

Assessing Human Requirements for Carbohydrate: A Webinar

March 7, 2023
9:00 am – 1:30 pm ET

9:00 am Welcome and Introductions

*John Erdman, University of Illinois at Urbana-Champaign, Chair,
Standing Committee to Review the DRI Framework*

9:10 Sponsor Opening Remarks

Krista Esslinger, Health Canada

9:30 The Physiologic Basis of the RDA for Glucose Homeostasis

Dennis M. Bier, Baylor College of Medicine

9:50 Q&A

Moderated by John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework

10:05 The Role of Carbohydrate as Delivery Vehicle for Nutrients

David Klurfeld, Indiana University School of Public Health

10:25 Q&A

*Moderated by Valerie Tarasuk, University of Toronto, Member,
Standing Committee to Review the DRI Framework*

10:40 Break**11:00 Consequences of Carbohydrate-Restricted Diets on Metabolic Function**

Barbara Gower, University of Alabama, Birmingham

11:20 Q&A

Moderated by Sai Krupa Das, Tufts University, Member, Standing Committee to Review the DRI Framework

11:35 Role and Requirements of Carbohydrate in Pregnancy, Lactation, and Infancy

Christine D. Garner, Texas Tech University Health Sciences Center

11:55 Q&A

*Moderated by Linda Van Horn, Northwestern University, Member,
Standing Committee to Review the DRI Framework*

12:10 Break

12:20

Panel Discussion

Moderated by John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework

- Considerations of low carbohydrate diets related to race/ethnicity
- Considerations of low carbohydrate diets related to obesity/diabetes and other chronic disease

1:15

Summary and Closing Remarks

John Erdman, University of Illinois at Urbana-Champaign, Chair, Standing Committee to Review the DRI Framework

1:30 pm

Adjourn