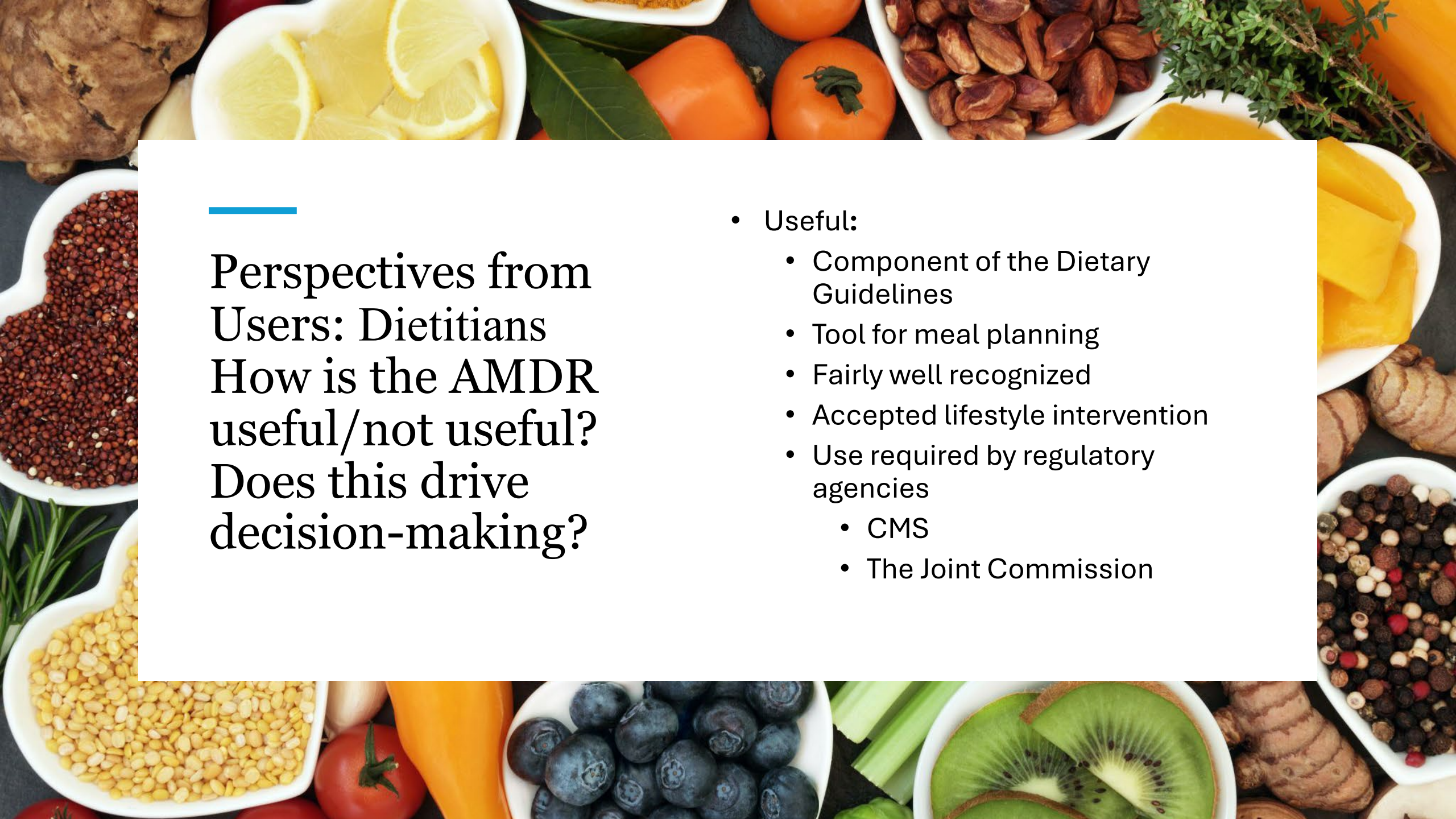


Panel Discussion – Perspectives from Users: Dietitians

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Perspectives from Users: Dietitians How is the AMDR useful/not useful? Does this drive decision-making?

- Useful:
 - Component of the Dietary Guidelines
 - Tool for meal planning
 - Fairly well recognized
 - Accepted lifestyle intervention
 - Use required by regulatory agencies
 - CMS
 - The Joint Commission

Perspectives from Users: Dietitians

What are the challenges to operationalizing the AMDR?

- Message changes over time
 - Form of fat
 - Form of carbohydrates



Perspectives from
Users: Dietitians
Does having the
AMDR in dietary
guidelines have an
impact on users?

- Assist with meal planning
- Assess Individuals at Nutritional Risk
- Patient Education

References

- Institute of Medicine, Food and Nutrition Board. (2005). *Dietary Reference Intakes for Energy, Carbohydrate, Fiber, Fat, Fatty Acids, Cholesterol, Protein, and Amino Acids (Macronutrients)*. Washington, D.C.: The National Academies Press.
- The National Academies of Sciences, Engineering, and Medicine. Dietary Reference Intakes Tables and Application. From Health and Medicine Division
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- United States Department of Agriculture, National Agricultural Library, Food and Nutrition Information Center. DRI Glossary.
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