, Benjamin Heuberger ⋈, Austen Mack-Crane, Rob Purcell, Christina Economos, Boyd Swinburn, Steven Allender, Melanie Nichols

First published:25 July 2019 | https://doi.org/10.1002/oby.22553

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Meta-Analysis > Child Obes. Nov/Dec 2018;14(8):537-552. doi: 10.1089/chi.2018.0032. Epub 2018 Sep 6.

### Engaging Coalitions in Community-Based Childhood Obesity Prevention Interventions: A Mixed Methods Assessment

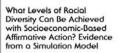
Ariella R Korn <sup>1</sup>, Erin Hennessy <sup>1</sup>, Alison Tovar <sup>2</sup>, Camille Finn <sup>1</sup>, Ross A Hammond <sup>3</sup>, Christina D Economos <sup>1</sup>

Affiliations + expand

PMID: 30188181 PMCID: PMC6249669 DOI: 10.1089/chi.2018.0032

### Indirect effects of education on health

- Example: college enrollment
- College attendance affects a number of life outcomes, including health
- Simulation models can provide insight into how programs, policies, and practices determine whether and where people attend college
- Opportunity: additional extension and application of these models, research into other educational outcomes



Rachel Baker Matt Kasman

action in college admissions can produce racial diversity. Using simulation models, we investigate the racial and socioeconomic distribution of students among college.

Cournal of Policy Analysis and Management, Vol. 90, No. 0, 1–29 (2018) D 2018 by the Association for Public Policy Analysis and Management Arbitohed by Wiley Periodicals, Inc. View this article online at wileyonli

### Data-driven approaches to subsidizing college enrollment costs









# Influence of health on educational outcomes



- Nascent body of research causally linking health and educational outcomes
- Opportunity: as research in this area grows, systems science approaches can help:
  - illuminate key dynamics
  - disentangle interconnected causal mechanisms
  - identify promising policies and interventions



## **Summary and Next Steps**



- Systems science can play a useful role in helping to understand the complex, dynamic relationships between health and educational activities and outcomes
- To facilitate this research we can:
  - Build familiarity with and enthusiasm for using systems science approaches to health and education
  - Increase capacity for systems science research
  - Open formal and informal lines of communication between systems science modelers, researchers, policymakers, intervention experts, and practitioners