

## Assessing Human Requirements for Carbohydrate: A Webinar

March 7, 2023  
9:00 am – 1:30 pm ET

- 9:00 am Welcome and Introductions**  
*John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework*
- 9:10 Sponsor Opening Remarks**  
*Krista Esslinger, Health Canada*
- 9:30 The Physiologic Basis of the RDA for Glucose Homeostasis**  
*Dennis M. Bier, Baylor College of Medicine*
- 9:50 Q&A**  
*Moderated by John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework*
- 10:05 The Role of Carbohydrate as Delivery Vehicle for Nutrients**  
*David Klurfeld, Indiana University School of Public Health*
- 10:25 Q&A**  
*Moderated by Valerie Tarasuk, University of Toronto, Member, Standing Committee to Review the DRI Framework*
- 10:40 Break**
- 11:00 Consequences of Carbohydrate-Restricted Diets on Metabolic Function**  
*Barbara Gower, University of Alabama, Birmingham*
- 11:20 Q&A**  
*Moderated by Sai Krupa Das, Tufts University, Member, Standing Committee to Review the DRI Framework*
- 11:35 Role and Requirements of Carbohydrate in Pregnancy, Lactation, and Infancy**  
*Christine D. Garner, Texas Tech University Health Sciences Center*
- 11:55 Q&A**  
*Moderated by Linda Van Horn, Northwestern University, Member, Standing Committee to Review the DRI Framework*
- 12:10 Break**

**12:20 Panel Discussion**

*Moderated by John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework*

- Considerations of low carbohydrate diets related to race/ethnicity
- Considerations of low carbohydrate diets related to obesity/diabetes and other chronic disease

**1:15 Summary and Closing Remarks**

*John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework*

**1:30 pm Adjourn**