

*The National Academies of*  
**SCIENCES • ENGINEERING • MEDICINE**

**Committee to Review the DRIs for Energy**

**Data-Gathering Open Session**

**February 4, 2022**

**Draft Agenda**

**Session 1**

- 10:00 am Introductions and Chair's Statement  
*Anna Maria Siega-Riz, Committee Chair*
- 10:10 Use of Doubly-Labelled Water to Support Analysis of Energy Requirements  
*John Speakman, Institute of Biological and Environmental Sciences, University of Aberdeen, Scotland*
- 10:30 Q & A  
*Amy Luke, Committee Member*
- 10:50 Physical Activity and Long-Term Body Weight Regulation  
*John Jakicic, Translational Research Institute at AdventHealth Orlando*
- 11:10 NHANES and Physical Activity  
*Richard Troiano, Epidemiology and Genomics Research Program, National Cancer Institute*
- 11:30 Q & A  
*Susan Roberts, Committee Member*
- 12:00 pm Break

**Session 2**

- 1:00 pm Introductions  
*Anna Maria Siega-Riz, Committee Chair*
- 1:05 Impact of Dietary Macronutrient Content on Energy Metabolism  
*Kevin Hall, Integrative Physiology Section, National Institute of Diabetes & Digestive & Kidney Diseases*
- 1:25 Energy Requirements to Support Pregnancy Weight Gain and Lactation at Varying BMIs  
*Leanne Redman, Reproductive Endocrinology & Women's Health Laboratory, Pennington Biomedical Research Center (TO BE RESCHEDULED)*
- 1:45 Q & A  
*Heidi Silver, Committee Member*
- 2:15 Closing Remarks  
*Anna Maria Siega-Riz, Committee Chair*
- 2:30 pm Adjourn