



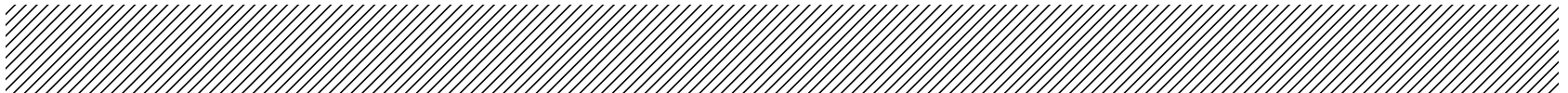
THE POWER OF PARTNERSHIP

NFP ADDRESSING SOCIAL DETERMINANTS OF HEALTH



Program Description

This presentation will introduce key components of the Nurse-Family Partnership program and discuss social determinants of health within the context of the Nurse-Family Partnership model nationally and in Philadelphia.



Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children.

Gold Standard Research



1977
Elmira, NY
400
Low-income whites
Semi-rural area



1990
Memphis, TN
1,138
Low-income blacks
Urban area



1994
Denver, CO
735
Large proportion of Hispanics
Nurses and paraprofessionals



TRIAL OUTCOMES

The following outcomes have been observed among participants in at least one of the trials of the program:

48% reduction in child abuse and neglect

56% reduction in ER visits for accidents and poisonings

50% reduction in language delays of child age 21 months

67% less behavioral/intellectual problems at age 6

79% reduction in preterm delivery for women who smoke

32% fewer subsequent pregnancies

82% increase in months employed



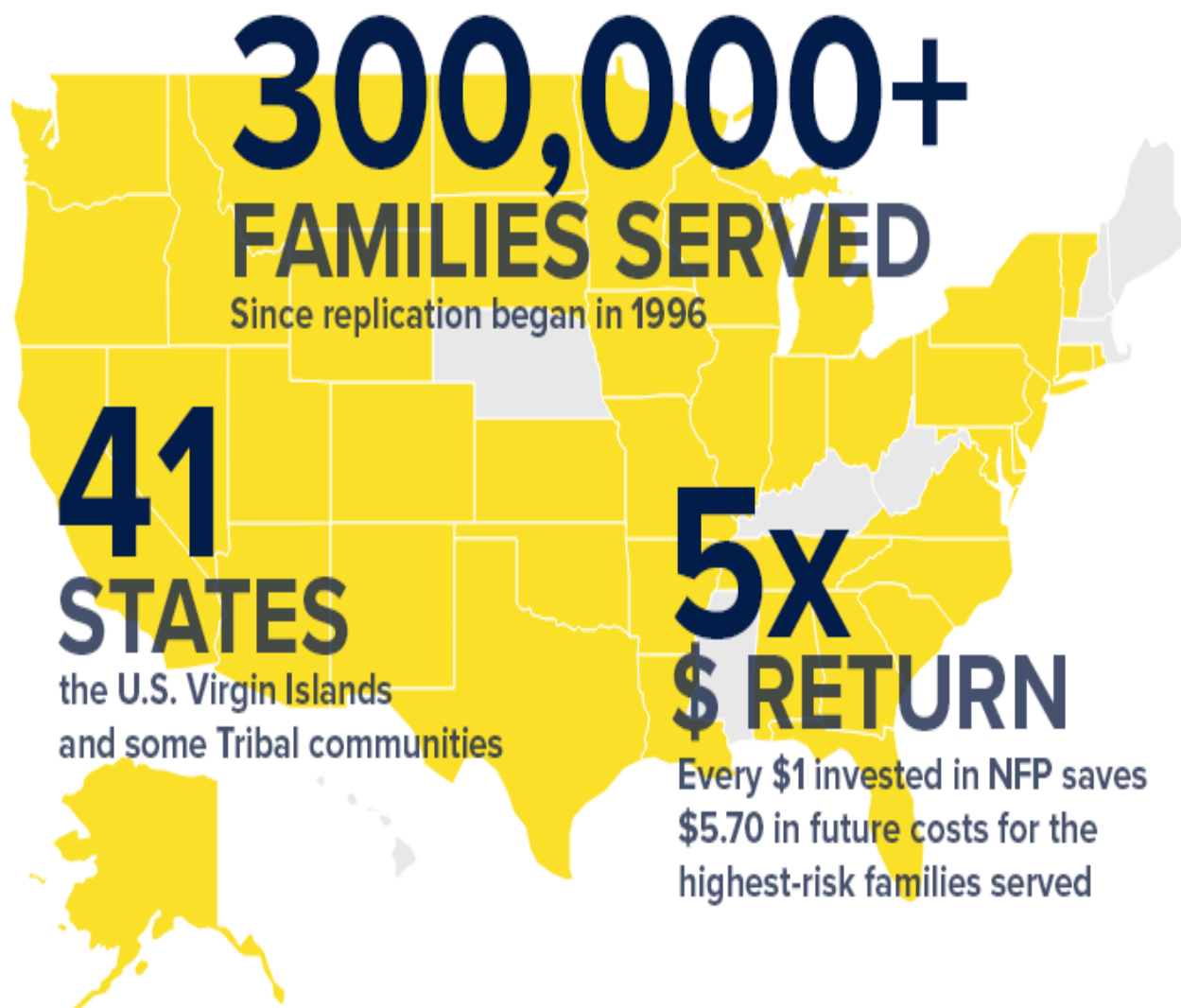
Return on Investment



Every dollar
invested in PA
NFP can yield
up to \$6.80
in return.



NFP Coverage



HOW IT HAPPENS

Specially-trained nurses

PARTNER WITH

Low income **First time moms**

AND BEGIN

Visiting moms starting in their 1st or 2nd trimester of pregnancy

AND CONTINUE UNTIL

The program ends when the child turns 2 years of age





Nursing Practice



Case Load 25+

60-90 Minute Visits

Flexible Frequency

Flexible Content

In-home or Telehealth

1Nurse:1Mom

NFP Goals

1. Improve Pregnancy Outcomes
2. Improve Child Health and Development
3. Improve Economic Self-Sufficiency of the Family



Skills - Visits in NFP

**Maternal
Health**

**Child Health
and
Development**

**Environmental
Health**

**Relationship
Health**

**Life Course
Development**

**Health &
Human
Services**



Economic Capacity – Employment and Education

- Economic Adversity
- Maternal Education and Employment
- Criminal Justice/Legal Issues
- English Literacy Limitations

Community and Social Context

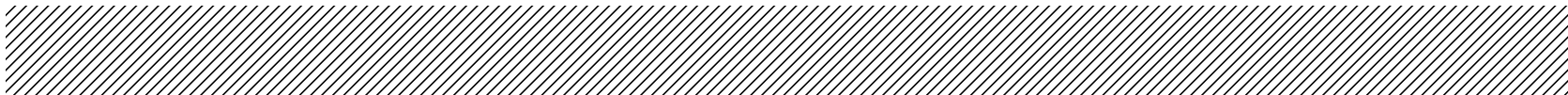
- Social Isolation
- Intimate Partner Violence
- Unsafe Family/Friends
- Use of Other Community Services

Neighborhood and Physical Environment

- Homelessness and Residential Instability
- Environmental Health
- Home Safety

Health Care System

- Pregnancy Planning
- Health Services Utilization
- Coordination of Care with Other Providers



Self-reported Challenges



1. Employment
(Work/finding a
job/work hours)
2. Housing
3. Relationship with
Father of Child
4. School
5. Finances
6. Relationship with
mother

Partnering with the Community and Other Disciplines to Address SDOH



- Mabel Morris Family Home Visit Program (MM)
- Nursing Legal Partnership (NLP)
- Lactation Counselors
- Community Advisory Council

4879 families served since 2001

- **90%** Mothers Initiated Breastfeeding
- **96%** Children received all Immunizations by 18 Months
- **40%** of MM families are NFP Graduates
- **26%** children served with a disability
- **400+** unduplicated clients received legal services (2016-2018)
- **82%** of clients receiving legal services agree that services decrease their stress level



A DAY IN THE LIFE OF A NFP NURSE

“The day in the life of a NFP Nurse is amazing! Our clients place their trust in us and we plant seeds for success. Many times it’s a bumpy road full of surprises and at times heartaches, but with their nurse they don’t have to go through it alone. Frequently we see wonderful accomplishments by the end of two years and at times we see it years later”.

-Noelia Blanco, NFP Nurse Home Visitor



A DAY IN THE LIFE OF A NFP NURSE



Leney Swall/GRAIN for The Pew Charitable Trusts



WE KNOW how to positively support and transform the lives of babies and mothers—family by family. Day in and day out.

Changing FAMILIES...
Changes COMMUNITIES...
Changes ZIP CODES...
Changes STATES...

CHANGES THE COUNTRY!

Nurses that do this work not only need a strong educational foundation, focused on addressing the complex social needs of individuals, they also need on-going emotional support and a competitive salary.



THANK YOU!

All are welcome to visit our site located at:
1080 N. Delaware Avenue, Philadelphia, PA 19125
Email the Nurse Administrator, Katherine Kinsey at
kkinsey@nncc.us or call our central call line: 215-287-2114



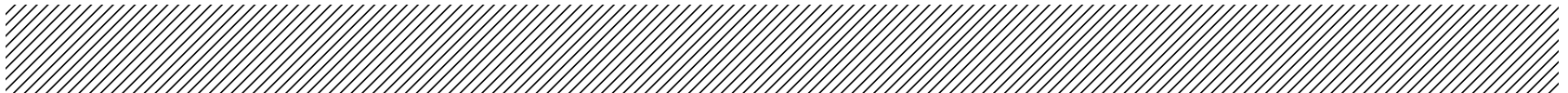
Presenter: Erin Graham, BSN, RN, IBCLC
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For more information on the Philadelphia Nurse-Family Partnership:

- <https://www.nurseledcare.org/programs/philly-nfp>

Shining A Spotlight on Pennsylvania's Public Health Nurses

- <https://nurseledcare.org/news-nurse/item/528-shining-a-spotlight-on-pennsylvania-s-public-health-nurses.html>



ADDITIONAL RESOURCES AND REFERENCES



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ADDITIONAL RESOURCES AND REFERENCES

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