#### DEDICATED EXPERIENCED SUPPORT

# SHARE

for women facing breast or ovarian cancer

Our Mission: To create and sustain a supportive network and community of women affected by breast and ovarian cancer

#### Our Services Include:

- Peer support helplines, available 7 days a week. 5,500 calls were handled from all 50 states in 2018; calls are taken in 19 languages.
- Peer-facilitated support groups, in person and via teleconference, 34 sessions each month in English and in Spanish.
- Over 100 educational programs each year, online and in-person.
- Outreach in underserved communities reaching 35,000 each year.

SHARE services touched **190,000 people** last year alone. Programs are offered in **English and Spanish**.

#### Survivor Patient Navigators (SPN)

- SPNs are breast cancer survivors who receive multi-faceted trainings including helpline and support group facilitator training as well as Harold P. Freeman Patient Navigation Institute certification.
- Our two SPNs are located at Bellevue and Mt. Sinai St. Luke's Breast Clinics in NYC and have also been trained and certified at these sites on medical interpretation.
- Both women are long term survivors who are able to use their own experience and knowledge to help others.

### SPN Services Include:

- Our SPNs provide medical interpretation, emotional support and resources from diagnosis through treatment and beyond.
- SPNs are able to improve health literacy by using lay language to explain medical terminology.
- Our SPNs ensure a patient's understanding in order to facilitate communications with their health care providers.



## LatinaSHARE Novela: Be Brave – They're Your Breast

This outreach tool was designed to overcome cultural and language barriers by presenting information on breast cancer detection, diagnosis, treatment and survival as a fictional narrative in a culturally popular comic book format

Since its development and initial printing in 2010, approximately **150,000 copies** have been distributed in New York City, and around the country.

SHARE held focus groups with various Latino ethnicities to verify the terms these communities were using and ensure that the writing would be at a 6<sup>th</sup> grade reading level.



## Communication strategies when I was diagnosed

- Reading up on everything related to breast cancer to help me better understand my diagnosis
- Writing down both my questions and the doctors responses
- Having a family member or friend accompany me to my appointments to take notes
- Keeping a diary of my side effects in order to inform my health care providers
- Advocating for myself on any decisions and questions

