

## Barriers to Affordable Quality Cancer Care

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### **Top 5 Case Management Issues in 2015**

- The top five financial issues patients asked PAF case managers for help with were:
  - Co-pay assistance associated with hospital and doctor visits (10.5%)
  - Transportation expenses (9%),
  - Co-pay assistance for pharmaceutical products (7.5%),
  - Inability to afford rent or mortgage payments (6.3%),
  - Inability to afford utilities for (4.8%).

Note: The issues reported by patients by case managers are so diverse that the top 5 only reflect about 39% of all the issue resolutions.

## **Costs as Part of Value Equation**

- The following health care costs were identified by roughly 40% to 60% of respondents as a health care cost that impacted their financial hardship:
  - Prescriptions
  - Office visits to physicians
  - Visits to other medical providers
  - Laboratory services
  - Radiology
  - Surgery

## Impact on Medical Care

#### What impact did the financial hardship have on your medical care?

>	Had to stop or postpone treatment	26%
>	Did not follow medical advice as prescribed (spread out medications, delayed follow up visits, etc.)	26%
	Forced me to change the way I pay for care (insurance to charity care)	25%
>	No impact on medical care	24%
>	Shifted care to a different treatment location	13%

### **Impact on Financial Situation**

## What impact did the financial hardship have on your financial situation?

•	I cut or reduced other non-critical household expenses	62%
•	My utility bills were paid late	40%
•	I was unable to afford groceries	37%
•	I missed rent or mortgage payments	25%
•	I missed car payment(s)	13%
•	I filed or am in the process of filing for bankruptcy	8%

## Transportation - Critical Barrier to Health Care

- One of top issues for 15% of PAF case management patients
- Results
  - Missed appointments
  - Delayed treatment
  - Treatment abandonment
- Impact
  - Poor management of health conditions
  - Worsened health outcomes

# Transportation Barriers – a Key Health Equity Issue

- In addition to seeking affordable quality care, many patients struggle to find transportation to go to their care site
- Increased travel time to providers increased out of pocket expenses
- While insurance and payment related problems have been a focal point of patient advocacy efforts, transportation issues have become an emerging obstacle to health care access and health disparities