

# Prediction and Prevention of Morbidity across the Disease Trajectory

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**...Lessons learned from our Children with Cancer**

**Smita Bhatia, MD, MPH, FASCO**

Gay and Bew White Endowed Chair in Pediatric Oncology

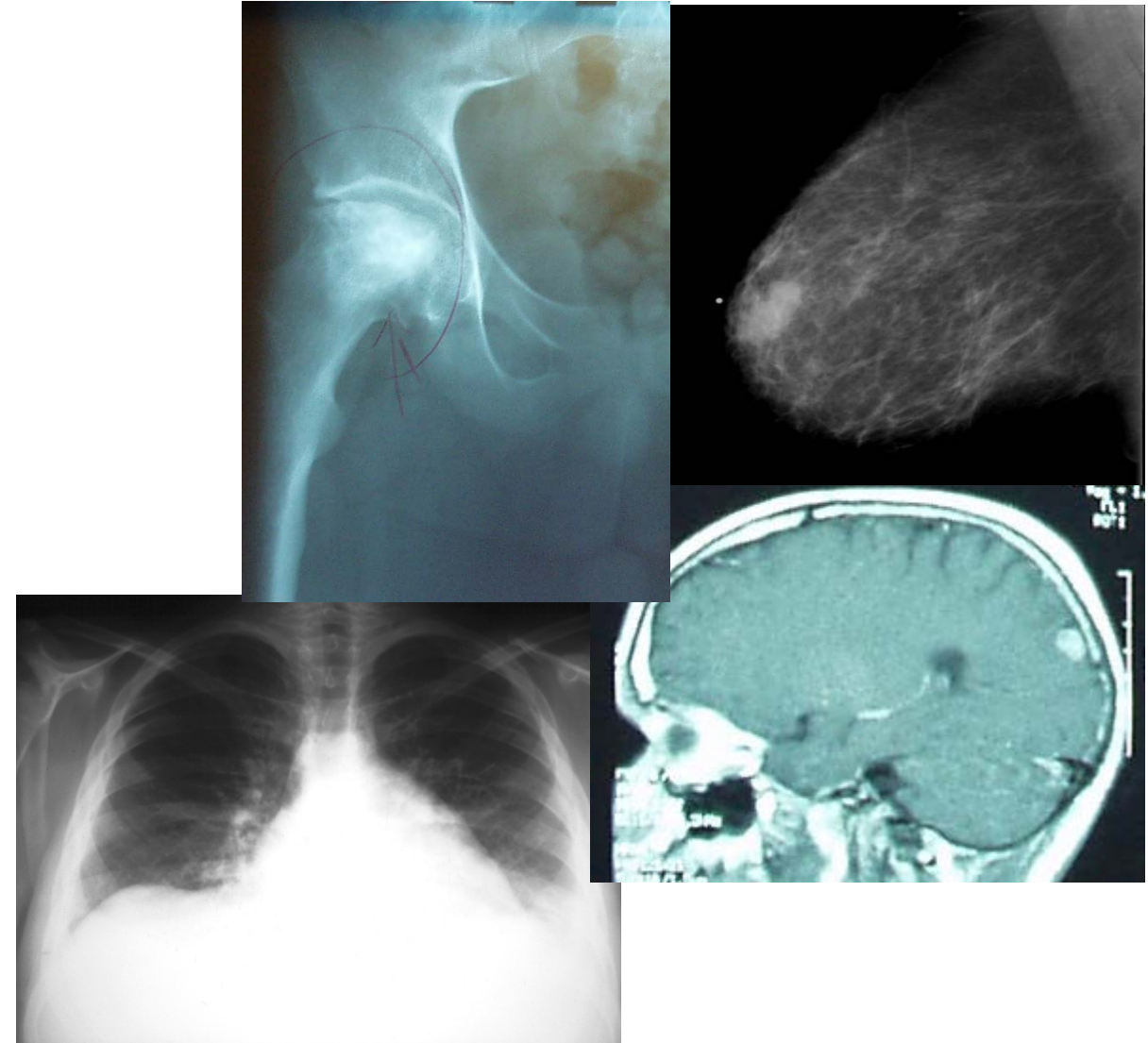
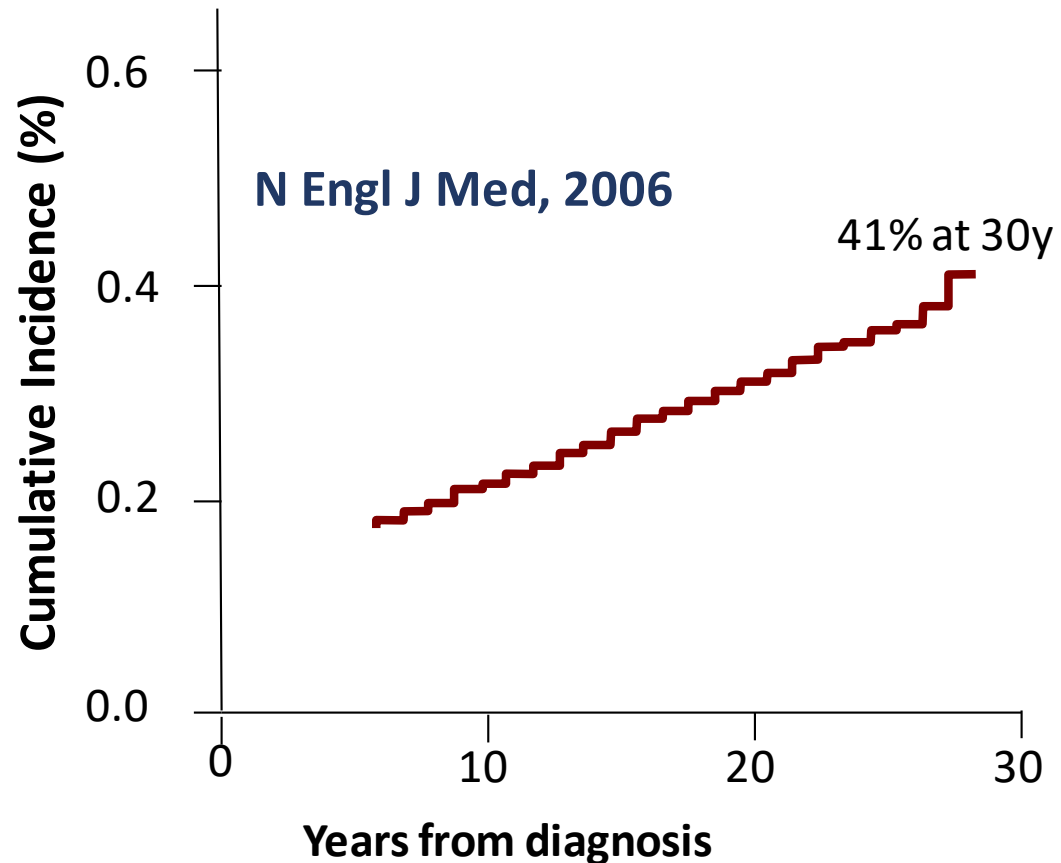
Director, Institute for Cancer Outcomes and Survivorship

School of Medicine

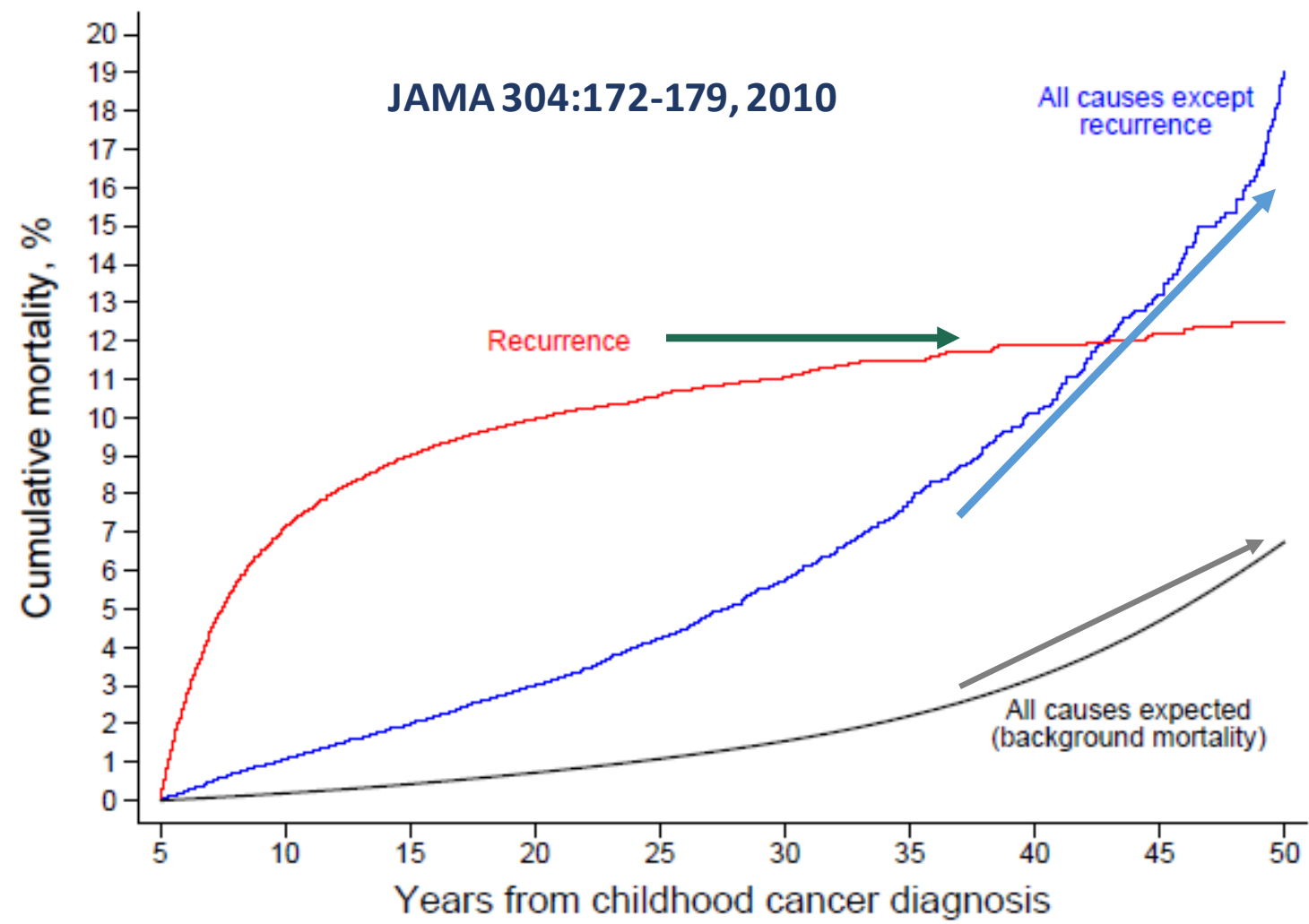
University of Alabama at Birmingham

# Burden of Morbidity in Childhood Cancer Survivors

## Severe/ Life-threatening Chronic Health Conditions



# Cumulative Cause-specific Mortality among 5-year Childhood Cancer Survivors



**Clearly-defined association between therapeutic exposures and specific chronic health conditions**

**Steroids  
Radiation**

**Osteonecrosis**

**Alkylating agents  
Pelvic radiation**

**Hypogonadism**

**Anthracyclines  
Chest Radiation**

**Heart failure**

**Radiation  
Alkylating agents  
Topoisomerase II inhibitors**

**Second cancers**

**Radiation**

**Stroke**

**Therapeutic Exposures**

**Genetic  
Predisposition**

**Lifestyle  
Exposures**

**Viral  
Infections**

**Age/ sex**

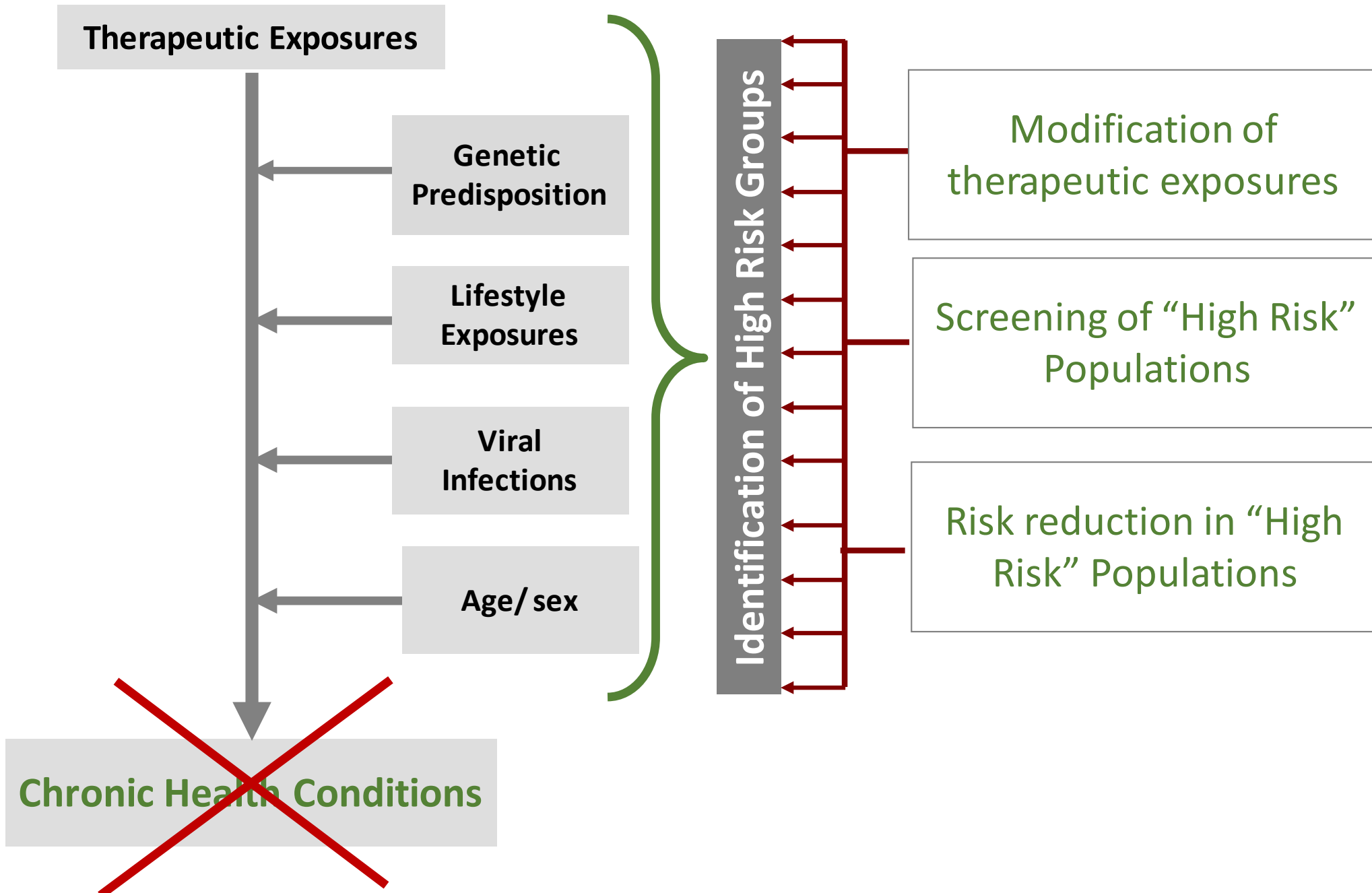
**Identification of High Risk Groups**

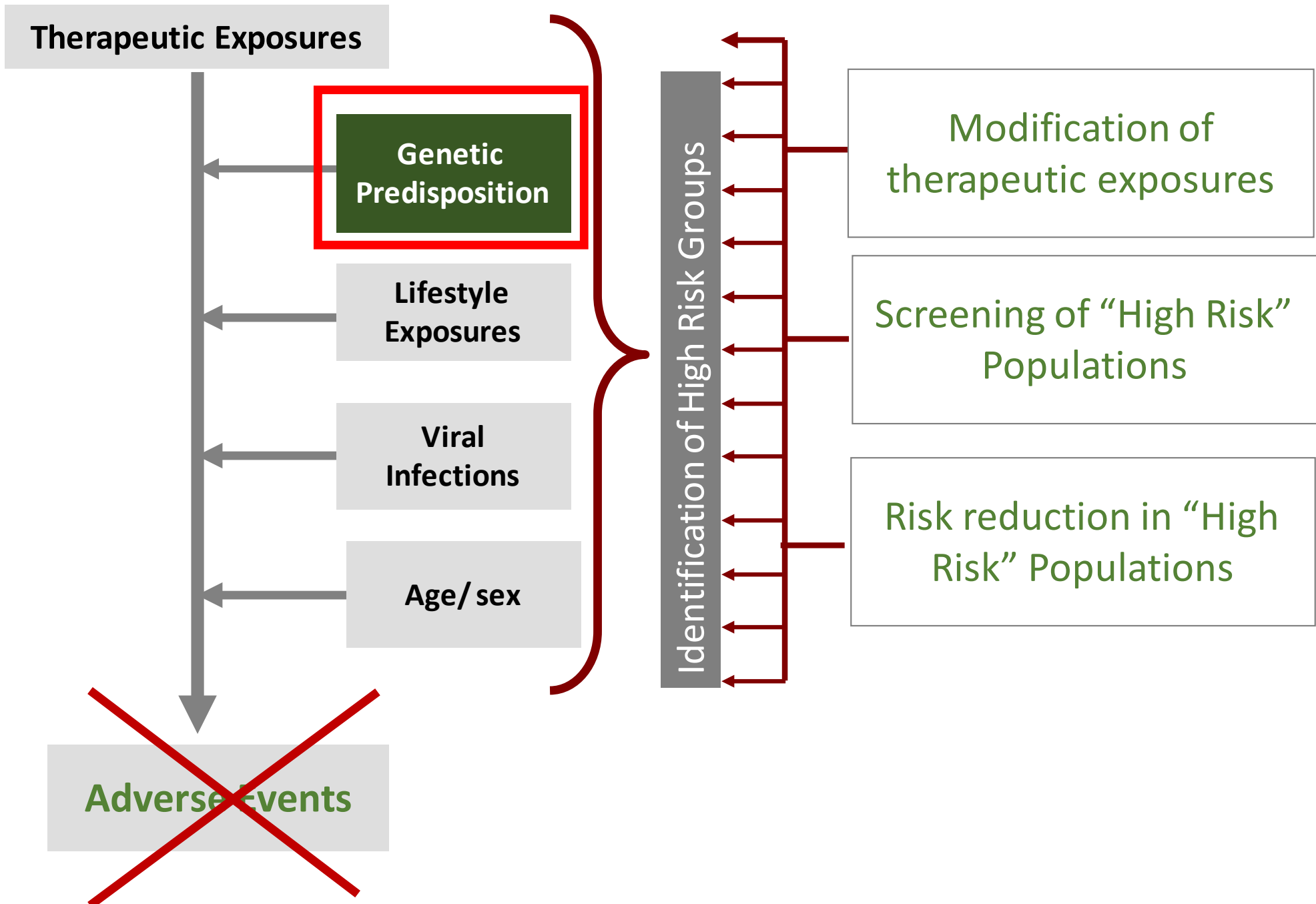
Modification of  
therapeutic exposures

Screening of “High Risk”  
Populations

Risk reduction in “High  
Risk” Populations

**Chronic Health Conditions**

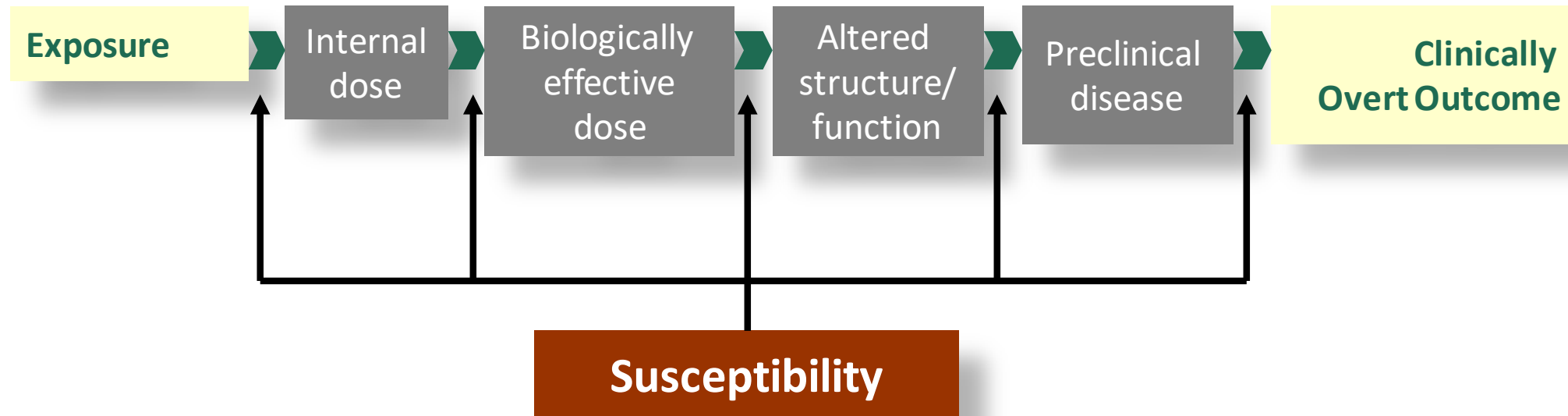




## “TRADITIONAL EPIDEMIOLOGY”



## “MOLECULAR EPIDEMIOLOGY”





# **Case-control study of key adverse events after childhood cancer**

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**COG ALTE03N1**

**Leukemia/ Lymphoma Society  
National Cancer Institute (R01 CA139633)  
National Cancer Institute (R35 CA220502)  
The V Foundation**

# Study Design

## Eligibility - Cases

1. Individuals diagnosed with a primary cancer at age 21 years or younger
2. Subsequent development of a key adverse event

## Eligibility - Controls

1. Individuals diagnosed with a primary cancer at age 21 years or younger
2. No evidence of key adverse events

### Matching Criteria

Primary cancer diagnosis  
 Year of diagnosis ( $\pm 5y$ )  
 Race/ethnicity  
 Time since primary cancer

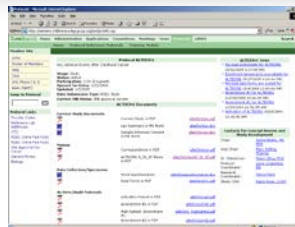
### Collect DNA from Cases and controls



### Self-report of comorbidities



### Summarize therapeutic exposures for cases and controls



### Source documentation (Cases only)

**Osteonecrosis** (*diagnostic radiology*)

**Subsequent neoplasms** (*pathology report*)

**Congestive Heart Failure** (*echocardiogram report*)

**Stroke** (*diagnostic radiology*)

# Cardiac Toxicity in Cancer Survivors

Cardiomyopathy → congestive heart failure

## Risk factors

Anthracycline chemotherapy

## Risk modifiers

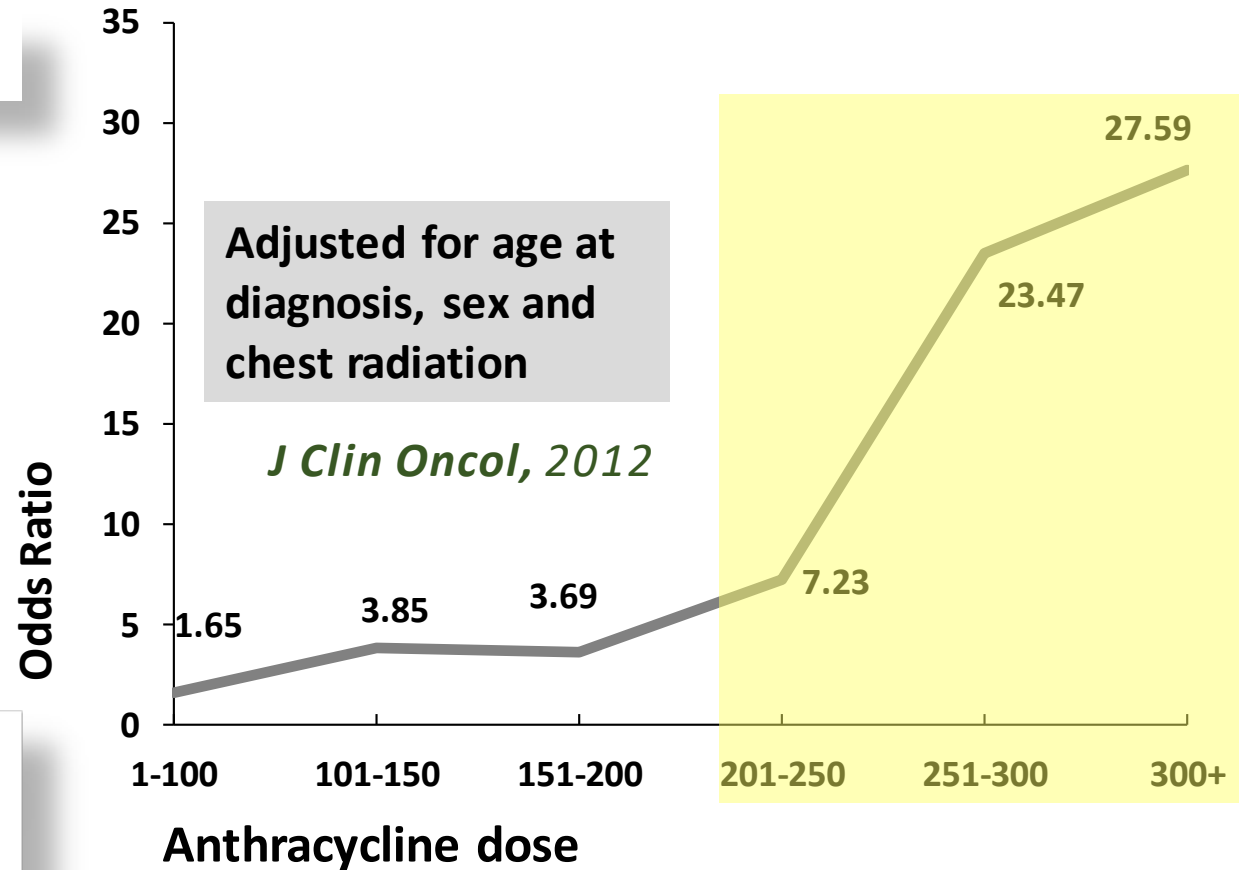
Chest radiation

Young age at exposure

Female sex

~60% of children exposed to high-dose anthracyclines develop cardiotoxicity

*Circulation, 2013*

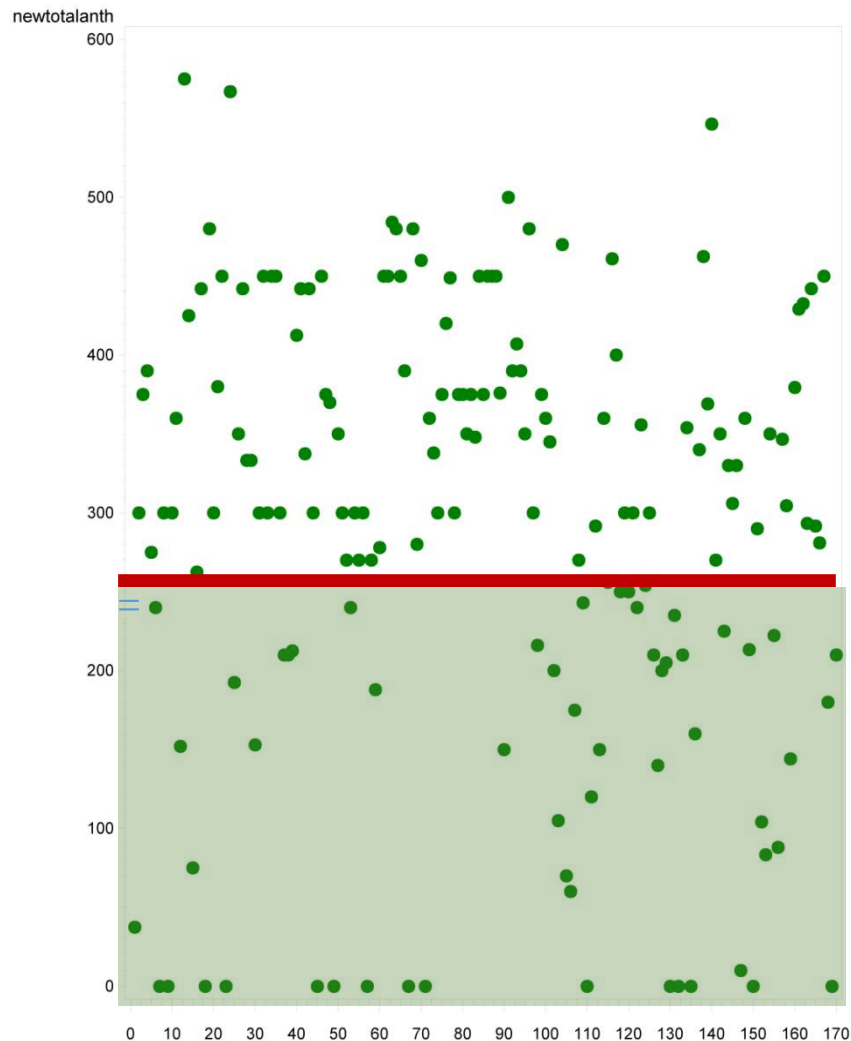


5-year survival rates of less than 50% after CHF diagnosis

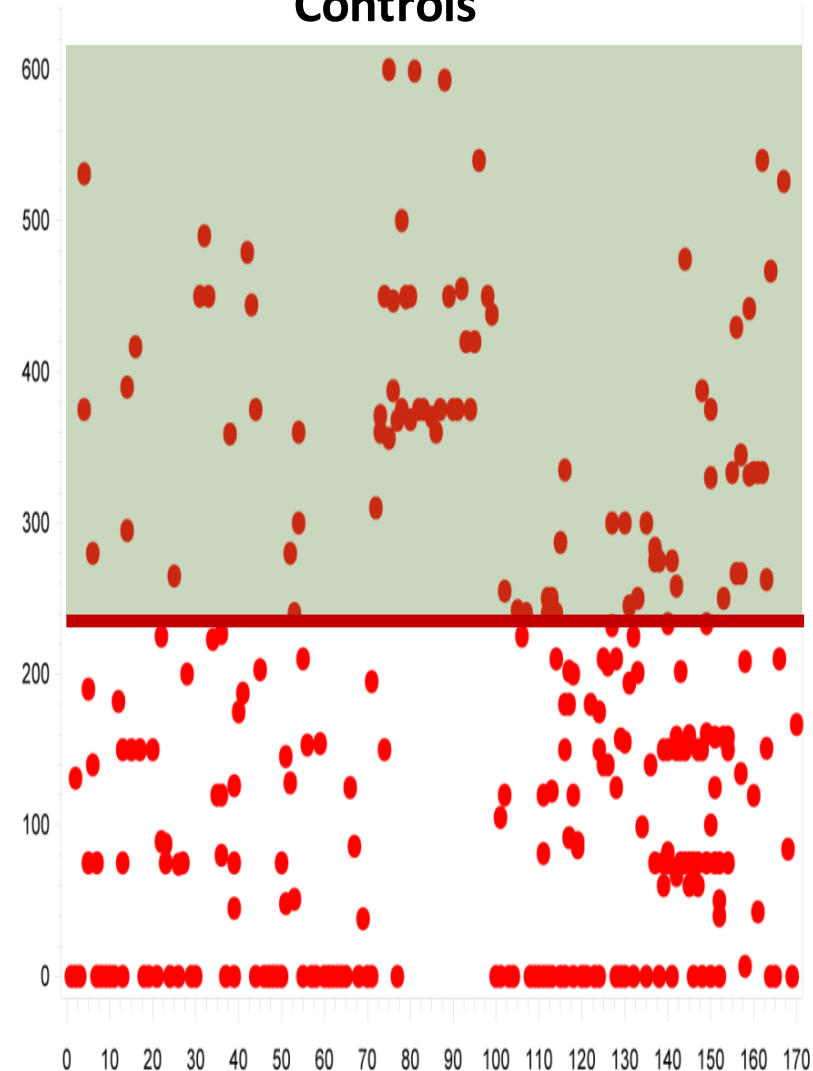
*N Engl J Med, 2000*

# Inter-individual variability in risk of anthracycline-related cardiomyopathy

Cases



Controls



**Role for genetic  
susceptibility?**

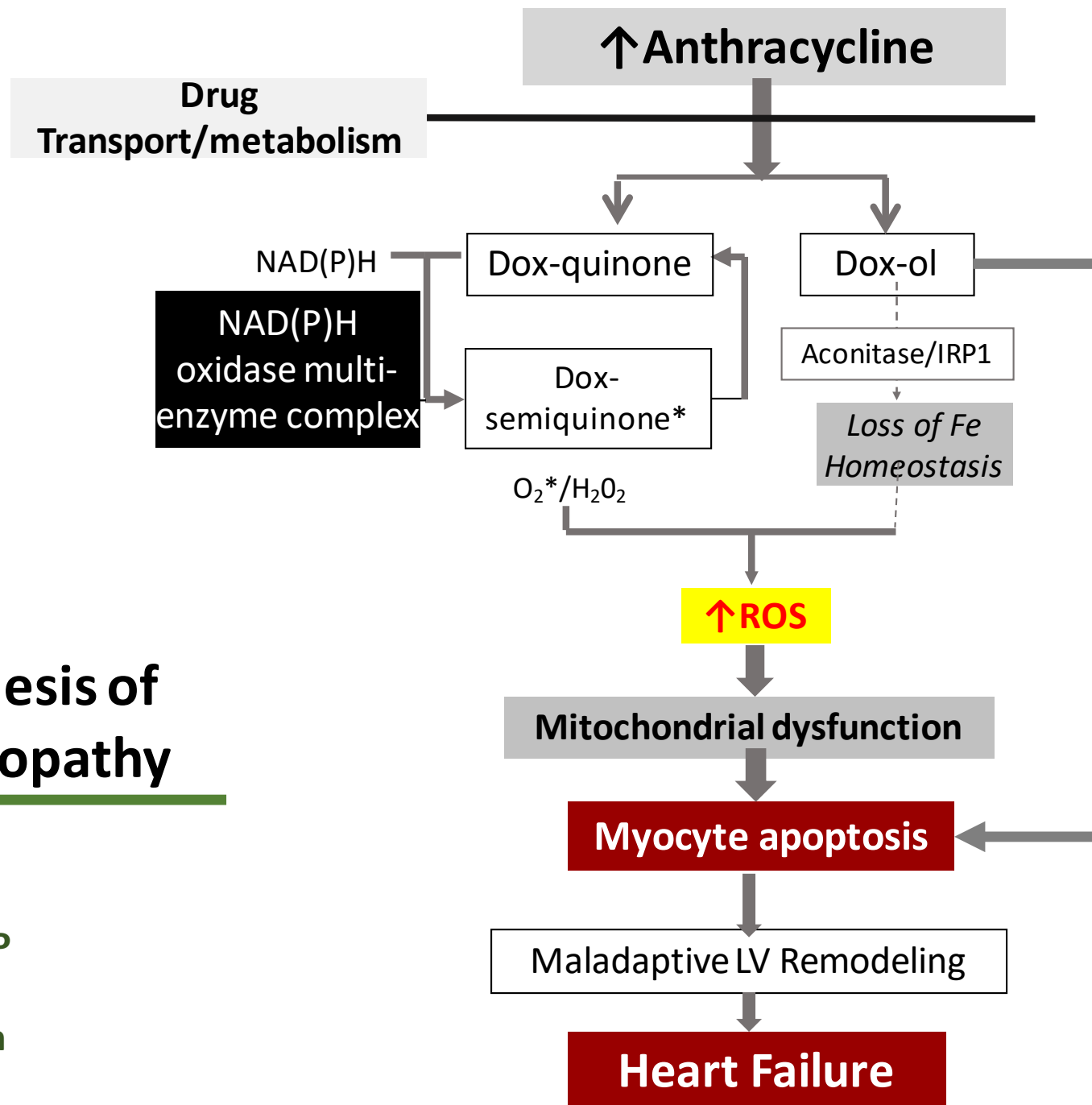
## Pathogenesis of cardiomyopathy

Funding:

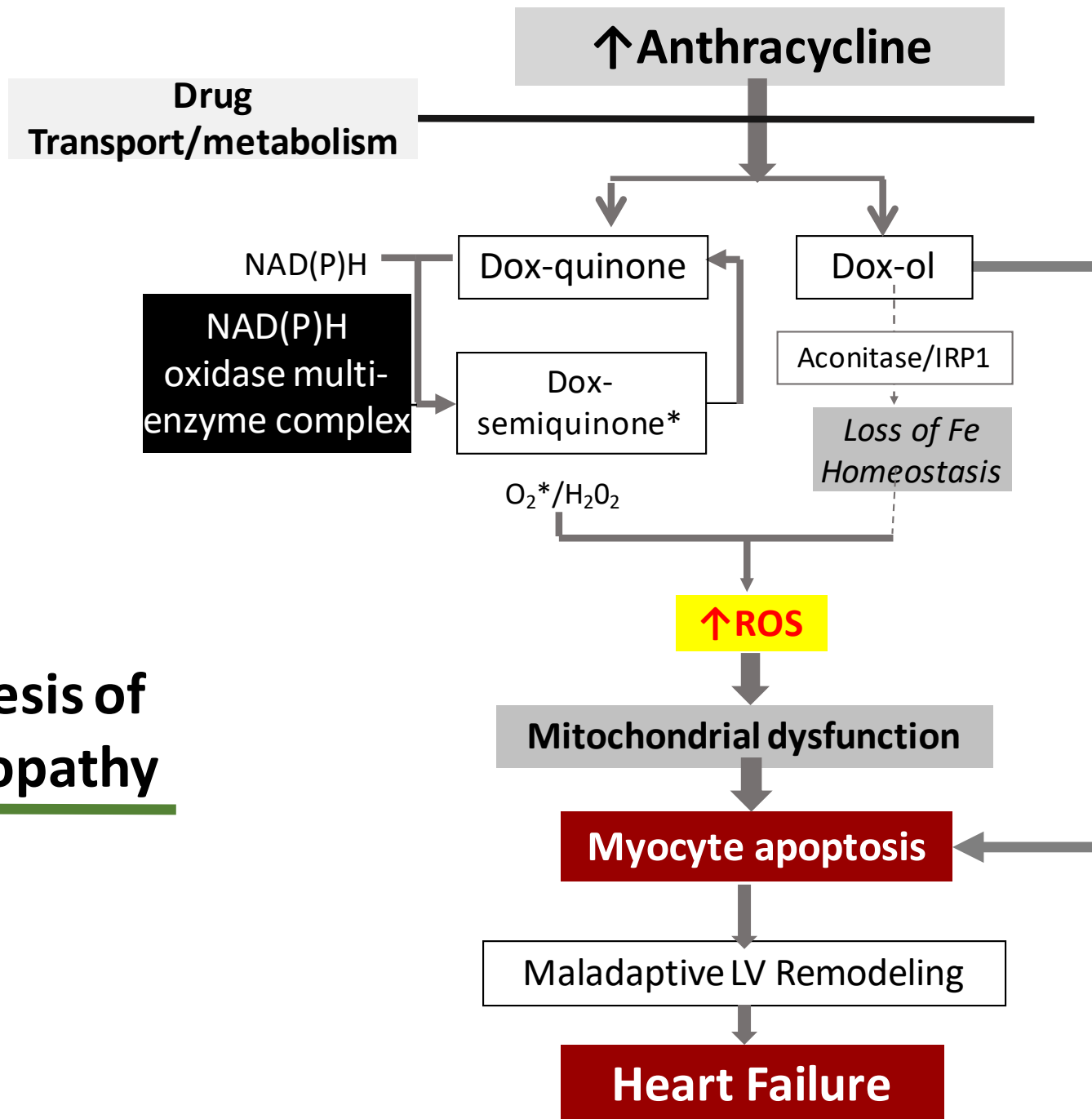
62771-11 LLS TRP

R35 CA220502

The V Foundation

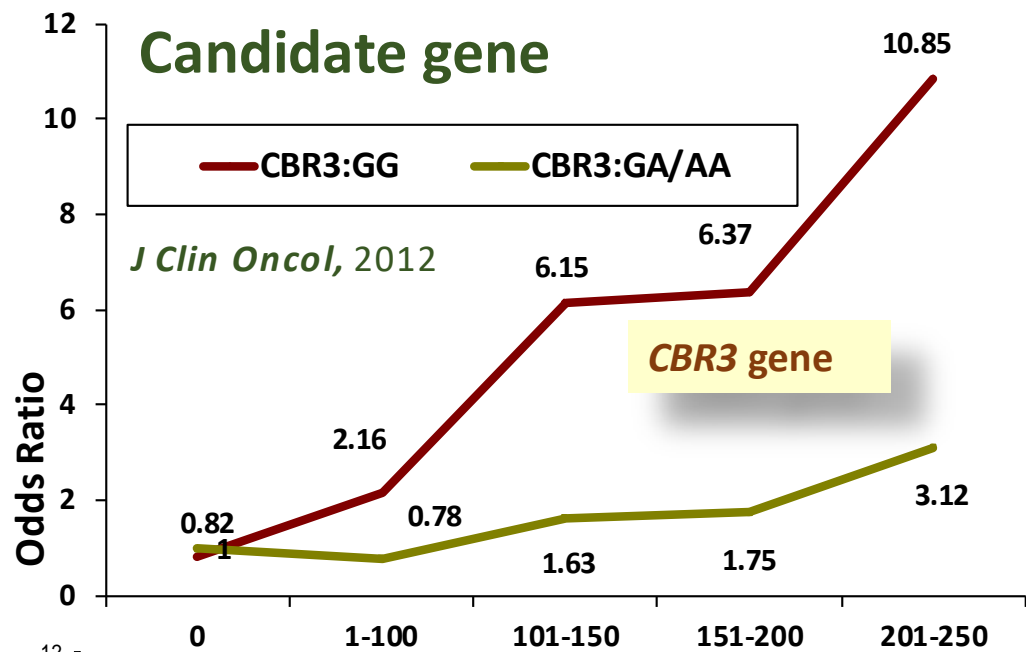


## Pathogenesis of cardiomyopathy

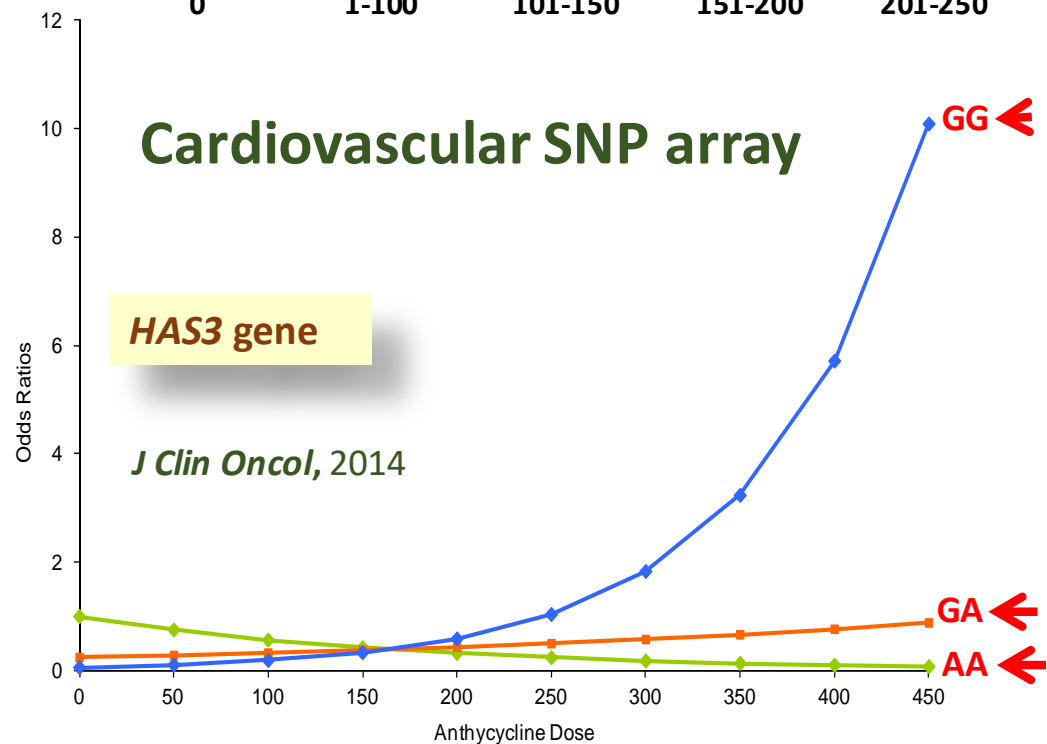


1. Candidate gene approach
2. Carefully-curated SNP arrays
3. Agnostic-genome wide association studies
4. Functional studies

## Candidate gene

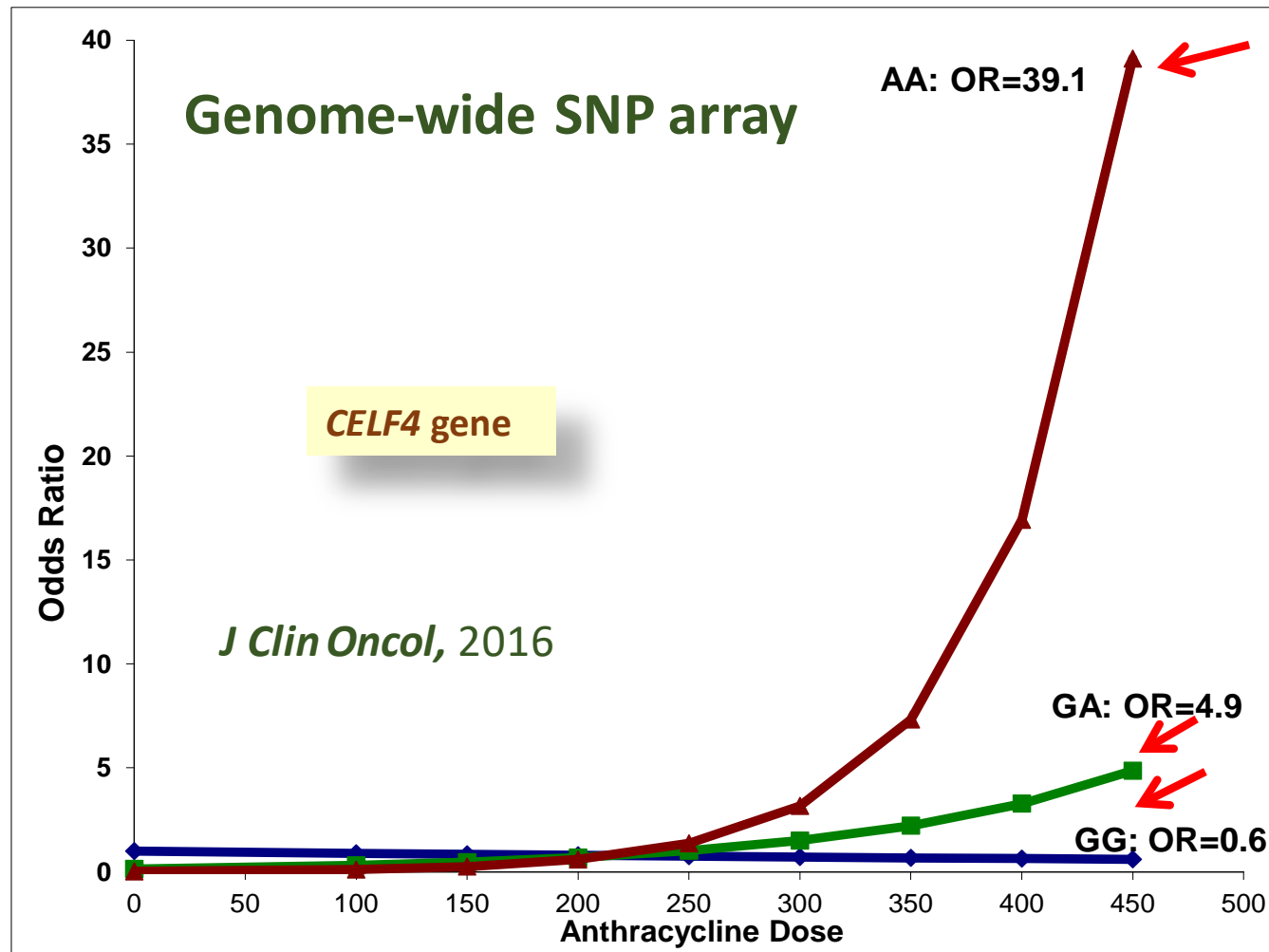


## Cardiovascular SNP array

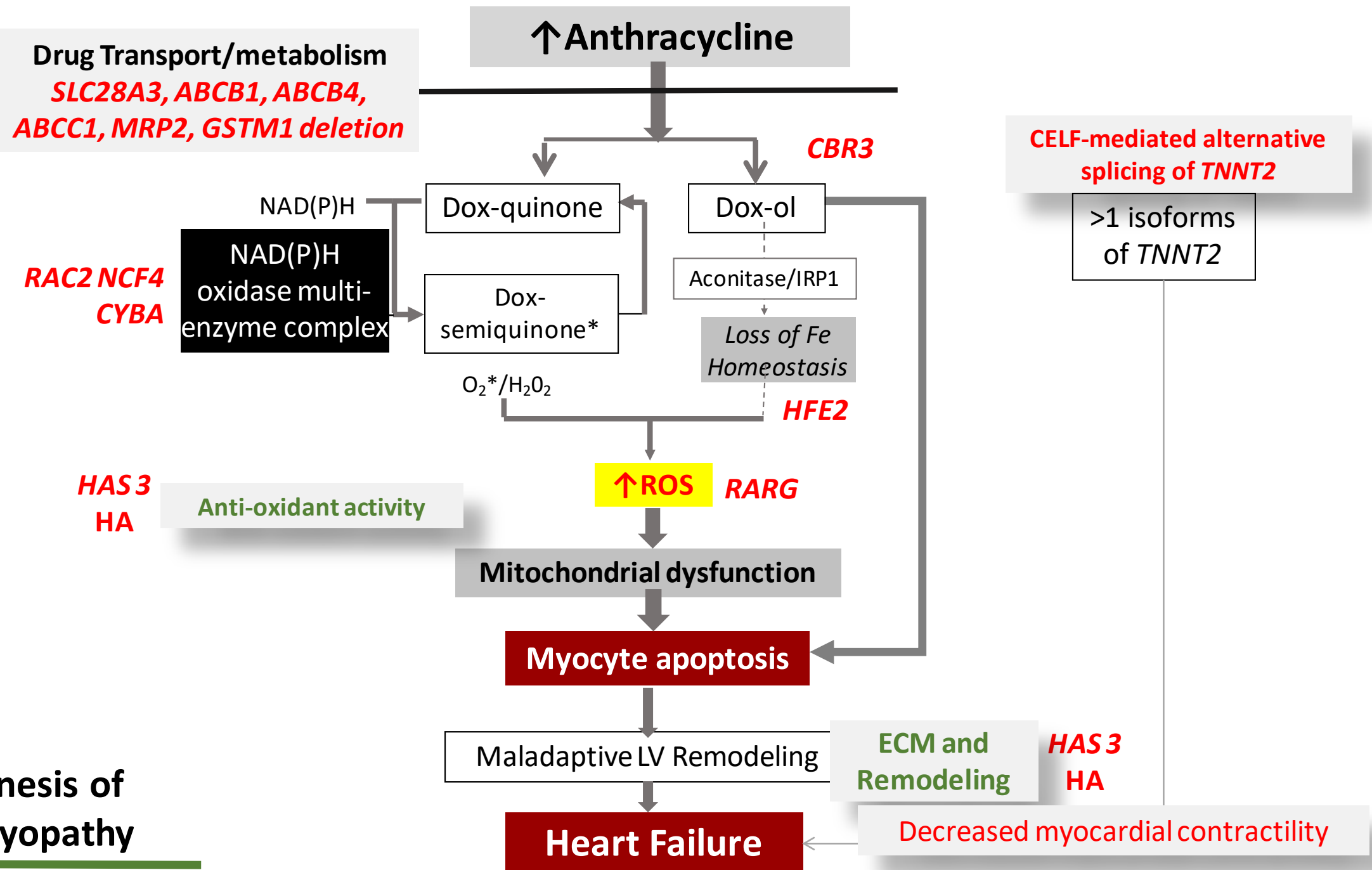


## Genetic Associations

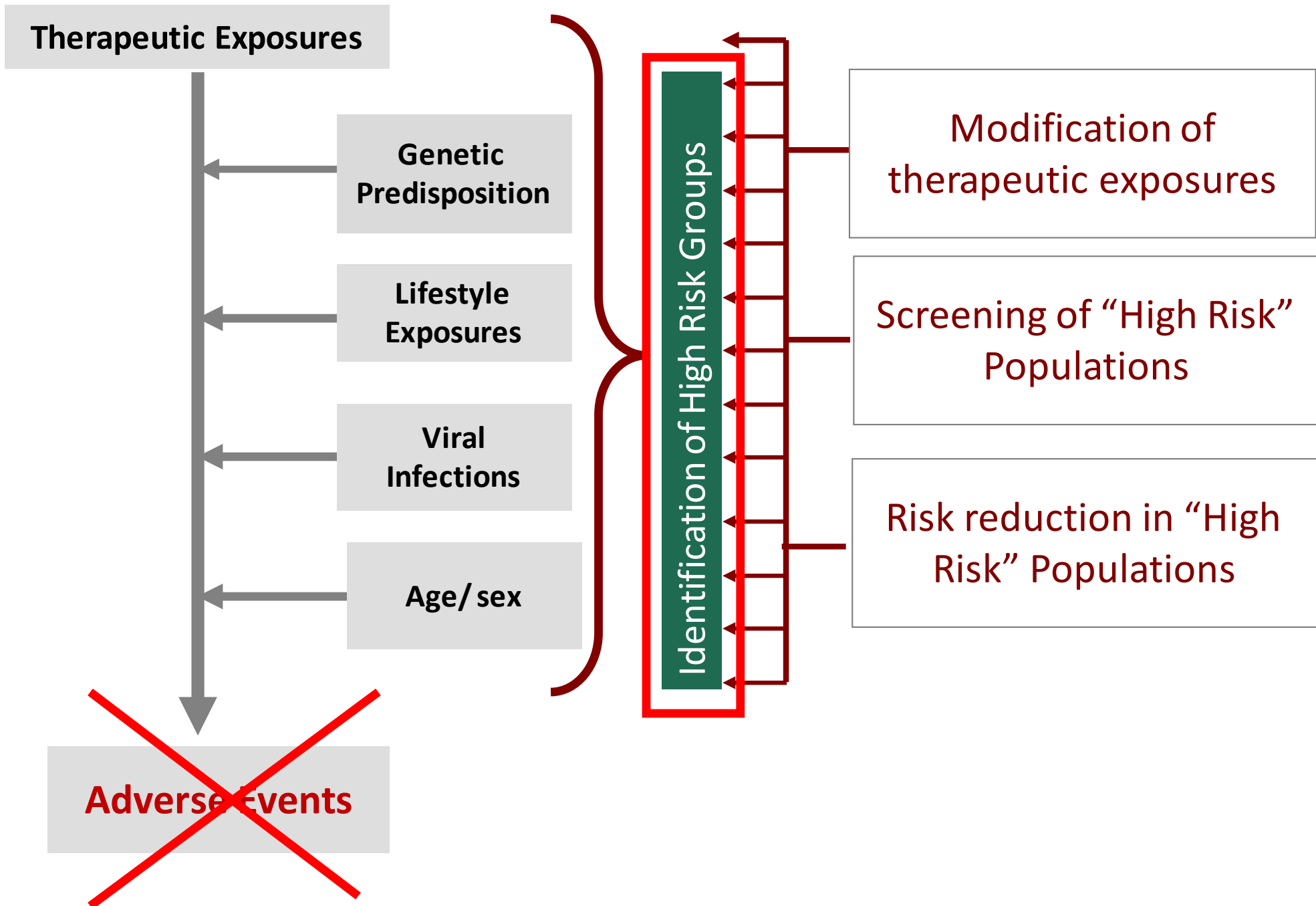
### Genome-wide SNP array



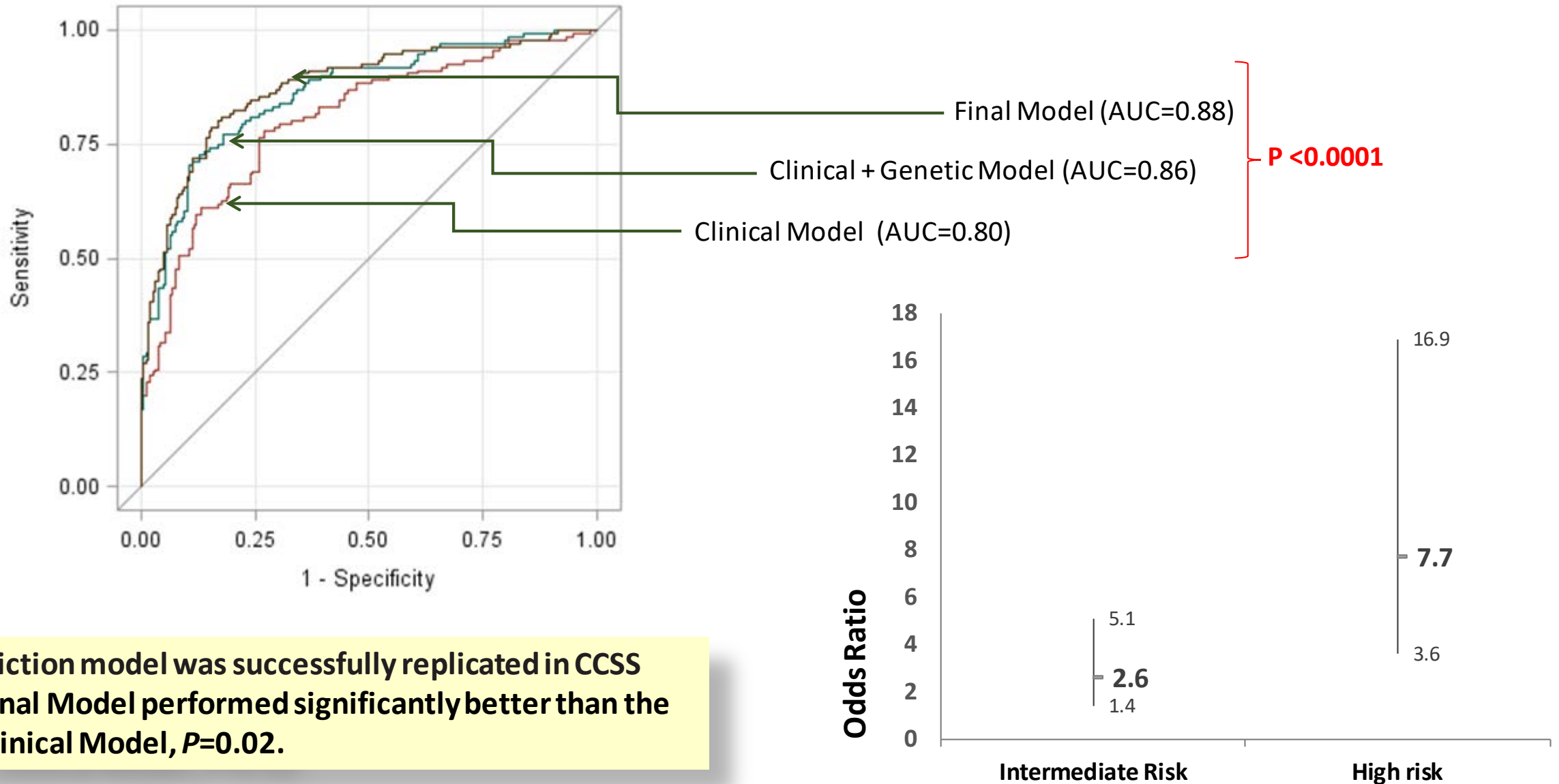
## Pathogenesis of Cardiomyopathy





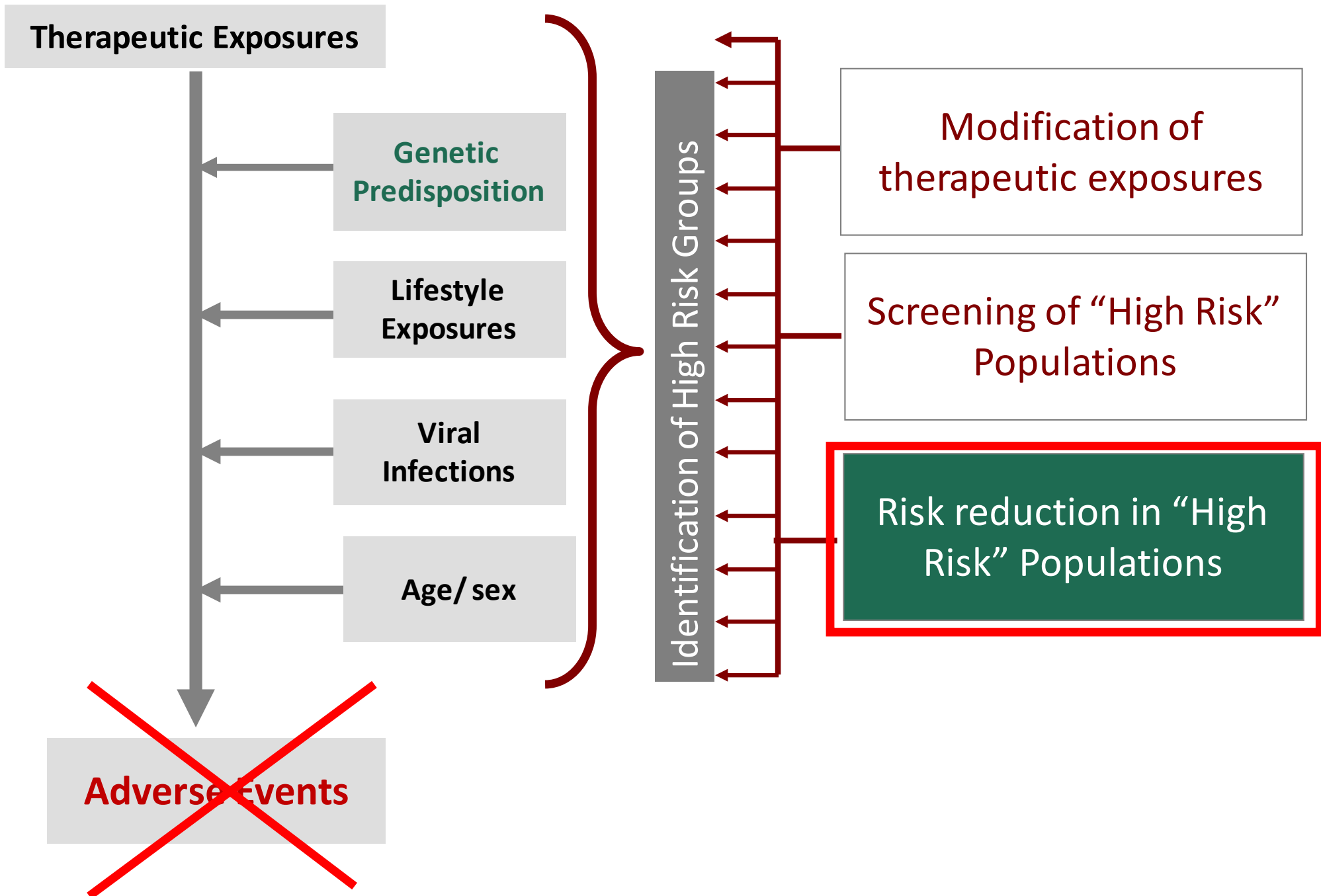


# Risk prediction models for anthracycline-related cardiomyopathy



Prediction model was successfully replicated in CCSS

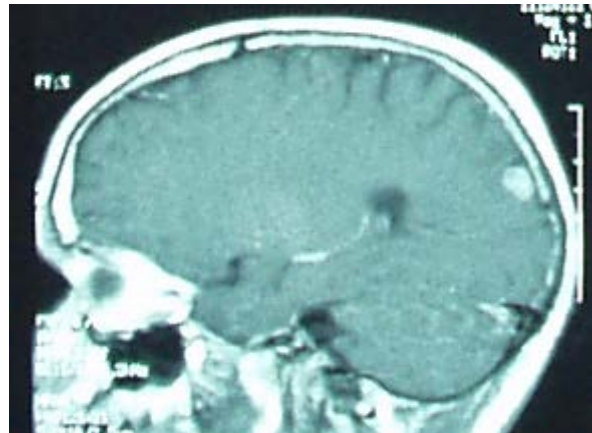
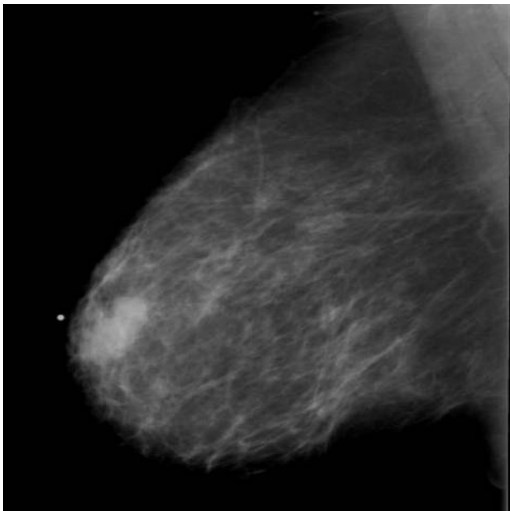
- Final Model performed significantly better than the Clinical Model,  $P=0.02$ .



# Subsequent Neoplasms

Case-control study of key adverse events after childhood cancer

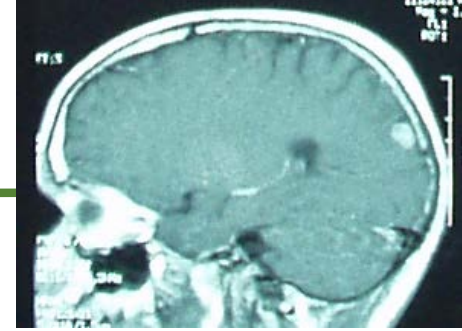
**COG ALTE03N1**



Leukemia/ Lymphoma Society  
National Cancer Institute R01 CA139633  
National Cancer Institute R35 CA220502

# Background

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- Childhood cancer survivors are at a 10-fold increased risk for developing histologically distinct subsequent CNS tumors c/w general population
- High-grade gliomas and meningiomas are most common types of subsequent CNS tumors
  - significant morbidity and mortality
    - Five-year survival is <20% for gliomas
    - Meningiomas are often accompanied by significant morbidity

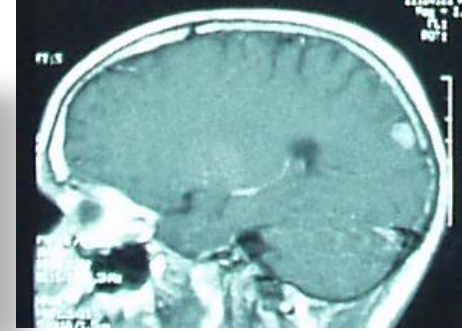
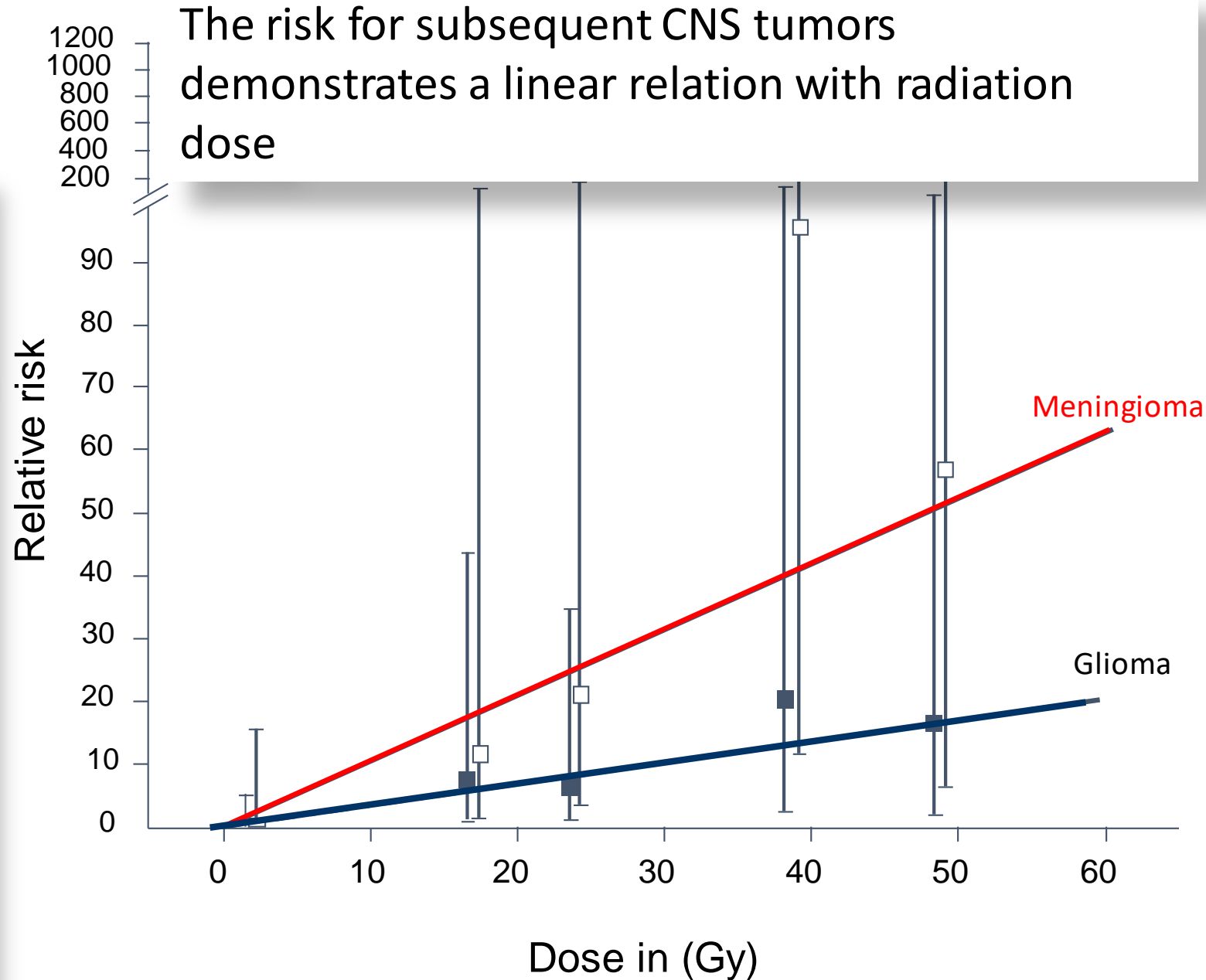
## **Risk factors**

- Exposure to cranial radiation is the major risk factor
- The risk is especially increased after exposure to radiation at a very young age

The risk for subsequent CNS tumors demonstrates a linear relation with radiation dose

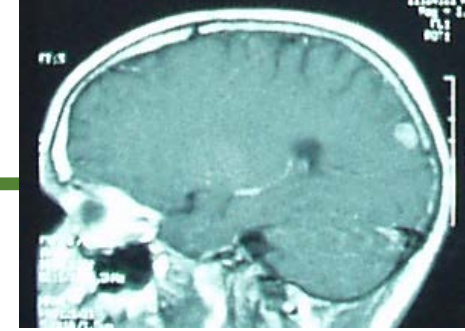
## Risk factors

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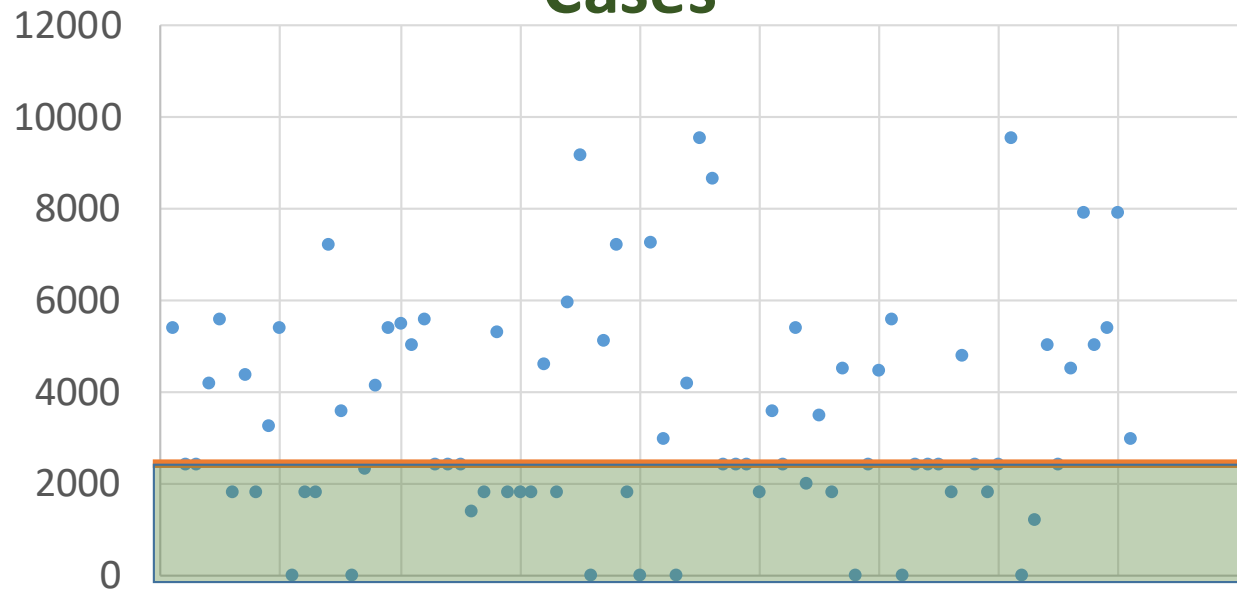


# Cranial radiation dose and subsequent CNS tumors

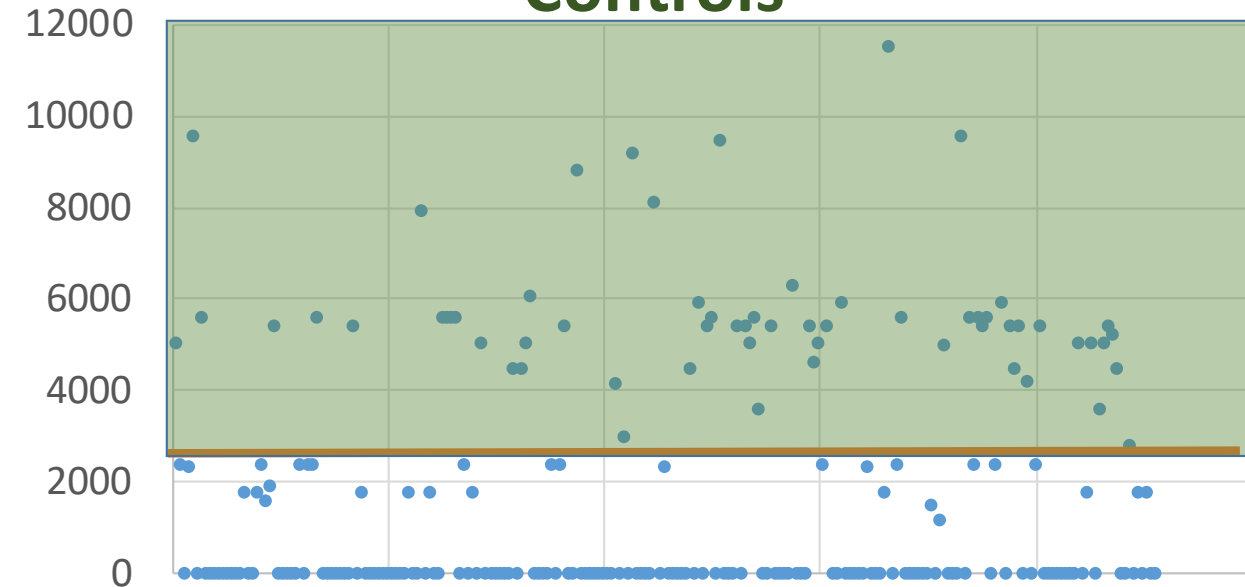
## - inter-individual variability in risk



### Cases



### Controls



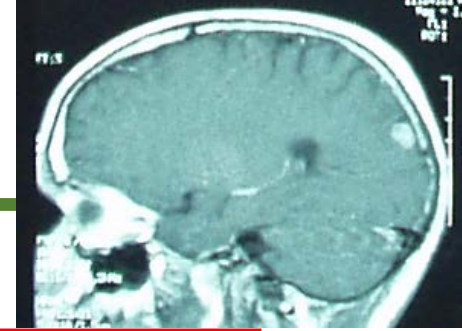
## Role for Genetic Susceptibility?

### Candidate gene approach

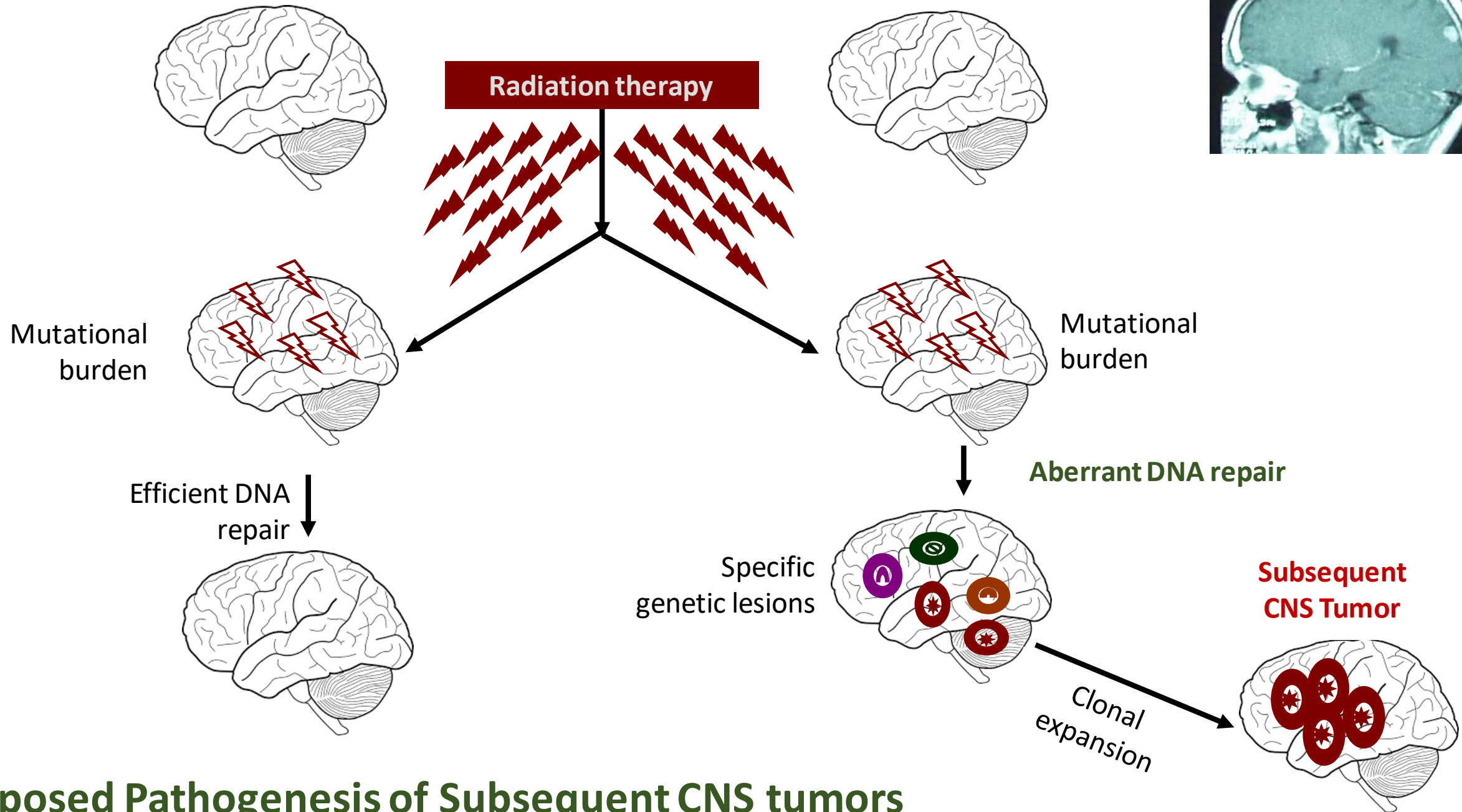
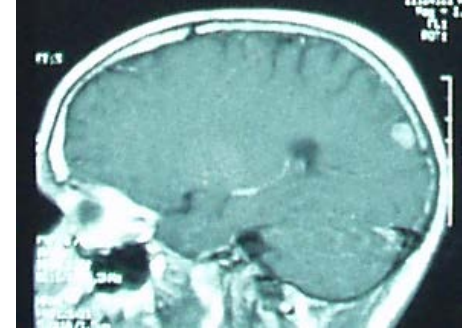
- Examined genetic variants associated with *de novo* brain tumors



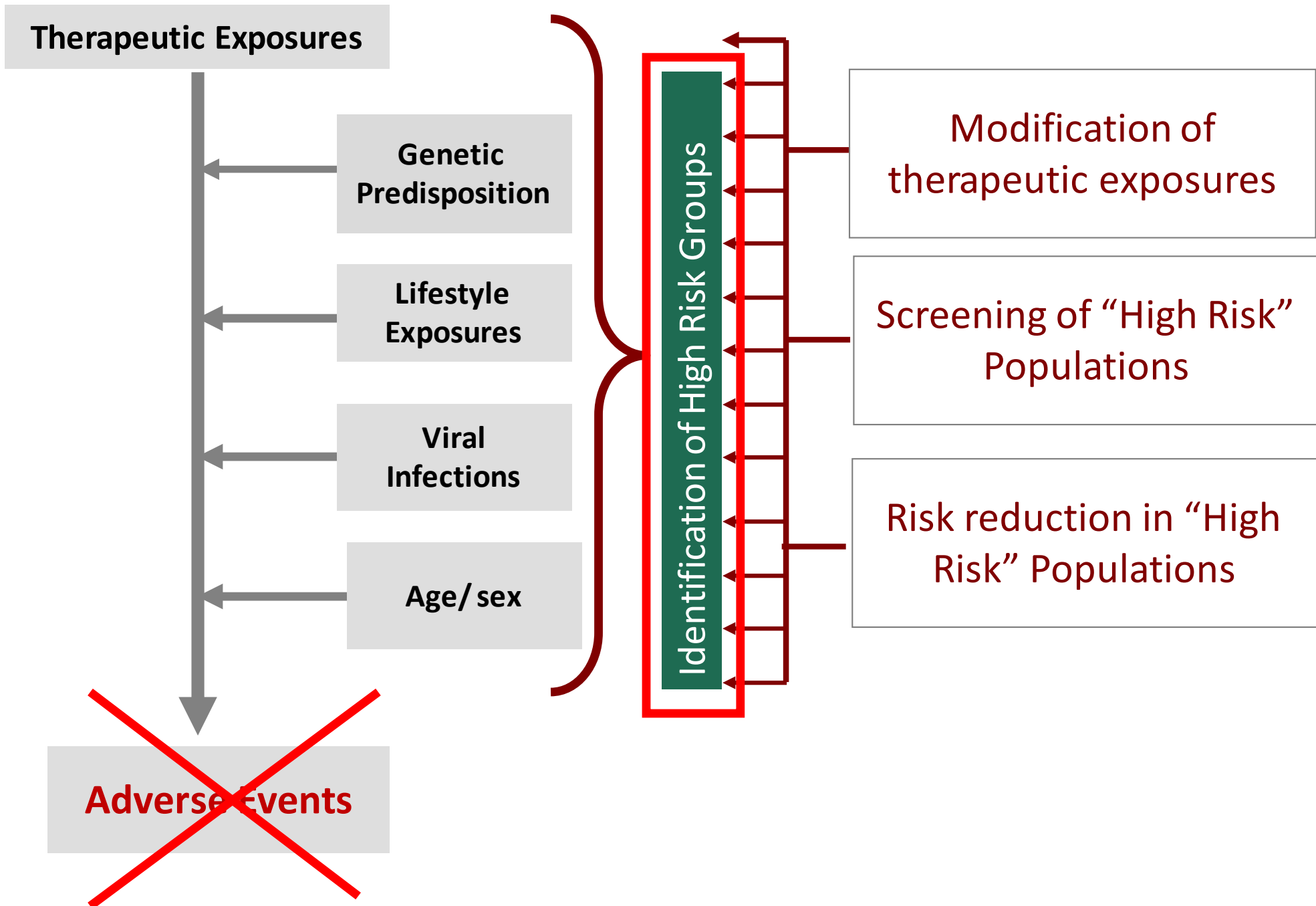
# Replication of Candidate SNPs – Results



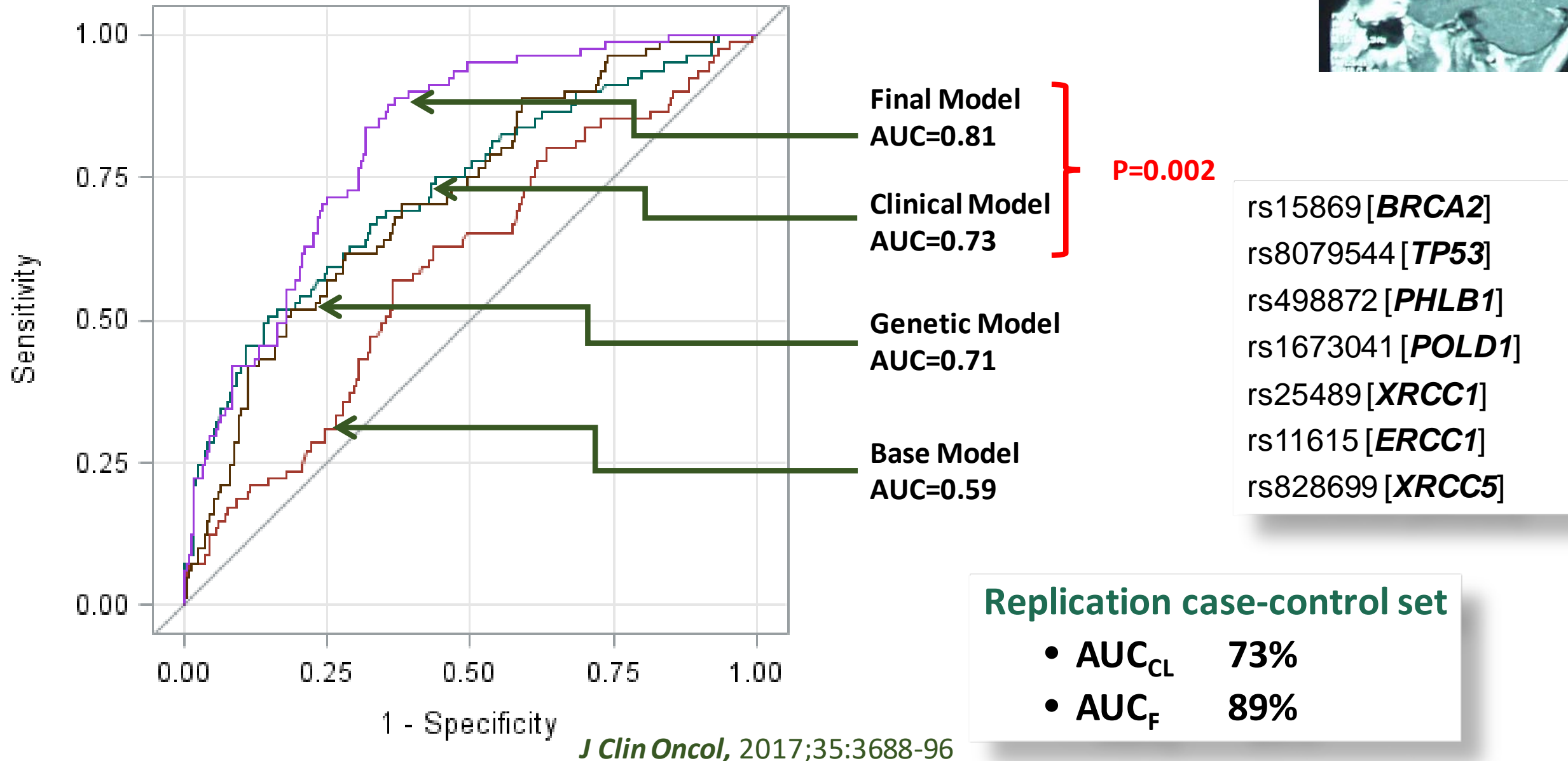
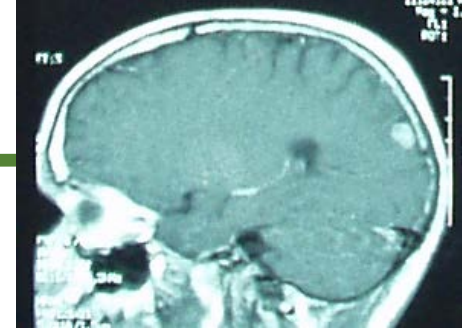
SNP	Chromosome	MAF_ca	MAF_co	Gene	Function
rs15869	Chr13	0.32	0.19	<i>BRCA2</i>	DNA repair
rs1805389	Chr13	0.09	0.04	<i>LIG4</i>	DNA repair
rs1673041	Ch19	0.29	0.24	<i>POLD1</i>	DNA repair
rs8079544	Ch17	0.2	0.07	<i>TP53</i>	DNA damage response
rs25489	Ch19	0.2	0.07	<i>XRCC1</i>	DNA repair
rs11615	Ch19	0.29	0.24	<i>ERCC1</i>	DNA repair

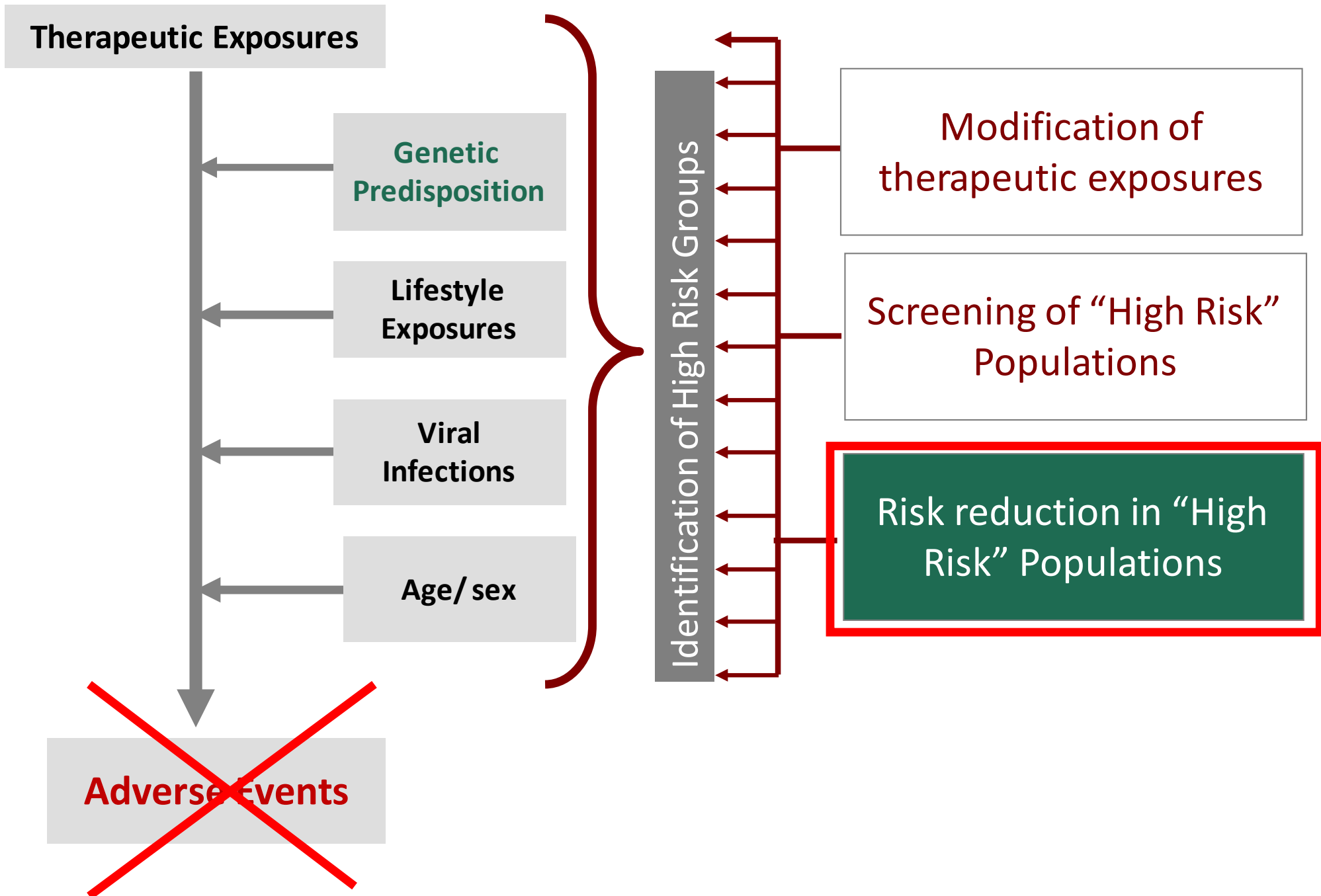


**Proposed Pathogenesis of Subsequent CNS tumors**



# Risk prediction models for subsequent CNS tumors





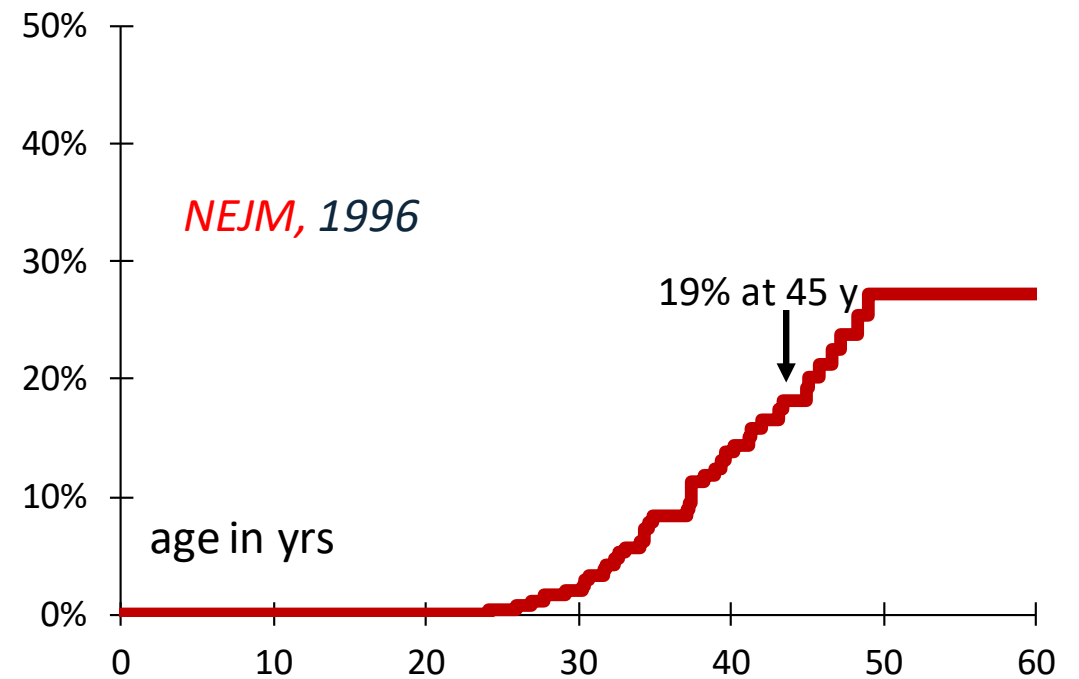
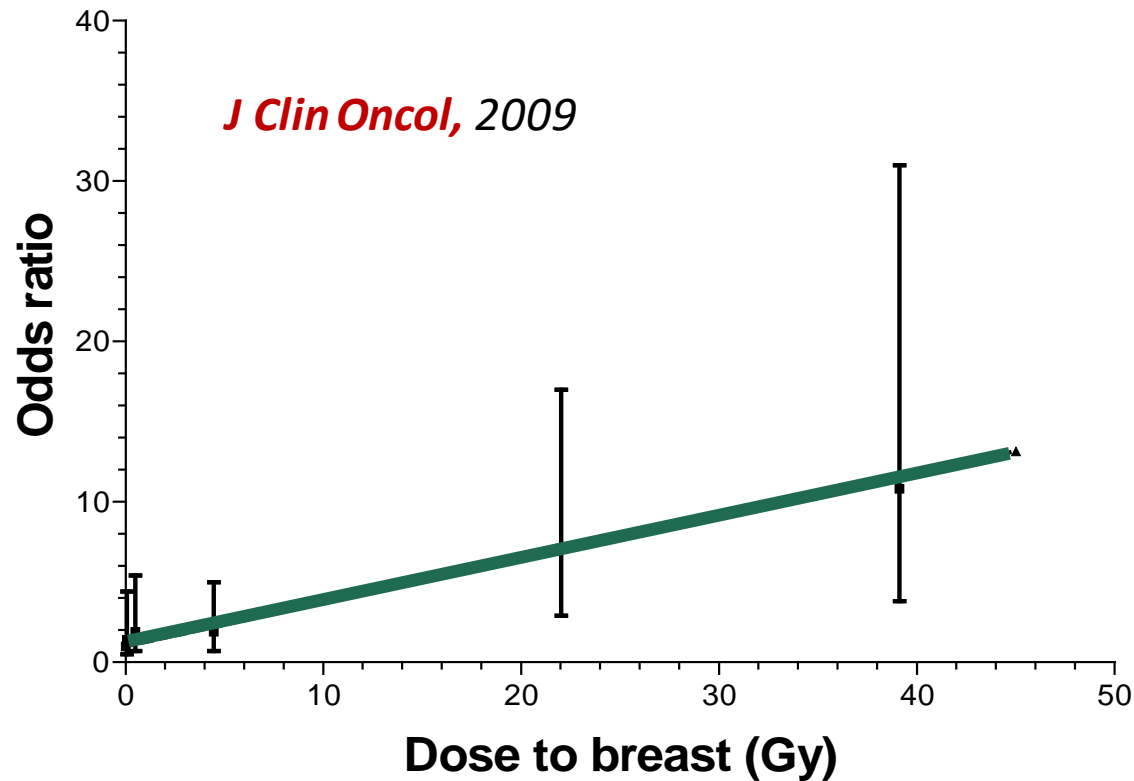


# Radiation-induced Breast Cancer

Radiation increases the risk of breast ca

Increased risk similar to *BRCA* mutation

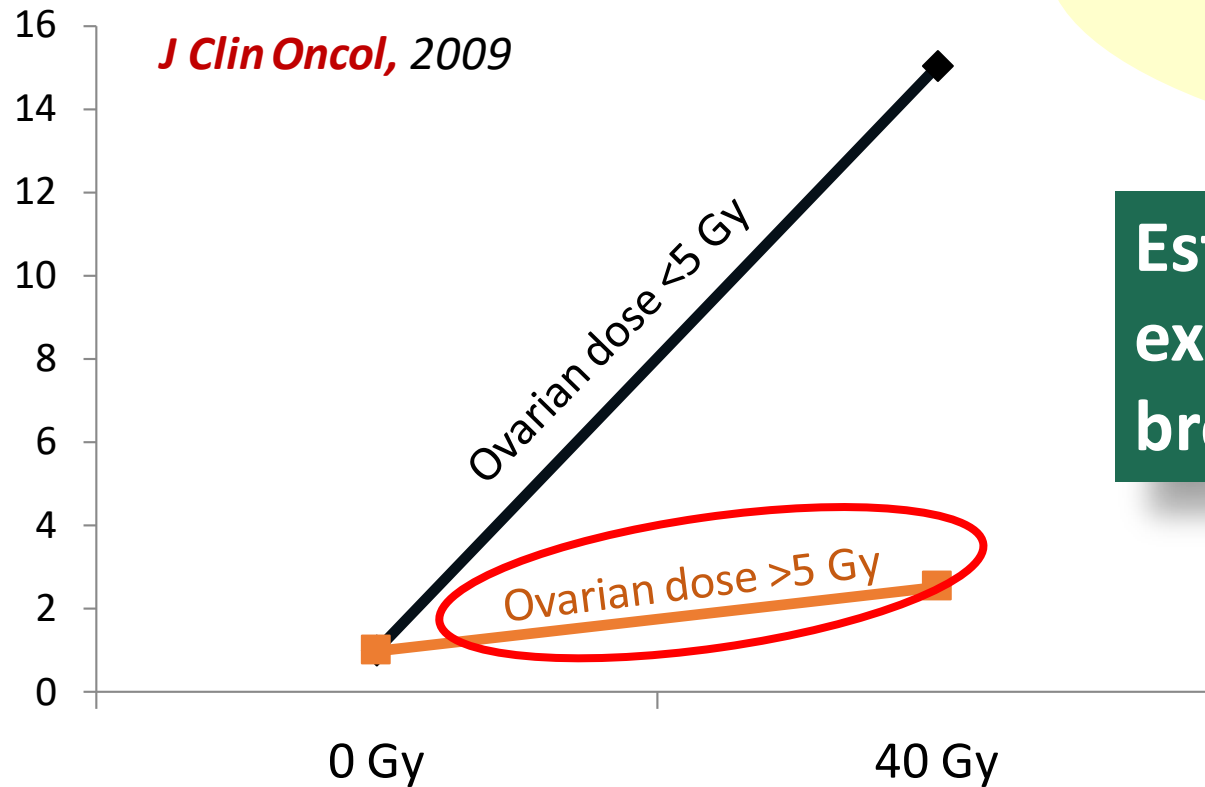
Breast Cancer Risk by Radiation Dose





# Radiation-induced Breast Cancer

Endogenous estrogen modifies breast cancer risk



The only FDA-approved chemopreventive option in both pre- and post-menopausal women is tamoxifen

Estrogen-blocking intervention is expected to prevent radiation-induced breast cancer in survivors

# Low Dose Tamoxifen for Radiation-Induced Breast Cancer Risk Reduction

**Survivors of childhood or AYA cancer treated with chest radiation**

- Female,  $\geq 25$  yr old
- $\geq 12$  Gy at age  $\leq 40$  y
- NED for 2+ y
- Has at risk tissue

**Randomize**

**Tamoxifen 5 mg x 2y**

**Placebo x 2y**

**Endpoints**

1° MBD

2° Histologic

2° Circulating Markers

**Mammogram**

**RPFNA/ Blood/ Urine**

**Mammogram**

**Blood/ Urine**

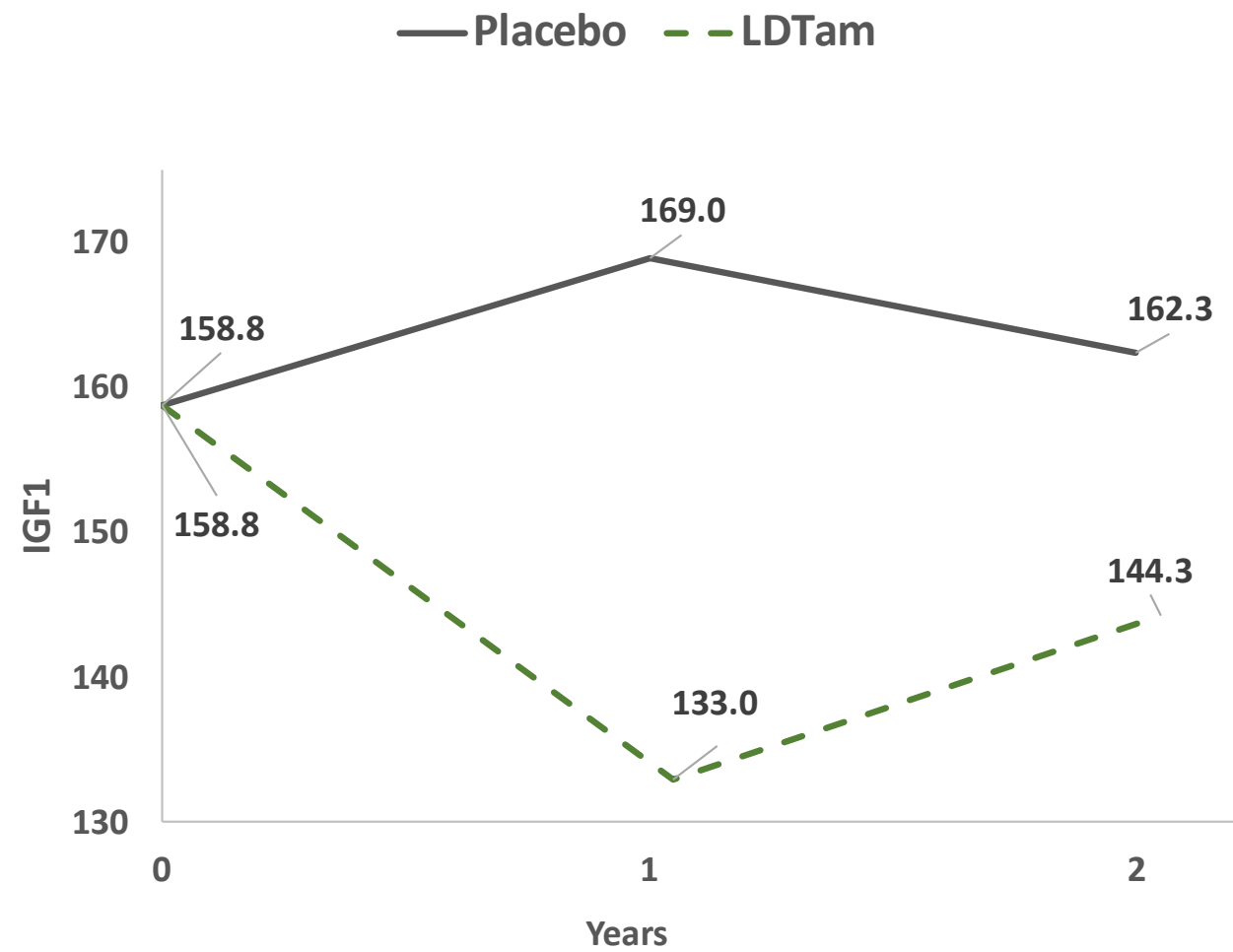
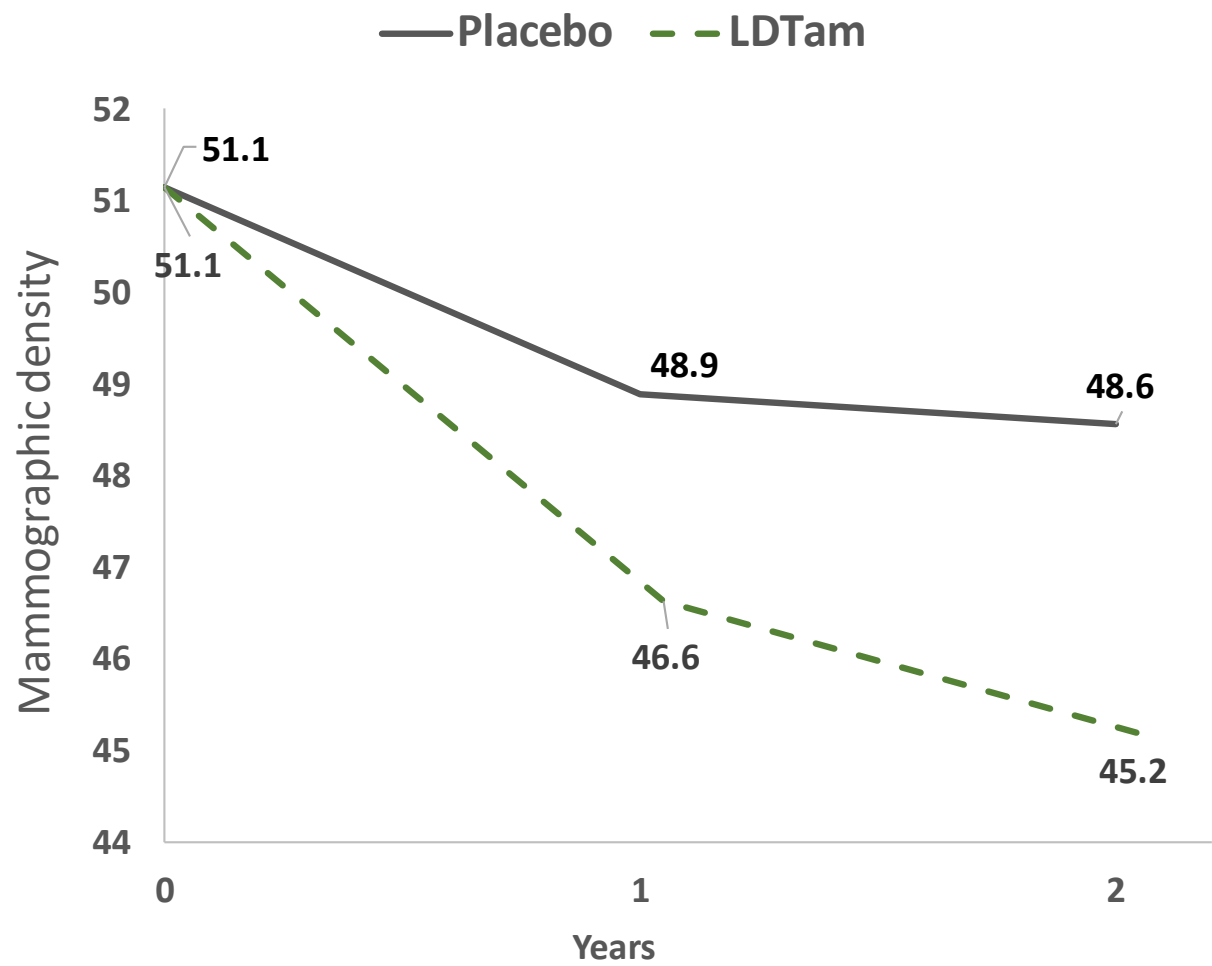
**Mammogram**

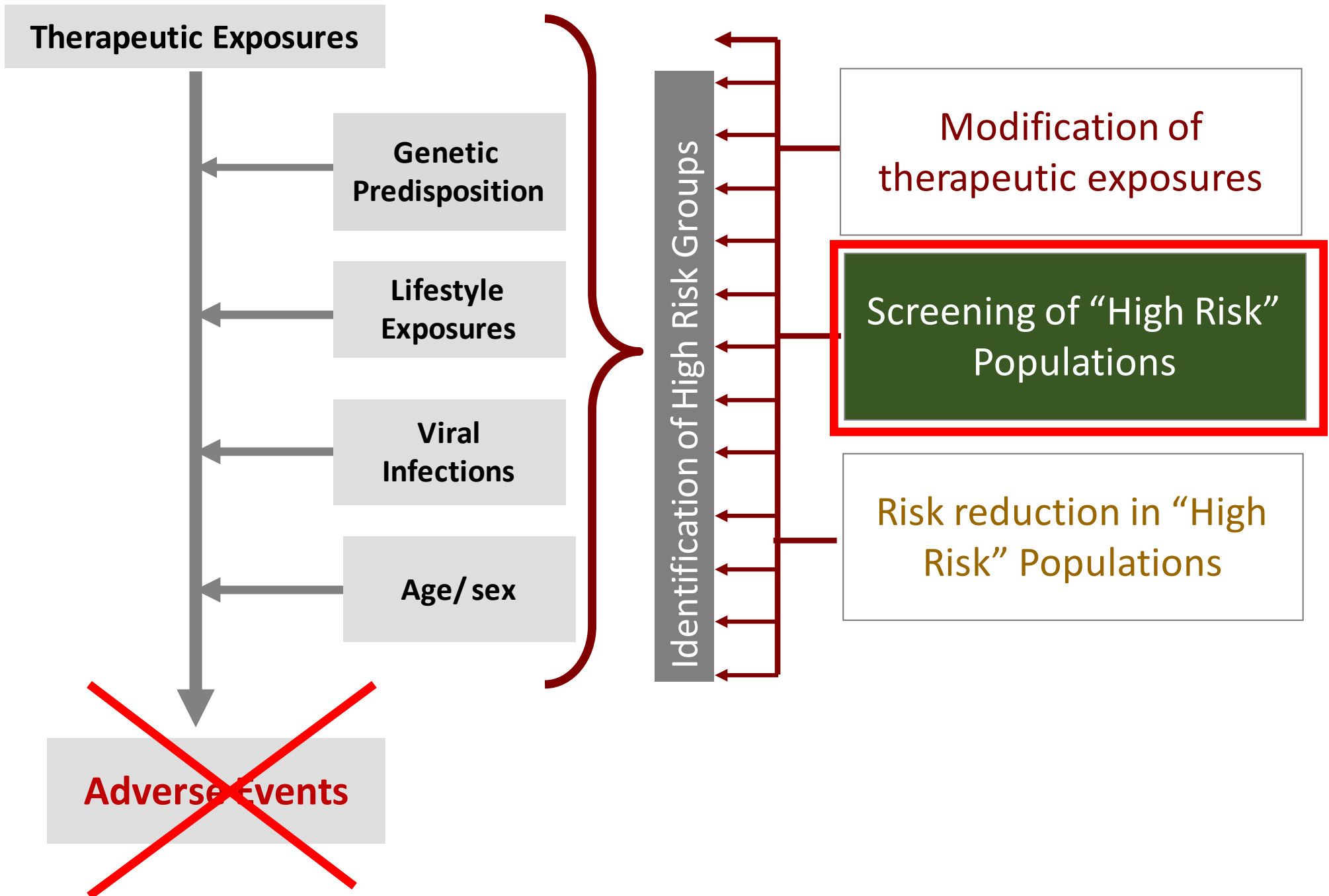
**RPFNA/ Blood/ Urine**

**Funding:**  
**R01 CA140245**



# Low Dose Tamoxifen for Radiation-Induced Breast Cancer Risk Reduction





**CHILDREN'S  
ONCOLOGY  
GROUP**

The world's childhood  
cancer experts

# Long-Term Follow-Up Guidelines

for Survivors of Childhood, Adolescent,  
and Young Adult Cancers

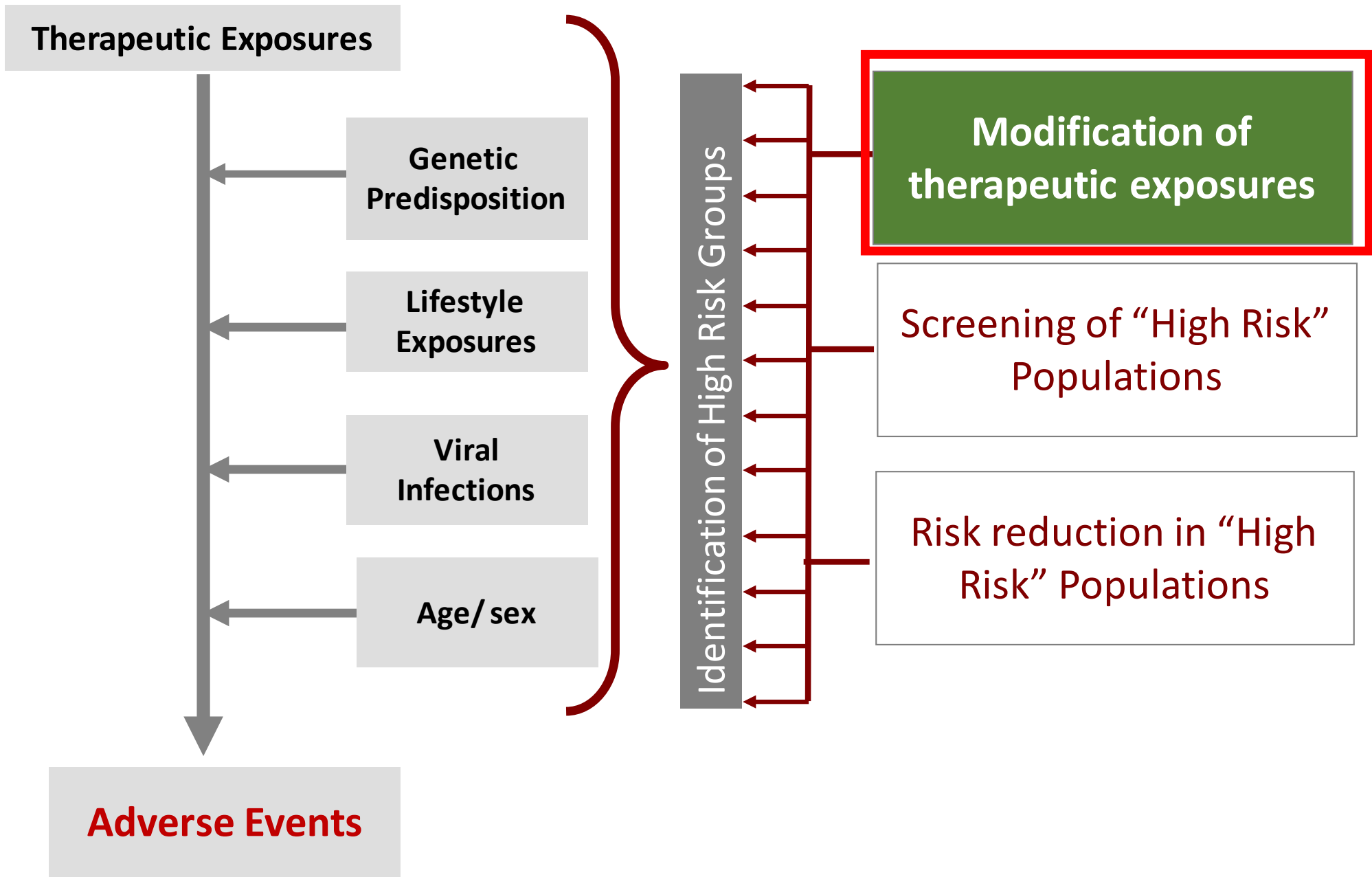
**Version 5.0 - October 2018**

**COG Long-term  
Follow-up  
Guidelines for  
survivors of  
Childhood,  
Adolescent, and  
Young Adult Cancers**

[www.survivorshipguidelines.org](http://www.survivorshipguidelines.org)

Website: [www.survivorshipguidelines.org](http://www.survivorshipguidelines.org)

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# Modification of Therapeutic Exposures

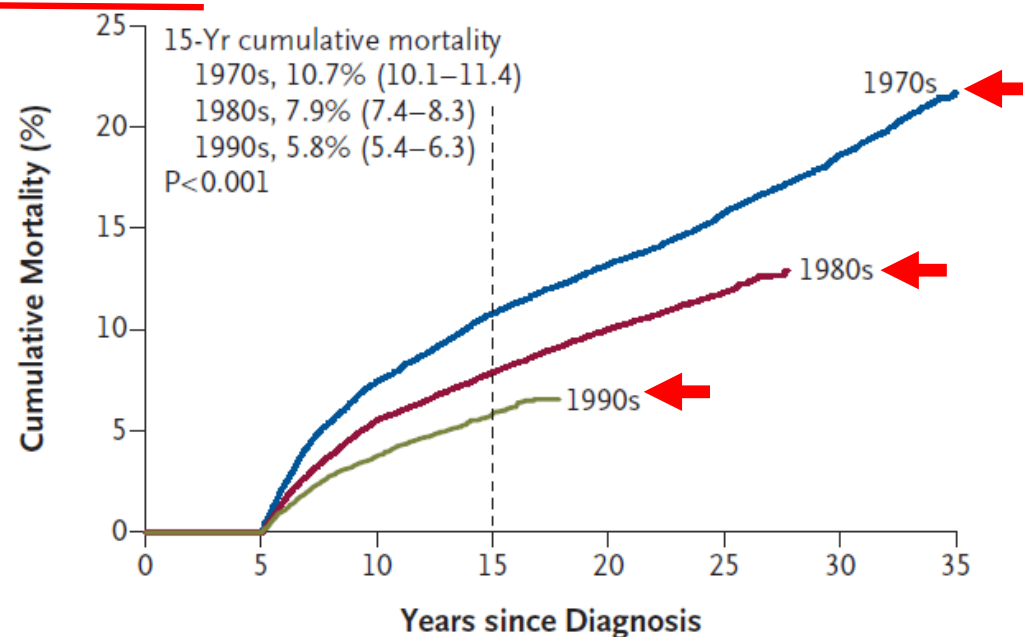
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- Elimination of **cranial radiation** therapy for children with standard/ low risk acute lymphoblastic leukemia
  - Reduction in risk of secondary brain tumors and cognitive impairment
- Reduction in dose of radiation and field of **chest radiation**
  - Reduction in risk of secondary breast cancer, pulmonary toxicity, coronary artery disease
- Reduction in **anthracycline dose**
  - Reduction in risk of cardiomyopathy
- Reduction of **dose and type of alkylators**
  - Reduction in risk of secondary leukemia

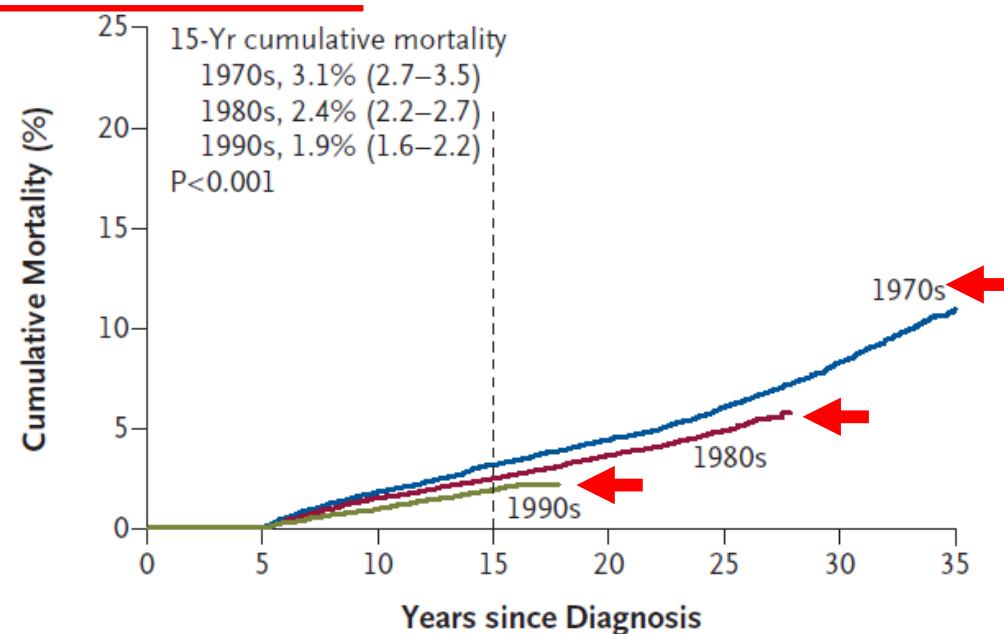
## ORIGINAL ARTICLE

## Reduction in Late Mortality among 5-Year Survivors of Childhood Cancer

N ENGL J MED 374;9 NEJM.ORG MARCH 3, 2016

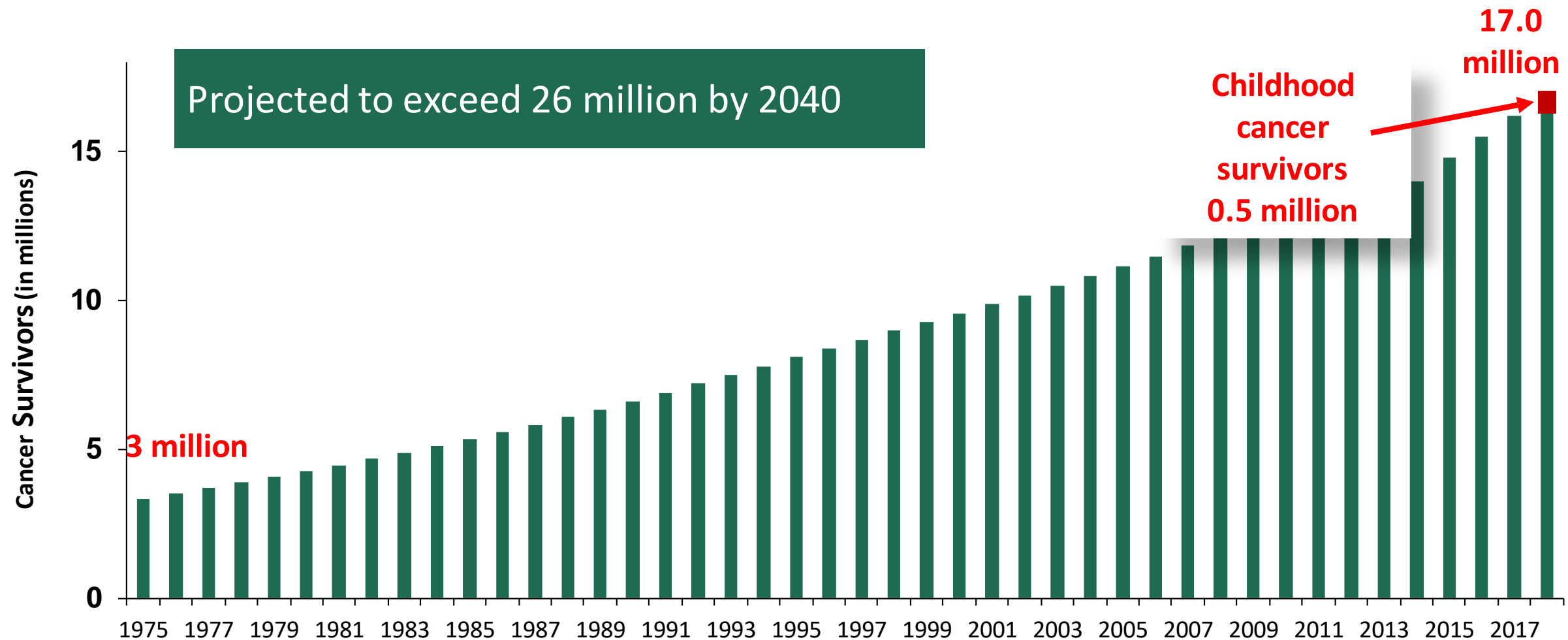
**A** Death from Any Cause**No. at Risk**

1970s	9,416	8,722	8,406	8,182	7,942	5,556	1,506
1980s	13,181	13,443	13,105	10,389	3,583		
1990s	11,436	11,411	3,924				

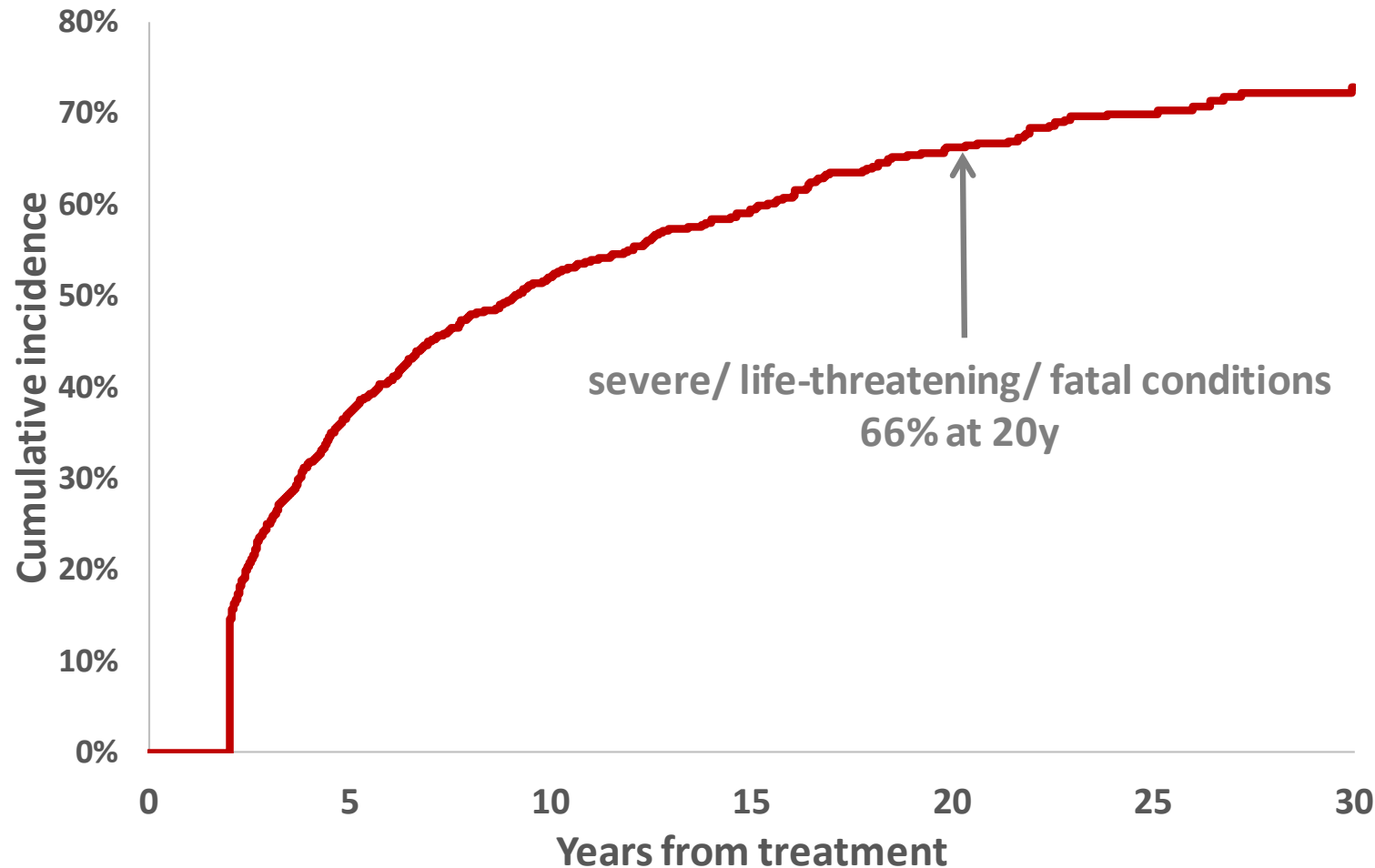
**C** Death from Health-Related Cause**No. at Risk**

1970s	9,416	8,722	8,406	8,182	7,942	5,556	1,506
1980s	13,181	13,443	13,105	10,389	3,583		
1990s	11,436	11,411	3,924				

# Estimated number of cancer survivors in the US (1975 to 2016)



# Burden of Morbidity in Adults with Acute Myeloid Leukemia



The burden of morbidity in adults is substantial and needs to be addressed urgently



Not yet...

...But we are solidly on  
the right path

Are We  
There Yet?

# Acknowledgements



**R01 CA096670**

**R01 CA174683**

**R01 CA139633**

**R01 CA140245**

**RC4 CA156499**

**U10 CA098543**

**R35 CA220502**



**Scholar Award for Clinical Research 2191-02**

**Translational Research Program 6093-08**

**Translational Research Program 6563-19**



# Patients and their families

