

BRIGHAM HEALTH



BRIGHAM AND
WOMEN'S HOSPITAL

Patient-facing Digital Applications: Engaging and Supporting Cancer Patients

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Patient-Reported Outcomes in Cancer Cancer: A New (Virtual) Opportunity

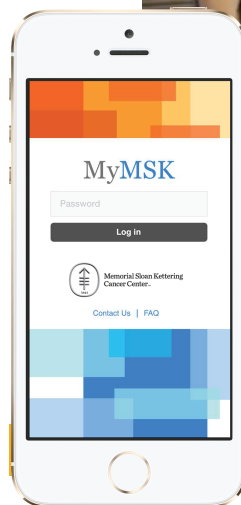


Patient-facing digital applications to monitor PROs and provide feedback and resources

The Memorial Sloan-Kettering Recovery Tracker



There are many advantages to shorter hospital stays, but this puts increased burden on patients and their families.





MSK Recovery Tracker Questions

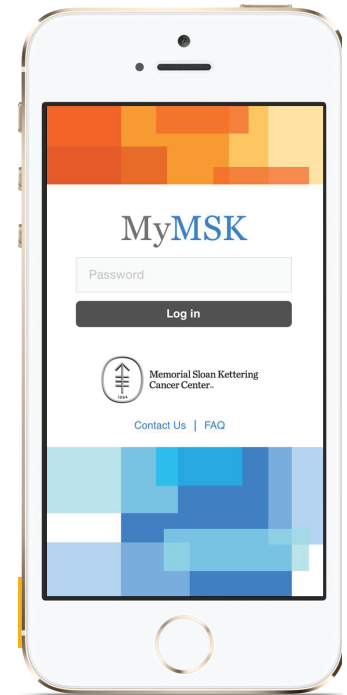
Nausea

How **often** did you have **nausea**?

- ☒ Never
- ☐ Rarely
- ☐ Occasionally
- ☐ Frequently
- ☐ Almost constantly

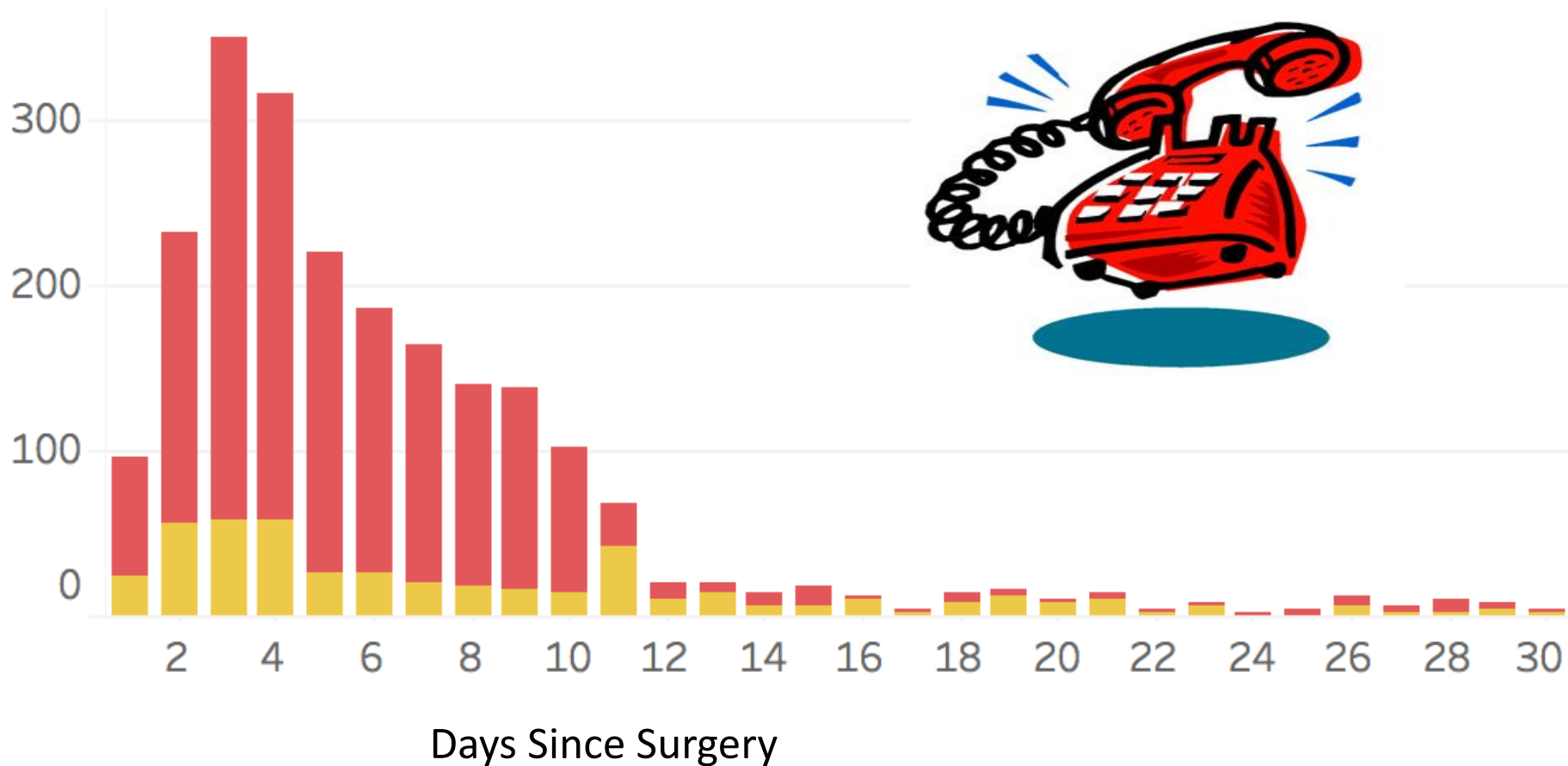
What was the **severity** of your **nausea** at its **worst**:

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Very Severe



Alerts to Nursing Staff

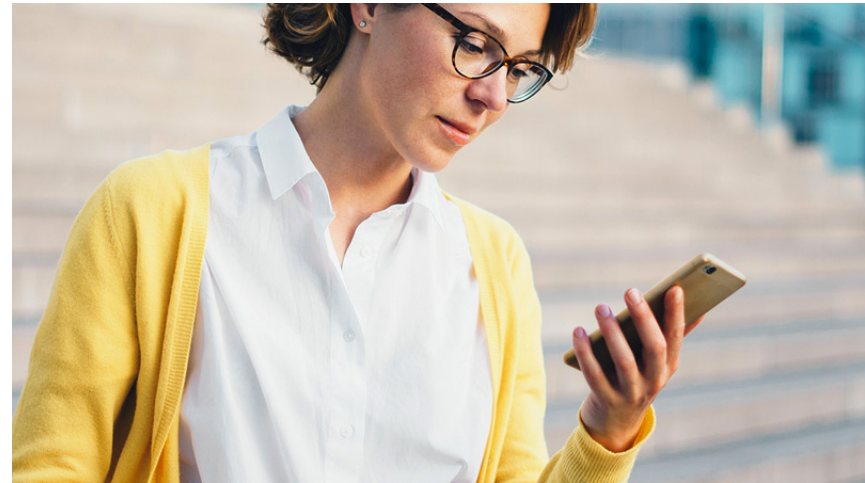
Total Alert Volume by Post Discharge Day



The Next Step



Could we give patients more information and autonomy to help them better interpret for themselves how they are doing ?



MSK Recovery Tracker: Individualized Patient Report



Pain

YOUR REPORT

MODERATE

UNDERSTANDING
YOUR SYMPTOMS



Moderate pain 4 days after surgery is expected and is nothing to be concerned about.

WHAT TO EXPECT



You experienced less pain than is expected for 4 days after surgery.

Most patients who report this level of pain fully recover by day 8.



"I worried about everything, looking for problems."

"I felt more connected and cared for a longer time period."

"I felt more in control, like I didn't have to just wait and wonder if everything was OK."

Ambulatory Cancer Care Electronic Symptom Self-reporting

- Co-PIs: Andrea Pusic and Larissa Temple
- Funding Amount: \$2 million
- Project Duration: 3 year
- Study Design: Randomized Clinical Trial
- Cohort: 2600 patients, 800 caregivers

ClinicalTrials.gov : NCT02700256





Outcomes Measured

Unplanned urgent care visits

Adverse Events

Nursing Calls



Enhanced Feedback:
0.4 fewer calls/patient

Patient anxiety

Patient engagement

Family and Caregiver burden



imPROVE

Next Generation Patient-Reported Outcomes System

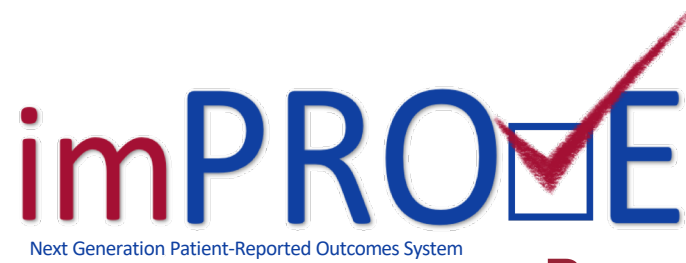
Breast Cancer Care

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Welcome to imPROVE

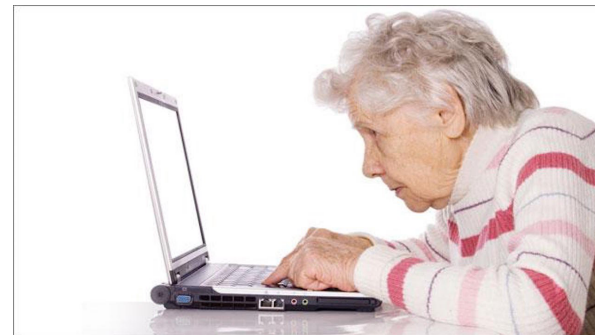
imPROVE Breast Cancer Care

Improving the quality of care delivered to breast cancer patients



Breast Cancer Care

Maintain
connection with patients through
tailored assessment, feedback and
access to resources

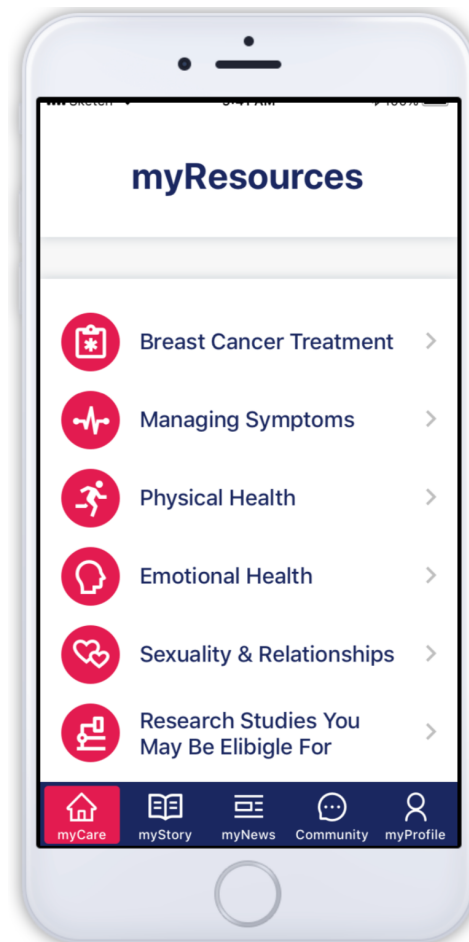
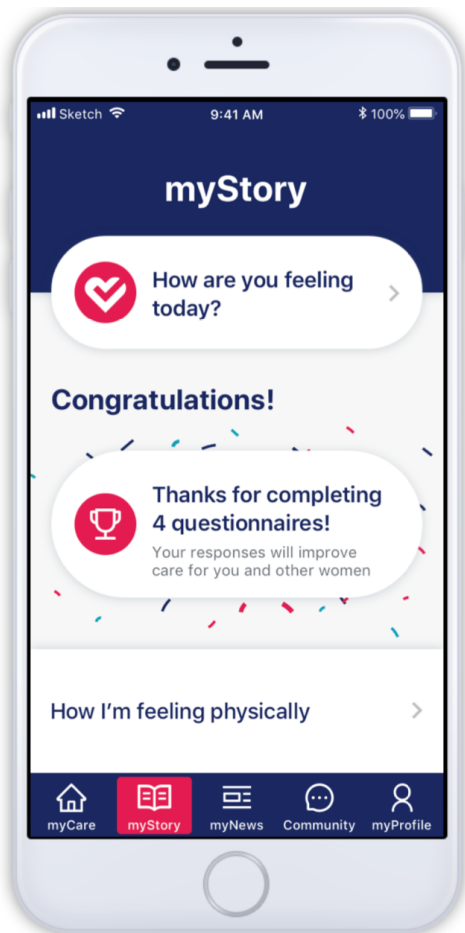




imPROVE

Next Generation Patient-Reported Outcomes System

Breast Cancer Care



Key Points

- Patients can be engaged to report PROs and receive tailored feedback and resources.
- Patient-facing digital applications may improve patient experience and outcomes without increasing resource utilization
- This is especially relevant with COVID-19 constraints on in-person visits and healthcare cost.





Thank you!

