

Roundtable on Obesity Solutions

Defining Progress in Obesity Solutions through Structural Changes

A Third Workshop in the Series



TUESDAY, OCTOBER 25, 2022

This workshop on Defining Progress in Obesity Solutions through Structural Changes will explore methods to assess progress in addressing the structural drivers of obesity (namely structural racism, biased mental models and social norms, and health communication) within different systems: political and economic systems, environmental systems, health care systems, and sociocultural systems. After setting the stage in examining the strengths and limitations of using BMI as a measure of success, invited speakers that work in these systems will discuss the innovative approaches and performance indicators they utilize to measure progress in obesity interventions. This will be the third and final workshop in the series, [Translating Knowledge of Foundational Drivers of Obesity into Practice](#).

10:00 AM Welcome

Ihuoma Eneli, Nationwide Children's Hospital, Vice Chair of the Roundtable on Obesity Solutions

10:05 AM Session 1 – The Science, Strengths, and Limitations of BMI as a Measure

Presenter

- *William H. Dietz, George Washington University*

10:30 AM Session 2 – Progress in Obesity Solutions: Political, Economic, and Environmental Systems

Moderators: Sara J. Czaja, Weill Cornell Medicine and Heather D'Angelo, National Institutes of Health

Political and Economic Systems

- *Jamie F. Chriqui, University of Illinois Chicago*
- *Jason Block, Harvard University*
- *James Krieger, Healthy Food America and University of Washington*

Environmental Systems

- *Carlos Crespo, University of Illinois Chicago*
- *Kristine Madsen, University of California, Berkeley*

12:00 PM BREAK



12:15 PM Session 3 – Progress in Obesity Solutions: Health Care Systems
Moderator: Sean Phelan, Mayo Clinic

Presenters

- **Said Ibrahim**, Northwell Health
- **Fatima Cody Stanford**, Harvard University

1:15 PM LUNCH BREAK

1:45 PM Session 4 – Progress in Obesity Solutions: Sociocultural Systems
Moderator: Stephanie A. Navarro Silvera, Montclair State University

Presenters

- **Tongtan (Bert) Chantarat**, University of Minnesota
- **Kierra Barnett**, Nationwide Children's Hospital
- **Ijeoma Opara**, Yale University

2:45 PM Workshop Wrap Up and Closing Remarks
Bruce Y. Lee, City University of New York

3:00 PM ADJOURN



WORKSHOP PLANNING COMMITTEE

Ihuoma Eneli, M.D., M.S., FAAP (Co-Chair)
Director, Center for Healthy Weight and Nutrition
Nationwide Children's Hospital

Bruce Y. Lee, M.D., M.B.A. (Co-Chair)
Professor of Health Policy and Management
Executive Director, Center for Advanced
Technology in Communications in Health
(CATCH)
Executive Director, Public Health Informatics,
Computational and Operations Research
(PHICOR)
City University of New York (CUNY)
Graduate School of Public Health and Health
Policy

Sara J. Czaja, Ph.D., M.S.
Professor of Gerontology
Director, Center on Aging and Behavioral
Research
Division of Geriatrics and Palliative Medicine
Weill Cornell Medicine

Heather D'Angelo, Ph.D., M.H.S.
Program Director, Health Communication and
Informatics Research Branch, Behavioral
Research Program
Division of Cancer Control and Population Sciences
National Cancer Institute
National Institutes of Health

Rodney Lyn, Ph.D., M.S.
Dean, School of Public Health
Professor, Department of Health Policy and
Behavioral Sciences
Georgia State University

Sean Phelan, Ph.D., M.P.H.
Associate Professor, Consultant, and Section
Head, Social & Behavioral Sciences
Division of Health Care Delivery Research
Robert D. & Patricia E. Kern Center for the Science
of Healthcare Delivery
Mayo Clinic Alix School of Medicine
Mayo Clinic

Stephanie A. Navarro Silvera, Ph.D., M.S.
Professor, Department of Public Health
Montclair State University

Leah D. Whigham, Ph.D.
Associate Professor, Department of Health
Promotion and Behavioral Sciences
Director, Center for Community Health Impact
The University of Texas Health Science Center at
Houston School of Public Health, El Paso
Campus

Established in 2014, the Roundtable on Obesity Solutions brings together diverse sectors and voices to solve the obesity crisis. Through meetings, public workshops, publications, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable explores the science, evidence, evaluation, and innovation efforts that advance progress in reducing the impact of obesity, as well as applies effective equity strategies to address obesity-related disparities. Utilizing a policy, systems, and environmental change lens, the Roundtable explores and advances effective solutions.

The Health and Medicine Division (HMD) is a division of the National Academies of Sciences, Engineering, and Medicine (the Academies). The Academies are private, nonprofit institutions that provide independent, objective analysis and advice to the nation and conduct other activities to solve complex problems and inform public policy decisions related to science, technology, and medicine. The Academies operate under an 1863 congressional charter to the National Academy of Sciences, signed by President Lincoln. See more at: <http://nationalacademies.org/obesitysolutions>